Make the faith come alive for your family on Sundays by preparing all week.

- Pray the Our Father or Hail Mary each evening.
- Pray with imaginative prayer reflecting on this week’s Gospel.
- Livestream Sunday Mass.
- Watch this video for young children.
- Watch this impactful video for teens from Outside Da Box.
- Use FORMED.Org to watch Road to Emmaus to explore how it reveals the meaning and pattern of the Mass. FORMED is free during this time period, you can sign up here.

Tip of the Week

We cannot go to Church to meet Jesus, but Jesus can still come to you.

Try these tips to help recognize Jesus in your home:
- Family mealtime—start with prayer and invite Jesus to “break bread” with you.
- During the week, try to treat those in your home with the heart of Jesus.
- Practice seeing Jesus in your spouse; in your children; in your parents.
- Family members can send notes to each other saying where they have recognized Jesus in one another.
- Thank Him for being present to your family and ask Him to help you share the good news of Jesus’ resurrection with extended family and neighbors.

Activities for Families

Preschool English / Spanish
Grades K-1 English / Spanish
Grades 2-3 English/ Spanish
Grades 4-6 English / Spanish
Grades 7-9
Gospel Weeklies provided by Pflaum

Teens - Project YM Live Sundays @ 8 PM

Tools to accompany you during Mass.

English / Spanish

The Diocese of Trenton is here to support you and your family.
Links provided are from trusted Catholic sites. Additional information can be found on our webpage dioceseoftrenton.org/faith-at-home.