Bread of Life,

As you sustained those wandering in the desert, teach us to patiently wait for you. Nourish us, Bread of Life.

As you multiplied the loaves and fishes, multiply in us compassion and service. Nourish us, Bread of Life.

As you shared with us your very self, teach us to share ourselves with others. Nourish us, Bread of Life.

May the way we live our lives, as those who have received you, be your body for those we encounter.

With your presence, may we share in your feeding of the hungry, giving water to the thirsty, clothing the naked, sheltering the homeless, visiting the sick, imprisoned and captive, and burying the dead.

Nourish us, Bread of Life, that our lives may reveal you.

Amen