

# Family Page

## Background Reflection

When God created humans, he created everyone with equal dignity. No matter what we do, we will always have that dignity as children of God. Because of this, we are called to treat everyone with kindness and respect.

We can find this obligation difficult when others don't act the same way toward us—but this should not change how we act. We are called to love God through loving our neighbor, even when we feel that it is hard to do.

Let us always remember to turn to Jesus' example of love and to pray for the grace and guidance of the Holy Spirit as we seek to treat everyone with kindness and respect, especially the members of our own family.

## Family Activities

- Read with your child Ephesians 4:1–6 on page 1846 in *The Catholic Children's Bible*. Talk with your child about the importance of always working toward peace and unity in our family, our communities, and in the world around us. What are some things your family can do to increase peace and unity at home?
- Turn to page 1989 in *The Catholic Children's Bible* and read the Corporal and Spiritual Works of Mercy. Pick one of each, and discuss with your child how your family can practice them this month.
- Watch the video "Survival Tip #3—Treat Others Right" (YouTube, 2:38) together. Discuss how important it always is to treat others well. What are some ideas your child might add to the ideas in the video?

## People of Faith

### Saint Elizabeth of Hungary (1207–1231)

Saint Elizabeth was a princess who married the son of a German ruler. She and her husband were prayerful and generous. Elizabeth was known for her love of the poor and her kindness to the sick. She had a hospital built and visited it each day to tend the patients. She is the patron saint of nurses. Elizabeth's feast day is November 17.

### Prayer

*Pray this prayer together as a family, beginning and ending with the Sign of the Cross.*

Dear God, help us to follow you in our actions toward others. Help us to always work toward peace and understanding. Amen.

