

# DISCIPLESHIP COVENANT

*Covenant is a powerful word in the Bible. God initiates covenants because He wants to lead the people to a better way of life. At its most basic level, a covenant is a promise to do certain things. Within this Discipleship covenant we want to invite you to a better way of life with a promise to uphold leadership qualities and responsibilities and to nourish your personal faith.*

## **As a part of the Discipleship Team I promise to....**

### **Continue to develop my personal relationship with God through prayer and the Sacraments.**

- ❖ Attend Mass at every weekend & holy day, and display reverence during the Mass.
- ❖ Support and faithfully uphold all that the Holy Catholic Church professes and teaches. Because I am a representative of the Church, I will actively study to understand the teachings of the Church, especially if I have an issue with a certain Catholic teaching. I will pray for wisdom and obedience in seeking the truth.

### **Act as a leader when attending any St. Martha function**

- ❖ Practice hospitality at Life Teen and Edge events by being welcoming to *all*
- ❖ Come prepared for the ministry event and ready to take an active role in serving my peers
- ❖ Respect those running the event and encouraging other teens to participate (i.e. putting away your cell phone, sitting with your peers at meals and during sessions, and looking to help with needs that arise)
- ❖ Dress appropriately for all events making sure to bring a change of clothing if necessary if coming to class from sports, theater, or dance classes. (No spaghetti strap tops, tight shorts, etc.)

### **Strive to live as a disciple of Christ through my “speech, conduct, love, faith, and purity” (1 Tim 4:12) in my school, amongst my family, and amongst my friends.**

- ❖ Live my life in a Christ-like manner and display to all an upstanding moral life as a strong Catholic Christian and be a positive role model for my peers.
- ❖ Be careful of the influences I put into my mind and body. This includes illegal use of drugs, alcohol, and care to live a pure and chaste life in my relationships.
- ❖ Be mindful of messages and photos I post on social media (Snapchat, Instagram, GroupMe, etc.). Posting messages, photos, symbols, etc. that are contrary to the teachings of the Catholic Church is not acceptable and grounds for dismissal.
- ❖ Be careful with the language that I use and the way that I talk to and about others, treating all people with respect and dignity. (Ex: gossip, cursing, sarcasm, etc.)

### **Honor and respect my peers, building a safe environment**

- ❖ I understand that, in the area of crisis intervention, if a teen shares something with me where the teen or someone else may be in danger of being hurt, then I will immediately contact Mike, Salisha, or Lisa to report the information. (This is the Law in the State of Texas!)
- ❖ When I turn 18, I will complete Safe Environment online training within 2 weeks of my birthday.

**Honor my commitment to the ministry and maintain communication with my leaders**

- ❖ Participate in an ongoing training and formation program that occurs weekly from June – August and monthly from September – May.
- ❖ Check the GroupMe chat at least 3 times a week for any updates from Mike, Salisha, and/or Lisa.
- ❖ I will commit to attending all program events for my ministry to the best of my ability.  
If I cannot attend a ministry event, I will communicate in advance with Mike, Salisha, and/or Lisa by sending them a message through GroupMe or e-mail.

As a Confirmed Catholic Christian and in response to my Baptismal call, it is my desire to serve the St. Martha Youth Ministry program on the Discipleship Team for the coming 2020-2021 year. As a member of this team, I will uphold all the requirements listed above. I also understand that if these requirements are not kept, I will be removed from this position of leadership. If I am unable to keep the above expectations, I will inform Mike, Salisha, and Lisa immediately.

**Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

Parents, Please review this document with your Teen. If you and your Teen understand and you are in agreement of these expectations, please indicate this by your signature below.

**Signature** \_\_\_\_\_

**Date** \_\_\_\_\_