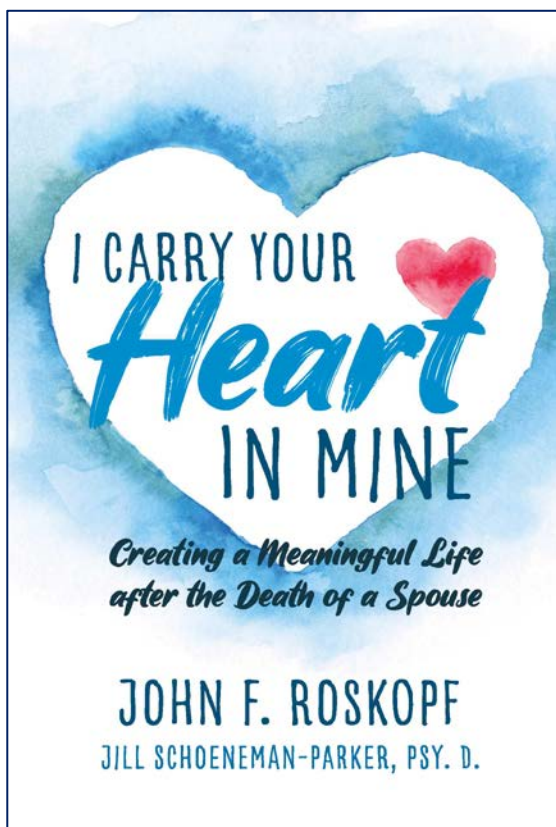


Creating a Meaningful Life After the Death of a Spouse



Meet Wilmette's John Roskopf

John and Carol had been happily married 43 years when Carol was diagnosed with stage 4 cancer and was gone just 60 days later. Hear the story of John's journey to not only survive but thrive.

Insights into Life after Loss

- Talking with your children
- Dealing with well-meaning (but unhelpful) friends
- Establishing healthy routines
- Drawing on the power of faith

Wednesday, Nov. 18 at 7 pm

via Zoom

Contact Kieran Lyons at klyons@ssjfx.org by 5 pm on
Nov. 18 to get the Zoom link

Join us for a transformative view of bereavement



Saints Joseph and
Francis Xavier
Parish

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