MISSION STATEMENT
“As a family of many families, Holy Family Catholic Church nurtures our universal commitment to
celebrate our faith, to love our families and to serve communities.”

DECLARACIÓN DE MISIÓN
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**The Holy Season of Lent—Fast and Abstinence Norms**

**Abstinence**
The law of abstinence requires a Catholic 14 years of age until death to abstain from eating meat on Fridays in honor of the Passion of Christ on Good Friday. Meat is considered to be the flesh and organs of mammals and fowl. During Lent, abstinence from meat on Fridays is obligatory in the Untied States as elsewhere and it is sinful not to observe this discipline without a serious reason (physical labor, pregnancy, sickness, etc.).

**Fasting**
The law of fasting requires a Catholic from the 18th birthday [Cannon 97] to the 59th birthday [i.e. the beginning of the 60th year, a year which will be completed on the 60th birthday] to reduce the amount of food eaten from normal. The Church defines this as one meal a day and two smaller meals which if added together, would not exceed the main meal in quantity. Such fasting is obligatory on Ash Wednesday and Good Friday.

**Those Who Are Excused from Fast or Abstinence**

Besides those outside the age limits, those of unsound mind, the sick, the frail, pregnant or nursing women according to need for meat or nourishment, manual laborers according to need, guests at a meal who cannot excuse themselves without giving great offense or causing enmity and other situations of moral or physical impossibility to observe the penitential discipline.
Holy Family Ministry of Prayer, Healing and Hope
Please pray for the healing of our sick:
Por favor de orar por los enfermos:

Monica Faraone Lobo & Family, Marie Faraone Otsuka & Family, Desi Reno, Sister Loretta Wiesner, Natilly Patterson, Tony Gonzalez, Dave Noble, Joe Martinez, Nate McGue, Paul Graham, Deana Landingham, Donald Lundberg, Christine Tyler, Leslie Reed, Don Elder, Barbara Ortman, David Arteaga, Elida Romero, John Toste, Bishop Stephen Blaire, Jose Lopez, Carlos dela Fuente, Pelagia Lechuga, Robert Erwin and Robert Romero.

WANTED: PART-TIME COOK
Holy Family Parish is looking for a part-time cook who would be able to cook a meal three times a week for the Priests. If you are interested in learning more about this position, please talk to Fr. Juan or Fr. Tom.

Buscando Cosinero:
La Sagrada Familia está buscando un cocinero a tiempo parcial que pueda cocinar una comida tres veces a la semana para los Sacerdotes. Si está interesado hable con el Padre Juan o el Padre Tom.

WEEKLY OFFERING

2/25/2018  $6,139
2/26/2017  $6,128
Difference  $11

OFRENDA DE SACRIFICIO

Prayer: What greater gift could we give ourselves during Lent than the gift of prayer? The fruits of developing a disciplined time of prayer are bountiful. Make plans for a prayer time each day. Do not wait until you “find time” but make a time of prayer your priority. This will involve sacrifice on your part – perhaps giving up some television viewing time, using part of your lunch hour or getting up in the morning earlier than usual. Along the way, spend some time in extra prayer with the community: a weekday Mass, Stations of the Cross. What-ever you decide, resolve to spend more time with the Lord.

Fasting: Christian stewards understand that all they receive, including the bountiful food and drink that is often taken for granted, ultimately comes from the Lord. By denying ourselves food for a time, we are reminded in physical and emotional ways of the Lord’s generosity. As we fast, thoughtlessness is replaced by gratitude and mindfulness of the needs of others. The ancient practice of fasting also conditions us for greater spiritual practices. Incorporate some aspect of fasting from food or drink into your Lenten practice, something in addition to the sacrifices we make on the Fridays of Lent.

Almsgiving: This spiritual discipline heightens our sense of generosity. Just as an increase in prayer and fasting leads us to be more grateful for the gifts we’ve received, and promotes a greater awareness of others, almsgiving helps us to reach out to others in gratitude. Just as we don’t “squeeze in” time to pray during Lent, we also don’t scrutinize our checkbook when being generous with others. Again, make a plan and let a meaningful sense of sacrifice be your guide.

Catholic Stewardship International, Catholic

All bulletin requests must be submitted by the Tuesday before the weekend requested. All requests must be approved by Father. We reserve the right to edit any requests submitted for the bulletin.

Peticiones del boletín deben ser sometidas el martes antes de el fin de semana solicitada. Las peticiones tienen que ser aprobadas por el Padre. Reservamos el derecho de editar cualquier petición sometida.
Third Sunday of Lent

UPCOMING YOUTH STRONG EVENTS

March—Vocations
March 6—José Sánchez del Río
March 13—What’s your vocation? Priest, Sisters, Married Couple or Single?
March 20—No Youth Strong (NET Confirmation Retreat)
March 27—Stations of the Cross Re-Enactment

April—Prayer
April 3—Divine Mercy Chaplet
April 17—Praise Night w/ Adoration
April 24—How to Compose a Prayer

Bring a Friend. Everyone is invited!
Tuesday’s @ 6:30pm in Nazareth Hall (4212 Dale Road)

EXPOSITION OF THE BLESSED SACRAMENT

Every Friday from 8:00am until 5:00pm.
Pray Always in My Presence

RETIRÓ PARA HOMBRES
CHARLAS, ALABANZAS, REFLEXIONES Y ORACIONES
SÁBADO, 10 DE MARZO
8:00AM - 4:00PM
LA SAGRADA FAMILIA (4212 DALE ROAD)
CONTRIBUCIÓN PARA EL ALMUERZO: $10.00
PARA MÁS INFORMACIÓN: VÍCTOR (409-6455) Y JOSE LÓPEZ (380-7000)

TACO SALE-NEXT WEEKEND
Los Guadalupanos tendrán una venta de tacos de diferentes guisados, aguas frescas y postres el próximo domingo de 11:00 a 2:00pm. Next Sunday, the Guadalupanos will be having a food sale from 11am until 2:00pm.

KNUIGHTS OF COLUMBUS
UPCOMING LENTEN FISH FRY DINNERS

March 9th & March 23rd
Come to Nazareth Hall for Dine-In or Take-Out from 4:00-7:00pm. $10.00 for adults and $7.00 for children 12 and under. Tickets can be purchased in the Parish Office.

PROXIMAS CENAS DE PESCADO FRITO
Los Caballeros de Colón tendrán Cenas de Pescado Frito en el Salón Nazaret los días 9 y 23 de marzo de 4:00 a 7:00pm.
El costo es: $10.00 para adultos y $7.00 para niños menos de 12 años. Pueden comprar sus boletos en la Oficina Parroquial.

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ST PATRICK’S DAY DINNER
March 17, 2018 at 6:30pm in Nazareth Hall (4212 Dale Road). Come and enjoy a night filled with great company and food. Traditional boiled corned beef and cabbage dinner. $15.00 per person. We will have a sing-a-long. For more information contact Bob Tognetti at (209) 523-9403.

ALTAR SERVER TRAINING
Monday, March 12, 2018
6:00pm—8:00pm
Holy Family Church
(all new and current Altar Servers)
Call Audrey Banthos (204-1280) for more information.

STATIONS OF THE CROSS (SOTC)
We will have Stations of the Cross every Friday of Lent. The English Stations of the Cross will begin at 6:00pm and the Spanish Stations of the Cross will begin at 7:00pm.

JOURNEY IN CHRISTIANITY WEEKEND RETREAT
March 16, 17, & 18 in Sonora
Journey in Christianity, an organization focusing on Christian renewal through Catholic service, is sponsoring a retreat weekend on Friday evening, Saturday and Sunday (March 16-18) in Sonora. The Journey experience is an opportunity to share and encounter Christ in each other. The weekend is a great way to jump start or recharge your faith. For more information call Craig & Karen Lewandowski at (209) 835-2409.

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