Uncle Harry & Aunt Gertrude's Advice for Dealing with Conflict

(Things you might want to think twice about before adopting)

1. Avoid conflict and any sensitive topics if at all possible
2. If you do see something coming on, having a few drinks might help prime you to get through it.
3. To minimize the number of uncomfortable discussions, be ready to bring up everything that's been on your mind lately.
4. Take charge and be sure you do most of the talking.
5. You might want to just send an email. This will save time having to listen.
6. Having objects readily available to throw can be helpful.
7. Raise your voice if necessary to get your spouse's attention.
8. Interrupt the other person frequently to keep them off-balance.
9. Yell from a safe and respectable distance
10. Be confident and sure of yourself. Remember you are always right.
11. Use phrases like "I told you so," and "You always..." as needed.
12. Bring your partner's mother into the situation at the appropriate times.
13. When unsure of yourself, just keep talking
14. No issue is too old to raise again
15. And finally, remember, it's all about winning don't be weak.
The “Real” Tips and Tricks for Successful Conflict Resolution

1. Remember that disagreements and conflicts are to be expected.
2. Acknowledge that differing perspectives don’t mean someone is right and someone is wrong.
3. Timing is important. Address issues before they simmer.
4. Try to pick a good environment for sensitive conversations.
5. Be willing to actively listen.
6. Don’t be afraid of disagreements.
7. Try to avoid loaded language.
8. When any hurt has occurred, be quick and willing to give a sincere apology.
9. Discuss a single issue at a time.
10. First strive for understanding. Seek solutions later.
12. Celebrate your common ground.
13. Keep the proper goal in mind—understanding each other better and growing closer as a result.
14. Try to bring the issue to a mutually satisfactory conclusion to prevent it from surfacing over and over.
15. Don’t be afraid to seek professional aid or a trusted mediator as a help.
16. Cover it all in prayer.
17. And last, but not at all least, always remember the love you share.