Ascension Catholic Church is a vibrant, Franciscan inspired Christian Community dedicated to proclaiming the Gospel through word, worship and service. – Mission Statement

743 SE 76th Ave.
Portland, OR 97215

OFFICE HOURS: Tuesday through Friday 9a.m.-3p.m.
Phone: (503) 256-3897
Fax: (503)257-4681
Website: www.ascensionpdx.org
E-Mail: vaguilar@ascensionpdx.org
Facebook: Ascension Catholic Church PDX

PASTORAL COUNCIL MEMBERS:
Chair – Darla Black
Vice Chair – Gina Lundberg
Secretary – Alan Edwards
Agustin Gomez, Daniel Gomez, Anne Martin,
Adriana Nava, Virna Ocando
The Pastoral Council meets the Second Saturday of each month from August through June.

FAITH FORMATION / CATECISMO

English
9:00a.m-10:00a.m. Grade K to 8 Sunday
12:15pm – 1:30pm Adults Sundays

Español
7:00pm – 8:15pm Martes

MASS SCHEDULE - HORARIO DE MISA

Saturday Vigil –Sabado Vigilia
5:00p.m. (English)
7:00p.m. (Español)

Sunday - Domingo
8:30a.m. (English)
10:30a.m. (Bi-lingual)
12:30p.m. (Español)

Weekdays – Entre Semana
Tuesday, Wednesday & Friday: 8:30a.m.
Thursday: 12:00p.m.

Holy Days: See Bulletin

RECONCILIATION / CONFESIONES:
Tuesdays: 6:30p.m. - 7:30p.m., or by appointment.
Martes de 6:30p.m a 7:30p.m., o con previa cita.

EMERGENCY PHONE NUMBER – NUMERO DE EMERGENCIA:
971-220-5764 - Only for emergencies requiring an anointing (for example if someone is near death).
Solo para emergencias requiriendo unción(santos oleos)
Welcome to Ascension Parish!

October 6th, 2019

TWENTY SEVENTH SUNDAY IN ORDINARY TIME
Reading I: Habakkuk 1:2-3; 2:2-4
Reading II: 2 Timothy 1:6-8, 13-14
Gospel: Luke 17:5-10

We Invite You to Read Next Sunday’s Readings: October 13, 2019
Reading I: 2 Kings 5:14-17
Reading II: 2 Timothy 2:8-13

OFFERTORY COLLECTION:
4th Week in September 2019: $8,562.48
4th Week in September 2018: $6,142.70

MASS ATTENDANCE: 9/21-9/22
Saturday: 5:00pm 87
7:00pm 178
Sunday: 8:30am 123
10:30am 181
12:30pm 490
Total Weekend attendance: 1,059

*Due to a new Bulletin Printer, this is 1 week behind!*
On October 12 and 13, we will welcome Fr. Jerry Beat from Unbound Ministries.

Do you ever wonder what you can do to help families around the world who live in poverty? Unbound partners with families living in poverty, empowering them to become self-sufficient and fulfill their desired potential.

When you sponsor a child, young adult or elder through Unbound, you invest in personalized benefits that support goals chosen by the sponsored individual and their family. And with 93.1 percent of Unbound's expenses going toward program support, you can rest assured your contributions are working hard to meet the needs of your sponsored friend.

The program is about listening to families and following their lead. They don’t lack skills or dreams; they just lack opportunity.

— Dan Pearson
Director of Intl. Programs

How sponsorship works

When you sponsor through Unbound, you offer a hand up — not a handout — to a family working to lift themselves out of poverty through hard work, initiative and hope.

Your monthly contribution of $36 directly benefits the specific individual you sponsor to help meet their basic needs.

But your sponsorship does so much more. With your support, our program empowers sponsored individuals and their families with tools to achieve self-sufficiency.

Local staff members work with sponsored families on how to best use their benefits to achieve personal and family goals. This may include resources for:

- Nutrition
- Health care
- Education and skills training
- Improved living conditions
- Seed capital for a small business or farm

Thanks to your support and encouragement, families are able to invest in their children’s education, develop livelihoods and become active community participants. Over time, they rely less on sponsorship and more on their own income-generation activities.

Prayers

PLEASE PRAY FOR our ill parishioners & family members:

Irene Acker, Maria Alvarado, Marco Antonio Anaya, Barbara Barney, Hank Bonaduce, Naomi Brambila, Maureen Cassidy, Tim Coleman, Bob Douglas, MayLou Dove, Ron Dove, Don Emmons, Pat Emmons, Emily Faris, Pat Fellers, Virginia Feininger, Kim Fisher, Naftali Garcia, Linda Gerber, Craig Harris, Chris Harris, Harry Heitzman, David Heitzman, Terra Hemmert, Shannon Hennrich, Fr. Ben Innes, Glennis Kloster, Binh Ngo, Tina Nguyen, Kathy Nguyen, Gerald Peterson, Gloria Portillo, E. Javier Rangel, Mario N. Rangel, Beau Reynolds, Rudi Riedel, Don Rose, Abraham Sarmienta, Donald Shita, Robert Sireanni, Eleanor Sudan, Kathy Sudan, Kim St. Jacques, Mary Sanchez, Rosa Maria Santos, Tim Smith, Silvia Toppila, Anita Trachsel, Maria Isabel Valle

If you know of someone in our Ascension community in need of our presence or prayers, please give Ruth Lopez a call at our Parish office at 503-256-3897

Volunteer Opportunity

Help is needed for the month of October laundering and ironing the purificators and terry towels that we use during the Mass.

Instructions are provided. You simply pick up the laundry from the Sacristy at the end of the weekend Mass that you attend, follow the directions for laundering and ironing, and return the items the following weekend.

If you are interested in volunteering, or would like more information, please contact Sharon Grigar.
Gathering: WORD
We Gather for WORD, WORSHIP, COMMUNITY
My God, In your statutes I will delight; I will not forget your words” (Ps 119:15-16)

My God, In your statutes I will delight; I will not forget your words” (Ps 119:15-16)

Sunday-School Classes for Children and Parents
Covering:
- Our Catholic Christian Faith
- First Reconciliation
- & First Communion
Sundays 9am-10am (kindergarten to 8th grade)

Las clases de la escuela dominical para los niños y las padres:
- Primera Reconciliación
- Primera Comunión
Nuestra fe cristiana católica Domingos 9 a.m.-10am
(Kinder a 8vo grado)

Fall Retreat for All Parents & Children
All Families Are Welcome
Saturday, October 12 from 9am to 3pm
Call the Parish Office to Register
This retreat is mandatory for parents & students in faith formation classes.

Fall Retreat for All Parents & Children
All Families Are Welcome!
Saturday, October 12 from 9am to 3pm
Call the Parish Office to Register
This retreat is mandatory for parents & students in faith formation classes.

AYM
Ascension Youth Ministry
Follow us on Facebook: Ascension Youth Ministry PDX
Ruth Lopez, ext. 14, rlopez@ascensionpdx.org
High School Youth Groups:
& Confirmation Formation
Tues. Nights  October 8th HS Youth Group-
San Damiano Hall 7-8:15pm
Sun Mornings  October 6th HS Youth Group:
San Damiano Hall 9-10am

Middle School Youth Group
October 17th MS Youth Group:
Youth Group Room 7:30-8:30pm
Registration for middle school and high school youth are still open. Register at the information table after mass.

Young Adults:
This is a group for young adults aged 18-35 years old, who are interested in building a community in faith with young adults around the area.
Meet Wednesdays @ 7pm in St. John Vianney Room
1st Wednesday – Outing or Service Project
2nd Wednesday- Board Game night
3rd Wednesday- Series Night
4th Wednesday- Gospel Practice and Action
5th Wednesday- Group Potluck
Contact Ruth for more information.

Youth Confirmation:
Please fill out a YOUTH GROUP registration form and check off YES for confirmation. Ages 15-17 in High School.
School year formation for confirmation will take place during our youth group nights. Youth must come to ONE group either Sunday or Tuesday consistently. See High School Youth Group section for the dates and locations.

Adult Faith Formation
In what ways are you being called by God to grow in love, faith & knowledge?

Classes for persons interested in becoming Catholic are held on Sundays at 12:15pm in the St. Clare Rm.
(These classes are for adults inquiring about our Catholic Faith and for those who would like to become Catholic and celebrate the sacraments of Baptism, First Communion and/or Confirmation.)
Register at the Information & Welcome Area or Church Office.
Who is God calling you to invite to Ascension Parish?

Fall Retreat for All Parents & Children
All Families Are Welcome!
Saturday, October 12 from 9am to 3pm
Call the Parish Office to Register
This retreat is mandatory for parents & students in faith formation classes.

Men’s Group
Come for Mass in the chapel followed by learning & discussion on a variety of topics in the Conference Room.
All are welcome.
Next Meeting: Saturday, October 5 at 8:30am.

Daytime Women’s Group
First & Third Tuesdays at 1pm in the St. Clare Room
Meet other women in the parish while reading, reflecting & sharing the Sunday Scriptures with “Sunday-by-Sunday” as a guide.

Evening Women’s Group
3rd Friday: Go! Service at Rahab’s Sisters
Preparing & Serving Dinner for Women who are Marginalized.
4th Friday: Gather! Cultivating Non-Violence, Harvesting Peace.
6:30pm Call the Parish Office to Register.

Baptism Class
for Parents & Godparents & “Expecting Parents”
3rd Thursday of the month at 6:30pm.
Pre-registration is required.
Baptisms are celebrated the 2nd weekend of each month
Next Class: Thursday, October 17th

Sunday School
Sending: Service, Justice, & Outreach
Go Out Into the World to Share God’s Love.

October is Respect Life Month
The Catholic Church proclaims that human life is sacred and that the dignity of the human person is the foundation of a moral vision for society.
We show our respect for the Creator by our stewardship of Creation.

Catholics Care about Climate Change
Care for Creation  Care for the Poor
Pope Francis’ encyclical, Laudato Si’, speaks about the need for urgent government action to address the climate crisis.
Please take time to pray and to discern how you may personally act to help protect all creation.
For more information:
CatholicClimateMovement.Global
CatholicClimateCovenant.org

Hear the Cry of the Earth and the Cry of the Poor
September 25 through November 3
www.40daysforlife.com/portland
Help bring a message of hope to the people of Portland.

Gathering: COMMUNITY
We Gather for WORD, WORSHIP, COMMUNITY

Blood Pressure Screening:
Volunteers are needed in order to continue this ministry.
Please contact Ruth Lopez for information.

Francis Friends
Francis Friends is a light lunch meant to bring all parishioners together to build community through social time and food after praying together at the noon mass on the third Thursday of every month. This ministry runs on volunteer time & resources and monetary donations.
Any questions or interest in serving, please contact Ruth.
Thank you to all who joined us last month!
See you next Thursday October 17th

How are you being called by God to build up our community or to connect more fully in our community?

Do you have an instant pot or interested in buying one? Would you like to learn how to make delicious easy meals?
We will be having an Instant Pot Boot Camp here at Ascension. It will be a 3 part series starting November 2nd.
We will include topics like how to use the instant pot correctly and how to make quick & easy meals.
There is a suggested donation of $10 for each class which will cover the supplies used in each session.
Space is limited!
If you would like to register, If so, call Ely in the parish office or email: receptionist@ascensionpdx.org
See you All in the Kitchen!

Gracias
I would like to thank everyone who supported the food sale for Sandy Martinez on Sunday. Thanks to the support of our community and Divino Salvador for the donations of food everything was a success. All the food was sold! Woohoo! We managed to raise a total of $ 5,000 from our community.
I send you a hug in the love of Jesus Christ!

-Stella Garcia

Family Promise Shelter Meeting
Tuesday, Oct. 15th
6-7:30pm
Community of Christ
(4837 SE Couch St. Portland, OR)
Personas mayores de 18 años que todavía no tienen sus sacramentos de bautizo, Primera Comunión y Confirmación, ya estamos registrando para que tomen estos sacramentos. Las clases son los martes de 7:00pm a 8:15pm. Pueden registrarse en la oficina parroquial durante las horas de oficina de martes a viernes de 9:00am a 3:00pm. Recuerde que los lunes está cerrado.

Guarden la Fecha!
Este 17, 18 y 19 de Octubre tendremos el retiro requerido para las familias inscritas en el programa de la Primera Comunión. Se les dara más información la siguiente semana.

Quiero darles las gracias a todos los que apoyaron en la venta de comida para Sandy Martínez el domingo. Gracias al apoyo de nuestra comunidad y Divino Salvador con donaciones de comida y su servicio fue todo un éxito. Se vendió toda la comida! Woohoo! Logramos recaudar un total de $5,000 por parte de nuestra comunidad.

Les mando un abrazo en el amor de Jesucristo!
-Stella Garcia
SYM
Ascension Youth Ministry

Síguenos en Facebook: Ascension Youth Ministry PDX
Ruth Lopez, ext. 14, rlopez@ascensionpdx.org

Grupos de jóvenes de preparatoria (Grados 9-12):
Y Formación para la confirmación

- Martes 8 de Octubre en el salón San Damiano 7-8:15pm
- Domingos 6 de Octubre en el salón San Damiano 9-10am

Grupos de jóvenes de secundaria (Grados 6-8)

- 17 de Octubre Grupo Juvenil de grados 6-8:
  Salón de Jóvenes 7:30-8:30pm
Regístrelos en la mesa de información después de misa.

Jóvenes Adultos:

- Un grupo para jóvenes de 18-35 años de edad, que están interesados en
  crear una comunidad en fe con otros jóvenes adultos en el área.
- 1er Miercoles: Servicio o salida en grupo
- 2do Miercoles: Juegos de Mesa
- 3er Miercoles: Noche de Serie Teológica
- 4º Miercoles: Práctica y Acción del Evangelio
- 5º Miercoles: Convivio en grupo

Confirmación de Jóvenes:

- ¡Regístre a su joven para la confirmación! Por favor llenar el formulario de GRUPO
  DE JOVENES y marcar SI para la confirmación. Edades de 15-17 años, grados
  escolares 9-12 (High School).
Los jóvenes en su primer año de formación deben participar en
uno de nuestro grupo de jóvenes. Deben asistir a solo UN programa
constante, ya sea el Domingo o Martes. Ver la sección de Grupo de
Jóvenes de preparatoria para fechas y horario.

¿Tienes una olla Instant Pot? o estás interesado en comprar una?
¿Te gustaría aprender a preparar deliciosas comidas fáciles?
Tendremos un entrenamiento de arranque “Instant Pot” aquí en la Ascensión.
Será una serie de 3 partes a partir del 2 de noviembre.
Incluiremos temas de cómo usar la olla instantánea correctamente y cómo preparar comidas rápidas y fáciles.
Se sugiere una donación de $10 por cada clase que cubrirá las herramientas utilizadas en cada sesión.

¡El cupo es limitado!
Si desea registrarse, llame a Ely en la oficina de la parroquia.
O por correo electrónico: receptionist@ascensionpdx.org
¡Nos vemos en la cocina!

Adoración

¿Quién no necesita de un amigo con quien caminar a lo largo de la vida? ¿Quién no necesita de una persona que nos escuche y
acooja con el mayor aprecio, alguien con quien compartir la
alegría fraterna de la amistad, y siempre dispuesta para ayudarnos en los momentos difíciles? El mejor de estos amigos es Jesús, nuestro Reconciliador, a quien podemos recibir en el
Sacramento de la Eucaristía, y a quien también podemos visitar,
acompañándolo ante el Sagrario, en el silencio de una capilla o
de una iglesia. — tomado de La página del Movimiento de Vida
Cristiana
Ven y Reza en silencio.
Martes después de la misa de 8:30 a.m. hasta las 6 p.m.
Nuestro mundo necesita oración.
Nuestra iglesia necesita oración.
Nuestro país necesita oración.
Nuestra ciudad necesita oración.
Nuestras familias necesitan oración.
Necesitamos oración.

Regístrese para un turno de 1 hora en el vestíbulo.

PREGUNTAS PARA DIÁLOGAR
1. ¿Qué tan importante es en mi vida espiritual
   la adoración Eucarística?
2. ¿Qué obstáculos veo en mi vida para
   crecer en mi devoción a Jesús
   sacramentado?
3. ¿Qué medios puedo poner para que
   mis visitas al Santísimo sean una
   experiencia cada vez más profunda de
   encuentro con el Señor Jesús?

GUÍA PARA LA ORACIÓN
1. Invocación inicial:
   En el nombre del Padre, del Hijo y del Espíritu Santo. Amén.
2. Preparación:
   a. Acto de fe en la presencia de Dios.
   b. Acto de esperanza en la misericordia de Dios.
   c. Acto de amor al Señor Jesús y a Santa María.
3. Cuerpo:
   a. Mente:
      - Meditar en el silencio del momento.
   b. Corazón:
      - Elevo una plegaria buscando adherirme cordialmente a aquello
        que he descubierto con la mente, y abriéndole mi corazón al Señor.
   c. Acción:
      - Resoluciones concretas.
4. Conclusión:
   - Breve acto de agradecimiento y súplica:
     al Señor Jesús y a Santa María.
   - Rezo de la Salve u otra oración mariana.
5. Invocación final:
   En el nombre del Padre, del Hijo y del Espíritu Santo. Amén.