



ANNUNCIATION CHURCH

"As the father sent me, so I send you."

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The bread that we break, is it not a participation in the body of Christ? Because the loaf of bread is one, we, though many, are one body, for we all partake of the one loaf.

1 Corinthians 10:16-17

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THE MOST HOLY BODY AND BLOOD OF CHRIST

JUNE 14, 2020

Manna in the desert, water from a rock, bread, wine. God provides food to nourish our bodies and our souls, to bring us into union with the Divine. This is what we celebrate on this Solemnity of the Most Holy Body and Blood of Christ. The Israelites who journeyed through the desert for forty years knew physical hunger, but they were also hungry for more—they needed to know that God was with them as they made their way through the dangerous desert. We too experience hunger. We need to be assured that the Lord is with us as we navigate the circumstances of our lives, some of which feel dangerous, if not to our bodies, certainly to our spirit. Our participation in the Eucharist provides this assurance and more: fed with Christ's Body and Blood, we are drawn into communion with Christ and one another.

FOOD FOR THE JOURNEY

The Israelites who journeyed through the desert were fleeing slavery and certain death. But along the way, they encountered serpents and scorpions and experienced great hunger and thirst. God fed them with manna and quenched their thirst with water drawn from a rock. In these miraculous encounters, the people came to believe that God was truly with them on their journey, and with this assurance, grew to rely on and put their trust in God. Jesus began his ministry with a pilgrimage to the desert, where he prayed

and placed his trust in his heavenly Father. Strengthened at God's hand, Jesus stayed true to his mission even in the face of cruel death, giving himself, his very life and substance to us in bread and wine at the Last Supper and for his disciples for ages unending.

WHAT IS YOUR DESERT?

Chances are you are not physically wandering in a desert, although millions of people throughout the world live without adequate clean water. All of us experience spiritual and emotional deserts, however. The food that Jesus gives in the Eucharist, his very Body and Blood, soul and divinity, nourish us in our desert moments and strengthen us to live as Christ's people in the world. Partaking in Christ's Body and Blood, we are to live as Christ's people in the world, standing in solidarity with those who are in deserts of their own—physical, spiritual, and emotional. We are called to act as Christ's body, nourishing others through our presence, prayer, and sharing. What is your desert? How does the Eucharist strengthen you as you journey through this dark and sometimes frightening place in life? What deserts of others are you called to address through your caring and sharing as a member of Christ's body, the Church?

Today's Readings: Dt 8:2-3, 14b-16a; Ps 147:12-13, 14-15, 19-20; 1 Cor 10:16-17; Jn 6:51-58



We encourage you to take notes as you reflect on this week readings / homily:

Blank lined area for taking notes.

God's Word for Children

God took good care of Moses and the Israelites while they were in the desert and provided a special food for them. To find out what it was called, write the first letter of every picture shown.

God provides for us, too! Draw your favorite food onto this plate.

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The Most Holy Body and Blood of Christ

Jesus told the people that he was the living bread that came from heaven (John 6:51).

To see what he said next, use the thermometer to fill in the blanks.

W_oe_er e_ts
 _h_s _rea_
 wil_ l_ve
 _or_v_r.

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14 de junio de 2020

El Cuerpo y la Sangre de Cristo

Jesús dijo:
“Yo soy el pan vivo
que ha bajado del cielo;
el que coma de
este pan vivirá
para siempre”.

Juan 6:51



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Los israelitas que caminaron por el desierto estaban escapando de la esclavitud y de una muerte segura. Pero durante el camino, encontraron serpientes y escorpiones y sufrieron hambre y sed. Dios los alimentó con maná y sació su sed con agua que sacó de una piedra. En estos encuentros milagrosos, las personas llegaron a creer que Dios verdaderamente estaba con ellos en su camino y, con esta seguridad, su dependencia aumentó y pusieron su confianza en Dios. Jesús comenzó su ministerio con un peregrinaje en el desierto, donde rezó y puso su confianza en su Padre celestial. Fortalecido en las manos de Dios, Jesús permaneció fiel a su misión, incluso al enfrentar una muerte cruel, entregándose a sí mismo, su propia vida y esencia a nosotros en el pan y vino en la Última Cena y para sus discípulos por los siglos de los siglos.

¿CUÁL ES NUESTRO DESIERTO?

Es muy probable que no estés físicamente deambulando en un desierto, aunque millones de personas alrededor del mundo vivan sin agua pota-

ble. Sin embargo, todos nosotros experimentamos desiertos espirituales y emocionales. El alimento que Jesús da en la Eucaristía, su mismo Cuerpo y Sangre, alma y divinidad, nos nutre en nuestros momentos de desierto y nos fortalece para vivir como personas de Cristo en el mundo. Al participar del Cuerpo y Sangre de Cristo, debemos vivir como el pueblo de Cristo en el mundo, siendo solidarios con quienes están en sus propios desiertos, físicos, espirituales o emocionales. Estamos llamados a comportarnos como el cuerpo de Cristo, alimentando a los demás por medio de nuestra presencia, oración y participación. ¿Cuál es tu desierto? ¿Cómo te fortalece la Eucaristía mientras caminas este oscuro y a veces alarmante lugar en la vida? ¿A qué desiertos de otras personas estás llamado a atender por medio de tu cuidado y participación como un miembro del cuerpo de Cristo, la Iglesia?

Lecturas de hoy: Dt 8:2-3, 14b-16a; Sal 147:12-13, 14-15, 19-20; 1 Cor 10:16-17; Jn 6:51-58