

Confirmed for Mission

Gifts, Fruits, and Charisms of the Holy Spirit

Personal Preparation for Confirmation

• PREPARATION – How to Get Ready

Read: pp. 36- 47 in Feb 21-Handbook
Powerpoints

• PROCLAMATION – Main Theme

- The seven gifts of the Holy Spirit are given at Baptism and strengthened at Confirmation.
- The Fruits of the Spirit are the effects of God’s good work in us.
- Conversion and faith are necessary personal decisions to receive the graces of Confirmation and live a joyful life with Christ.
- Prayer is a necessary part of the Christian life.

• EXPLANATION – Content of Lesson

- The Holy Spirit gives specific gifts at different times for different reasons.
 - These are the Seven Gifts, Fruits, and Charisms of the Holy Spirit
- The names of the Seven Gifts come from Isaiah 11:2-3.
- These Seven Gifts are also called “supernatural virtues.”
- The Seven Gifts are necessary for living out the Christian life.
- The Fruits of the Spirit are a sign that we are living a healthy Christian life.
- Jesus’ parable about the vine and the branches illustrates the Fruits of the Spirit.
 - The Gifts of the Holy Spirit bear good fruit of the Spirit.
- The traditional list of the Fruits of the Spirit is found in Galatians 5:22-23.
- Conversion is necessary to overcome obstacles to receiving God’s grace.
 - Conversion includes turning away from bad habits and toward good ones.
 - This is necessary to allow the graces of Confirmation to bear fruit.
- The charisms are supernatural gifts.
- They are listed many places in the Bible.
- Charisms are a gift, not a reward for holiness.
- It is good to ask for the charisms of the Holy Spirit.
 - Ask the Holy Spirit
 - Receive them humbly
 - Avoid comparison
 - Love is the greatest charism
- Difference between charisms, fruits, and gifts of the Spirit.
- Part of conversion may include renunciation.
- Faith is a firm trust in God and freely committing our lives to Him.
- Faith that is living makes Confirmation fruitful.
- The apostles prepared for Pentecost by praying.

- Prayer is lifting the mind and heart to God.
 - There are many ways to pray.
 - All Christians should pray daily.
- Prayer in preparation for Confirmation
- The Holy Spirit makes Himself known through experience.
 - Examples of experiences of the Holy Spirit
- To be docile to the Holy Spirit is to follow His promptings.

• APPLICATION – Connecting it to Students

- Review pages 36-47.
- Share stories or give examples of times when the Fruits of the Holy Spirit are manifest (peace when you have forgiven someone, or joy in helping others, etc)
- Give examples of what living each of the gifts could look like in the lives of the students.
- Complete Online Confirmation Session Questions

• CELEBRATION - Conclusion

- Pray a Prayer to the Holy Spirit