

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Oct

FEED YOUR
CREATIVITY



Announcements:

1
Texas Basket (Steak Fingers)
Corn
Cucumbers (K-12)
Rosy Applesauce
Cake (K-12)

4
Hot Ham & Cheese Melt
Garden Salad
Fresh Fruit
Sweet Potatoes (K-12)

5
Frito Pie
Beans
Fresh Veggie Cup (K-12)
Chilled Pineapple
Crispy Treat (K-12)

6
Lasagna
Broccoli
Breadstick (K-12)
Cinnamon Applesauce

7
Boneless Chicken Wings
Hot Carrots
Grain Chips (K-12)
Celery & Carrots (K-12)
Mixed Fruit
Sherbet (K-12)

8
Chicken Parmesan
Savory Green Beans
Roll (K-12)
Green Beans (K-12)
Peaches

11
Columbus Day

12
Nachos Grande
Pinto Beans
Apricots
Cucumbers (K-12)
Ice Cream (K-12)

13
Spaghetti Bowl
Breadstick
Garden Salad
Veggie Cup (K-12)
Fruity Gelatin

14
Asian Bowl
Eggroll
Broccoli
Corn (K-12)
Mandarin Oranges

15
Pizza
Savory Green Beans
Fresh Fruit
Carrots (K-12)
Dessert (K-12)

National School Lunch Week

18
Hamburger w/wo Cheese
French Fries
Green Beans (K-12)
Roll
Strawberries

19
Chicken Fajitas
Refried Beans
Hot Cinnamon Apples
Carrots (K-12)
Salsa (K-12)
Sherbet Cup (K-12)

20
Meatball Sub
Savory Green Beans
Peaches
Garden Salad (K-12)

21
Popcorn Chicken
Corn
Fresh Apple Slices
Veggie Cup (K-12)
Cookie (K-12)

22
Pig in a Blanket
Potatoes
Snowball Salad
Tomato Cup (K-12)

25
Crispy Tacos
Pinto Beans
Orange Slices
Corn (K-12)
Salsa (K-12)
Pudding (K-12)

26
Chicken- n- Waffles
Fresh Veggie Cups (K-12)
Potatoes
Strawberries & Bananas

27
Fish Sticks
Mac & Cheese
Squash
Grapes
Carrots (K-12)

28
Hamburger w/wo Cheese
Chips
Tomato Cup
Garden Salad
Pears

29
Pizza
Corn
Cucumbers Slices
Fresh Fruit
Cookie



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Food and Nutrition Division
Nutrition Assistance Programs



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