

# ***CHOOSING YOUR SPONSOR***

A sponsor at Confirmation witnesses the commitment to Christ which you will be making. Hence, your sponsor should be a mature person, at least 16 years of age, a practicing Catholic who has received the sacraments of initiation (Baptism, Confirmation, and Holy Communion), and if married is married according to the sanctions of the Church. During your life your sponsor should be available to help and encourage you. Your sponsor must be willing to spend time with you NOW and especially during this preparation time.

According to the directive in Canon 893, neither the father nor the mother can be a sponsor. A parent may present their child if the sponsor is unable to attend the Rite of Confirmation. The sponsor need not be the same gender as the candidate.

Your sponsor presents you to the Archbishop and stands with you at the anointing. Your sponsor can be your godparent.

*The following questions may help you in choosing your sponsor:*

WHAT ADULT DO YOU TALK WITH REGULARLY?

WHAT ADULT CAN YOU TALK WITH WHEN YOU GET “ANGRY” WITH MOM & DAD?

WHAT ADULT CAN YOU COMMUNICATE WITH WHEN MOM & DAD WON’T OR DON’T SEEM TO UNDERSTAND?

WHAT ADULT DO YOU LOOK UP TO (role model)?

WHO WILL TAKE TIME TO WALK WITH YOU IN FAITH DURING THESE DAYS OF PREPARATION?

THEN MAKE YOUR CHOICE AFTER CONSIDERATION & PRAYER!

Share this information with your sponsor.