



# OUR LADY of the Blessed Sacrament

Catholic Church, Agaña Heights, Guam



Fr. Marvin Bearis, O.F.M., Cap.  
Pastor

Deacon Louis Agbulos, Jr.  
\*\*\*\*\*

Parish Office Hours

Monday- Wednesday  
and Friday

8:00 a.m. - 12:00 p.m.

and

Saturday (By Appt. Only)

Tel: 671-472-6246

Fax: 671-477-1697

CLOSED Thursdays, Sundays,  
Religious and Most  
Federal & Local Holidays  
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Email Address:

olbsaganaheights@gmail.com

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Website Address:

www.olbsaganaheights.com

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## OUR LADY OF THE BLESSED SACRAMENT

### MISSION STATEMENT

- \* To develop and strengthen our spirituality in a vibrant parish community through the celebration of the Eucharist, the devotion to and the adoration of the Blessed Sacrament;
- \* To nurture the closeness and unity of our parish families;
- \* To promote involvement in various Church ministries and ensure the continuing formation of its ministers; and
- \* To serve the need of the local community, island community, and the global community.

### **MARCH SAT 18 5 PM**

### **VIGIL: THIRD SUNDAY OF LENT**

**ENBIDA/HEALING** for Deacon Louis Agbulos, Jr., Donna Jones, Richard Davis, Ruth Leon Guerrero, Frank "Sonny" Taitano, Sr. Jacintha Marsil, Tee Sablan, Frank and Terry Indalecio and Family, Annie Untalan, Lisa Ortiz, Tom Torres, Florence Quitugua, Louisa Van Vickle, Dolores F. Chargualaf, Doris C. Garrido, David Aguon, Angie Concepcion, Kuma Santos, Manny Calvo, Dominic Terlaje, Thomas Taitano, Frank Lujan, Ed Pangelinan; **ENBIDA/HEALING/HOLY SPIRIT** for Shane McDonald, Angelica, Carolina, Julio de la Torre; **ENBIDA & Holy Spirit** Crescencia Meno, Jonathan Sablan and Venecia Chargualaf, **ENBIDA & Special Intentions** Francisco & Ester Lizama & Family, Aponik Families, **ENBIDA** Michaela Diaz; **Holy Spirit** for Felicia Marie T. Cruz, Torres and Duenas Families; **Special Intentions** for Patricia RoseAnn Torres; **St. Gerard Majella** for Samantha and Mark Suzuki; **For those in the U.S. Armed Forces; ANIMAS** †Millie Acfalle, †Juan, †Tony, †Michelle Limtiaco, †Joseph D.M. Bamba, †Jose E. Mendiola, †Connie Iriarte, †Phillip Dydasco Reyes, †Juan Untalan Torres, †James and †David Grantham, †Bryan Ho, †Alfred V.G. Quiniones, †Jerry Hauf, †Joseph Soriano Jr., †Leonard Baza, †Antonia D. Cruz, †Antoinette Marie Galavotti, †Gil and †Joyce Alquero and for the †Holy Souls in Purgatory

### **19 SUN THIRD SUNDAY OF LENT 7&9 AM**

**ENBIDA/HEALING** for Deacon Louis Agbulos, Jr., Donna Jones, Richard Davis, Ruth Leon Guerrero, Frank "Sonny" Taitano, Sr. Jacintha Marsil, Tee Sablan, Frank & Terry Indalecio & Family, Annie Untalan, James McDonald, Lisa Ortiz, Louisa Van Vickle, Juan Castro, Jr., Tom Torres, Florence Quitugua, David Aguon, Angie Concepcion, Zenaida Cabanting, Kuma Santos, Manny Calvo, Dominic Terlaje, Thomas Taitano, Frank Lujan, Ed Pangelinan; **ENBIDA/HEALING/SPECIAL INTENTIONS** for Shane McDonald, Angelica, Carolina, Julio de la Torre; **ENBIDA & Holy Spirit** Crescencia Meno, Jonathan Sablan and Venecia Chargualaf; **ENBIDA & Special Intentions** Francisco & Ester Lizama & Family, Aponik Families, **Holy Spirit** for Felicia Marie T. Cruz, Torres and Duenas Families; **Special Intentions** for Patricia RoseAnn Torres; **St. Gerard Majella** for Samantha and Mark Suzuki; **ENBIDA and Special Intention** for all those in need, **ENBIDA** Michaela Diaz; **ENBIDA and Safe Journey** Charles McDonald, **For those in the U.S. Armed Forces; ANIMAS** †Isabel C. Munoz, †Millie Acfalle, †Juan, †Tony, †Michelle Limtiaco, †Joseph D.M. Bamba, †Jose E. Mendiola, †Rodolfo de la Torre, †Teresa Hernandez, †Juan Garcia, †Juan Untalan Torres, †Phillip Dydasco Reyes, †James and †David Grantham, †Bryan Ho, †Kenneth T. Gumataotao, †Alfred V.G. Quiniones, †Jerry Hauf, †Joseph Soriano Jr., †Leonard Baza, †Antonia D. Cruz, †Angelina V. Bell Leon Guerrero, †Antoinette Marie Galavotti, †Gil and †Joyce Alquero and for the †Holy Souls in Purgatory

### **20 MON ST JOSEPH, SPOUSE OF THE BLESSED VIRGIN MARY 6:00 PM**

**ENBIDA/HEALING** for Deacon Louis Agbulos, Jr., Donna Jones, Richard Davis, Ruth Leon Guerrero, Frank "Sonny" Taitano, Sr. Jacintha Marsil, Frank & Terry Indalecio & Family, Louisa Van Vickle, Tom Torres, Florence Quitugua, Angie Concepcion, David Aguon, Kuma Santos, Manny Calvo, Dominic Grantham, Thomas Taitano, Frank Lujan, Ed Pangelinan; **ENBIDA/HEALING/ST. JUDE** for Shane McDonald, Angelica, Carolina, Julio de la Torre; **ENBIDA** Michaela Diaz; **ENBIDA & Special Intentions** Francisco & Ester Lizama & Family, Aponik Families; **ENBIDA & Birthday Blessings** Mikko Tenorio; **Holy Spirit** for Felicia Marie T. Cruz, Torres and Duenas Families; **Special Intentions** for Patricia RoseAnn Torres; **St. Gerard Majella** for Samantha and Mark Suzuki; **ANIMAS** †Millie Acfalle, †Juan, †Tony, †Michelle Limtiaco, †Joseph D.M. Bamba, †Jose E. Mendiola, †Connie Iriarte, †Juan Untalan Torres, †James and †David Grantham, †Bryan Ho, †Alfred V.G. Quiniones, †Joseph Soriano Jr., †Leonard Baza, †Antonia D. Cruz, †Antoinette Marie Galavotti, †Gil and †Joyce Alquero and for the †Holy Souls in Purgatory

# THIRD SUNDAY OF LENT

## PARISH INFORMATION

**SACRAMENT OF BAPTISM:** Baptisms are celebrated on 1st and 3rd Saturdays at 4:00 p.m. Please contact the parish secretary at least three (3) weeks in advance to schedule a baptism.

**SACRAMENT OF MATRIMONY:** Please contact the parish office at least six months before the date of the proposed marriage.

**PARISH REGISTRATION:** Are you new to our parish or may-be just have not had the chance to register? If so, please stop by the parish office to register. Thank you.

**GODPARENTS AND SPONSORS:** Permission forms are available at the OLBS Parish Office during office hours. Sponsorship approval should be obtained from the parish where you **currently attend Mass regularly**, not from the parish where you received the Sacrament of Confirmation.

**SACRAMENT CERTIFICATES:** If you need a copy of your Baptism, First Holy Communion, Confirmation and/or Marriage Certificate, please contact the parish office.

**PARISH BULLETIN NOTICES:** All announcements for the weekly bulletin must be submitted no later than 12 NOON on Wednesday.

## 21 TUES LENTEN WEEKDAY

**6:00 PM ENBIDA/HEALING** for Deacon Louis Agbulos, Jr., Donna Jones, Richard Davis, Ruth Leon Guerrero, Frank "Sonny" Taitano, Sr. Jacintha Marsil, Frank & Terry Indalecio & Family, Tom Torres, Florence Quitugua, Louisa Van Vickle, David Aguon, Angie Concepcion, Kuma Santos, Manny Calvo, Dominic Terlaje, Thomas Taitano, Frank Lujan, Ed Pangelinan; **ENBIDA/HEALING/ST. ANTHONY** for Shane McDonald, Angelica, Carolina, Julio de la Torre; **ENBIDA & Special Intentions** Francisco & Ester Lizama & Family, Aponik Families; **ENBIDA** Michaela Diaz; **Holy Spirit** for Felicia Marie T. Cruz, Torres and Duenas Families; **St. Gerard Majella** for Samantha and Mark Suzuki; **ANIMAS** †Millie Acfalle, †Juan, †Tony, †Michelle Limtiaco, †Joseph D.M. Bamba, †Jose E. Mendiola, †Connie Iriarte, †Juan Untalan Torres, †James and †David Grantham, †Bryan Ko, †Alfred V.G. Quiniones, †Joseph Soriano Jr., †Leonard Baza, †Antonia D. Cruz, †Antoinette Marie Galavotti, †Gil and †Joyce Alquero and for the †**Holy Souls in Purgatory**

## 22 WED LENTEN WEEKDAY

**6PM ENBIDA/HEALING** for Deacon Louis Agbulos, Jr., Donna Jones, Richard Davis, Ruth Leon Guerrero, Frank "Sonny" Taitano, Sr. Jacintha Marsil, Frank & Terry Indalecio & Family, Tom Torres, Florence Quitugua, David Aguon, Louisa Van Vickle, Angie Concepcion, Kuma Santos, Manny Calvo, Dominic Terlaje, Margaret T. Artero, Gian Bordallo; Thomas Taitano, Frank Lujan, Ed Pangelinan; **ENBIDA/HEALING/OUR LADY OF PERPETUAL HELP** for Shane McDonald Angelica, Carolina, Julio de la Torre; **ENBIDA & Special Intentions** Francisco & Ester Lizama & Family, Aponik Families; **ENBIDA** Michaela Diaz; **Holy Spirit** for Felicia Marie T. Cruz, Torres and Duenas Families; **Special Intentions** for Patricia RoseAnn Torres; **St. Gerard Majella** for Samantha and Mark Suzuki; **ANIMAS** †Millie Acfalle, †Juan, †Tony, †Michelle Limtiaco, †Joseph D.M. Bamba, †Jose E. Mendiola, †Connie Iriarte, †Juan Untalan Torres, †James and †David Grantham, †Bryan Ko, †Alfred V.G. Quiniones, †Joseph Soriano Jr., †Leonard Baza, †Antonia D. Cruz, †Antoinette Marie Galavotti, †Gil and †Joyce Alquero and for the †**Holy Souls in Purgatory**

## 23 THURS LENTEN WEEKDAY

**7:00 AM ENBIDA/HEALING** for Deacon Louis Agbulos, Jr., Donna Jones, Richard Davis, Ruth Leon Guerrero, Frank "Sonny" Taitano, Sr. Jacintha Marsil, Frank & Terry Indalecio & Family, Tom Torres, Florence Quitugua; David Aguon, Louisa Van Vickle, Angie Concepcion, Kuma Santos, Manny Calvo, Dominic Terlaje, Margaret T. Artero, Gian Bordallo; Thomas Taitano, Frank Lujan, Ed Pangelinan; **ENBIDA** Michaela Diaz; **ENBIDA/HEALING/OUR LADY OF SORROWS/ST. PADRE PIO** for Shane McDonald, Angelica, Carolina, Julio de la Torre; **ENBIDA & Special Intentions** Francisco & Ester Lizama & Family, Aponik Families; **Holy Spirit** for Felicia Marie T. Cruz, Torres and Duenas Families; **Special Intentions** for Patricia RoseAnn Torres; **St. Gerard Majella** for Samantha and Mark Suzuki; **ANIMAS** †Millie Acfalle, †Juan, †Tony, †Michelle Limtiaco, †Joseph D.M. Bamba, †Jose E. Mendiola, †Connie Iriarte, †Juan Untalan Torres, †James and †David Grantham, †Bryan Ko, †Alfred V.G. Quiniones, †Joseph Soriano Jr., †Leonard Baza, †Antonia D. Cruz, †Antonia Pereyra, †Antoinette Marie Galavotti, †Gil and †Joyce Alquero and for the †**Holy Souls in Purgatory**

## 24 FRI LENTEN WEEKDAY

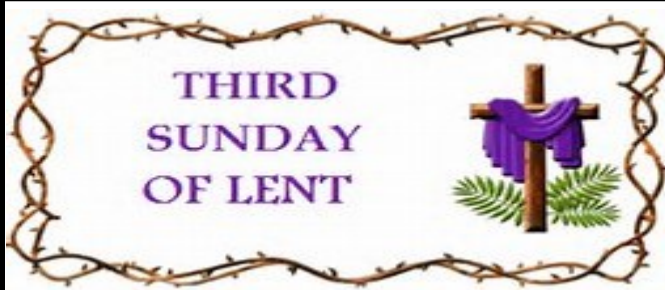
**6:00 PM ENBIDA/HEALING** for Deacon Louis Agbulos, Jr., Donna Jones, Richard Davis, Ruth Leon Guerrero, Frank "Sonny" Taitano, Sr. Jacintha Marsil, Frank & Terry Indalecio & Family, Tom Torres, Florence Quitugua; David Aguon, Louisa Van Vickle, Angie Concepcion, Kuma Santos, Manny Calvo, Dominic Terlaje, Margaret T. Artero, Gian Bordallo; Thomas Taitano, Frank Lujan, Ed Pangelinan; **ENBIDA/HEALING/SACRED HEART** for Shane McDonald, Angelica, Carolina, Julio de la Torre; **ENBIDA & Special Intentions** Francisco & Ester Lizama & Family, Aponik Families; **ENBIDA** Michaela Diaz; **ENBIDA AND BLESSINGS** for the Confirmation Students and Retreat Team **Holy Spirit** for Felicia Marie T. Cruz, Torres and Duenas Families; **Special Intentions** for Patricia RoseAnn Torres; **St. Gerard Majella** for Samantha and Mark Suzuki; **ANIMAS** †Catherine C. Blas, †Millie Acfalle, †Juan, †Tony, †Michelle Limtiaco, †Joseph D.M. Bamba, †Jose E. Mendiola, †Connie Iriarte, †Juan Untalan Torres, †James and †David Grantham, †Bryan Ko, †Alfred V.G. Quiniones, †Joseph Soriano Jr., †Leonard Baza, †Antonia D. Cruz, †Antonia Pereyra, †Antoinette Marie Galavotti, †Gil and †Joyce Alquero and for the †**Holy Souls in Purgatory**

## 25 SAT THE ANNUNCIATION OF THE LORD

**7:00 AM ENBIDA/HEALING** for Deacon Louis Agbulos, Jr., Donna Jones, Richard Davis, Ruth Leon Guerrero, Frank "Sonny" Taitano, Sr. Jacintha Marsil, Tee Sablan, Frank & Terry Indalecio & Family, James McDonald, Angie Concepcion, Tom Torres, Florence Quitugua, Dolores F. Chargualaf, Doris C. Garrido; David Aguon, Louisa Van Vickle, David LeFever, Lynn LeFever, Kuma Santos, Manny Calvo, Dominic Terlaje, Margaret T. Artero, Gian Bordallo; Thomas Taitano, Frank Lujan, Ed Pangelinan; **ENBIDA/HEALING/BLESSED VIRGIN MARY** for Shane McDonald, Angelica, Carolina, Julio de la Torre; **ENBIDA & Special Intentions** Francisco & Ester Lizama & Family, Aponik Families; **ENBIDA AND BLESSINGS** for the Confirmation Students and Retreat Team **ENBIDA** Michaela Diaz; **Holy Spirit** for Felicia Marie T. Cruz, Torres and Duenas Families; **Special Intentions** for Patricia RoseAnn Torres; **St. Gerard Majella** for Samantha and Mark Suzuki; **For those in the U.S. Armed Forces; ANIMAS** †Ana Indalecio, †Millie Acfalle, †Juan, †Tony, †Michelle Limtiaco, †Juan Untalan Torres, †Joseph D.M. Bamba, †Jose E. Mendiola, †Connie Iriarte, †Phillip Dydasco Reyes, †James and †David Grantham, †Bryan Ko, †Alfred V.G. Quiniones, †Jerry Hauf, †Joseph Soriano Jr., †Leonard Baza, †Antonia D. Cruz, †Antoinette Marie Galavotti, †Gil and †Joyce Alquero †Pederito Marin Sr. and for the †**Holy Souls in Purgatory**



## THIRD SUNDAY OF LENT



### PROFOUND THIRST

The Gospel, a deeply touching human interest story, describes a twofold thirst.

**Our thirst for God.** We “thirst” for fullness and completeness, happiness and satisfaction, good health and long life. We often seek to satisfy our thirst in the pursuit of material success, wealth, and pleasure. The Samaritan woman was on such a futile quest till she found Jesus who gave her “a spring of water welling up to eternal life.”

**God's thirst for us.** We need to move beyond our desires to appreciate the enormity of God's thirst for us. Mother Teresa asked her sisters to reflect often on Jesus' words from the cross: “I thirst” (Jn 19:28). In the convents of the Missionaries of Charity these words are placed next to the crucifix in the sanctuary. Though first spoken on Calvary, they continue to echo God's thirst for us and our love. In the words of St. Augustine, “Deus sitit sitiri”: God thirsts to be thirsted for. Or as Mother Teresa says, “Until you know deep inside that Jesus thirsts for you—you can't begin to know who he wants to be for you. Or who he wants you to be for him.”

### MASS ON THURSDAY (DURING LENT)

During the Lenten season, there will be Mass every Thursday at 7am.

### RECONCILIATION SERVICE

Our Parish Reconciliation Service will be held this coming Tuesday, March 21, 2017 at 6:45 p.m. A prayer service will begin at 6:30 p.m.. There will be 6 to 8 priests present to hear your confession that evening. Reconciliation Guides will be available at the front of the Church. Due to the large crowd that may attend, please keep in mind that this is not a time for Spiritual direction.

### STATIONS OF THE CROSS

There will be Stations of the Cross **every Friday after the 6:00 p.m. Mass** which will be led by the various ministries. Please make this a part of your Lenten devotion.

#### DATE

March 24

March 31

April 7

#### LED BY:

Eucharistic Ministers

CCD Students/Teachers (Grades K-9th)

Altar Servers

Techas will lead the Stations of the Cross on Sunday before the masses.

During the Lenten season, there will be **NO VENERATION** of St. Jude, St. Anthony and Our Mother of Perpetual Help after the daily Masses.

### FR. ERIC FORBES' CLASS ON LITURGY DURING HOLY WEEK

On March 27, 28 and 29 Fr. Eric Forbes, O.F.M., Cap. will be offering a class on the “*Liturgy During Holy Week.*” It will be in the Social Hall from 7 to 8 p.m.

This will be a great way to prepare yourself for the Easter Triduum as he goes over the Liturgy and spirituality of Holy Week.

If you are interested please contact the parish office at 472-6246 or e-mail [olbsaganheights@gmail.com](mailto:olbsaganheights@gmail.com). Deadline to sign up is Sunday, March 19, 2017.

## THIRD SUNDAY OF LENT

### LENTEN REFLECTION SERIES

There will be series of Lenten Talks focused on the "Stations of the Cross". The talks will be given at the Father Duenas Memorial School Boy's Chapel. It starts with an optional 6 pm Mass and the talks begin shortly at 6:30 pm and ends at 7:30 pm.

### SCHEDULE OF PRESENTERS:

March 22 Fr. Mike Crisostomo (Speaking on Stations 7-9)

March 29 Fr. Paul Gofigan (Speaking on Stations 10-12)

April 5 Fr. Marvin Bearis OFM Cap  
(Speaking on Stations 13-14)

I encourage you to come and use this as an opportunity for spiritual growth and nourishment in the Season of Lent.

### MARIA ARTERO CATHOLIC PRESCHOOL AND KINDERGARTEN

Maria Artero Catholic Preschool & Kindergarten for 3 1/2 year olds (Preschool) and 4 1/2 year olds (Kindergarten) has opened registration. Please stop by the school office to pick up the registration forms.

If you have any questions, contact Sr. Anotia Addy at 472-8777 for further information.

Thank you! God Bless You!

### LAST WEEK'S COLLECTIONS

*Last weekend's Collection* = \$ 3,259.00

*Adoration Chapel Donation* = \$ 117.00

***Thank you to all who so generously  
and faithfully support our parish.***

### TECHA SCHEDULE

**March 19—25** Glorina Perez/Lucia McDonald

**March 26—April 1** Emily Cruz/Letty Bartels

**April 2 – 9** Millie Artero/Natty Calvo

### PLEASE PRAY....

#### ***For our Sick and/or Recovering:***

Deacon Louis Agbulos, Jr., Rose Borja, Pedro C. Cruz, Doris Garrido, Mercedes Grantham, Donna Jones, Bernadette Lizama, Francisco Lizama, Sr. Jacinta Marsil, Maria P. Masnayan, James McDonald, Mark Pangilinan, Lisa Ortiz, Tee Sablan, Irene Sobrevilla, Bill Suzuki, Clarissa Taitano, Dorothy Tydingco, Annie Untalan.

#### ***For our Homebound:***

Maria Aguon, Anne Calvo, Dolores F. Chargualaf, Serafina Fejeran, Agueda (Ida) Fujikawa, Olivia Guinto, Isabel Gumataotao, Rita Gumataotao, Bernadita Hamamoto, Ester Lizama, Dolores Luzano, Terry McDonald, Virginia Portusach, Florence Sablan, Francisco San Nicolas, John and Winnie Suzuki, Rosa M. Torres and Annie Untalan.

***Please remember our sick, recovering and  
Homebound parishioners in your daily  
prayers..***

## THIRD SUNDAY OF LENT

### GUAM WORLD YOUTH DAY 2017

Dear Parishioners,

As you know, our parish is sponsoring the Archdiocesan Guam World Youth Day 2017. This year we are having two events. On April 7, from 6-9pm, we have an "XLT" night for all college students and young adults. This will be a night of praise, adoration, with an inspirational talk. There will also be fellowship after the event in Social Hall. On April 9, from 11:30 am to 6:00 pm we have our larger event for high school students at Bishop Baumgartner School and Gymnasium. This will be an incredible afternoon of celebrating our Catholic Faith with cultural dancing, lively worship, singing, and inspirational talks. The afternoon will end with a Palm Sunday Mass with Archbishop Byrnes.

I am asking for your help to make this event a success. First and foremost, we are looking for any monetary donations to help with the cost of running these events.

#### The donations will help with the following:

- 1) The stipend, lodging and hospitality of the three off-island speakers and musicians;
- 2) The giveaways for the teens;
- 3) The advertisements, banners, posters;
- 4) Supplies for registration/decorations;
- 5) Other excess cost in relation to event for Sunday's Youth Rally.

There will be donation envelopes for the Guam WYD in a basket at the front of the Church.

I am also asking for parishioners to help donate food items for the fellowship after College/Young Adult XLT on April 7. We are looking for parishioners to help donate paper products, ice, drinks, and especially various "LENTEN" and non meat food items that will help feed about 150-200 people. If you are interested, please sign up on the bulletin board at the front of the Church.

I will continue to keep you posted as the event comes closer as we are going to need parishioners to help with various areas of the Guam World Youth Day events.

I am always truly grateful for your support.

In Christ,  
Fr. Marvin

**Please pray for our Confirmation Students and Retreat Team as they will be attending their Confirmation Retreat this weekend of March 24-26th at the retreat Center in Malojloj.**

**Confirmation Class:** Cabrini Aguon, Tiffani Aguon, Isabella Almario, Eldric Alvarez, Dejah Atenorcruz, Joshua Calvo, Cody Camacho, Jake Carbullido, Rico Castro, Kaitlyn Cawili, Sabrina Cruz, Matthew Dolash, Austin Duenas, , Ralph Fejeran, Timothy Flores, George Gracia, Tadashi Hiura, Anesha-maelene Ignacio, Eviata Laguana, Justin Leon Guerrero, Sandy Malalis, Aidan McDonald, Michael McDonald, Vicent Meno, Sophia Minatoya, Kaleianani Muna, Catherine Nadeau, Roslyn Pangelinan, Brittany Paulino-Manglona, Ernest Perez, Xavier Quinata, Josiah Quitigua, Tyrone Rosario, Gabriela Sablan, Keoni Sablan, Richard Salas, Keith Santos

**Retreat Team:** Sylvia Calvo, Melissa Camacho, Dolores Quinata, Vernon Kamiaz, Joann San Nicolas, Sr. Regina Doone, Ann Marie Rodriguez, Colin Leon Guerrero, Neesie Santos, Bianca Cruz, Michelle Carpio, Jacob Richards, Vincent Borja

**Teen Leaders:** : Rhea Jose, Margaret Pangelinan, Dylan Camacho, Terrance Harris, Jordan Rae Cepeda, Renee Finona, Alyssa Taitano

### *Our Lord of Pardon Prayer Group*

***You are cordially invited to attend the nine days of Novena and Mass in honor of the 37th Anniversary of Our Lord of Pardon at Our Lady of the Blessed Sacrament Church, Agana Heights***

***Services begin***

***March 024, 2017 thru April 1, 2017***

#### **NOVENA SCHEDULE**

Friday	March 24	5:00 p.m.
Saturday	March 25	5:00 p.m.
Sunday	March 26	5:00 p.m.
Monday	March 27	5:00 p.m.
Tuesday	March 28	5:00 p.m.
Wednesday	March 29	5:00 p.m.
Thursday	March 30	5:00 p.m.
Friday	March 31	5:00 p.m.
Saturday	April 1	5:00 p.m.

## THIRD SUNDAY OF LENT

### Examination of Conscience

#### **1. *I am the Lord your God. You shall not have strange gods before me.***

- Do I give God time every day in prayer?
- Do I seek to love Him with my whole heart?
- Have I been involved with superstitious practices or have I been involved with the occult?
- Do I seek to surrender myself to God's word as taught by the Church?
- Have I ever received communion in the state of mortal sin?
- Have I ever deliberately told a lie in Confession or have I withheld a mortal sin from the priest in Confession?
- Are there other "gods" in my life? Money, Security, Power, People, etc.?

#### **2. *You shall not take the name of the Lord your God in vain.***

- Have I used God's name in vain: lightly or carelessly?
- Have I been angry with God?
- Have I wished evil upon any other person?
- Have I insulted a sacred person or abused a sacred object?

#### **3. *Remember to keep holy the Lord's Day.***

- Have I deliberately missed Mass on Sundays or Holy Days of Obligation?
- Have I tried to observe Sunday as a family day and a day of rest?
- Do I do needless work on Sunday?

#### **4. *Honor your father and your mother.***

- Do I honor and obey my parents?
- Have I neglected my duties to my spouse and children?
- Have I given my family good religious example?
- Do I try to bring peace into my home life?
- Do I care for my aged and infirm relatives?

#### **5. *You shall not kill.***

- Have I had an abortion or encouraged or helped anyone to have an abortion?
- Have I physically harmed anyone?
- Have I abused alcohol or drugs?
- Did I give scandal to anyone, thereby leading him or her into sin?
- Have I been angry or resentful?
- Have I harbored hatred in my heart?
- Have I mutilated myself through any form of sterilization?

#### **6. *You shall not commit adultery.***

- Have I been faithful to my marriage vows in thought and action?
- Have I engaged in any sexual activity outside of marriage?
- Have I used any method of contraception or artificial birth control in my marriage?
- Has each sexual act in my marriage been open to the transmission of new life?
- Have I been guilty of masturbation?
- Do I seek to control my thoughts and imaginations?
- Have I respected all members of the opposite sex, or have I thought of other people as mere objects?
- Have I been guilty of any homosexual activity?
- Do I seek to be chaste in my thoughts, words, actions?
- Am I careful to dress modestly?

#### **7. *You shall not steal.***

- Have I stolen what is not mine?
- Have I returned or made restitution for what I have stolen?
- Do I waste time at work, school, and home?
- Do I gamble excessively, thereby denying my family of their needs?
- Do I pay my debts promptly?
- Do I seek to share what I have with the poor?
- Have I cheated anyone out of what is justly theirs, for example creditors, insurance companies, big corporations?

#### **8. *You shall not bear false witness against your neighbor.***

- Have I lied? Have I gossiped?
- Do I speak badly of others behind their back?
- Am I sincere in my dealings with others?
- Am I critical, negative or uncharitable in my thoughts of others?
- Do I keep secret what should be kept confidential?
- Have I injured the reputation of others by slanders?

#### **9. *You shall not desire your neighbor's wife.***

- Have I consented to impure thoughts?
- Have I caused them by impure reading, movies, television, conversation or curiosity?
- Do I pray at once to banish impure thoughts and temptations?
- Have I behaved in an inappropriate way with members of the opposite sex: flirting, being superficial, etc.?

#### **10. *You shall not desire your neighbor's goods.***

- Am I jealous of what other people have?
- Do I envy the families or possessions of others?
- Am I greedy or selfish?
- Are material possessions the purpose of my life?