



OUR LADY of the Blessed Sacrament

Catholic Church, Agana Heights, Guam



**Fr. Victor Garcia,
O.F.M., Cap.
Pastor**

Parish Office Hours
Monday- Wednesday and Friday
8:00 a.m. - 12 NOON

Tel: 671-472-6246
Fax: 671-477-1697

**CLOSED Thursdays, Sundays,
Religious and Most
Federal and Local Holidays**

Email Address:
olblessedsacrament@gmail.com

Website Address:
www.olbsaganaheights.net

**OUR LADY OF THE
BLESSED SACRAMENT**

MISSION STATEMENT

- * To develop and strengthen our spirituality in a vibrant parish community through the celebration of the Eucharist, the devotion to and the adoration of the Blessed Sacrament;
- * To nurture the closeness and unity of our parish families;
- * To promote involvement in various Church ministries and ensure the continuing formation of its ministers; and
- * To serve the need of the local community, island community, and the global community.

1 JUNE SAT VIGIL: THE ASCENSION OF THE LORD

5:00 PM

ENBIDA/HEALING for Donna Jones, Marilyn Cruz Roberts, Sister Jacintha Marsil, Tee Sablan, Indalecio Family, Camacho Family, Tom and Ann Torres, Helen B. Charfauros, Tony H. Salas, Jim and Guadalupe Blend, Ben and Maryann Mesa, Lorraine Mendiola Borja, Tiara Borja, Paige Manglona, Crescencia Meno, Jared Manibusan, Letty Bartels, Loling Field, Raymond A. Calvo, Jackie Delgado, Fidel Blas, Nicole Quan, Linda Sablan Nededog, Theodore D.B. Nelson, III, Kuade Jay Bell Jr., Frances Olson, Roque Santos, Henry Dean Dela Cruz, David Y. Blas, George Suzuki, Rayanna and Gabby Peredo; **ENBIDA AND SPECIAL INTENTIONS** for Shane McDonald; **ENBIDA AND SPECIAL BLESSINGS** for Kathy M. McDonald and Elaine C. Jones; **ENBIDA AND HAPPY 93rd BIRTHDAY BLESSINGS** for Olivia Guinto; **ENBIDA** for Joe and Ann Delgado and Family; **ENBIDA** for Angel Manibusan and Family; **ENBIDA** Jonathan and Inina Sablan and Venecia Chargualaf; **ENBIDA & SPECIAL INTENTIONS** for Terry M. Perez; **ENBIDA & SPECIAL INTENTIONS** for Francisco & Ester Lizama and Family; **ENBIDA** for Dot and Melissa Agualo/Suzuki, Peredo and Parmer Families; **ANIMAS** †Jose E. Mendiola, †Millie T. Acfalle, †Joseph D.M. Bamba, †Leonard Baza, †Felix L. Calvo, †Laura D. Calvo, †Galo P. Baleto, †Maria B. Baleto, †George and †Maria Borja, †Antonio and †Agueda Fujikawa, †Barbara F. Simpliciano, †Juan, †Michelle and †Tony Limtiaco, †Violeta G. Fadriquel, †Pedro B., †Tomas S. and †Peter S. Fejeran, †Mar, †May and †Sandy Malalis, †Vera Marie Roberto Flores, †Fred and †Rosa Torres, †Jason Mailhot, †John K. Lee, †Ana Lisa Cid, †Marcelo U. Mesa, †Maria D. and †Ignacio M. Reyes, †Santa Quiniones, †Kristina Franchesca Ruales Cabrera, †Ray Henry Reyes, †Hoben and †Kailo Delgado and †the Poor Souls in Purgatory; and **PASTOR'S INTENTIONS**

2 SUN THE ASCENSION OF THE LORD

7&9AM

ENBIDA and HEALING Donna Jones, Marilyn Cruz Roberts, Sister Jacintha Marsil, Tee Sablan, Indalecio Family, Camacho Family, Tom and Ann Torres, Helen B. Charfauros, Tony H. Salas, Jim and Guadalupe Blend, Ben and Maryann Mesa, Lorraine Mendiola Borja, Tiara Borja, Paige Manglona, Crescencia Meno, Jesus and Sylvia Delgado, Letty Bartels, Raymond A. Calvo, Jared Manibusan, Lu Mafnas, Martha Bernardo, Loling Field, Jackie Delgado, Fidel Blas, Nicole Quan, Linda Sablan Nededog, Theodore D.B. Nelson, III, Kuade Jay Bell Jr., Frances Olson, Roque Santos, Henry Dean Dela Cruz, David Y. Blas, George Suzuki, Rayanna and Gabby Peredo; **ENBIDA AND HOLY SPIRIT** for Shane McDonald; **ENBIDA AND SPECIAL BLESSINGS** for Kathy M. McDonald and Elaine C. Jones; **ENBIDA AND SPECIAL INTENTIONS** for the Hernandez and Dela Torre Family; **ENBIDA & SPECIAL INTENTIONS** for Terry M. Perez; **ENBIDA** for Joe and Ann Delgado and Family; **ENBIDA** for Angel Manibusan and Family; **ENBIDA AND HAPPY 93rd BIRTHDAY BLESSINGS** for Olivia Guinto; **SPECIAL INT** for Francisco & Ester Lizama and Family; **ANIMAS** †Isabel C. Munoz, †Jose E. Mendiola, †Millie T. Acfalle, †Joseph D.M. Bamba, †Leonard Baza, †John Francis McDonald, †Felix L. Calvo, †Laura D. Calvo, †Galo P. Baleto, †Maria B. Baleto, †George and †Maria Borja, †Antonio and †Agueda Fujikawa, †Barbara F. Simpliciano, †Juan, †Michelle and †Tony Limtiaco, †Manuel Salas Santos, †John F. McDonald, †Violeta G. Fadriquel, †Pedro B., †Tomas S. and †Peter S. Fejeran, †Mar, †May and †Sandy C. Malalis, †Fred and †Rosa Torres, †Vera Marie Roberto Flores, †Jason Mailhot, †John K. Lee, †Ana Lisa Cid, †Marcelo U. Mesa, †Santa Quiniones, †Maria D. and †Ignacio M. Reyes, †Kristina Franchesca Ruales Cabrera, †Ray Henry Reyes, †Hoben and †Kailo Delgado and †the Poor Souls in Purgatory; and **PASTOR'S INTENTIONS**

3 MON ST. CHARLES LWANGA & COMPANIONS, MARTYRS

6PM

ENBIDA/HEALING Donna Jones, Marilyn Cruz Roberts, Sister Jacintha Marsil, Tee Sablan, Indalecio Family, Camacho Family, Tom and Ann Torres, Helen B. Charfauros, Tony H. Salas, Jim and Guadalupe Blend, Ben and Maryann Mesa, Lorraine Mendiola Borja, Tiara Borja, Paige Manglona, Crescencia Meno, Raymond A. Calvo, Jared Manibusan, Fidel Blas, Nicole Quan, Linda Sablan Nededog, Theodore D.B. Nelson, III, Kuade Jay Bell Jr., Frances Olson, Roque Santos, Henry Dean Dela Cruz, David Y. Blas, George Suzuki, Rayanna and Gabby Peredo; **ENBIDA AND ST. JUDE** for Shane McDonald; **ENBIDA** for Joe and Ann Delgado and Family; **SPECIAL INT** for Francisco & Ester Lizama and Family; **ANIMAS** †Jose E. Mendiola, †Millie T. Acfalle, †Joseph D.M. Bamba, †Leonard Baza, †Felix L. Calvo, †Laura D. Calvo, †Galo P. Baleto, †Maria B. Baleto, †George and †Maria Borja, †Juan, †Michelle and †Tony Limtiaco, †Violeta G. Fadriquel, †Vera Marie Roberto Flores, †Fred and †Rosa Torres, †Jason Mailhot, †John K. Lee, †Ana Lisa Cid, †Marcelo U. Mesa, †Santa Quiniones, †Kristina Franchesca Ruales Cabrera, †Ray Henry Reyes, †Hoben and †Kailo Delgado and †the Poor Souls in Purgatory; and **PASTOR'S INTENTIONS**

THE ASCENSION OF THE LORD

PARISH INFORMATION

SACRAMENT OF BAPTISM: Baptisms are celebrated on 1st and 3rd Saturdays at 4:00 p.m. Please contact the parish secretary at least three (3) weeks in advance to schedule a baptism. **(NO BAPTISMS DURING LENT)**

SACRAMENT OF MATRIMONY: Please contact the parish office at least six months before the date of the proposed marriage.

PARISH REGISTRATION: Are you new to our parish or maybe just have not had the chance to register? If so, please stop by the parish office to register. Thank you.

GODPARENTS AND SPONSORS: Permission forms are available at the OLBS Parish Office during office hours. Sponsorship approval should be obtained from the parish where you currently attend Mass regularly, not from the parish where you received the Sacrament of Confirmation.

SACRAMENT CERTIFICATES: If you need a copy of your Baptism, First Holy Communion, Confirmation and/or Marriage Certificate, please contact the parish office.



4 TUES EASTER WEEKDAY

6PM ENBIDA/HEALING for Donna Jones, Marilyn Cruz Roberts, Sister Jacintha Marsil, Tee Sablan, Indalecio Family, Camacho Family, Tom and Ann Torres, Helen B. Charfauros, Tony H. Salas, Jim and Guadalupe Blend, Ben and Maryann Mesa, Lorraine Mendiola Borja, Tiara Borja, Raymond A. Calvo, Cresencia Meno, Jared Manibusan, Fidel Blas, Nicole Quan, Linda Sablan Nededog, Theodore D.B. Nelson, III, Kuade Jay Bell, Jr., Frances Olson, Roque Santos, Henry Dean Dela Cruz, David Y. Blas, George Suzuki, Rayanna and Gabby Peredo; **ENBIDA AND ST. ANTHONY** for Shane McDonald; **ENBIDA** for Joe and Ann Delgado and Family; **ENBIDA AND SPECIAL INTENTIONS** for Francisco & Ester Lizama & Family; **ANIMAS** †Jose E. Mendiola, †Millie T. Acfalle, †Joseph D.M. Bamba, †Leonard Baza, †George and †Maria Borja, †Felix L. Calvo, †Laura D. Calvo, †Galo P. Baleto, †Maria B. Baleto, †Juan, †Michelle and †Tony Limtiaco, †Violeta G. Fadriqueña, †Vera Marie Roberto Flores, †Fred and †Rosa Torres, †Jason Mailhot, †John K. Lee, †Ana Lisa Cid, †Marcelo U. Mesa, †Santa Quiniones, †Kristina Franchesca Ruales Cabrera, †Ray Henry Reyes, †Hoben and †Kailo Delgado and †the Poor Souls in Purgatory and **PASTOR'S INTENTIONS**

5 WED SAINT BONIFACE, BISHOP AND MARTYR

6PM ENBIDA/HEALING for Donna Jones, Marilyn Cruz Roberts, Sister Jacintha Marsil, Tee Sablan, Indalecio Family, Camacho Family, Tom and Ann Torres, Helen B. Charfauros, Tony H. Salas, Jim and Guadalupe Blend, Ben and Maryann Mesa, Lorraine Mendiola Borja, Tiara Borja, Cresencia Meno, Jared Manibusan, Fidel Blas, Raymond A. Calvo, Nicole Quan, Linda Sablan Nededog, Theodore D.B. Nelson, III, Kuade Jay Bell, Jr., Frances Olson, Roque Santos, Henry Dean Dela Cruz, David Y. Blas, George Suzuki, Rayanna and Gabby Peredo; **ENBIDA AND OUR LADY OF PERPETUAL HELP** for Shane McDonald; **ENBIDA** for Joe and Ann Delgado and Family; **ENBIDA AND SPECIAL INTENTIONS** for Francisco & Ester Lizama & Family; **ANIMAS** †Jose E. Mendiola, †Millie T. Acfalle, †Joseph D.M. Bamba, †Leonard Baza, †Felix L. Calvo, †Laura D. Calvo, †Galo P. Baleto, †Maria B. Baleto, †George and †Maria Borja, †Juan, †Michelle and †Tony Limtiaco, †Violeta G. Fadriqueña, †Vera Marie Roberto Flores, †Jason Mailhot, †John K. Lee, †Ana Lisa Cid, †Marcelo U. Mesa, †Santa Quiniones, †Kristina Franchesca Ruales Cabrera, †Ray Henry Reyes, †Hoben and †Kailo Delgado and †the Poor Souls in Purgatory; and **PASTOR'S INTENTIONS**

6 THURS EASTER WEEKDAY

NO MASS: CAPUCHIN FRATERNITY DAY

7 FRI EASTER WEEKDAY

6PM ENBIDA/HEALING for Donna Jones, Marilyn Cruz Roberts, Sister Jacintha Marsil, Tee Sablan, Indalecio Family, Camacho Family, Tom and Ann Torres, Helen B. Charfauros, Tony H. Salas, Jim and Guadalupe Blend, Ben and Maryann Mesa, Lorraine Mendiola Borja, Tiara Borja, Cresencia Meno, Raymond A. Calvo, Jared Manibusan, Fidel Blas, Nicole Quan, Linda Sablan Nededog, Theodore D.B. Nelson, III, Kuade Jay Bell, Jr., Frances Olson, Roque Santos, Henry Dean Dela Cruz, David Y. Blas, George Suzuki, Rayanna and Gabby Peredo; **ENBIDA AND SACRED HEART OF JESUS** for Shane McDonald; **ENBIDA AND SPECIAL INTENTIONS** for Francisco & Ester Lizama & Family; **ENBIDA** for Joe and Ann Delgado and Family; **ENBIDA AND HEALING** for Rae and Shawn Eustaquio and Family and Raymond and Marie Leon Guerrero and Family; **ANIMAS** †Jose E. Mendiola, †Millie T. Acfalle, †Joseph D.M. Bamba, †Leonard Baza, †Felix L. Calvo, †Laura D. Calvo, †Galo P. Baleto, †Maria B. Baleto, †George and †Maria Borja, †Violeta G. Fadriqueña, †Vera Marie Roberto Flores, †Jason Mailhot, †John K. Lee, †Ana Lisa Cid, †Marcelo U. Mesa, †Santa Quiniones, †Ray Henry Reyes, †Hoben and †Kailo Delgado and †the Poor Souls in Purgatory; and **PASTOR'S INTENTIONS**

8 SAT SAINT JUSTIN, MARTYR

7AM ENBIDA/HEALING for Donna Jones, Marilyn Cruz Roberts, Sister Jacintha Marsil, Tee Sablan, Indalecio Family, Camacho Family, Tom and Ann Torres, Helen B. Charfauros, Tony H. Salas, Jim and Guadalupe Blend, Ben and Maryann Mesa, Lorraine Mendiola Borja, Tiara Borja, Paige Manglona, Cresencia Meno, Raymond A. Calvo, Jared Manibusan, Fidel Blas, Nicole Quan, Kuade Bell Jr., Linda Sablan Nededog, Theodore D.B. Nelson, III, Frances Olson, Roque Santos, Henry Dean Dela Cruz, David Y. Blas, George Suzuki, Rayanna and Gabby Peredo; **ENBIDA AND BLESSED VIRGIN MARY** for Shane McDonald; **ENBIDA** for Joe and Ann Delgado and Family; **ENBIDA AND SPECIAL INTENTION** for Francisco & Ester Lizama and Family; **ENBIDA** for Dot and Melissa Aguado/Suzuki, Peredo and Parmer Families; **ANIMAS** †Jose E. Mendiola, †Millie T. Acfalle, †Joseph D.M. Bamba, †Leonard Baza, †Felix L. Calvo, †Laura D. Calvo, †Galo P. Baleto, †Maria B. Baleto, †George and †Maria Borja, †Antonio and †Agueda Fujikawa, †Barbara F. Simpliciano, †Juan, †Michelle and †Tony Limtiaco, †Violeta G. Fadriqueña, †Vera Marie Roberto Flores, †Jason Mailhot, †John K. Lee, †Ana Lisa Cid, †Marcelo U. Mesa, †Santa Quiniones, †Ray Henry Reyes, †Hoben and †Kailo Delgado and †the Poor Souls in Purgatory; and **PASTOR'S INTENTIONS**

THE ASCENSION OF THE LORD



Absence and Presence

In Jesus' ascent into heaven, we are reminded of our "dual citizenship." We are citizens not only of this world but also of heaven (our true home). Where the risen Jesus has gone, we hope to follow.

Every ending leads to a new beginning, Jesus' life on earth closes, but his glorious life opens in heaven. Luke concludes his Gospel narrative with Jesus' final instructions to his apostles: "Thus it is written that the Messiah would suffer and rise from the dead on the third day and that repentance, for the forgiveness of sins, would be preached in his name to all the nations, beginning from Jerusalem" (vv 46-47).

Luke takes up the story again in his second book, the Acts of the Apostles. The First Reading describes the opening of a new chapter for the new people of God known as Christians. Luke recalls the death and resurrection of Jesus, how he appeared to his disciples on several occasions and how he promised to them the coming of the Holy Spirit and his presence with them to the end of time.

It is not easy to understand the "new presence" of Jesus. How can Jesus be up in heaven and at the same time be also in our midst? In this, we can only pray with the Apostle Paul that the God of our Lord Jesus Christ, the Father of glory, may give us a Spirit of wisdom and revelation resulting in knowledge of him. May the eyes of our hearts be enlightened, that we may know what is the hope that belongs to his call (cf Eph 1:17-18).

Besides eternal happiness, we hope that Jesus' work will continue and flourish in his Church for all time. And we pray that we will fulfill the responsibility entrusted to us to carry on Christ's mission of salvation and build God's Kingdom in all sectors of society—home, school, workplace, Church and government.

Source: 365 Days with the Lord
Liturgical Biblical Diary 2019



Congratulations to our Confirmation Students

We would like to congratulate the following Confirmands who received their Sacrament of Confirmation on Tuesday May 28, 2019:

Kristiana "**Barbara**" Acierto
Andrew "**Sebastian**" Alconaba
Jamie "**Bernadette**" Cabrera
Elijah "**Malachi**" Calvo
Gia "**Maria**" Camacho
Brandon "**James**" Chargualaf
Katherine "**Kateri**" Cruz
Kourtney "**Ava**" Cruz
Leilani "**Rita**" Halmi
Tobin "**Ezekiel**" Lizama

Karmay "**Esther**" Malalis
Thomas "**David**" Mansapit
Ayden "**Michael**" Pangelinan
Cecilia "**Jude**" Pangelinan
Jaen "**Pio**" Paraliza
Rebecca "**Rose**" Salas
Kimberly "**Jacinta**" San Nicolas
Jonah "**Anastasia**" Santos
Seamus "**John Paul**" Santos
Ethan "**Matthias**" Umagat

God Bless You!

Fellowship Sunday

Please join us at the Fatima Hall after the 7 a.m. and 9 a.m. Mass for Fellowship.

"**Thank you**" to those who brought some refreshments to share with one another.

First Friday Home Visits

Fr. Victor will be visiting the sick and homebound on **Friday, June 7th beginning at 7:00 a.m.**

First Friday Adoration

On **Friday, June 7th** we will have an hour of Adoration and Benediction beginning at 5:00 p.m. (before the 6:00 p.m. Mass). The Adoration Chapel will be **CLOSED** during this hour. During this time, adoration will be inside the church instead of the chapel.

Confessions will also be heard during this hour

THE ASCENSION OF THE LORD

Virtus Refresher Training Schedule

Below are the remaining scheduled **Virtus Refresher Training**:

- ◆ **Saturday, June 8, 2019, 6:30 pm** at Immaculate Heart of Mary Church Social Hall in Toto
- ◆ **Thursday, June 20, 2019, 8:30 am** at Chancery Office, St. JP II Center, San Ramon Hill
- ◆ **Monday, June 24, 2019, 6:30 pm** at San Isidro Parish, Malojloj Retreat Center.

Please take this opportunity to attend if you have not already attended a Virtus Refresher Training.

Thank you.



2019 Graduates' Mass

We will have a Mass in honor of all Graduates from our parish on **Sunday, June 9 at the 9:00 a.m. Mass**. Graduates are asked to wear their graduation gowns.

For planning purposes, please fill out the form below and place it in the collection basket, drop off at the Parish Office or place it in the black mailbox by the Parish Office door **no later than Wednesday, June 5, 2019. THANK YOU.**

GRADUATE'S NAME: _____

Telephone Number: _____

[] College [] High School [] Middle School [] Other

School Attended: _____

Techa Schedule

- June 2— June 8** Emily Cruz/ Letty Bartels
Martha Cruz
- June 9 — June 15** Millie Artero/ Natty Calvo
- June 16 — June 1** Glorina Perez/Lucia McDonald

Last Weekend's Collection

Your gifts of stewardship for
Last weekend's collection amounted to **\$2,888.49**

Adoration Chapel Collection - \$135.01

**THANK YOU FOR YOUR CONTINUED
SUPPORT OF OUR PARISH**

PLEASE PRAY FOR:

Our Sick and/or Recovering:

David P. Aguon, Letty Bartels, Fidel Blas, Lorraine Mendiola Borja, Francisco Camacho, Galo Camacho Jr., Pedro C. Cruz, Jesus and Sylvia Delgado, Maria Ulloa Flores, Doris Garrido, Mercedes Grantham, Donna Jones, Bernadette Lizama, Ester and Francisco Lizama, Florencio Lizama, Frank Jr. Lizama, Imani Li Diaz Malanche, Paige Manglona, Jared Manibusan, Sister Jacinta Marsil, Raul Montes, Linda Nededog, Lisa Ortiz, Viola Pangelinan, Rosario Reyes, Marilyn C. Roberts, Dolores Sablan, Tee Sablan, Roque Santos, Clarissa Taitano, AJ Torre, Robin Torre and Henry Torres

Our Homebound:

Maria Aguon, Fidel Blas, Anne Calvo, Francisco Camacho, Serafina Fejezan, Olivia Guinto, Rita Gumataotao, Ester and Francisco Lizama, Dorothea Mesa, Virginia Portusach, Rosario Reyes, Dolores Sablan, Florence Sablan, Francisco San Nicolas, John and Winnie Suzuki and Annie Untalan.

*Please Remember Our Sick
and Homebound in Your Daily Prayers*

THE ASCENSION OF THE LORD



Perpetual Adoration Chapel

Thank you to all who have signed up as guardians (from our parish, as well as from other parishes).

If you have not signed up and wish to volunteer one hour a week as a guardian, below are the **slots opened**:

A.M. HOURS:

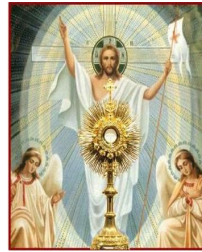
12am.-1am. (Thurs., Fri.)
1am.-2am. (Sun., Mon., Tues, Fri., Sat.)
2am.-3am. (Sun., Mon., Tues., Wed., Thurs., Fri., Sat.)
3am.-4am. (Mon., Tues., Wed., Thurs., Fri., Sat.)
4am.-5am. (Tues., Wed., Thurs.)
5am.-6am. (Mon.)
6am.-7am. (Mon., Wed.)
7am.-8am. (Mon., Tues.)
8am.-9am. (Wed.)
9am.-10am (Thurs.)
10am.-11am. (Wed., Fri., Sat.)
11am.-12pm. (Wed, Thurs.)

P.M. HOURS:

12pm.-1pm. (Mon., Tues., Wed)
1pm.-2pm. (Sun., Mon., Sat.)
2pm.-3pm. (Sun., Mon., Tues., Thurs., Fri., Sat.)
3pm.-4pm. (Tues., Thurs., Fri.)
4pm.-5pm. (Tues., Sat.)
6pm.-7pm. (Fri., Sat.)
7pm.-8pm. (Thurs., Fri.)
10pm-11pm (Sun., Mon.)
11pm-12midnight (Thurs., Sat.)

If you unable to commit as a guardian, you may fill in as a **“substitute”** in case one of the guardians are unable to fulfill their hour. Please contact the parish office at 472-6246 for more information or stop by to sign up.

Si Yu'os Ma'ase



Perpetual Adoration Chapel

“Nihi ya ta na’ māolek mona para Yu’os-ta”

“Together, let’s make it better forever for our Lord”

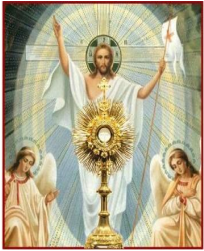
We would like to express our most sincere appreciation and gratitude for your contribution, dedication and sacrifice for the Lord towards our OLBS Adoration Chapel.

For all Chapel Guardians, just a friendly reminder of your role as guardians.

1. Please establish a list of people (**preferable family and friends**) who are willing to be a substitute for you if you are not able to make your hour.
2. Out of courtesy, please give people on your list, chapel committee members and/or group hour leaders at least **24 hours notice** if you are not able to make it at your assigned time.
3. If you will be leaving off-island or won’t be making your adoration hour ahead of time, please ask your family and friends **FIRST** to substitute for you. If you are having a difficult time, then you can contact your guardian hour leader for assistance.
4. If you know that you are coming down with a cold or other illness prior to your day of adoration, please find a substitute right away.
5. Continue to invite friends, family and even co-workers to become guardians.

Thank you and God Bless You

THE ASCENSION OF THE LORD



Perpetual Adoration

What is Perpetual Adoration?

Perpetual Adoration is a Eucharistic devotion whereby members of a parish unite in taking hours of adoration before the Most Blessed Sacrament (in most cases, exposed), both during the day and throughout the night, seven days a week.

Why is Exposition in the Monstrance Preferred?

To see Jesus visibly present under the appearance of the small white host is much more conducive to intimacy than hidden away in the tabernacle. Moreover, it adds an extra responsibility on the adorers to be sure to be faithful to the hours they are scheduled, since the suggested norm for having Jesus exposed in the monstrance is that there should be at least two adorers present, and **He must never be left alone**. Could not these words of our Lord be applied today:

"Indeed, this is the will of My heavenly Father, that everyone who looks upon the Son, and believes in Him, shall have eternal life. Him I will raise up on the last day."

How Does one Spend an Hour Before Jesus Exposed in the Blessed Sacrament?

This hour Jesus wants you to spend with Him is spent any way you want. You may bring your own prayer books, use the books in the chapel, read the Bible, pray the rosary, or just sit and relax and enjoy the sweet peace that comes from simply being in the Presence of God. You may feel that you can't pray well. Don't let this discourage you. The mere fact that you take time out at a specific time each week to spend an hour with Jesus in the Blessed Sacrament pleases Him very much and is in itself a prayer of great faith.

Please remember that Perpetual Adoration in a parish is not just for a day, a week, a month, or a year. Rather, **it is for always. It is not temporary, but ongoing, lasting, permanent.**



Saint Mother Teresa said...

"The time you spend with Jesus in the Blessed Sacrament is the best time you will spend on earth."