

ICBVM RE at Home Tracker **3/22/20 - 4/5/20**

Keep track of each weekly faith formation material(s) covered using this tracker. RE affords flexibility between parish and home. Remember that the home is the first church, also called the domestic church. The Church has always recognized parents as the primary educators of their children. The list given by your catechist is the minimum to digest to continue your parish's faith formation program, but we pray you use it to build upon your own faith formation as a family at home. To help our catechumens keep the flow of what they're used to during RE, the opening prayer for each class (Three Hail Marys Devotion) and the closing prayer (Divine Mercy Chaplet) are included at the end of this tracker. Please use these freely, and as the time is more flexible at home use the link for Sunday's readings from the USCCB. Reading and discussing Scripture at home is one of the best things you can do to strengthen your faith and bonds together as a family. Return this tracker when we resume class: presumably after Easter Sunday. We will send you information as the situation continues to be updated. Meanwhile, use this time to grow stronger together as a Christian family, for the very first days of the Church were spent in the homes of families; there were no parishes yet; Holy Mass developed in people's houses and in the catacombs. Home is a sacred place. May we sanctify our families and our homes during this time.

Sunday, March 22, 2020 [Lectionary Readings](#) for 4th Sunday of Lent

**Open with Three Hail Marys Devotion*

Book Assignment: _____ Parent/Guardian Signature: _____

**Close with Divine Mercy Chaplet*

Sunday, March 29, 2020 [Lectionary Readings](#) for 5th Sunday of Lent

**Open with Three Hail Marys Devotion*

Book Assignment: _____ Parent/Guardian Signature: _____

**Close with Divine Mercy Chaplet*

Sunday, April 5, 2020 [Lectionary Readings](#) for **Palm Sunday**

**Open with Three Hail Marys Devotion*

Book Assignment: _____ Parent/Guardian Signature: _____

**Close with Divine Mercy Chaplet*

Additional Notes from your Catechist(s):

The Three Hail Marys Devotion

Sign of the Cross. ☩

In honor of God the Father, Whose omnipotence raised Mary's soul so high above every other creature that after God she has the greatest power in heaven and on earth. In the hour of our death she will use that power of God the Father to keep any hostile power far from us

Hail, Mary...

In honor of the Son of God Who communicated His inscrutable wisdom to Mary. In the hour of our death she will fill our souls with the light of that wisdom so that all the darkness of ignorance and error will be dispelled.

Hail, Mary...

In honor of God the Holy Ghost Who filled Mary's soul with the sweetness of His love and tenderness and mercy. In our last hour she will then change the bitterness of death into divine sweetness and delight.

Hail, Mary...

O my Mother preserve me from mortal sin during this day (night).

Sign of the Cross. ☩

Divine Mercy Chaplet

Using the Rosary:

Act of Contrition (Our Father bead), Our Father (1st Hail Mary bead), Hail Mary (2nd Hail Mary bead), Apostles' Creed (3rd Hail Mary bead)

Our Father beads: Eternal Father, I offer You the Body, Blood, Soul, and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.

Hail Mary beads: *For the sake of His Sorrowful Passion...* Have mercy on us and on the whole world.

Finish (3x): Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

Jesus, I trust in You! (3x)



Ave Maris Stella
(Hail, Star of the Sea)

Hail, bright star of ocean,
 God's own Mother blest,
 Ever sinless Virgin,
 Gate of heavenly rest.

Taking that sweet Ave
 Which from Gabriel came,
 Peace confirm within us,
 Changing Eva's name.

Break the captives' fetters,
 Light on blindness pour,
 All our ills expelling,
 Every bliss implore

Show thyself a Mother;
 May the Word Divine,
 Born for us thy Infant,
 Hear our prayers through thine.

Virgin all excelling,
 Mildest of the mild,
 Freed from guilt, preserve us,
 Pure and undefiled.

Keep our life all spotless,
 Make our way secure,
 Till we find in Jesus
 Joy forevermore.

Through the highest heaven
 To the Almighty Three,
 Father, Son, and Spirit,
 One same Glory be.

Amen.

The following is a list from Jim Gontis, Director of Evangelization & Catechesis

EXAMPLES OF LENTEN WORK THAT COULD BE DONE BY RE STUDENTS AT HOME

Examples could include:

- Commandments- Have your 4th grade students study and memorize the 10 commandment – This could also help them make a good Lenten Confession.
- Martyr(s)- Have your students do a 1-2 page report on a martyr, since one of the special graces of Confirmation is to be a witness to Christ in the world and the word “martyr” means “witness”.
- Corporal and Spiritual Works of Mercy- Have older students commit to memory the Corporal and Spiritual Works of Mercy.
- Passion Narrative – Junior High or High School – If they have a Bible at home, ask them to read one of the Passion Narratives from one of the four Gospels, or one each week for the remainder of Lent. Make sure to tell them which chapters from which Gospels, i.e. Matthew, Chapters 26-27, Mark, Chapters 14-15, Luke, Chapters 22-23, John, Chapters 18-19.
- Stations of the Cross- Something that I have done since I have been a young child is to attend my parish’s Stations of the Cross on Friday evenings during Lent. My wife and I have continued this practice with our kids. We will be going again tonight. These are all just examples. Or, give the students a list of the 14 Stations and have them draw them. This can be a good activity for younger students or older ones.
- Rosary - Have Student Learn and Pray the 5 Sorrowful and the 5 Glorious Mysteries of the Rosary
- Divine Mercy Devotions – Research on the Internet the Divine Mercy Devotions and pray one Divine Mercy Chaplet

For catechumens in Confirmation classes, including those recently confirmed, you may also choose among the following alternatives to continue faith formation at home. Other grade levels are encouraged to use and explore these materials to supplement their own class assignments.

CredibleCatholic.com

This site is AMAZING for any age. Designed by a highly academic priest, his life's work to give Catholics, ex-Catholics, lapsed Catholics, and non-Catholics the answers they need to the universal doubts we all have is offered FOR FREE. There are concrete answers to life after death, existence of God, the problem of suffering, and many more questions that appear on pew research results again and again as the questions that boost people out of the Church since their questions go (unfortunately more often than not) unanswered. Catechumens and their parents are strongly encouraged to work through any number of the modules on this blessed site. It may take the place of the book assignment for those recently confirmed.

TrueFaithTV

These four channels by the same catechist provide a lot of good material to digest, to discuss, and to pray.

<https://teachingcatholickids.com/walking-through-holy-week-as-a-family/>

An easy walkthrough to do as a family during Holy Week (begins 4/5/20 on Palm Sunday)

[10 Holy Week Activities for Catholic Families](#)

[Act of Spiritual Communion When Not Taking the Eucharist](#)