



SACRED HEART PARISH

Guidelines for Choosing Your Confirmation Saint

As you prepare to receive the Sacrament of Confirmation, you are asked to choose a Confirmation saint as your patron/patroness. You will be confirmed using this name. The saint you choose should reflect a devotion you have to the saint, or to the virtues or gifts of that saint which are important to you.

1. Read and learn about several saints and their lives before making your choice.
2. Pray about the saint you are considering.
3. Get your catechist's approval of your selection before you complete your report.

Guidelines for Saint Report

Your report should explain who your saint is. Here are some questions to help you to know them better:

- When and where was your saint born?
- What did they do for a living?
- What drew him or her closer to Jesus?
- Was your saint a priest, monk/nun or layperson?
- What sort of obstacles did your saint have to overcome to become holy?
- When and how did your saint die?
- What day does the Church celebrate your saint's feast day? Is there a reason why it is this date?
- What is your saint the patron/patroness of?
- What miracles are associated with your saint?

Why Did You Choose THIS Saint?

- * What qualities or virtues does this saint have that you admire?
- * Do you and your saint have any similarities?
- * How can this saint help you live your life differently after you are Confirmed?

LISTEN To This Brief Talk "Saints Are Our Friends" by Fr. Gary Caster

https://www.youtube.com/watch?time_continue=127&v=-sIWbS_g3LY

RESOURCES Suggested Links to Research Saints

<https://www.franciscanmedia.org/patron-saints-for-modern-challenges/>

<https://www.catholic.org/saints/>

<http://www.ewtn.com/library/mary/patrons.htm>