

# GOD'S LOVE POURED OUT

SEGMENT 1

## SYNOPSIS

"God is love" - 1 John 4:8

This simple statement is the beginning and the ending of our pilgrimage of Faith. God is Love and the Lord's Love is perfect, passionate and unconditional. There is nothing that we can do that would cause God to love us more and nothing we can do that would cause him to love us less. We are able to come to experience the beauty and freedom of God's Love by the Holy Spirit. The Spirit of God reveals the Love of the Father that changes us. When we experience God's Love we come to understand in a powerful way that we are in fact "lovable." God's Love reveals our beauty and goodness before him.

## DISCUSSION

1. How does the reality of God being Love change your view of God, love, and yourself?
2. All "love" is not the same. Consider for a few minutes the meaning that today's culture attaches to "love." Compare this to the Love of God.
3. It is the Love of God that gives beauty and meaning to the human person. How do we experience this and share it?
4. What can you do to help facilitate a rediscovery of the Love of God and the dignity of the human person?

GOD IS  
LOVE  
1 JOHN 4:8

## REFLECTION

Come Holy Spirit.

Take ten minutes of quiet prayer. Ask the Holy Spirit to come. Don't be in a rush; ask and wait.

After a moment or two begin to slowly repeat: "God is Love." Allow those words to fill your mind and heart. Ask the Holy Spirit to pour the Love of God into your heart.

Imagine your heart being opened and love being poured in. In a very quiet whisper, slowly repeat those words, pausing on each word of Scripture: "God - is - Love."



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"ONLY THE **HOLY SPIRIT** CAN PROMPT YOUR HEART TO SAY 'FATHER.' ONLY THE **HOLY SPIRIT** OPENS YOUR HEART TO **LOVE.**"

-POPE FRANCIS-

## KEY TEXTS

**ROMANS 5:5** "The Love of God has been poured out into our hearts through the Holy Spirit that has been given to us."

**1 JOHN 4:8-11** "Whoever is without love does not know God, for God is love. In this way the love of God was revealed to us: God sent his only Son into the world so that we might have life through him. In this is love: not that we have loved God, but that he loved us and sent his Son as expiation for our sins. Beloved, if God so loved us, we also must love one another."

**JOHN 4:4-39** The story of the Woman at the Well.