

# THE SPIRIT'S FREEDOM

SEGMENT 12

## SYNOPSIS

*"When the Son sets you free you are free indeed" - John 8:36*

The Holy Spirit brings freedom from fear, anger, and the past. So often Christians find themselves bound by so many things and are not aware that the Holy Spirit wants to bring the freedom of God to them. Many are slaves to anger, envy, jealousy, comparisons, and addictions. You do not have to live life like that. In this segment we will discuss how the Holy Spirit can bring you greater freedom.



**"...FREEDOM IS THE ABILITY TO LIVE RESPONSIBLY THE TRUTH OF OUR RELATIONSHIP WITH GOD AND WITH ONE ANOTHER."**

- POPE ST. JOHN PAUL II -

## DISCUSSION

1. Freedom is such a rich, powerful word. What stirs in your heart when you hear that God wants you to be free?
2. What does living in freedom look like? For what purpose does God want us to be free?
3. How would your life be different if you were experiencing greater freedom?



## REFLECTION

Come Holy Spirit.

Take some time for quiet prayer. Ask the Holy Spirit to help you identify what it is that binds you. This may be a difficult exercise but trust that God is bigger than whatever it is that binds you. Is it fear, anger, an inability to forgive?

Ask for the power of the Holy Spirit to bring you freedom. Imagine Jesus breaking the chains that bind you. Be persistent in this prayer and experience God's freedom.

## KEY TEXTS

**GALATIANS 5:1** *"For freedom Christ has set us free, so stand firm and do not submit again to the yoke of slavery."*

**2 CORINTHIANS 3:17** *"Where the Spirit of the Lord is there is freedom."*

**SPIRITUAL FREEDOM** *"True freedom is a wonderful gift from God, and it has been a cherished part of your country's history. But when freedom is separated from truth, individuals lose their moral direction and the very fabric of society begins to unravel. Freedom is not the ability to do anything we want, whenever we want. Rather, freedom is the ability to live responsibly the truth of our relationship with God and with one another. Remember what Jesus said: 'you will know the truth and the truth will set you free' (Jn 8:32). ). Let no one mislead you or prevent you from seeing what really matters. Turn to Jesus, listen to him, and discover the true meaning and direction of your lives." -Fr. Dave Pivonka, TOR*