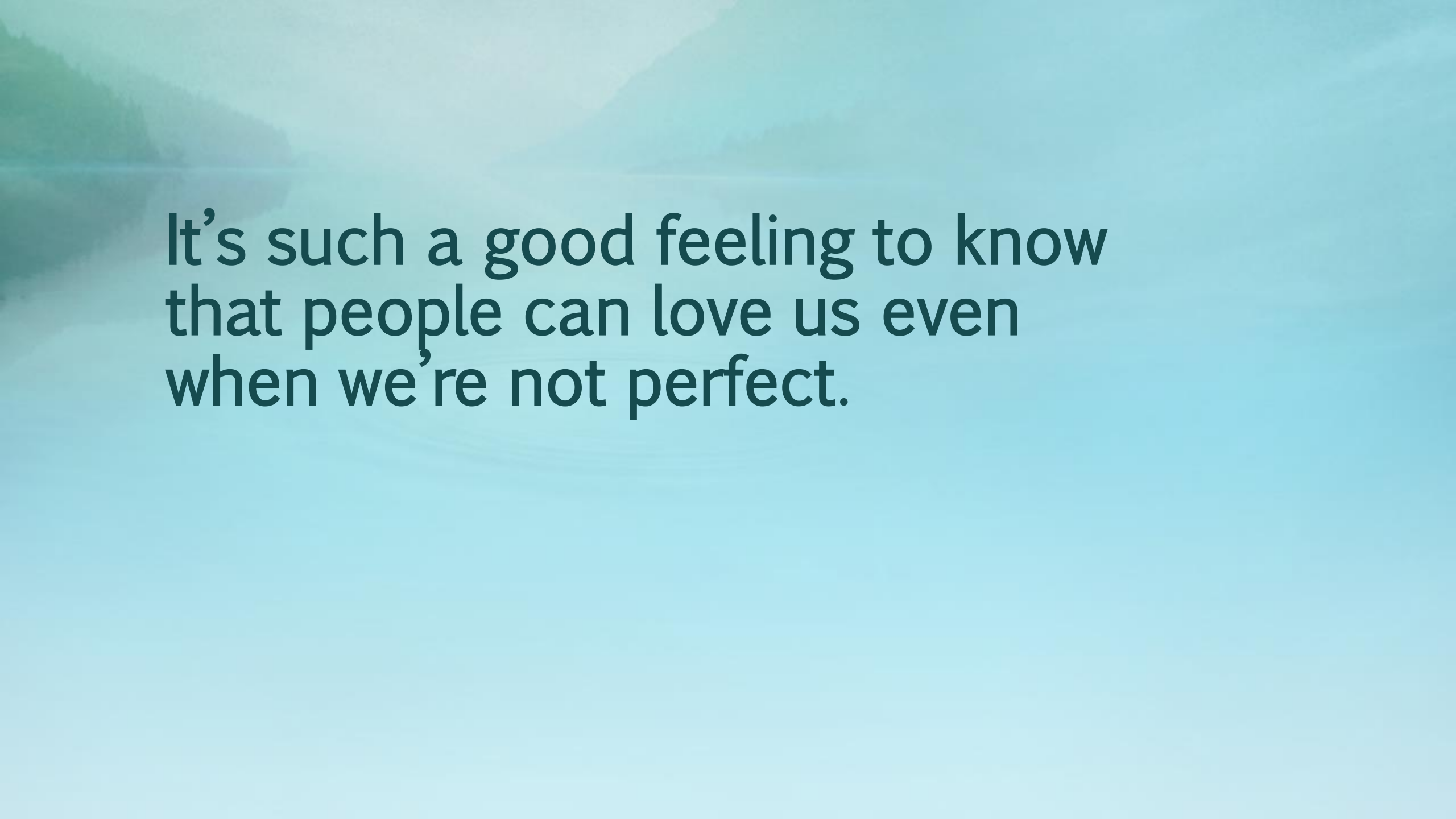


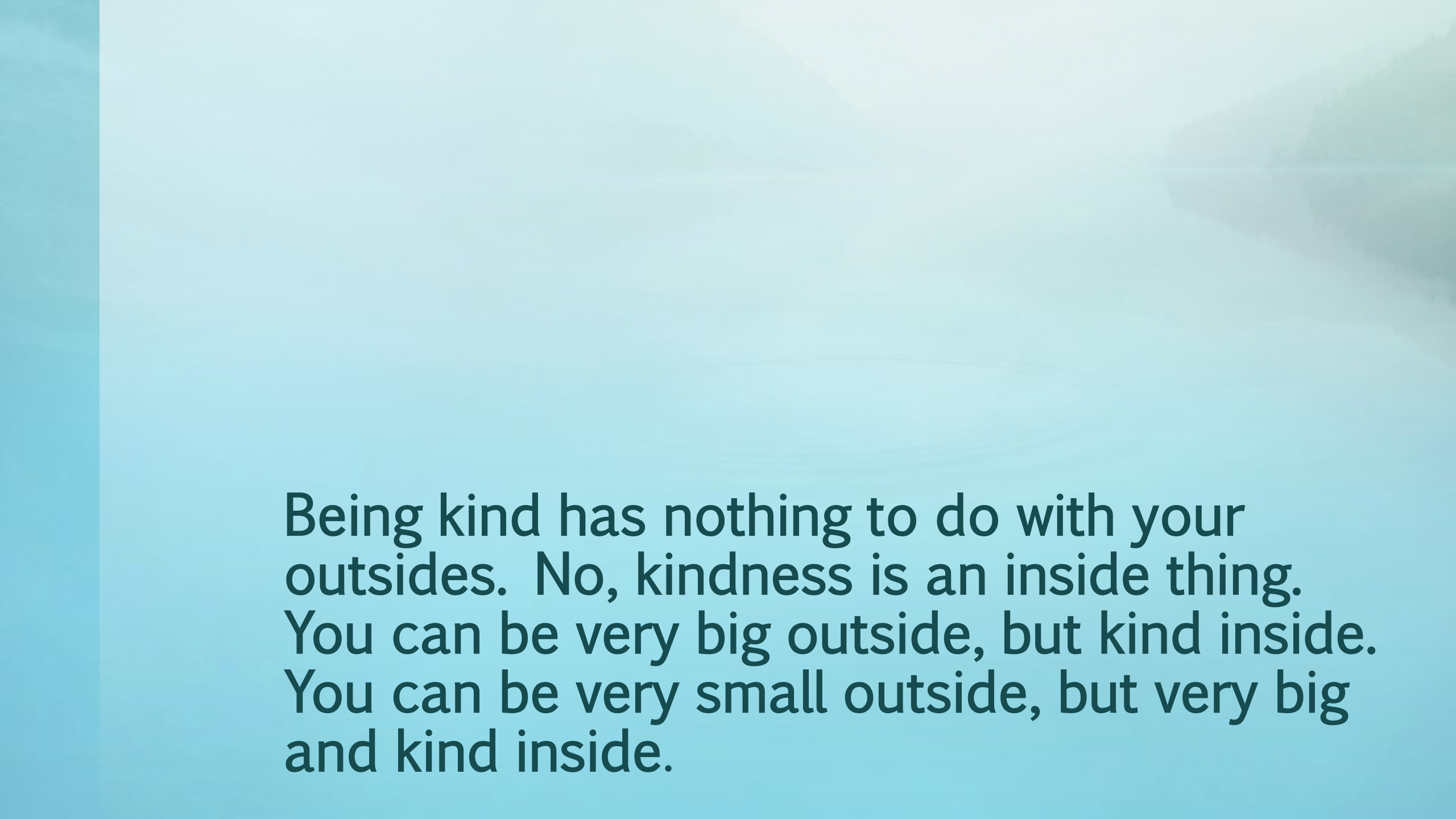


Mr. Rogers

22 Quotes on loving God, ourselves and each other

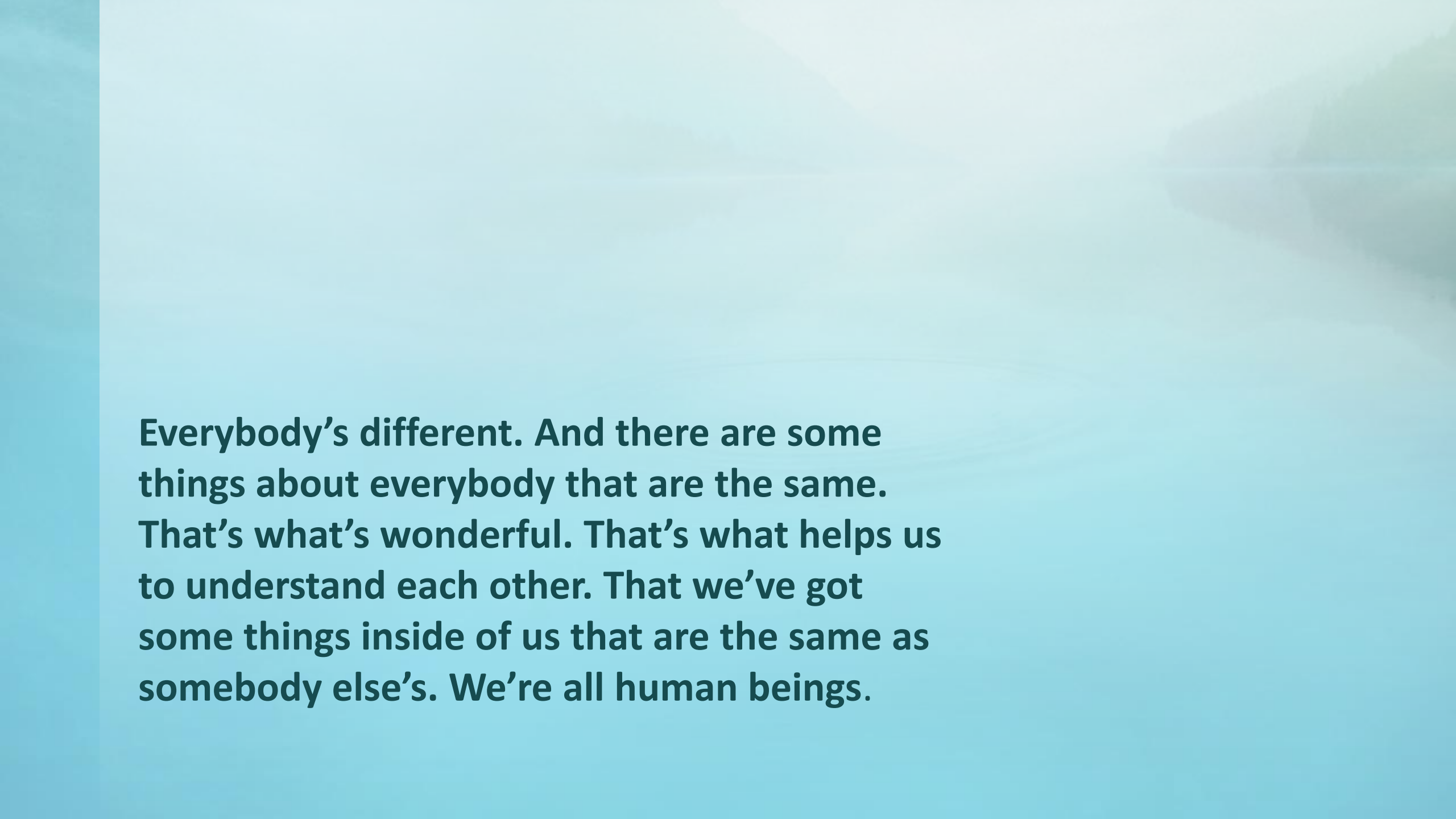


It's such a good feeling to know
that people can love us even
when we're not perfect.

A misty, blue-toned landscape with mountains and a lake. The scene is hazy and atmospheric, with soft light filtering through the fog. The mountains are silhouetted against the lighter sky, and the water in the foreground is calm, reflecting the surrounding environment. The overall mood is serene and contemplative.

Being kind has nothing to do with your
outsides. No, kindness is an inside thing.
You can be very big outside, but kind inside.
You can be very small outside, but very big
and kind inside.

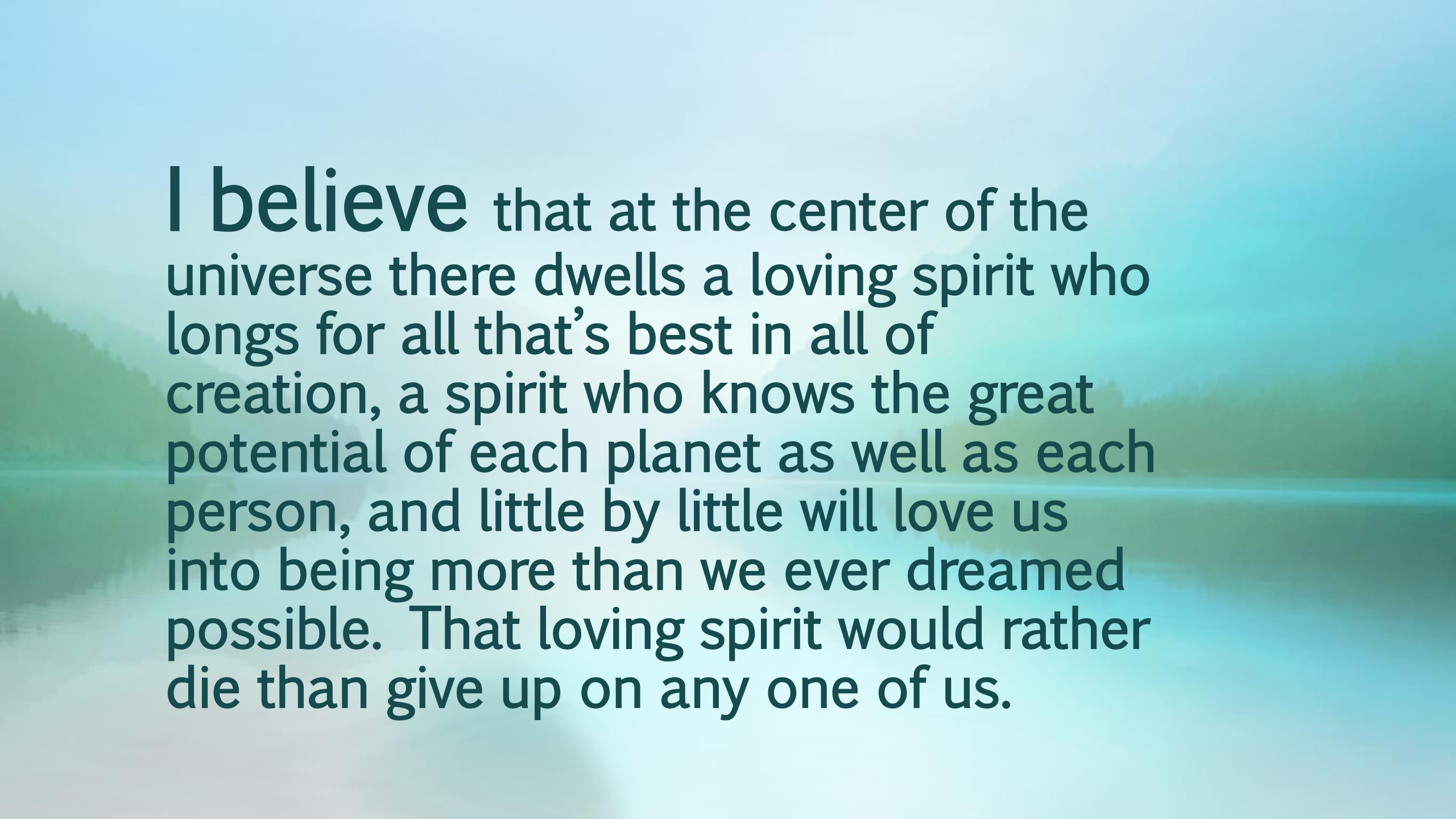
When anybody's in trouble, we try to do what we can.

A misty, blue-toned landscape with mountains and water. The scene is hazy and atmospheric, with a soft blue color palette. The mountains are in the background, and the water is in the foreground, reflecting the light. The overall mood is serene and contemplative.

Everybody's different. And there are some things about everybody that are the same. That's what's wonderful. That's what helps us to understand each other. That we've got some things inside of us that are the same as somebody else's. We're all human beings.

The background of the image is a soft, misty landscape. It features a body of water in the foreground, with gentle ripples. In the distance, there are mountains or hills, their details softened by a light fog or mist. The overall color palette is a range of blues, from light sky blues to deeper, muted blues, creating a calm and serene atmosphere. The text is centered in the upper half of the image.

**Wondering and marveling is
never a waste of time.**

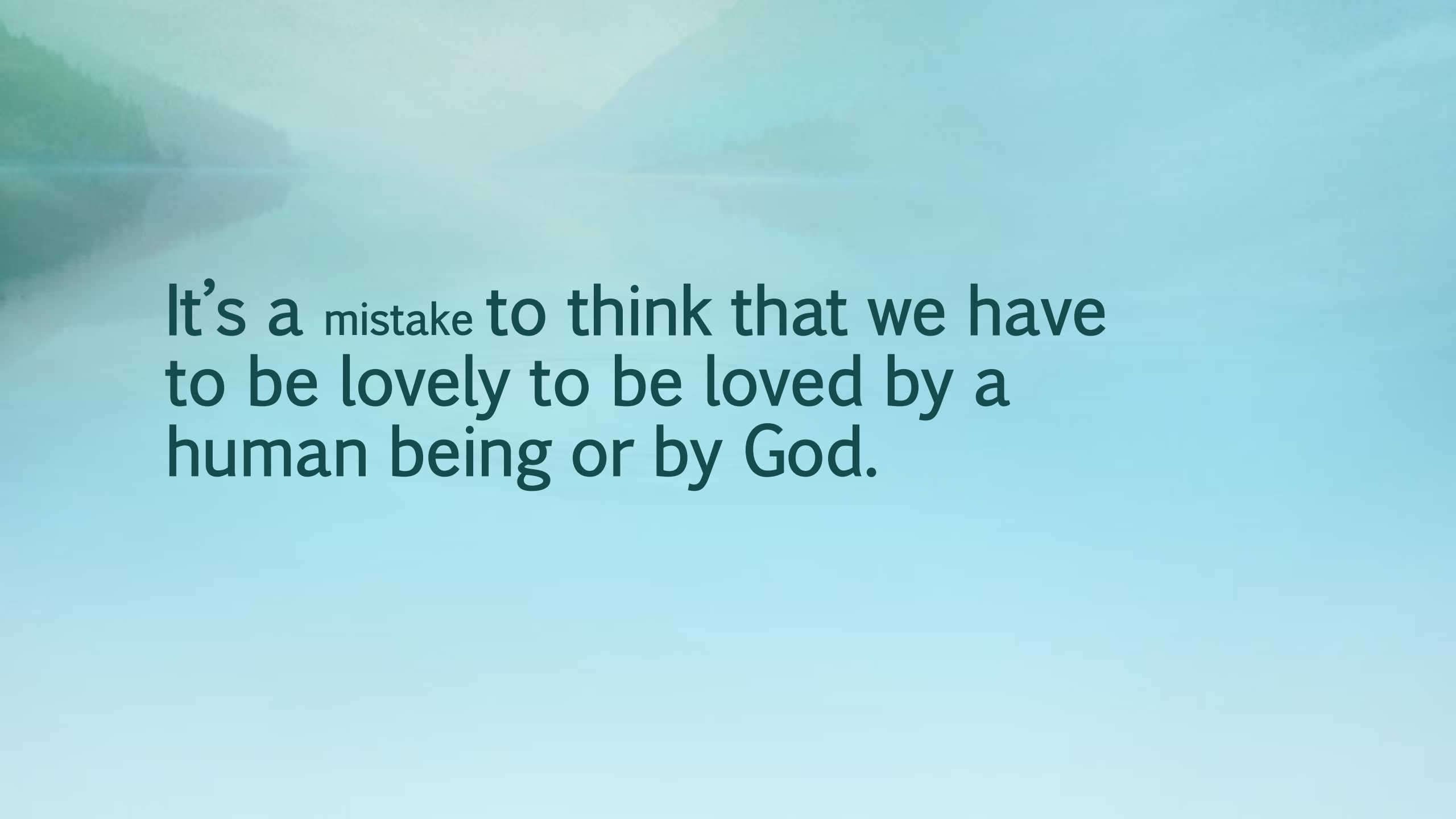


I believe that at the center of the universe there dwells a loving spirit who longs for all that's best in all of creation, a spirit who knows the great potential of each planet as well as each person, and little by little will love us into being more than we ever dreamed possible. That loving spirit would rather die than give up on any one of us.

YOU are a very special person. There is only one like you in the whole world. There's never been anyone exactly like you before, and there never will be again. Only you. And people can like you exactly as you are.

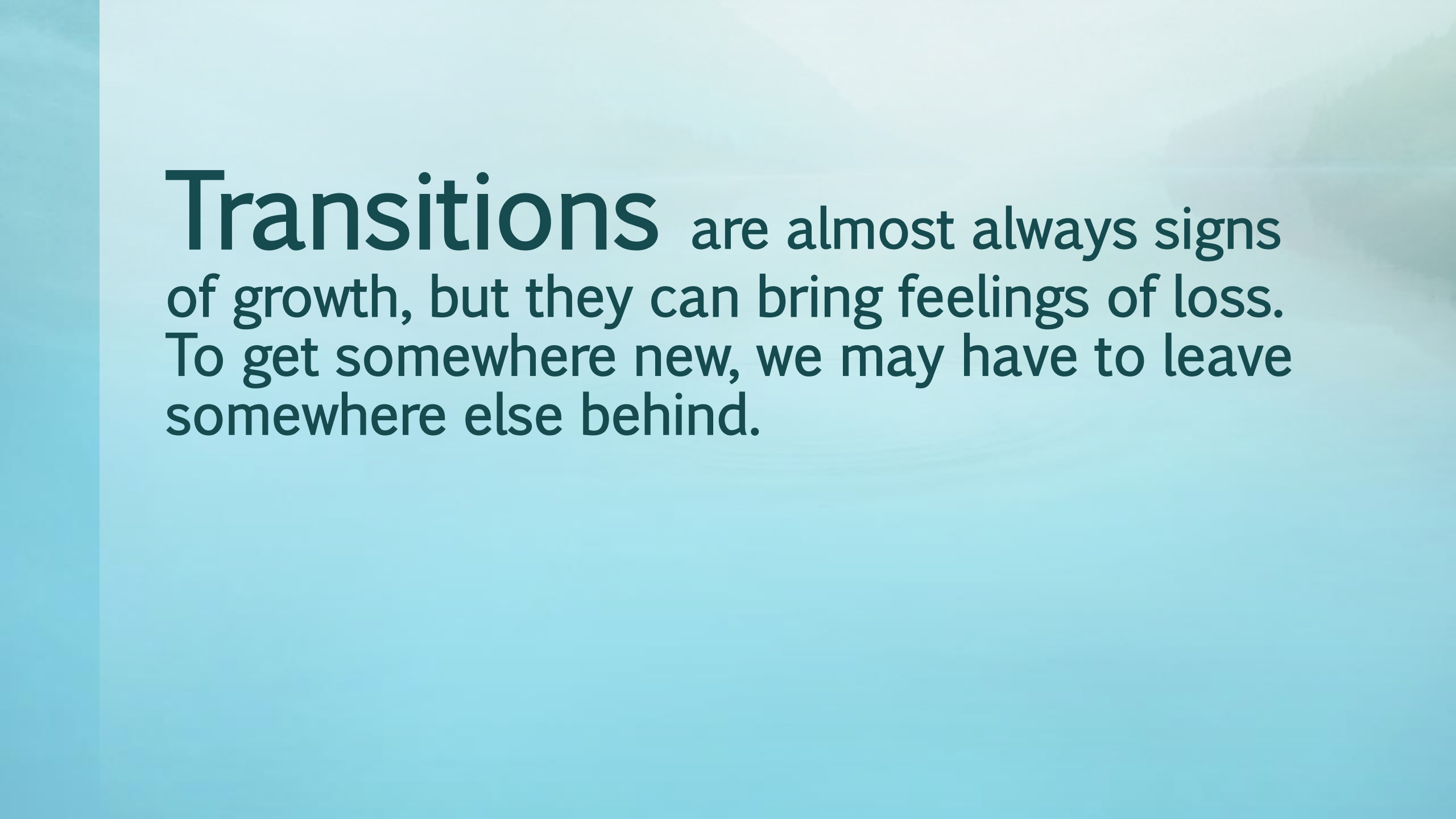
I wonder if we might pledge ourselves to remember what life is really all about-not to be afraid that we're less flashy than the next, not to worry that our influence is not that of a tornado, but rather that of a grain of sand in an oyster! Do we have that kind of patience?

It's really easy to *fall into the trap* of believing that what we “*do*” is more important than what we “*are*”. Of course, it's the opposite that's true: What we “*are*” ultimately determines what we “*do*”.

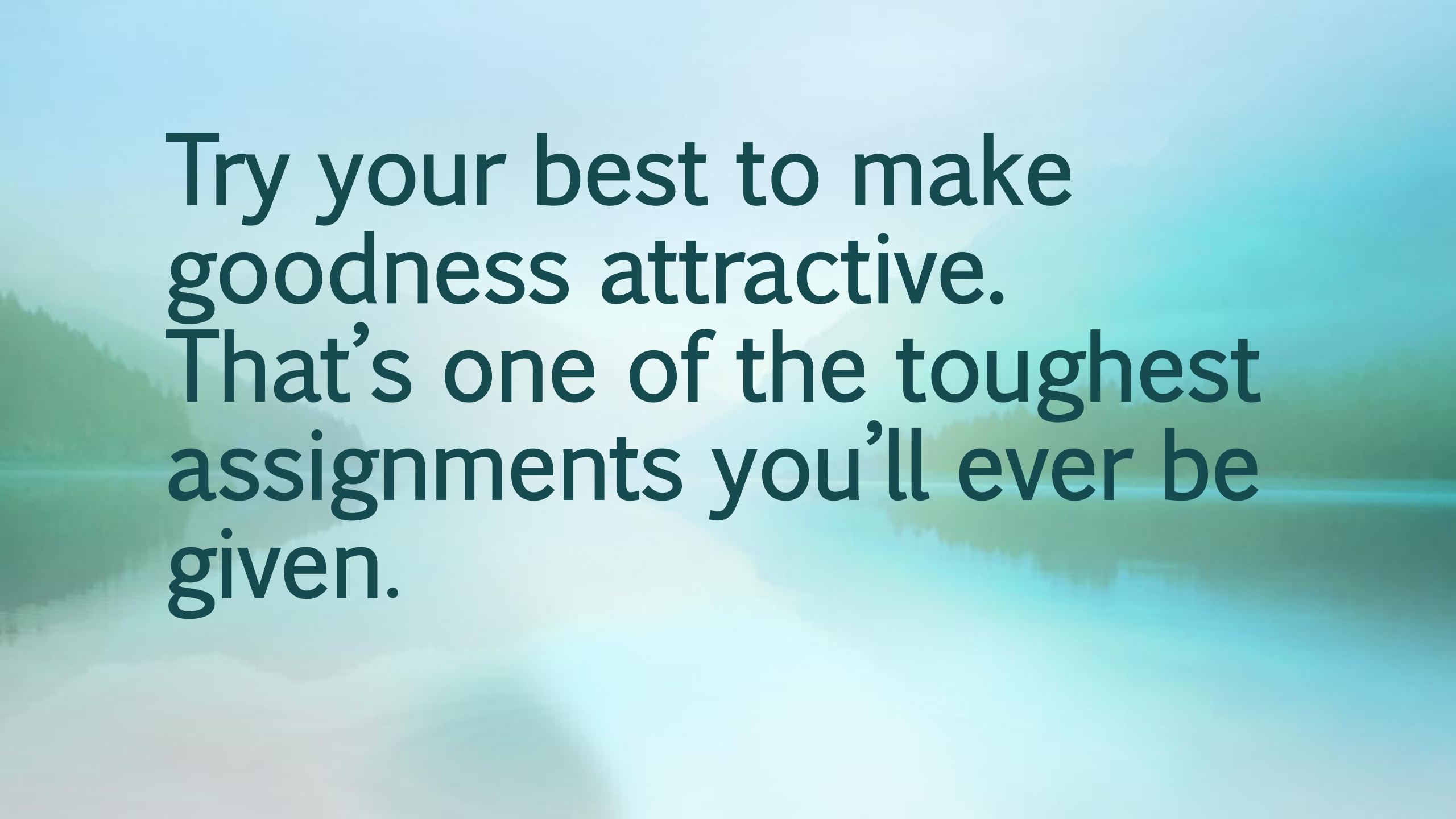


It's a mistake to think that we have to be lovely to be loved by a human being or by God.

Caring from the Gothic word *kara* which means “to lament.” So caring is not what a powerful person gives to a weaker one. Caring is a matter of being there...lamenting right along with the one who laments. All we’re ever asked to do in this life is to treat our neighbor – especially our neighbor who is in need- exactly as we would hope to be treated ourselves. That’s our ultimate responsibility.



Transitions are almost always signs of growth, but they can bring feelings of loss. To get somewhere new, we may have to leave somewhere else behind.



Try your best to make
goodness attractive.
That's one of the toughest
assignments you'll ever be
given.

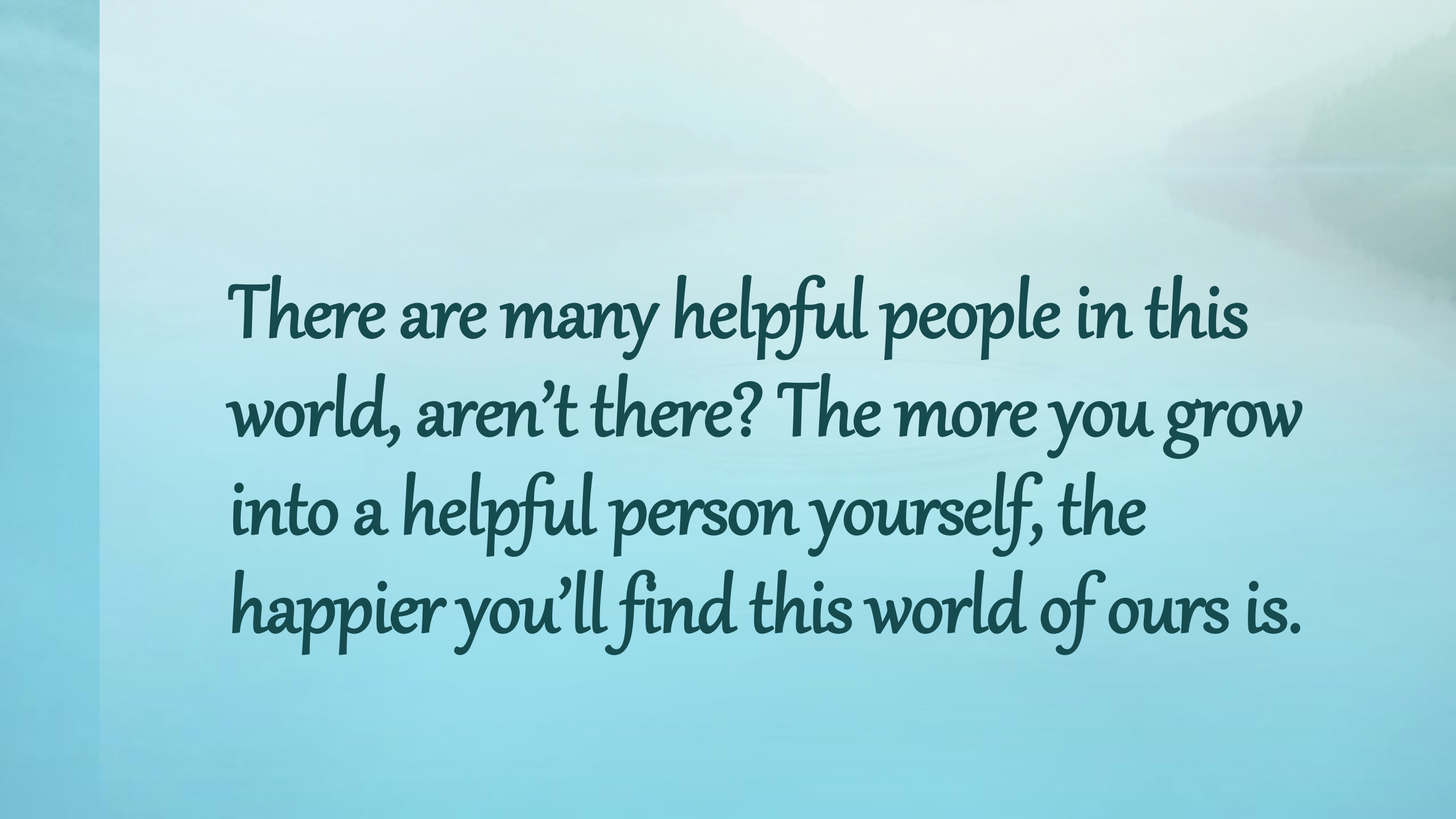
It's tempting to cling to the familiar. Just like in music, if we keep living...playing in the key of C, we wouldn't have to take any risks of not making it to the key of E-flat. But we'd never know what it sounded like unless we tried. And once we've had the practice and the pleasure of making a transition from one key to the next, the subsequent times might not be quite so difficult.



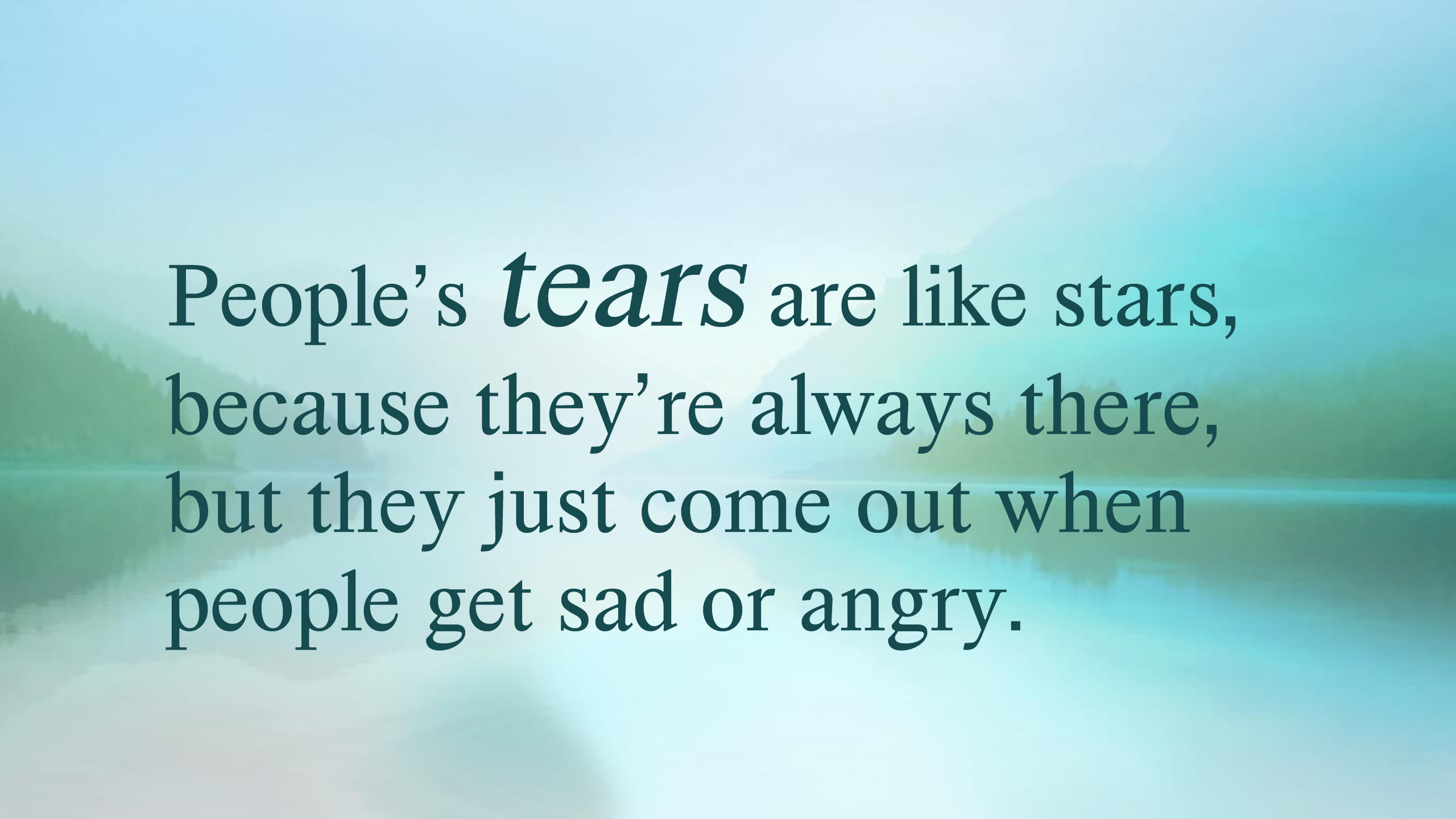
Everybody's different.

And everybody's valuable. The world
can be a better place because you were
born into it.

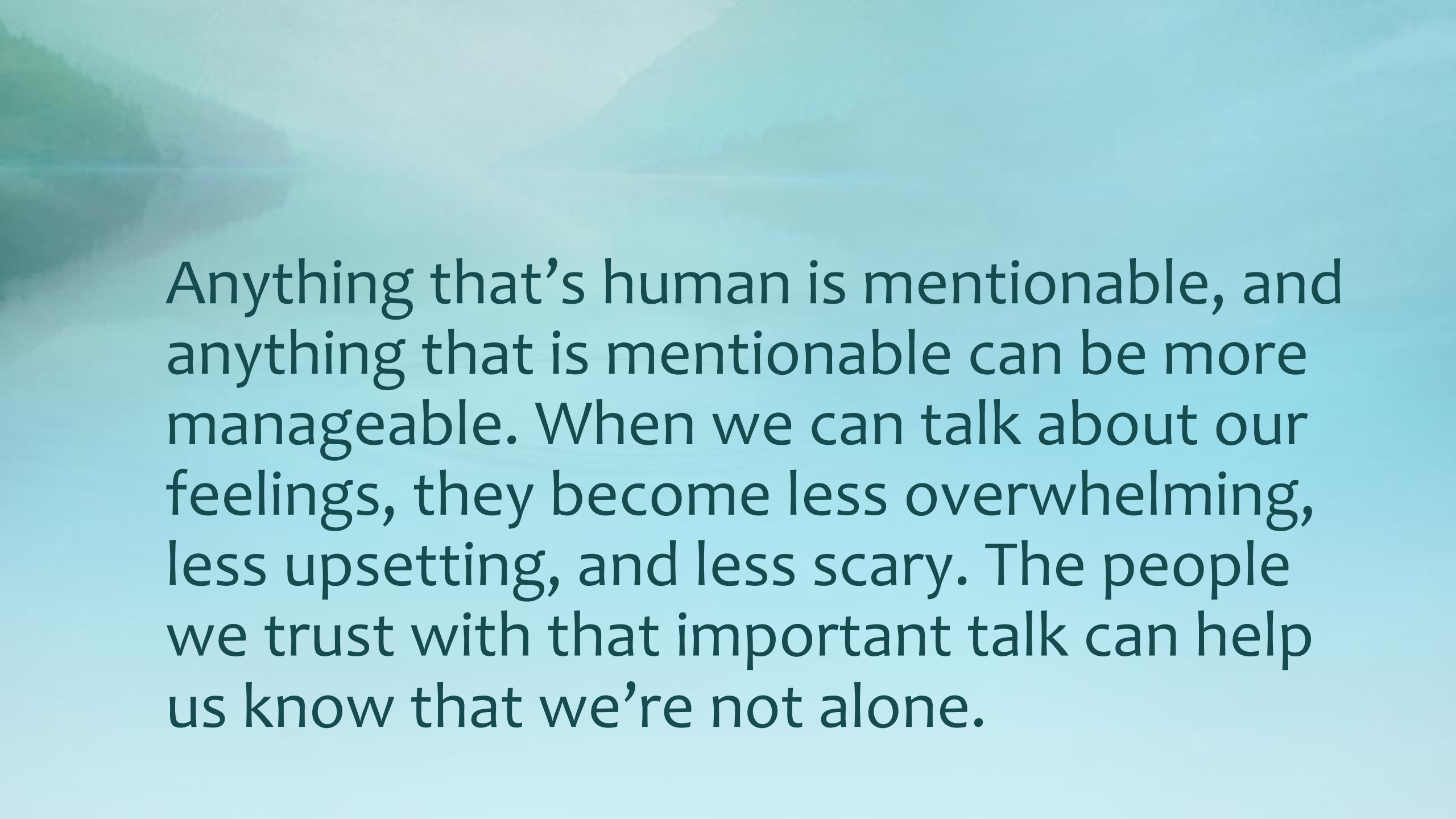
Thank you. Two of the
best words we can ever learn.
In fact, “thank you” is a way
of saying “I love you”.



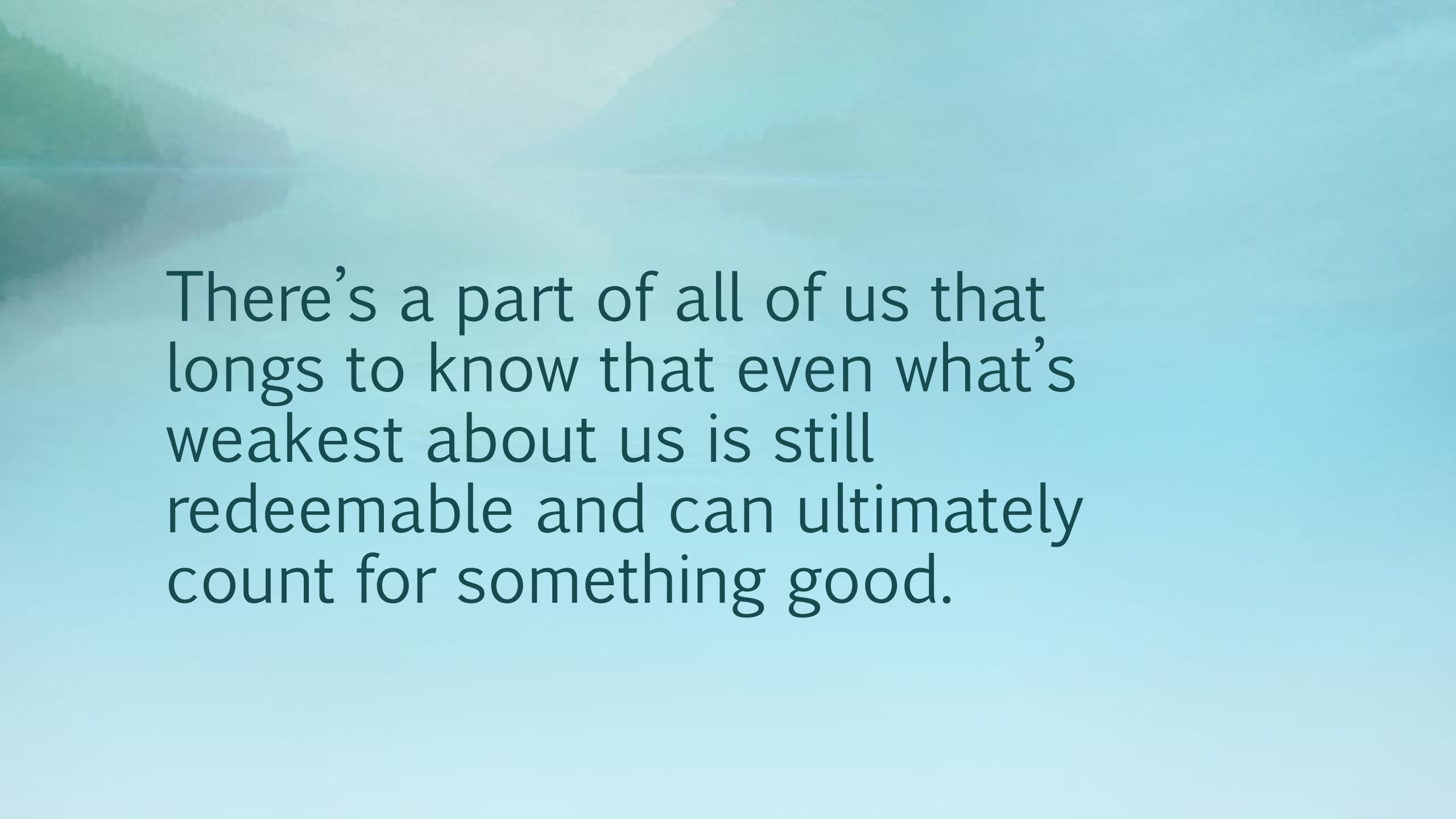
There are many helpful people in this world, aren't there? The more you grow into a helpful person yourself, the happier you'll find this world of ours is.

A serene landscape with a lake, mountains, and a bright light source. The scene is misty and calm, with the water reflecting the surrounding environment. The text is overlaid on the center of the image.

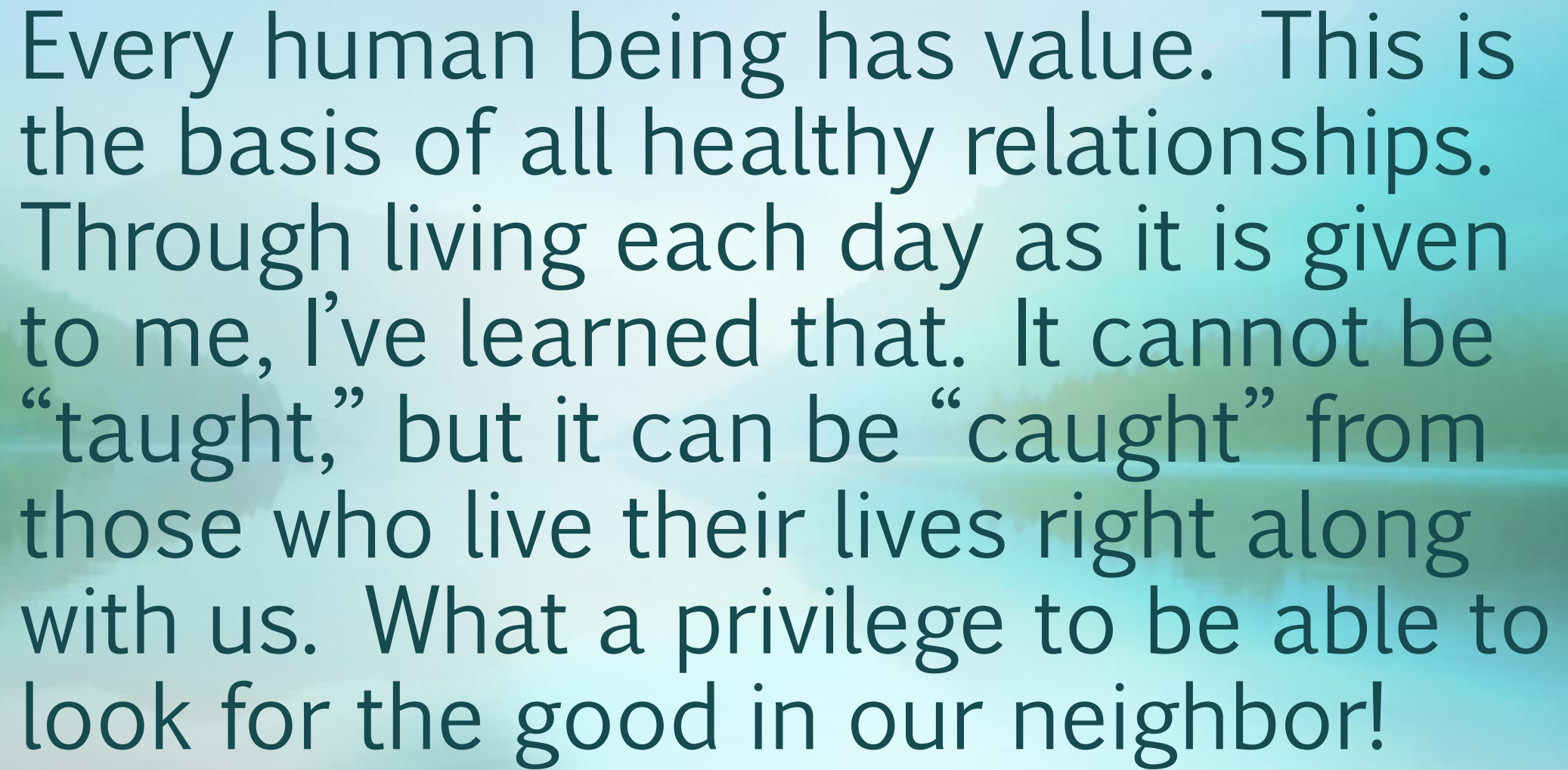
People's *tears* are like stars,
because they're always there,
but they just come out when
people get sad or angry.

A misty, teal-toned landscape with mountains and a lake. The scene is hazy and atmospheric, with soft light filtering through the mist. The mountains are in the background, and a calm body of water is in the foreground, reflecting the light. The overall mood is serene and contemplative.

Anything that's human is mentionable, and anything that is mentionable can be more manageable. When we can talk about our feelings, they become less overwhelming, less upsetting, and less scary. The people we trust with that important talk can help us know that we're not alone.

A soft, teal-toned landscape featuring a calm lake in the foreground, with misty mountains in the background. The overall mood is serene and contemplative.

There's a part of all of us that longs to know that even what's weakest about us is still redeemable and can ultimately count for something good.



Every human being has value. This is the basis of all healthy relationships. Through living each day as it is given to me, I've learned that. It cannot be "taught," but it can be "caught" from those who live their lives right along with us. What a privilege to be able to look for the good in our neighbor!

There are three ways to ultimate success:

The *first* way is to be kind.

The *second* way is to be kind.

The *third* way is to be kind.