



St. Cyril MDO & Preschool Staying Safe



St. Cyril's MDO & Preschool (MDO) is implementing new and improved procedures to provide a safe, healthy, and enriching environment for the children, staff and families.

Health protocols for families whose children attend MDO & Preschool:

Those 65 and older are at high risk of serious injury or death from COVID-19. 75% of deaths in Texas are from those in the over-65 population. Therefore, children in daycare should minimize in-person contact with any person 65 years of age or older, especially those with pre-existing health conditions. This includes maintaining social distancing of at least 6 feet separation from those individuals, wearing a face covering or mask, and avoiding sharing utensils or other common objects with those individuals.

- Follow the drop-off/pick up procedures proscribed by MDO. Maintain at least 6 feet of separation from other individuals. If such distancing is not feasible, other measures such as face covering, hand hygiene, cough etiquette, cleanliness, and sanitation should be rigorously practiced.
- Screen yourself and your child before coming to school for any of the following new or worsening signs or symptoms of possible COVID-19:
 - Shortness of breath or difficulty breathing
 - Feeling feverish or a measured temperature greater than or equal to 99.6F
 - Known close contact with a person who is lab confirmed to have COVID-19
 - Chills
 - Repeated shaking with chills
 - Muscle pain
 - Headache
 - Sore throat
 - Loss of taste or smell
 - Vomiting and/or Diarrhea
- Wash or sanitize hands after dropping off your child.
- Think carefully about how you prepare your child's lunch or drinks for the day. Consider disinfecting reusable items every evening and before leaving for the day.
- Pack multiple changes of clothes for your child, as child care centers are being asked to change children's clothing more regularly to prevent disease spread.
- Do not send in toys. Do not send items from your home for activities such as show and tell.
- Blankets and lunchboxes should be cleaned and sanitized every day when the child comes home.
- Parents should be aware of the risk to individuals 65 years of age or older from a child who could show no signs of the virus.

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Staying Safe

Preventative Measures

- All staff are required to wear masks in the building.
- Children ages 3 and up will wear masks in the building when social distancing is not possible
- All staff and children will be screened upon arrival. Temperature must be 99.6 or below.

Federal and state protocols

Social distancing strategies

- Class sizes continue to operate at recommended levels, which are at maximum 50% of capacity
- No special activities or events are scheduled
- Each group will be assigned to one classroom. No combining of groups. Playground time will be scheduled for each individual class
- Drop off/pick up will be via *new* carpool procedure
- Children only will enter the classroom. *No parents or other adults allowed inside the classrooms at drop off, pick up, or any other time of the day*

Enhanced cleaning and disinfecting measures have been put in place throughout the program according to CDC Guidelines.

Here is a checklist for attending school:

Children aged 3 and up will wear a face mask when social distancing is not possible.

Please apply sunscreen and insect repellent before coming to school.

Each child needs a school bag or backpack

What to Pack In the school bag or backpack each day

(all items must be complete or your child will not be allowed to stay)

- Extra mask in a disposable ziploc bag labeled with child's name.
- Lunch box labeled with child's name
- Extra changes of clothes in a separate disposable ziploc bag labeled with your child's name
- Filled water bottle labeled with child's name.
- Children who nap will need a labelled nap mat. Mats will be sent home daily to be washed.

St. Cyril MDO & Preschool

Staying Safe

Arrival Procedures - CARPOOL SYSTEM *NEW*

- Drop off between 9:25am - 9:40am
 - Each family will be assigned a carpool number and tags
 - Enter parking lot from first entrance on Rogerdale (nearest Westheimer)
 - Follow carpool signs through the parking lot to the East side covered entrance.
 - Parents are required to wear mask during drop off
 - Parent will pull up to a designated spot at the covered entrance and escort child to screening area
 - Parent will be asked a short set of screening questions; child will be temperature checked with a no-touch forehead thermometer.
 - When child is cleared for entry, hand sanitizer will be spritzed onto child's hands by staff
 - Child with bag and nap mat will be taken to the classroom by mask-wearing staff
 - Parents will not enter the building
 - Parent will use the [Sign In Sheet app](#) to sign in via phone
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- Early/late arrivals must call the MDO office from the parking lot. Do not enter the building.

Dismissal Procedures - CARPOOL SYSTEM *NEW*

- Pick up between 1:55pm - 2:05pm
- Enter parking lot from first entrance on Rogerdale (nearest Westheimer)
- Follow carpool signs through the parking lot to the East side covered entrance.
- Parents are required to wear masks during pick up
- Pull up to the covered entrance **remember to display your carpool tag**
- Mask-wearing staff will bring child from classroom to east side covered entrance.
- Parents will buckle child into their car
- Parents will use the [Sign In Sheet app](#) to sign their child out via phone
- Parents will not enter the building

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ROGERDALE CARPOOL ENTRANCE



EAST SIDE BUILDING ENTRANCE



Staying Safe is Everyone's Responsibility

There will be no exceptions to these protocols

**The Following Document must be signed
and returned at arrival on the First Day**



St. Cyril MDO & Preschool

Staying Safe

HEALTH AND SAFETY PROCEDURES



Keep your child at home if they are sick

MDO will be taking the temperature of each person upon arrival and throughout the day.

- Children or staff who has a temperature of 99.6°F or above, has signs or symptoms of respiratory infection, including but not limited to cough, shortness of breath, or sore throat, will **NOT** be admitted to the facility.
- If a child or staff develops symptoms of temperature of 99.6°F or above, has signs or symptoms of respiratory infection, including but not limited to cough, shortness of breath, or sore throat while at the facility, they will be sent home as soon as possible. The sick child will be immediately separated from the group and will wait in our isolation room until he/she is picked up.
- If individuals have fever, cough, or shortness of breath and *have not* been around anyone who has been diagnosed with COVID-19, they should stay home until **48 hours** after the fever is gone and symptoms subside. If the individual's symptoms worsen, they should contact a health care provider to determine if testing for COVID-19 is recommended.
- **Parents or staff must inform the facility immediately if the individual tests positive for Covid-19.**
- **In the case of an individual who is diagnosed with COVID-19, the individual may return to school when all three of the following criteria are met:**
 - at least 48 hours have passed since recovery (resolution of fever without the use of fever-reducing medications)
 - the individual has improvement in symptoms (e.g., cough, shortness of breath); and
 - at least ten days have passed since symptoms first appeared.
- **If we have a confirmed case of COVID-19 among our population, we will notify all parents/guardians and staff, and that class will be asked to self isolate for 14 days.**

Guidelines for returning to school for other illnesses:

Symptom	Stay home	When child can return
Diarrhea (2 episodes within 4 hours)	Yes	48 hours after last episode
Vomiting (2 episodes with 24 hours)	Yes	48 hours after last episode
Lice	Yes	After first treatment
Strep throat	Yes	24 hours after first treatment as prescribed by doctor
Unexplained rash	Yes	when rash is gone OR doctor's note
Mouth sores with drooling	Yes	when mouth sores are gone OR doctor's note
Pink/red eye with discharge	Yes	after first dose of treatment OR doctor's note

**I acknowledge that I have read, understand, and agree to the procedures stated above.*

Parent's Name & Signature

Child/Children's Name & Last Name(s)

Date