



## HOLY DAYS OF OBLIGATION

**Solemnity of Mary Mother of God - January 1**

**Solemnity of the Ascension - Seventh Sunday  
of Easter**

**Solemnity of the Assumption of the Blessed  
Virgin - August 15**

**Solemnity of the Feast of All Saints -  
November 1**

**Solemnity of the Immaculate Conception -  
December 8**

**Solemnity of the Nativity of our Lord, Jesus  
Christ - December 25**