



Saint Dymphna Chaplet Prayers

This chaplet in honor of St. Dymphna is made up of 17 beads, 15 for the 15 years of her life and 2 for the Holy Father's intentions.

It comes in red, white and green. The red is to honor her martyrdom, the white in honor of her virginity, and the green for the hope of relief of emotional disorders.

On the first bead pray the Our Father

(For the intentions of the Holy Father)

On the second bead pray the Hail Mary

(For the intentions of all Christians)

On the 15 beads remaining, pray the Glory Be

(The 15 Glory Be's are said in honor of Saint Dymphna's 15 years of life.)

Optional Closing Prayer:

Lord, our God, you graciously chose St. Dymphna as patroness of those afflicted with mental and nervous disorders. She is thus an inspiration and a symbol of charity to the thousands who ask her intercession.

Please grant, Lord, through the prayers of this pure youthful martyr, relief and consolation to all suffering such trials, and especially those for whom we

pray. (Here mention those for whom you wish to pray).

We beg you, Lord, to hear the prayers of St. Dymphna on our behalf. Grant all those for whom we pray, patience in their sufferings and resignation to your divine will. Please fill them with hope, and grant them the relief and cure they so much desire. We ask this through Christ our Lord who suffered agony in the garden. Amen.

Bio:

Born: In the 7th Century in Ireland

Died: in the 7th Century in Gheel, Belgium

Canonized: 1247

Feast Day: May 15 (2004 also celebrated May 30)

Patronages: Against Sleepwalking, Against Epilepsy, Against Insanity, Against Mental Disorders, Against Mental Illness, Family Happiness, Incest Victims, Loss of Parents, Martyrs, Mental Asylums, Mental Health Caregivers, Mental Health Professionals, Mental Hospitals, Mentally Ill People, Nervous Disorders, Neurological Disorders, Possessed People, Princesses, Psychiatrists, Rape Victims, Runaways, Therapists

Saint Dymphna was born in the 7th century. Her father, Damon, a chieftain of great wealth and power, was a pagan. Her mother was a very beautiful and devout Christian. Dymphna was fourteen when her mother died. Damon is said to have been afflicted with a mental illness brought on by his grief. He sent messengers throughout his own and other lands to find some women of noble birth, resembling his wife, who would be willing to marry him. When none could be found, his evil advisers told him to marry his own daughter. Dymphna fled from her castle together with Saint Gerebran, her confessor, and two other friends. Damon found them in Belgium. He gave orders that the priest's head be cut off. Then Damon tried to persuade his daughter to return to Ireland with him. When she refused, he drew his sword and struck off her head. She was then only fifteen years of age. Dymphna received the crown of martyrdom in defense of her purity about the year 620.

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