

# Confirmation Saint Name

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In the rich history of the Church, there are countless saints to whom we pray for intercession or look up to for the example of the faith they have set in the lives they have lived. Candidates must select a Saint whose name they will take at their Confirmation. If the candidate's baptismal name is that of a Saint, it is highly encouraged to use that name because it highlights the relationship between the sacraments of Baptism and Confirmation. If not using your baptismal name, then choose a Saint whom is meaningful and inspires you to treat others as Christ did. The Confirmation Saint you choose is meant to be a role model of holiness and is someone to intercede for you in heaven. Please follow these steps to choose a Confirmation name for yourself:

- Investigate your own first or middle names to see if there is a Saint name this is the same as yours. If so, read about this Saint to see if it is a good match for you.
- Is there a Saint with a feast day on your birth day or baptismal day?
- Are there any Saints that you have looked up to or have been inspired by?
- Investigate your sponsor's or a loved one's name to see if there is a Saint for their name.
- Do you have an interest or passion in your life? There are Saints that are the patrons of different careers and causes.

If you would like to use any resources on Saints from the Faith Formation Office, call or email Hannah at 223-3606, [hsmith@ascensionbismarck.org](mailto:hsmith@ascensionbismarck.org) to check out materials.

## *Saint Report*

After deciding on a Saint, candidates are asked to write a Saint Report. The report should be typed, single-spaced, using 12 point font with the following information below. *Please remember to include your name!*

- Brief biography of the Saint (include why they became a Saint)
- When we celebrate this Saint's Feast Day
- Why you choose this Saint (2-3 reasons)
- How you would like to emulate this Saint (2-3 examples)

**The Saint Report is due October 9th, 2019.**