

Lent 2021

ASH WEDNESDAY – February 17, 2021

Mass Schedule: 8:00 AM, 5:00 PM and 7:00 PM

Distribution of ashes at all Masses

LENTEN REGULATIONS FOR ABSTINENCE AND FASTING

Following are the Lenten regulations for observance in the Diocese of Bismarck. **ABSTINENCE** (meaning no meat for that day) and **FASTING** are to be observed on **ASH WEDNESDAY** and **GOOD FRIDAY**.

ABSTINENCE (no meat) is to be observed on **ALL FRIDAYS OF LENT** for all Catholics 14 years of age and older.

All Catholic adults, from 18 to 59 years of age, are bound by the law of **FAST**. **FASTING** means one full meal may be eaten each day. Two smaller meals are permitted, if necessary, to maintain strength according to one's needs, but eating solid food between meals is not permitted.

PRAYER OPPORTUNITIES FOR THE WEEKS OF LENT

MASS SCHEDULE

Sunday Mass: Saturday Vigil – 5:00 PM; Sunday – 8:00 AM, 9:30 AM, 11:00 AM

Daily Mass: Tuesday – Friday – 8:00 AM

Communion Service: Monday – 8:00 AM

ROSARY:

Monday – Friday before the 8:00 AM Service

EUCHARISTIC ADORATION

Mondays – 8:30 AM to 7:00 PM

Sign up for a specific hour or half hour on our website, or call the parish office.

SACRAMENT OF RECONCILIATION

Tuesday – Friday 7:30 AM to 7:50 AM

Saturday – 3:30 PM to 4:30 PM



STATIONS OF THE CROSS – Every Friday – 5:30 PM

Good Friday – April 2 – 5:30 PM

PARISH LENTEN MISSION

Strengthening our Faith When It's Stormy

Our presenter is Dr. Chris Burgwald, the Director of Adult Discipleship and Evangelization from the Diocese of Sioux Falls.

March 7, 2021 – 3:30pm Presentation with Divine Mercy Holy Hour beginning at 2:30 PM.

March 8, 2021 – 7:00pm Presentation with Adoration/Evening Prayer beginning at 6:00 PM.

March 9, 2021 – 7:00pm Presentation with Adoration/Evening Prayer beginning at 6:00 PM.

In these talks, Dr. Burgwald explains how we can strengthen our faith in times of turmoil, and the reasons why we can confidently proclaim “I am proud to be Catholic.” Join us these three days for an opportunity to have Jesus “calm the storms” in your life. No registration required. Free-will offering. Social distancing adhered.

ADULT FAITH FORMATION OPPORTUNITIES

“No Greater Love: A Biblical Walk through Christ's Passion” by Dr. Edward Sri.

Filmed on location in the Holy Land, “No Greater Love: is a video series and book that reveals Christ’s amazing love for us. Dr. Edward Sri guides us through the last hours of Christ's life in this biblical pilgrimage.

Deacon John Paul will lead this 5-week series on Wednesdays, February 24th – March 24th, 7:00 – 8:15 PM. Cost: \$25 per study set of materials. Register at www.ascensionbismarck.org.

Prayer: Finding Intimacy with God

How to make prayer an effective encounter of Divine love and intimacy.

This series will highlight the Lectio Divina approach of prayer and will include video and other resources that help us understand this method and apply it to our personal prayer lives.

There will be time for reflection and journaling.

Blane Schriock, Director of Faith Formation, will lead this 6-week series on Thursday mornings or evenings, February 18th – March 25th, 8:45 – 10:00 AM, OR 7:00 – 8:15 PM.

Cost: \$10 per person. Register at www.ascensionbismarck.org.

There are also various materials and books for personal and family growth available on the Lenten Resource table and Lighthouse Kiosk.

HOLY WEEK

PALM SUNDAY: March 27 – Blessing of Palms and Procession 5:00 PM Saturday Mass
March 28 – Sunday Masses: 8:00 AM, 9:30 AM, 11:00 AM

HOLY THURSDAY: April 1 – Mass of the Lord’s Supper 7:00 PM
Eucharistic Adoration: (in the Community Room)
8:15-9:00 PM – Families whose last names begin with N-Z
9:00-10:00 PM – last names beginning with A-M



GOOD FRIDAY: April 2 – Commemoration of the Lord’s Passion 12:00 Noon
Stations of the Cross – 5:30 PM

HOLY SATURDAY: April 3 – Easter Vigil 9:00 PM
(Please note: NO confessions at 3:30 PM and NO regular 5:00 PM Mass)

EASTER SUNDAY: April 4
Masses: 8:00 AM, 9:30 AM, 11:00 AM

