



Day 3

1 message

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To: parents@stbenedictnj.org

Wed, Mar 18, 2020 at 11:28 AM

Dear Parents:

Good afternoon- I trust everyone is remaining safe and healthy. I wanted to touch base about online learning in general. St. Benedict wants to limit the stress of this unfortunate situation for everyone involved: students, teachers, and parents. We know this is new and can be overwhelming. In order for all of us to remain mentally stable we need to figure out what works best for each of us individually. Please do not try to get everything done in one sitting or one day- take it slow.

The last thing we want is to have your kids staring at a computer screen for hours a day. We also know many of you are now working from home with your own jobs and responsibilities and do not have time to "teach" your children their school work. Please allow them time to take a breath, take a walk, ride their bikes, and be kids. Adults need that too. Please take care of yourselves both physically and mentally. Do not allow stress and uncertainty to negatively impact your days.

I will discuss the same issues with teachers. This is uncharted territory for them too. Teachers are working extremely hard to continue to provide quality instruction. It is a learning experience for everyone and I assure you we *will* persevere and get through this.

All the Best.

Kevin

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