

Outdoor Guidelines 2021

All athletes, coaches, staff and others participating in practices and competitions must be screened, via temperature check and/or health questionnaire, at the beginning of each session. Anyone showing symptoms of COVID-19 shall not be permitted to participate.

Individuals, including coaches, players, and families, should stay home if they have tested positive for, are showing COVID-19 symptoms or recently had a close contact with a person with COVID-19.

Immediately separate coaches, staff, officials, and athletes with COVID-19 symptoms at any sports activity. Individuals who have had close contact with a person who has symptoms should be separated and sent home.

Coaching staff and any parents/guardians that are permitted to attend must wear cloth or disposable masks. Athletes must wear cloth or disposable masks when not engaging in vigorous activity, such as when sitting on the bench. Face masks are not required when persons are engaged in high intensity aerobic or anaerobic activities. When face masks are not worn, efforts should be made to maintain at least 6 feet from others.

Individuals shall remain 6 feet apart from one another whenever possible. This applies to athletes, coaching staff, and referees, as well as parents/guardians and other spectators to the extent they are permitted.

Ensure that athletes and coaches adhere to social distancing while not actively involved in practice activities (on the bench, in the dugout, etc.). Consider assigning coaching staff to monitor sideline social distancing.

Coaches, staff, visitors and athletes will be required to comply with the gathering limitations, as set forth in Executive Directives and Administrative Orders, in effect at the time of competition.

Addressing situations in which social distancing or other necessary requirements are challenged by athletes or parents/guardians/visitors. Don't get into any altercations – I would call the Police.

All athletes, coaches, and staff should bring their own water and drinks to practice activities. Team water coolers for sharing through disposable cups and other types of shared water sources should not be permitted.

Discourage sharing of equipment as much as possible. If equipment is shared, coaching staff should be aware of the sanitation procedures for team equipment (balls, bats, etc.) and sufficient disinfecting wipes or similar products should be made available.

Post signage in highly visible locations with reminders regarding social distancing protocols, face covering requirements, and good hygiene practices (e.g., hand hygiene, covering coughs)

Reduced crowding and enforce social distancing around entrances, exits, and other high-traffic areas.

Limit occupancy in restrooms that remain open to avoid overcrowding, maintain social distancing through signage and, where practicable, utilize attendants to monitor capacity.

Have hand sanitizer, disinfecting wipes, soap and water, or other sanitizing materials readily available at entrances, exits, benches, dugouts, and any other area prone to gathering or high traffic.

Restrict spitting, handshakes, high-fives, team huddles, and any other close - contacting activities.

On any given area, there must be sufficient space between designated groups to prevent any interaction between the groups.

Limit any nonessential visitors, spectators, staff and volunteers as much as possible. Visitors and spectators should wear face masks at all times, unless doing so would inhibit the individual's health or the individual is under the age of two.

Where they are permitted, host teams are encouraged to mark off spectator/chaperone viewing sites to allow for social distancing. Visitors showing symptoms of COVID-19 shall not be permitted to attend.

Revised practice rules and regulations. Encourage practice activities that do not involve sustained person-to-person contact between athletes and/or coaching staff.

Consider dividing larger teams into smaller groups and staggering practices at different times or across different days. Create staggered schedules to limit contact between groups and/or players.