



SPIRITUAL COMMUNION PRAYER
(ST. ALPHONSUS LIGUORI)

MY JESUS, I BELIEVE THAT YOU ARE PRESENT IN THE MOST HOLY SACRAMENT. I LOVE YOU ABOVE ALL THINGS, AND I DESIRE TO RECEIVE YOU INTO MY SOUL. SINCE I CANNOT AT THIS MOMENT RECEIVE YOU SACRAMENTALLY, COME AT LEAST SPIRITUALLY INTO MY HEART. I EMBRACE YOU AS IF YOU WERE ALREADY THERE AND UNITE MYSELF WHOLLY TO YOU. NEVER PERMIT ME TO BE SEPARATED FROM YOU. AMEN.