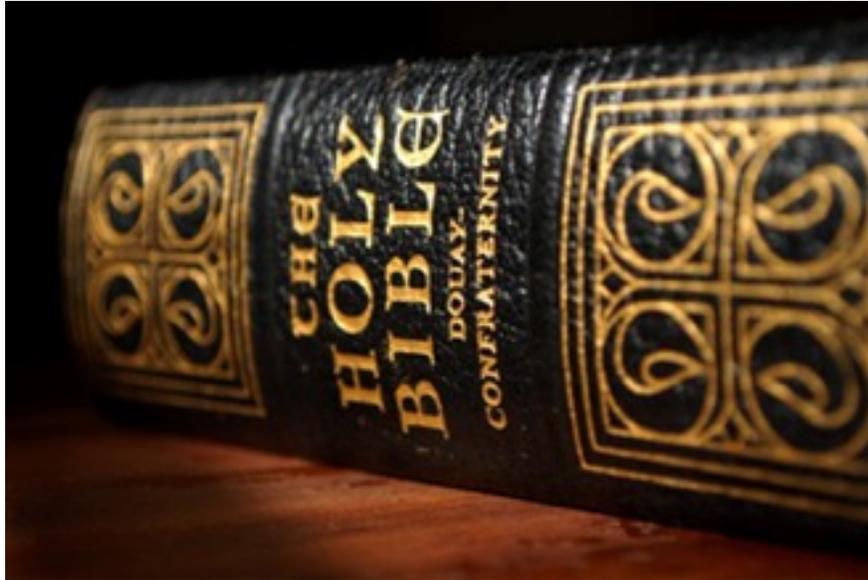


Tradition is not a four-letter word!

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One of the great battle cries of the Protestant Reformation was “sola scriptura!” Many thought that the Catholic Church had cluttered up the simple Christian faith by adding all sorts of practices, customs and doctrines over the centuries. They thought the Church in their day was guilty of exactly the same Pharisaical obsession with traditions condemned by Jesus in this Sunday’s gospel (Mark 7:1-23). The solution, it seemed, was simple. Let’s purify the Church by ditching all these traditions and keeping the Bible alone.

But if we read this portion of the Bible closely, the Lord is not telling us that tradition is a dirty word. His apostle Paul, in fact, tells us in 2 Thessalonians 2:15 to “hold fast to the traditions you received from us, either by our word or by letter.”

“Tradition” simply means something that is handed or passed on from one person to another, one generation to another. The question to ask when examining any particular tradition is “where did it come from?” Its value depends on its origin. Did it come from Jesus? His apostles? Some pious believers who lived centuries later? The traditions Paul passed down were divine (from the Lord) and apostolic traditions, like the meaning and importance of the Eucharist (1 Corinthians 11:23-34) or the death and resurrection of the Lord Jesus (I Cor 15:3-11) and so were of the utmost importance.

The traditions of the Pharisees were quite a different matter. They were not of themselves evil. But they were pious customs of human origin passed down to support the living out of the Law of Moses. Unfortunately, the Pharisees were incapable of distinguishing divine law from its human support system. Worse than that, they actually used pious customs as loopholes to help them get around the difficult demands of the Torah.

If you get your Bible out and read the full text of Mark chapter 7, you'll get a clearer picture of this. Everyone knows that when God gave Moses and the Israelites the Ten Commandments, he meant business. The Fourth Commandment, "honor your father and mother," means not just that young kids ought to do what their parents tell them, but that adult children should provide for the financial needs of aging parents, assuring they live out their declining years in dignity. But the Pharisees had recourse to a non-biblical religious custom that absolved them from this weighty responsibility. They "dedicated" their money to God and thereby "sheltered" it, making it unavailable for parental support.

It's not "tradition" that's the problem here, but the deviousness of the human heart that will use piety as an excuse to evade the obligations of true religion, which include, our second reading tells us, looking after orphans and widows and presumably elderly relatives in their distress (James 1:27).

And this is exactly Jesus' point in this Sunday's gospel. The kinds of foods we put in our mouths don't make us spiritually impure. No, it is the foul things that often come out of our mouths that separate us from God and each other and lead to all the misery in this world.

The Pharisees thought they'd purify Israel through dietary laws and religious customs. Protestant Reformers of the sixteenth century thought they could purify the church by leaving behind ecclesiastical traditions. History has proven both endeavors to be futile.

The answer is simple. Let's just commit ourselves to radical obedience to God's Word. Let's admit our need, our sinfulness, our tendency to make excuses, and humbly, genuinely lay open our lives and hearts before God's word. As Moses tells us in Deuteronomy (4:1-8) and James tells us in his letter, let's do more than just listen. Let's really hear and obey. Let's give ourselves no wiggle room, but act on God's word, regardless of how much it may cost us.

Editor's Note: Reflection on the Mass readings for the Twenty-second Sunday in Ordinary Time (B) — [Deuteronomy 4:1-2, 6-8](#); [Psalms 15:2-3, 3-4, 4-5](#); [James 1:17-18, 21-22, 27](#); [Mark 7:1-8, 14-15, 21-23](#).