

# STATIONS OF THE CROSS

BASED ON THE GOSPEL OF MARK



Prepared for use at  
**Nativity Catholic Church**  
*Longwood, FL*

God of power and mercy,  
in love you sent your Son  
that we might be cleansed of sin  
and live with you forever.

Bless us as we gather to reflect  
on his suffering and death  
that we may learn from his example  
the way we should go.

We ask this through that same Christ, our Lord.

**AMEN**

**The assembly and presider gather together  
and journey the way of the cross  
using the following format:**

Presider: "We adore you, O Christ,  
and we bless you."

All: "Because by your holy cross  
you have redeemed the world"

Presider: Announces the Station  
and Reads the Scripture

Presider: After a period of quiet reflection,  
offers the prayer.

All: "Lord Jesus, help us to walk in your steps."

*Proceed to the next station  
and repeat from the beginning.*

FIRST STATION  
**JESUS IS CONDEMNED TO DEATH**



We adore you, O Christ, and we bless you.  
**Because by your holy cross you have redeemed the world.**

The chief priests and the entire Sanhedrin kept trying to obtain testimony against Jesus in order to put him to death, but they found none. Many gave false witness against him, but their testimony did not agree. The high priest rose before the assembly and questioned Jesus, saying, "Have you no answer? What are these men testifying against you?" But he was silent and answered nothing. Again the high priest asked him and said to him, "Are you the Messiah, the son of the Blessed One?" Then Jesus answered, "I am; and 'you will see the Son of Man seated at the right hand of the Power and coming with the clouds of heaven.'" At that the high priest tore his garments and said, "What further need have we of witnesses? You have heard the blasphemy. What do you think?" They all condemned him as deserving to die. Some began to spit on him. They blindfolded him and struck him and said to him, "Prophecy!" And the guards greeted him with blows. (Mark 14:55-65)

Lord Jesus, grant us the courage of our convictions  
that we may not fear the world's judgment  
but always speak your truth.  
**Lord Jesus, help us to walk in your steps.**

SECOND STATION  
**JESUS CARRIES HIS CROSS**



We adore you, O Christ, and we bless you.  
**Because by your holy cross you have redeemed the world.**

The soldiers led him away inside the palace, that is, the praetorium, and assembled the whole cohort. They clothed him in purple and, weaving a crown of thorns, placed it on him. They began to salute him with, "Hail, King of the Jews!" and kept striking his head with a reed and spitting upon him. They knelt before him in homage. And when they had mocked him, they stripped him of the purple cloak, dressed him in his own clothes, and led him out to crucify him. (Mark 15:16-20)

Lord Jesus, grant us strength of purpose  
that we may faithfully bear our crosses each day.  
Help us to walk in your steps.  
**Lord Jesus, help us to walk in your steps.**

THIRD STATION  
**JESUS FALLS THE FIRST TIME**



We adore you, O Christ, and we bless you.  
**Because by your holy cross you have redeemed the world.**

Have mercy on me, God, for I am treated harshly; attackers press me all the day. My foes treat me harshly all the day; yes, many are my attackers. O Most High, when I am afraid, in you I place my trust. God, I praise your promise; in you I trust, I do not fear. What can mere flesh do to me? All the day they foil my plans; their every thought is of evil against me. They hide together in ambush; they watch my every step; they lie in wait for my life. (Psalm 56:2-7)

Lord Jesus, grant us weakness,  
for your power is made perfect in weakness.  
Help us to walk in your steps.  
**Lord Jesus, help us to walk in your steps.**

FOURTH STATION  
**JESUS MEETS HIS MOTHER**



We adore you, O Christ, and we bless you.  
**Because by your holy cross you have redeemed the world.**

Standing by the cross of Jesus were his mother and his mother's sister, Mary the wife of Clopas, and Mary of Magdala. When Jesus saw his mother and the disciple there whom he loved, he said to his mother, "Woman, behold, your son." Then he said to the disciple, "Behold, your mother." And from that hour the disciple took her into his home. (John 19: 25-27)

Lord Jesus, grant us brothers and sisters  
and sons and daughters that share our sufferings and joys.

Help us to walk in your steps.

**Lord Jesus, help us to walk in your steps.**

FIFTH STATION  
**SIMON HELPS JESUS CARRY HIS CROSS**



We adore you, O Christ, and we bless you.  
**Because by your holy cross you have redeemed the world.**

They pressed into service a passer-by, Simon, a Cyrenian, who was coming in from the country, the father of Alexander and Rufus, to carry his cross. (Mark 15:21)

Lord Jesus, grant us humility to ask for help,  
for we cannot carry the cross alone.  
Help us to walk in your steps  
**Lord Jesus, help us to walk in your steps.**

SIXTH STATION  
**VERONICA WIPES THE FACE OF JESUS**



We adore you, O Christ, and we bless you.  
**Because by your holy cross you have redeemed the world.**

'Lord, when did we see you hungry and feed you, or thirsty and give you drink? When did we see you a stranger and welcome you, or naked and clothe you? When did we see you ill or in prison, and visit you?' And the king will say to them in reply, 'Amen, I say to you, whatever you did for one of these least sisters and brothers of mine, you did for me.' (Matthew 25:37-40)

Lord Jesus, grant us grace  
to receive care and compassion.  
Help us to walk in your steps.  
**Lord Jesus, help us to walk in your steps.**

SEVENTH STATION  
**JESUS FALLS THE SECOND TIME**



We adore you, O Christ, and we bless you.  
**Because by your holy cross you have redeemed the world.**

LORD, my God, I call out by day; at night I cry aloud in your presence. Let my prayer come before you; incline your ear to my cry. For my soul is filled with troubles; my life draws near to Sheol. I am reckoned with those who go down to the pit; I am weak, without strength. (Psalm 88:2-5)

Lord Jesus, grant us faith  
in your victory over sin and death.  
Help us to walk in your steps.  
**Lord Jesus, help us to walk in your steps.**

EIGHTH STATION  
**JESUS MEETS THE WEeping WOMEN**



We adore you, O Christ, and we bless you.  
**Because by your holy cross you have redeemed the world.**

A large crowd of people followed Jesus, including many women who mourned and lamented him. Jesus turned to them and said, "Daughters of Jerusalem, do not weep for me; weep instead for yourselves and for your children" (Luke 23:27-28)

Lord Jesus, grant us compassion  
to comfort others even as we suffer.  
Help us to walk in your steps.  
**Lord Jesus, help us to walk in your steps.**

NINTH STATION  
**JESUS FALLS A THIRD TIME**



We adore you, O Christ, and we bless you.  
**Because by your holy cross you have redeemed the world.**

Why do you reject me, LORD? Why hide your face from me? I am mortally afflicted since youth; lifeless, I suffer your terrible blows. Your wrath has swept over me; your terrors have reduced me to silence. All the day they surge round like a flood; from every side they close in on me. Because of you companions shun me; my only friend is darkness. (Psalm 88:15-19)

Lord Jesus, grant us hope  
when we feel most defeated and want to give up.  
Help us to walk in your steps.  
**Lord Jesus, help us to walk in your steps.**

TENTH STATION  
**JESUS IS STRIPPED OF HIS CLOTHES**



We adore you, O Christ, and we bless you.  
**Because by your holy cross you have redeemed the world.**

They brought him to the place of Golgotha (which is translated Place of the Skull). They gave him wine drugged with myrrh, but he did not take it. Then they crucified him and divided his garments by casting lots for them to see what each should take. (Mark 15:22-24)

Lord Jesus, grant us the dignity to live  
as the sons and daughters of God.  
Help us to walk in your steps.  
**Lord Jesus, help us to walk in your steps.**

ELEVENTH STATION  
**JESUS IS NAILED TO THE CROSS**



We adore you, O Christ, and we bless you.  
**Because by your holy cross you have redeemed the world.**

It was nine o'clock in the morning when they crucified him. The inscription of the charge against him read, "The King of the Jews." With him they crucified two revolutionaries, one on his right and one on his left. Those passing by reviled him, shaking their heads and saying, "Aha! You who would destroy the temple and rebuild it in three days, save yourself by coming down from the cross." Likewise the chief priests, with the scribes, mocked him among themselves and said, "He saved others; he cannot save himself. Let the Messiah, the King of Israel, come down now from the cross that we may see and believe." Those who were crucified with him also kept abusing him. (Mark 15:25-32)

Lord Jesus, grant us the grace to pray  
for our persecutors and for those who do evil.

Help us to walk in your steps.

**Lord Jesus, help us to walk in your steps.**

TWELFTH STATION  
**JESUS DIES ON THE CROSS**



We adore you, O Christ, and we bless you.  
**Because by your holy cross you have redeemed the world.**

At noon darkness came over the whole land until three in the afternoon. And at three o'clock Jesus cried out in a loud voice, "Eloi, Eloi, lema sabachthani?" which is translated, "My God, my God, why have you forsaken me?" Some of the bystanders who heard it said, "Look, he is calling Elijah." One of them ran, soaked a sponge with wine, put it on a reed, and gave it to him to drink, saying, "Wait, let us see if Elijah comes to take him down." Jesus gave a loud cry and breathed his last. The veil of the sanctuary was torn in two from top to bottom. When the centurion who stood facing him saw how he breathed his last he said, "Truly this man was the Son of God!" (Mark 15:33-39)

Lord Jesus, grant us hearts  
that love unconditionally.  
Help us to walk in your steps.  
**Lord Jesus, help us to walk in your steps.**

THIRTEENTH STATION  
**JESUS IS TAKEN FROM THE CROSS**



We adore you, O Christ, and we bless you.  
**Because by your holy cross you have redeemed the world.**

There were also women looking on from a distance. Among them were Mary Magdalene, Mary the mother of the younger James and of Joses, and Salome. These women had followed him when he was in Galilee and ministered to him. There were also many other women who had come up with him to Jerusalem. When it was already evening, since it was the day of preparation, the day before the sabbath, Joseph of Arimathea, a distinguished member of the council, who was himself awaiting the kingdom of God, came and courageously went to Pilate and asked for the body of Jesus. (Mark 15:40-43)

Lord Jesus, grant us solidarity  
with one another in our suffering.  
Help us to walk in your steps.  
**Lord Jesus, help us to walk in your steps.**

FOURTEENTH STATION  
**JESUS IS LAID IN THE TOMB**



We adore you, O Christ, and we bless you.  
**Because by your holy cross you have redeemed the world.**

Pilate was amazed that Jesus was already dead. He summoned the centurion and asked him if Jesus had already died. And when he learned of it from the centurion, he gave the body to Joseph. Having bought a linen cloth, he took him down, wrapped him in the linen cloth and laid him in a tomb that had been hewn out of the rock. Then he rolled a stone against the entrance to the tomb. Mary Magdalene and Mary the mother of Jesus watched where he was laid. (Mark 15:44-47)

Lord Jesus, grant us freedom  
from the chains of sin and death.  
Help us to walk in your steps.  
**Lord Jesus, help us to walk in your steps.**

*This booklet has been designed to be your personal  
worship aid for Stations of the Cross  
at Nativity throughout Lent.*

*We encourage you to keep it and bring it with you  
each time you join us for Stations of the Cross.*

*Assembled by Fr. David Scotchie for Nativity Catholic Church in Longwood, FL.  
This booklet prepared by Billy B Williamson. Lent 2021.*

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Lord Jesus Christ,  
your passion and death  
is the sacrifice that unites earth and heaven  
and reconciles all people to you.  
May we who have faithfully reflected on these mysteries  
follow in your steps  
and so come to share your glory in heaven  
where you live and reign  
with the Father and the Holy Spirit  
God, for ever and ever.

**AMEN**

*Nativity*  
*Catholic Church*

*A Welcoming Community of Believers*

