

**Diocese of Columbus**  
**Grade One Religion COS**  
 Based on the **Six Tasks of Catechesis\***

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| <b>I. Catechesis Promotes Knowledge of the Faith</b><br>( <i>Catechism of the Catholic Church, 26-1065; General Directory for Catechesis, 84-85, 87</i> )                         |  |   |
| <b>A. The Person of Jesus Christ</b> Jesus loves and invites every person to be in relationship with him  |  | <b>Christ Our Life</b>  |
| <b>I. A. 1.</b> Know Jesus is the Son of God and Son of Mary (CCC 495)  |  | Gr. 1 SE: Ch. 10 God Chose Mary & Joseph p. 85-89. BLM 18.  |
| <b>I. A. 2.</b> Know some key events in Jesus' life: <i>e.g.</i> , his birth, his death, and his rising to new life   |  | Gr. 1 SE: Ch. 11 Jesus Our Savior Was Born in Bethlehem p. 93-98. Ch. 19 Jesus Gives the Gift of Himself p. 167-174. Ch. 20 Jesus is Risen p.177-178. |
| <b>I. A. 3.</b> Know that Jesus died on the cross to show God's love for all people (CCC 609)   |  | Gr. 1 SE: Ch. 19 Jesus Gives the Gift of Himself p. 167-174   |
| <b>B. Understand Scripture</b> Sacred Scripture is the living Word of God, a history of the covenant and a guide for life today   |  | Gr. 1 SE: Ch. 6 God Speaks to Us p 45-52.   |
| <b>I. B. 1.</b> Identify the Bible as the inspired word of God (CCC 105)  |  | Gr. 1 SE: Ch. 6 God Speaks to Us p 45-52.   |
| <b>I. B. 2.</b> Know that the Bible is full of stories that show God's love for his people, <i>e.g.</i> , Creation, Noah's ark, Moses, Good Shepherd, Good Samaritan, <i>etc.</i> |  | Gr. 1 SE: Ch. 6 God Speaks to Us p 45-52. TE T 63 Scripture Prayer Booklets (back of SE).   |
| <b>I. B. 3.</b> The Gospels tell us the Good News about Jesus (CCC 121-125)   |  | Gr. 1 SE: Ch. 6 God Speaks to Us p 45-52.   |
| <b>C. Creeds and Doctrines of the Church</b> The Creed expresses the faith of our Church and professes it to the world  |  |   |
| <b>I. C. 1.</b> Identify God as Trinity: Father, Son, and Holy Spirit (CCC 233)   |  | Gr. 1 SE: Ch. 25 We Give Glory To God p. 220. TE T 270  |
| <b>I. C. 2.</b> Recognize that the Holy Spirit is a gift from God (CCC 733; Jn 14:16, 26)   |  | Gr. 1 SE: Ch. 21 Jesus Sends Us the Spirit p.187-192.   |

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| <p><b>I. C. 3.</b> Know that God created the world and made it good (CCC 295, 299; Gen 1:1-31)</p>  |  | <p>Gr. 1 SE: Ch. 2 God is Good p 11-18.</p>   |
| <p><b>I. C. 4.</b> Recognize that God loves all people and wants all people to love him and one another (CCC 1719, 1721)</p>  |  | <p>Gr. 1 SE: Ch. 3 God is Our Father p.21-25.</p>   |
| <p><b>I. C. 5.</b> Know that God desires all people to be happy with him now and forever in heaven (CCC 1023-1024; Jn 14:2-3)</p>   |  | <p>Gr. 1 SE: Ch. 20 Jesus is Risen p. 177-184</p>   |
| <p><b>I. C. 6.</b> Know that angels are God’s messengers sent to help and protect (CCC 329, 336)</p>  |  | <p>Gr. 1 SE: Ch. 3 God is Our Father p. 21-26. Also TE T28. Special Lesson 8 The Guardian Angels Guardian Angel prayer card punch-out’s (back of SE). TE T 378-381.</p> |
| <p><b>D. Discover the Church’s Tradition and Relevance of Church History</b> Our Church has a rich heritage which still serves as a guide for us today</p>  |  |   |
| <p><b>I. D. 1.</b> Know that God’s gift of the Holy Spirit at Pentecost is the birthday of the Church (CCC 731-732)</p>   |  | <p>Gr. 1 SE: Special Season 7 Pentecost p.245-246</p>   |
| <p><b>E. Christian Thought and Culture</b> Our Church’s tradition is based in an appreciation for the gifts of many persons – theologians, saints, artists, teachers, and preachers – living as faithful disciples of Jesus</p> |  | <p>Gr. 1 SE: Special Season 1 Feast of All Saints p. 233-234.</p>   |
| <p><b>I. E. 1.</b> Recognize saints as holy people who are examples of how to love God and one another (CCC 823)</p>  |  | <p>Gr. 1 SE: Special Season 1 Feast of All Saints p. 233-234.</p>   |

| <b>II. Catechesis Promotes Knowledge of the Meaning of the Liturgy and Sacraments</b><br>(CCC 1066-1690; GDC 84-85, 87)  |  |   |
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| <b>A. Paschal Mystery Forms and Transforms</b> The liturgical and sacramental life of the Church informs, forms, and transforms us as disciples of Jesus in the world (CCC 654, 1066-1067, 1085) |  | <b>Christ Our Life</b>  |
| <b>II. A. 1.</b> Know that the Liturgy teaches about the life of Jesus (CCC 1194)  |  | Gr. 1 SE: God Our Father is Holy p. 29-34.                            |
| <b>II. A. 2.</b> Know the Liturgy is the special prayer of God's family (CCC 1068, 1140)   |  | Gr. 1 SE: God Our Father is Holy p. 29-34.                            |
| <b>B. Sacraments:</b> Sacraments are special celebrations of God's love for us   |  | Gr. 1 SE: What Catholics Should Know The Seven Sacraments p. 260-263. |
| <b>II. B. 1.</b> Identify sacraments as special times when Jesus comes to be with us (CCC 1131)  |  | Gr. 1 SE: What Catholics Should Know The Seven Sacraments p. 260-263. |
| <b>II. B. 2.</b> Recognize that through Baptism we are freed from sin, share in God's life, and become members of God's family (CCC 1213)  |  | Gr. 1 SE: Ch. 5 God Shares His Life with Us p. 37-42.                 |
| <b>II. B. 3.</b> Recognize that at Mass the bread and wine become the Body and Blood of Jesus Christ (CCC 1375)  |  | Gr. 1 SE: What Catholics Should Know The Seven Sacraments p. 216.     |
| <b>II. B. 4.</b> Recognize the sacrament of Penance and Reconciliation as a gift from God (CCC 1468- 1469)   |  | Gr. 1 SE What Catholics Should Know Penance and Reconciliation p.262. |
| <b>C. Liturgical Catechesis</b> We are invited into full, active, and conscious participation in the liturgical life of the Church (CCC 1071)  |  |   |
| <b>II. C. 1.</b> Identify the different liturgical seasons and their respective colors (CCC 1163-1171, 1194)   |  | Gr. 1 SE: Special Seasons and Lessons The Year in Our Church p. 232.  |
| <b>II. C. 2.</b> Recognize that we celebrate Sunday as the Lord's Day because of Jesus' Resurrection (CCC 1166-67, 1193)   |  | Gr. 1 SE: Jesus Is Risen p. 177-178. TE T 215.                        |
| <b>II. C. 3.</b> Identify sacred objects and spaces in church, <i>e.g., altar, ambo, baptismal font, Book of the Gospels, tabernacle etc.</i> (CCC 1182-1185)                                    |  | Gr. 1 SE: God Our Father is Holy p. 29-34. TE T 40.                   |

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| <p><b>II. C. 4.</b> Identify liturgical postures and their meaning, <i>e.g., standing (reverence); sitting (attentive listening); and kneeling (adoration)</i> (CCC 1153-1158)</p>   |  | <p>Gr. 1 SE: Ch. 6 God Speaks to Us p. 45-52. TE T64. Ch. 4 God Our Father is Holy p.29-34. TE T38-39.</p> |
| <p><b>II. C. 5.</b> Understand Christians learn about Jesus in the scripture readings at Mass (CCC 1349)</p>   |  | <p>Gr. 1 SE: Ch. 6 God Speaks to Us p. 45-52.</p>  |
| <p><b>II. C. 6.</b> Know that there are some special days, besides Sunday, that we go to Mass, <i>e.g., All Saints Day; Immaculate Conception of Mary; Christmas; Mary, Mother of God; Assumption of Mary</i> (CCC 1171, 1173)</p> |  | <p>Gr. 1 SE: What Catholics Should Know Holy Days of Obligation p. 264.</p>                                |
| <p><b>D. Dimensions of Priesthood: Baptismal and Ordained</b> Like Jesus, we are called to be priest, prophet, and king</p>  |  |  |
| <p><b>II. D. 1.</b> Know that because of their baptism all people are called to serve God (CCC 871, 1140)</p>  |  | <p>Gr. 1 SE: Ch. 5 God Shares His Life with Us p. 37-42.</p>   |

| <b>III. Catechesis Promotes Moral Formation in Jesus Christ</b><br>(CCC 1691-2557; GDC, 84-85, 87)  |  |   |
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| <b>A. Commandment to Love</b> The ‘new commandment’ of Jesus, to love one another as he, God, has loved us is one of the defining characteristics of the Christian faith. (Jn 13:34-35) |  | <b>Christ Our Life</b>  |
| <b>III. A. 1.</b> Know that Jesus tells his disciples to love God and others (CCC 2055; Mt 22:37-40; 1 Jn 4:7-13)   |  | Gr. 1 SE: Ch. 15 Jesus Teaches Us to Love God p. 131-136.           |
| <b>B. Ten Commandments and Beatitudes</b> The Scriptures, especially in the Ten Commandments and the Sermon on the Mount, give us moral guidance  |  |   |
| <b>III. B. 1.</b> Understand that God gives rules to follow, to help all people love each other (CCC 1962, 1965)  |  | Gr. 1 SE: What Catholics Should Know Commandments p. 265-266.       |
| <b>III. B. 2.</b> Understand that, by his example, Jesus teaches us how to love God and each other (CCC 520, 1823; Jn 13:34-35; Jn 15:12,)  |  | Gr. 1 SE: Ch. 16 Jesus Teaches Us to Love Others p. 139-144.        |
| <b>C. Sin and Grace</b> God’s love can overcome the evil of sin in our world  |  | Gr. 1 SE: Ch. 17 Jesus Calls Himself the Good Shepherd pp. 147-152. |
| <b>III. C. 1.</b> Know that Jesus wants us to forgive those who hurt us (CCC 2840; Lk 6:35; Lk 17:3-4; Lk 23:33-34)   |  | Gr. 1 SE: Ch. 17 Jesus Calls Himself the Good Shepherd pp. 147-152. |
| <b>III. C. 2.</b> Define sin as choosing to disobey God and hurting others (CCC 1849-1850; Gn 3)  |  | Gr. 1 SE: Ch. 18 We Come to Our Good Shepherd p. 155-158.           |
| <b>III. C. 3.</b> Identify the difference between an accident, a mistake, and a sin   |  | Gr. 1 SE: Glossary p. 278.  |
| <b>III. C. 4.</b> Know that God’s grace helps people to live as his children (CCC 2021)   |  | Gr. 1 SE: Ch. 17 Jesus Calls Himself the Good Shepherd pp. 147-152. |
| <b>D. Conscience Formation</b> The Gospel calls us to ongoing conversion, transforming our ways of thinking and living  |  |   |
| <b>III. D. 1.</b> God gives people the freedom to choose (CCC 1730-1731, 1744)  |  | Gr. 1 SE: What Catholics Should Know Making Good Choices p. 266.    |
| <b>III. D. 2.</b> Recognize that the Holy Spirit works within each person to help them make good choices (CCC 729, 1830; Jn 14:26)  |  | Gr. 1 SE: Ch. 24 The Holy Spirit Helps the Church p. 211-216.       |

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| <b>E. Objective Moral Norms</b> The Scriptures and Tradition of the Church teach us about right and wrong                             |  |  |
| <b>III.E.1.</b> God gives the Holy Spirit, the Bible, and the laws of the Church to help the baptized know right and wrong (CCC 1785) |  | Gr. 1 SE: Ch. 21 Jesus Sends Us the Spirit p. 187-192. |
| <b>F. Gospel of Life</b> All life is a gift from God and is to be held sacred   |  |  |
| <b>III. F. 1.</b> Recognize that God created all life: human, animal, and plant and called it good (CCC 299, 339; Gn 1:20-27)         |  | Gr. 1 SE: Ch. 2 God Is Good p. 11-18.                  |
| <b>III. F. 2.</b> Identify all people are made in God’s image (CCC 355; Gn 1:27)  |  | Gr. 1 SE: Ch. 3 God is Our Father p21-26.              |
| <b>III. F. 3.</b> Know oneself as loved and valued (Mt 6:25-34)   |  | Gr. 1 SE: Ch. 3 God is Our Father p21-26.              |
| <b>III. F. 4.</b> Know that care and respect for our bodies and those of others is a response to God’s love (CCC 1004)                |  | Gr. 1 SE: Ch. 3 God is Our Father p21-26.              |
| <b>G. Living a Moral Life</b> As disciples of Jesus, we desire to follow him in his attitudes and actions                             |  |  |
| <b>III. G. 1.</b> Recognize the life and teachings of Jesus as a model for how all people should live (CCC 1694)                      |  | Gr. 1 SE: Ch. 14 Jesus Shows God’s Love p.123-128.     |
| <b>III. G. 2.</b> Know that God gives each person special gifts to live as Jesus’ disciples (1 Cor 13:13)                             |  | Gr. 1 SE: Ch. 5 God Shares His Life with Us p. 37-42.  |

| <b>IV. Catechesis Teaches the Christian How to Pray</b><br>(CCC, 2558-2865; GDC, 84-85, 87)  |  |  |
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| <b>A. Christian Prayer Tradition</b> Prayer in all its many forms is a language of love, faith, and hope   |  | <b>Christ Our Life</b>   |
| <b>IV. A. 1.</b> Know/pray the Sign of the Cross (CCC 2166)  |  | Gr. 1 SE: Ch. 1 Jesus is Our Friend p. 3-8.  |
| <b>IV. A. 2.</b> Identify different times and places to pray (CCC 2157, 2743)  |  | Gr. 1 SE: Ch. 4 God Our Father is Holy p. 29-34.   |
| <b>IV. A. 3.</b> Recite the following formal prayers: Our Father, Hail Mary, and Glory Be (CCC 2688)   |  | Gr. 1 SE: Ch. 8 Jesus Teaches Us to Pray to Our Father. Ch. 10 God Chose Mary and Joseph p. 85-90. Ch. 25 We Give Glory to God p. 219-223. |
| <b>IV. A. 4.</b> Recognize that one can pray alone or with others (CCC 2664)   |  | Gr. 1 SE: Ch. 7 We Pray to God Our Father p. 55-62.  |
| <b>B. Personal Prayer</b> The mystery of God's action in our lives draws us into a deeper relationship and a deeper desire to respond in prayer (CCC 2591)                 |  |  |
| <b>IV. B. 1.</b> Understand that praying is listening to and talking with God (CCC 2564)   |  | Gr. 1 SE: Ch. 7 We Pray to God Our Father p. 55-62.  |
| <b>IV. B. 2.</b> Understand one needs to spend time with God in prayer (CCC 2744)  |  | Gr. 1 SE: Ch. 7 We Pray to God Our Father p. 55-62.  |
| <b>IV. B. 3.</b> Know that one can pray with words, quiet listening, and actions (CCC 2700-2708, 2722)   |  | Gr. 1 SE: Ch. 7 We Pray to God Our Father p. 55-62.  |
| <b>C. Communal Prayer</b> We share prayer with others, and worship together as the People of God   |  |  |
| <b>IV. C. 1.</b> Know that the church building is a sacred place where the faith community gathers to worship (CCC 1181, 2691, 2696)                                       |  | Gr. 1 SE: Ch. 4 God Our Father is Holy p. 29-34.   |
| <b>IV. C. 2.</b> Identify some appropriate gestures in use in church, <i>e.g., sitting, standing, genuflecting, sign of the cross, sign of peace, etc.</i> (CCC 1153-1155) |  | Gr. 1 SE: Ch. 4 God Our Father is Holy p. 29-34.   |

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| <b>D. Popular Piety and Devotions</b> Our families and friends share with us ways to grow closer to God                                |  |   |
| <b>IV. D. 1.</b> Know that Holy Water is a sign of baptism (CCC 1668)  |  | Gr. 1 SE: Ch. 5 God Shares His Life with Us. p.37-42. |
| <b>IV. D. 2.</b> Know that one can ask others to pray for them, <i>e.g., saints, family, friends, church community</i> (CCC 2683-2684) |  | Gr. 1 SE: Ch. 7 We Pray to God Our Father p.55-62.    |
| <b>IV. D. 3.</b> Know that Jesus' mother, Mary is a special friend in prayer (CCC 2682)  |  | Gr. 1 SE: Ch. 10 God Chose Mary and Joseph p. 85-90.  |



| <b>V. Catechesis Prepares the Christian to Live in Community and to Participate in the Life and Mission of the Church</b><br>(GDC, 84, 86-87)   |  |  |
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| <b>A. Spiritual Growth</b> Our community life is built on the understanding that humans grow and develop physically, mentally, emotionally, and socially as well as spiritually                               |  | <b>Christ Our Life</b>                                       |
| <b>V. A. 1.</b> Know that it is God’s plan for people to grow in holiness (CCC 2013-2015, 2813; Lk 2:40, 52)  |  | Gr. 1 SE: Ch. 4 God Our Father is Holy p. 29-34              |
| <b>V. A. 2.</b> Know that God gives grace to help people to grow more like him (CCC 2021-2023)  |  | Ch. 7 SE: We Pray to God Our Father p. 55-62.                |
| <b>B. Relationships and Responsibilities</b> In the Gospel, Jesus teaches us that living together in the Kingdom of God, we must grow in understanding, compassion, concern for the least, and mutual charity |  |  |
| <b>V. B. 1.</b> Identify some ways Jesus shows people how to love God, each other, and creation (CCC 2407, 2415-2418; Gn 1:26, Lk 10:25-28)   |  | Gr. 1 SE: Ch. 16 Jesus Teaches Us to Love Others p. 139-144. |
| <b>V. B. 2.</b> Understand that feelings are natural and necessary in building relationships with God, self, and others   |  | Gr. 1 SE: Ch. 12 Families Share Life and Love p. 101-107.    |
| <b>V. B. 3.</b> Know that all who are baptized are brothers and sisters in the Lord (CCC 1271)  |  | Gr. 1 SE: Ch. 5 God Shares His Life with Us p. 37-42.        |
| <b>C. Marriage and Family Life—Domestic Church</b> Our family life is the church of the home, where we learn to love God and care for each other  |  |  |
| <b>V. C. 1.</b> Know that Mary said “yes” to God to be the mother of Jesus (CCC 484-486, 490; Lk 1:26-38)   |  | Gr. 1 SE: Ch. 10 God Chose Mary and Joseph p. 85-90.         |
| <b>V. C. 2.</b> Know that Joseph is the foster father of Jesus (CCC 437)  |  | Gr. 1 SE: Ch. 10 God Chose Mary and Joseph p. 85-90.         |
| <b>V. C. 3.</b> Know that the family is where one first learns to pray (CCC 2204-2206)  |  | Gr. 1 SE: Ch. 7 We Pray to God Our Father p. 55-62.          |
| <b>D. Faith Communities</b> Participation in the life and mission of the Church is both personal and communal (CCC 1134)  |  |  |
| <b>V. D. 1.</b> Know that people become members of God’s family, the Church, at Baptism (CCC 1213)  |  | Gr. 1 SE: Ch. 5 God Shares His Life with Us p. 37-42.        |
| <b>V. D. 2.</b> Understand that those who believe in Jesus form God’s true family, the Church (CCC 752; Acts 2:42-47; Acts 4:32-35)   |  | Gr. 1 SE: Ch. 5 God Shares His Life with Us p. 37-42.        |
| <b>V. D. 3.</b> Identify that God’s family consists of people from all races, language, and abilities (CCC 543; Mt 8:11)  |  | Gr. 1 SE: Ch. 13 Jesus Calls Apostles p. 115-120.            |

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| <b>E. Nature and Mission of the Church</b> The Church is the family of God, sent to bring the Good News of Jesus to all people |  |  |
| <b>V. E. 1.</b> Know that God calls his Church to help build the Kingdom of God on earth (CCC 541, 567; Mt 6:33)               |  | Gr. 1 SE: Jesus Calls Apostles p. 115-120. |
| <b>F. Ecumenism</b> We share in promoting the unity of all God's people as part of our fidelity to the Gospel                  |  |  |
| <b>V. F. 1.</b> Nothing at this age  |  |  |

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| <b>VI. Catechesis promotes a Missionary Spirit that prepares the faithful to transform the world</b><br>(GDC, 84, 86-87)  |  |  |
| <b>A. Evangelization</b> The Sacraments of Initiation both invite and empower us to live as disciples in the larger society and in the world                          |  | <b>Christ Our Life</b>                                       |
| <b>VI. A. 1.</b> Know that all baptized Christians are called to follow Jesus and be his disciples (CCC 1269-1270, 1694)  |  | Gr. 1 SE: Ch. 13 Jesus Calls Apostles p. 115-120.            |
| <b>B. Vocation/Apostolate</b> Each of is called to a particular task in helping to reveal the Kingdom of God in the service of God’s plan for the world               |  |  |
| <b>VI. B. 1.</b> Understand that each person is called to love God in a special way (CCC 52, 2093; Dt 6:4-5; Mt 9:9-13)   |  | Gr. 1 SE: Ch. 15 Jesus Teaches Us to Love God p.131-136.     |
| <b>C. Social Action and Transformation</b> The Social Teachings of our tradition inspire us to concern and to action aimed at the well-being of all humankind         |  |  |
| <b>VI. C. 1.</b> Know that a Christian is called to help build the Kingdom of God (CCC 2046; Mt 6:33)   |  |  |
| <b>VI. C. 2.</b> Give examples of how one can help others in need (Mt 25)   |  | Gr. 1 SE: Ch. 16 Jesus Teaches Us to Love Others p. 139-144. |
| <b>VI. C. 3.</b> Name ways that one can take care of God’s creation   |  | Gr. 1 SE: Ch. 2 God Is Good p. 11-18.                        |
| <b>D. Interreligious Dialogue</b> We dialogue and work with people of other faiths, to build understanding and to find our common hopes and values for a better world |  |  |
| <b>IV. D. 1.</b> Nothing at this age  |  |  |

\*Committee on Education of the United States Catholic Conference. *Our Hearts Were Burning Within Us: A Pastoral Plan for Adult Faith Formation in the United States.* Washington, DC: United States Conference of Catholic Bishops, 1999.