

**Diocese of Columbus**  
**Grade One Religion COS**  
 Based on the **Six Tasks of Catechesis\***

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| <b>I. Catechesis Promotes Knowledge of the Faith</b><br>( <i>Catechism of the Catholic Church</i> , 26-1065; <i>General Directory for Catechesis</i> , 84-85, 87)                 |   |  |
| <b>A. The Person of Jesus Christ</b> Jesus loves and invites every person to be in relationship with him  | <b>Finding God</b>  |  |
| <b>I. A. 1.</b> Know Jesus is the Son of God and Son of Mary (CCC 495)  | Gr. 1 SE: Session 6 p. 33-38. Art Print Session 3 Triumphant Entry.   |  |
| <b>I. A. 2.</b> Know some key events in Jesus' life: <i>e.g.</i> , his birth, his death, and his rising to new life   | Gr. 1 SE: Unit 2 Jesus, Our Lord and Savior p. 32-56. Also the Year in Our Church, Christmas p. 157-160. Also Art Print 6, Born in a Stable p. 218. |  |
| <b>I. A. 3.</b> Know that Jesus died on the cross to show God's love for all people (CCC 609)   | Gr. 1 SE: The Year in Our Church, Celebrating Easter p. 148.  |  |
| <b>B. Understand Scripture</b> Sacred Scripture is the living Word of God, a history of the covenant and a guide for life today   |   |  |
| <b>I. B. 1.</b> Identify the Bible as the inspired word of God (CCC 105)  | Gr. 1 SE: Session 3 God is Our Father p. 15-20. Also Prayers and Practices of Our Faith. The Bible and You p. 184-185.                              |  |
| <b>I. B. 2.</b> Know that the Bible is full of stories that show God's love for his people, <i>e.g.</i> , Creation, Noah's ark, Moses, Good Shepherd, Good Samaritan, <i>etc.</i> | Gr. 1 SE: Art Print 14, An Angel Visits Mary p. 226. Art Print 22, The Good Shepherd p. 234.  |  |
| <b>I. B. 3.</b> The Gospels tell us the Good News about Jesus (CCC 121-125)   | Gr. 1 SE: Art Print 16, Jesus Loves Children p. 228.  |  |
| <b>C. Creeds and Doctrines of the Church</b> The Creed expresses the faith of our Church and professes it to the world  |   |  |
| <b>I. C. 1.</b> Identify God as Trinity: Father, Son, and Holy Spirit (CCC 233)   | Gr. 1 SE: Session 3 God is Our Father p. 15-20. Session 4: God Gives Us Peace p. 21-26.   |  |
| <b>I. C. 2.</b> Recognize that the Holy Spirit is a gift from God (CCC 733; Jn 14:16, 26)   | Gr. 1 SE: Session 4 God Gives Us Peace p. 22-23. Session 12 Jesus Sends the Holy Spirit p. 70-74.   |  |

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| <p><b>I. C. 3.</b> Know that God created the world and made it good (CCC 295, 299; Gen 1:1-31)</p>  | <p>Gr. 1 SE: Session 1 God Makes Everything p. 4-8.</p>  |  |
| <p><b>I. C. 4.</b> Recognize that God loves all people and wants all people to love him and one another (CCC 1719, 1721)</p>  | <p>Gr. 1 SE: Session 2 God Cares for Us p. 9-14.</p>   |  |
| <p><b>I. C. 5.</b> Know that God desires all people to be happy with him now and forever in heaven (CCC 1023-1024; Jn 14:2-3)</p>   | <p>Gr. 1 SE: Session 2 God Cares for Us p. 9-14. Session 7 Jesus Teaches Us p. 41. Also glossary, heaven p. 244.</p> |  |
| <p><b>I. C. 6.</b> Know that angels are God’s messengers sent to help and protect (CCC 329, 336)</p>  | <p>Gr. 1 SE: Session 11 Following Jesus p. 65.</p>   |  |
| <p><b>D. Discover the Church’s Tradition and Relevance of Church History</b> Our Church has a rich heritage which still serves as a guide for us today</p>  |  |  |
| <p><b>I. D. 1.</b> Know that God’s gift of the Holy Spirit at Pentecost is the birthday of the Church (CCC 731-732)</p>   | <p>Gr. 1 SE: Session 12 Jesus Sends the Holy Spirit p.69-745. Also The Year in Our Church, Pentecost p. 173-176.</p> |  |
| <p><b>E. Christian Thought and Culture</b> Our Church’s tradition is based in an appreciation for the gifts of many persons – theologians, saints, artists, teachers, and preachers – living as faithful disciples of Jesus</p> |  |  |
| <p><b>I. E. 1.</b> Recognize saints as holy people who are examples of how to love God and one another (CCC 823)</p>  | <p>Gr. 1 SE: Session 1 God Makes Everything p. 5. Also The Year in Our Church All Saints Day p. 177-180.</p>         |  |

| <b>II. Catechesis Promotes Knowledge of the Meaning of the Liturgy and Sacraments</b><br>(CCC 1066-1690; GDC 84-85, 87)  |  |  |
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| <b>A. Paschal Mystery Forms and Transforms</b> The liturgical and sacramental life of the Church informs, forms, and transforms us as disciples of Jesus in the world (CCC 654, 1066-1067, 1085) | <b>Finding God</b>   |  |
| <b>II. A. 1.</b> Know that the Liturgy teaches about the life of Jesus (CCC 1194)  | Gr. 1 SE: The Year in Our Church p. 151-176. Also Holy Week p. 165-168.  |  |
| <b>II. A. 2.</b> Know the Liturgy is the special prayer of God's family (CCC 1068, 1140)   | Gr. 1 SE: Session 2 God Cares for Us p. 10-11. Also, glossary, liturgy p. 247.   |  |
| <b>B. Sacraments:</b> Sacraments are special celebrations of God's love for us   |  |  |
| <b>II. B. 1.</b> Identify sacraments as special times when Jesus comes to be with us (CCC 1131)  | Gr. 1 SE: Session 16 Jesus in Our Lives p. 94. Also, Prayers and Practices of Our Faith p. 194-197. Also glossary, sacrament p. 250.   |  |
| <b>II. B. 2.</b> Recognize that through Baptism we are freed from sin, share in God's life, and become members of God's family (CCC 1213)  | Gr. 1 SE: Session 17 Joining God's Family p. 99-103.   |  |
| <b>II. B. 3.</b> Recognize that at Mass the bread and wine become the Body and Blood of Jesus Christ (CCC 1375)  | Gr. 1 SE: Session 18 Celebrating Jesus p. 106, 107 and 110.  |  |
| <b>II. B. 4.</b> Recognize the sacrament of Penance and Reconciliation as a gift from God (CCC 1468- 1469)   | Gr. 1 SE: Session 22 Jesus Cares for Us p. 129-134. Also Prayers and Practices of Our Faith, Celebrating Our Faith p. 196.   |  |
| <b>C. Liturgical Catechesis</b> We are invited into full, active, and conscious participation in the liturgical life of the Church (CCC 1071)  |  |  |
| <b>II. C. 1.</b> Identify the different liturgical seasons and their respective colors (CCC 1163-1171, 1194)   | Gr. 1 SE: Session 5 Celebrating Ordinary Time p. 27-31. Session 10 Celebrating Advent p. 57-61. Session 15 Celebrating Christmas p. 87-90. Session 20 Celebrating Lent and Holy Week. Session 21 Celebrating Easter. Also The Year in Our Church p. 151-152. |  |
| <b>II. C. 2.</b> Recognize that we celebrate Sunday as the Lord's Day because of Jesus' Resurrection (CCC 1166-67, 1193)   | Gr. 1 SE: Session 18 Sacraments, Our Way of Life p. 105-110. Also The Year in Our Church p. 171.   |  |
| <b>II. C. 3.</b> Identify sacred objects and spaces in church, e.g., <i>altar, ambo, baptismal font, Book of the Gospels, tabernacle etc.</i> (CCC 1182-1185)                                    | Gr. 1 SE: Prayers and Practices of Our Faith p. 198-199.   |  |

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| <p><b>II. C. 4.</b> Identify liturgical postures and their meaning, <i>e.g., standing (reverence); sitting (attentive listening); and kneeling (adoration)</i> (CCC 1153-1158)</p>   | <p>Gr. 1 SE: Glossary, genuflect and gestures p. 244.</p>   |  |
| <p><b>II. C. 5.</b> Understand Christians learn about Jesus in the scripture readings at Mass (CCC 1349)</p>   | <p>Gr. 1 SE: Glossary, Liturgy of the Word p. 247.</p>  |  |
| <p><b>II. C. 6.</b> Know that there are some special days, besides Sunday, that we go to Mass, <i>e.g., All Saints Day; Immaculate Conception of Mary; Christmas; Mary, Mother of God; Assumption of Mary</i> (CCC 1171, 1173)</p> | <p>Gr. 1 SE: The Year in Our Church, All Saints Day p. 177—178. Glossary, Holy Days of Obligation p. 245.</p> |  |
| <p><b>D. Dimensions of Priesthood: Baptismal and Ordained</b> Like Jesus, we are called to be priest, prophet, and king</p>  |   |  |
| <p><b>II. D. 1.</b> Know that because of their baptism all people are called to serve God (CCC 871, 1140)</p>  | <p>Gr. 1 SE: Session 17 Sacraments, Our Way of Life p. 99-104.</p>  |  |

| <b>III. Catechesis Promotes Moral Formation in Jesus Christ</b><br>(CCC 1691-2557; GDC, 84-85, 87)  |   |  |
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| <b>A. Commandment to Love</b> The ‘new commandment’ of Jesus, to love one another as he, God, has loved us is one of the defining characteristics of the Christian faith. (Jn 13:34-35) | <b>Finding God</b>  |  |
| <b>III. A. 1.</b> Know that Jesus tells his disciples to love God and others (CCC 2055; Mt 22:37-40; 1 Jn 4:7-13)   | Gr. 1 SE: Prayers and Practices of Our Faith, The Great Commandment p. 202. Art Print Session 1 St. Vincent de Paul.  |  |
| <b>B. Ten Commandments and Beatitudes</b> The Scriptures, especially in the Ten Commandments and the Sermon on the Mount, give us moral guidance  |   |  |
| <b>III. B. 1.</b> Understand that God gives rules to follow, to help all people love each other (CCC 1962, 1965)  | Gr. 1 SE: Session 21 Making God Decisions p. 124-127. Also Prayers and Practices of Our Faith p. 200-201. Also Art Print Session 21 Paupers Having Dinner.  |  |
| <b>III. B. 2.</b> Understand that, by his example, Jesus teaches us how to love God and each other (CCC 520, 1823; Jn 13:34-35; Jn 15:12,)  | Gr. 1 SE: Session 21 Making God Decisions p. 124-127.   |  |
| <b>C. Sin and Grace</b> God’s love can overcome the evil of sin in our world  |   |  |
| <b>III. C. 1.</b> Know that Jesus wants us to forgive those who hurt us (CCC 2840; Lk 6:35; Lk 17:3-4; Lk 23:33-34)   | Gr. 1 SE: Session 22 Jesus Cares for Us p. 129-134. Art Print Session 8 Mother Kissing a Child. Recorded Scripture Stories Session 22 The Lost Sheep T-265. |  |
| <b>III. C. 2.</b> Define sin as choosing to disobey God and hurting others (CCC 1849-1850; Gn 3)  | Gr. 1 SE: Session 22 Jesus Cares for Us p. 129-134.   |  |
| <b>III. C. 3.</b> Identify the difference between an accident, a mistake, and a sin   | Gr. 1 SE: Session 21 Making Good Decisions 13-128.  |  |
| <b>III. C. 4.</b> Know that God’s grace helps people to live as his children (CCC 2021)   | Gr. 1 SE: Session 14 God Chooses Mary p. 82-86. Session 16 Jesus in Our Lives p. 24. Also Glossary, grace p. 244.   |  |
| <b>D. Conscience Formation</b> The Gospel calls us to ongoing conversion, transforming our ways of thinking and living  |   |  |
| <b>III. D. 1.</b> God gives people the freedom to choose (CCC 1730-1731, 1744)  | Gr. 1 SE: Session 21 Making Good Decisions p. 125-128.  |  |
| <b>III. D. 2.</b> Recognize that the Holy Spirit works within each person to help them make good choices (CCC 729, 1830; Jn 14:26)  | Gr. 1 SE: Session 12 Jesus Sends the Holy Spirit p.70-72.   |  |

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| <b>E. Objective Moral Norms</b> The Scriptures and Tradition of the Church teach us about right and wrong                             |  |  |
| <b>III.E.1.</b> God gives the Holy Spirit, the Bible, and the laws of the Church to help the baptized know right and wrong (CCC 1785) | Gr. 1 SE: Session 17 Sacraments, Our Way of Life p. 100, 102, 104. Session 21 Making Good Decisions p. 124-125. Session 3 SE: God is Our Father p. 17-18 and 20. |  |
| <b>F. Gospel of Life</b> All life is a gift from God and is to be held sacred   |  |  |
| <b>III. F. 1.</b> Recognize that God created all life: human, animal, and plant and called it good (CCC 299, 339; Gn 1:20-27)         | Gr. 1 SE: Session 1 God Makes Everything p. 4, 7-8. Also Glossary, Creator p. 242.   |  |
| <b>III. F. 2.</b> Identify all people are made in God's image (CCC 355; Gn 1:27)  | Gr. 1 SE: Session 1 God Makes Everything 4 and 8.  |  |
| <b>III. F. 3.</b> Know oneself as loved and valued (Mt 6:25-34)   | Gr. 1 SE: Session 3 God is Our Father p. 18-20.  |  |
| <b>III. F. 4.</b> Know that care and respect for our bodies and those of others is a response to God's love (CCC 1004)                | Gr. 1 SE: Glossary, commandment, p. 242.   |  |
| <b>G. Living a Moral Life</b> As disciples of Jesus, we desire to follow him in his attitudes and actions                             |  |  |
| <b>III. G. 1.</b> Recognize the life and teachings of Jesus as a model for how all people should live (CCC 1694)                      | Gr. 1 SE: Session 1 God Makes Everything p. 8. Session 2 God Cares for Us p. 14.   |  |
| <b>III. G. 2.</b> Know that God gives each person special gifts to live as Jesus' disciples (1 Cor 13:13)                             | Gr. 1 SE: Session 16 Jesus in Our Lives p. 93-98.  |  |

| <b>IV. Catechesis Teaches the Christian How to Pray</b><br>(CCC, 2558-2865; GDC, 84-85, 87)  |  |  |
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| <b>A. Christian Prayer Tradition</b> Prayer in all its many forms is a language of love, faith, and hope   | <b>Finding God</b>   |  |
| <b>IV. A. 1.</b> Know/pray the Sign of the Cross (CCC 2166)  | Gr. 1 SE: Session 1 God Makes Everything p. 6. Prayers and Practices of Our Faith p. 188.                |  |
| <b>IV. A. 2.</b> Identify different times and places to pray (CCC 2157, 2743)  | Gr. 1 SE: Prayers and Practices of Our Faith p. 186-187.   |  |
| <b>IV. A. 3.</b> Recite the following formal prayers: Our Father, Hail Mary, and Glory Be (CCC 2688)   | Gr. 1 SE: Prayers and Practices of Our Faith p. 189-190.   |  |
| <b>IV. A. 4.</b> Recognize that one can pray alone or with others (CCC 2664)   | Gr. 1 SE: Prayers and Practices of Our Faith p. 187.   |  |
| <b>B. Personal Prayer</b> The mystery of God's action in our lives draws us into a deeper relationship and a deeper desire to respond in prayer (CCC 2591)                 |  |  |
| <b>IV. B. 1.</b> Understand that praying is listening to and talking with God (CCC 2564)   | Gr. 1 SE: Session 19 Listening to Our Father p. 111-115. Also Recorded Scripture Story Session 19 T-264. |  |
| <b>IV. B. 2.</b> Understand one needs to spend time with God in prayer (CCC 2744)  | Gr. 1 SE: Session 19 Listening to Our Father p. 115.   |  |
| <b>IV. B. 3.</b> Know that one can pray with words, quiet listening, and actions (CCC 2700-2708, 2722)   | Gr. 1 SE: Session 19 Listening to Our Father p. 111-115. Also Recorded Scripture Story Session 19 T-264. |  |
| <b>C. Communal Prayer</b> We share prayer with others, and worship together as the People of God   |  |  |
| <b>IV. C. 1.</b> Know that the church building is a sacred place where the faith community gathers to worship (CCC 1181, 2691, 2696)                                       | Gr. 1 SE: Glossary, church p. 241.   |  |
| <b>IV. C. 2.</b> Identify some appropriate gestures in use in church, <i>e.g., sitting, standing, genuflecting, sign of the cross, sign of peace, etc.</i> (CCC 1153-1155) | Gr. 1 SE: Glossary, gestures p. 244.   |  |

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| <b>D. Popular Piety and Devotions</b> Our families and friends share with us ways to grow closer to God                                |   |  |
| <b>IV. D. 1.</b> Know that Holy Water is a sign of baptism (CCC 1668)  | Gr. 1 SE: Session 17 Joining God’s Family p. 100 and 104. Glossary, holy water p. 245 |  |
| <b>IV. D. 2.</b> Know that one can ask others to pray for them, <i>e.g., saints, family, friends, church community</i> (CCC 2683-2684) | Gr. 1 SE: The Year in Our Church Pentecost p. 178-180.                                |  |
| <b>IV. D. 3.</b> Know that Jesus’ mother, Mary is a special friend in prayer (CCC 2682)  | Gr. 1 SE: Session 14 God Chooses Mary p. 84.  |  |



| <b>V. Catechesis Prepares the Christian to Live in Community and to Participate in the Life and Mission of the Church</b><br>(GDC, 84, 86-87)   |   |  |
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| <b>A. Spiritual Growth</b> Our community life is built on the understanding that humans grow and develop physically, mentally, emotionally, and socially as well as spiritually                               | <b>Finding God</b>  |  |
| <b>V. A. 1.</b> Know that it is God’s plan for people to grow in holiness (CCC 2013-2015, 2813; Lk 2:40, 52)  | Gr. 1 SE: Session 7 Jesus Teaches Us p. 39-44.                                    |  |
| <b>V. A. 2.</b> Know that God gives grace to help people to grow more like him (CCC 2021-2023)  | Gr. 1 SE: Session 14 God Chooses Mary p. 82 and 84. Also, Glossary, grace p. 244. |  |
| <b>B. Relationships and Responsibilities</b> In the Gospel, Jesus teaches us that living together in the Kingdom of God, we must grow in understanding, compassion, concern for the least, and mutual charity |   |  |
| <b>V. B. 1.</b> Identify some ways Jesus shows people how to love God, each other, and creation (CCC 2407, 2415-2418; Gn 1:26, Lk 10:25-28)   | Gr. 1 SE: Prayers and Practices of Our Faith p. 202-205                           |  |
| <b>V. B. 2.</b> Understand that feelings are natural and necessary in building relationships with God, self, and others   | Gr. 1 SE: Session 7 Jesus Teaches Us. p. 39-44.                                   |  |
| <b>V. B. 3.</b> Know that all who are baptized are brothers and sisters in the Lord (CCC 1271)  | Gr. 1 SE: Session 17 Joining God’s Family p. 102 and 104.                         |  |
| <b>C. Marriage and Family Life—Domestic Church</b> Our family life is the church of the home, where we learn to love God and care for each other  |   |  |
| <b>V. C. 1.</b> Know that Mary said “yes” to God to be the mother of Jesus (CCC 484-486, 490; Lk 1:26-38)   | Gr. 1 SE: Session 14 p. 81-86.  |  |
| <b>V. C. 2.</b> Know that Joseph is the foster father of Jesus (CCC 437)  | Gr. 1 SE: Session 6 God Sends Jesus p. 31-38. Also Glossary, Joseph, p. 246.      |  |
| <b>V. C. 3.</b> Know that the family is where one first learns to pray (CCC 2204-2206)  | Gr. 1 SE: Jesus Loves Families p. 135-140.  |  |
| <b>D. Faith Communities</b> Participation in the life and mission of the Church is both personal and communal (CCC 1134)  |   |  |
| <b>V. D. 1.</b> Know that people become members of God’s family, the Church, at Baptism (CCC 1213)  | Gr. 1 SE: Session 17 Glossary, Baptism p. 240.                                    |  |
| <b>V. D. 2.</b> Understand that those who believe in Jesus form God’s true family, the Church (CCC 752; Acts 2:42-47; Acts 4:32-35)   | Gr. 1 SE: Session 17 Joining God’s Family p. 100-102and 104.                      |  |
| <b>V. D. 3.</b> Identify that God’s family consists of people from all races, language, and abilities (CCC 543; Mt 8:11)  | Gr. 1 SE: Session 17, Joining God’s Family p. 99.-104.                            |  |

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| <b>E. Nature and Mission of the Church</b> The Church is the family of God, sent to bring the Good News of Jesus to all people |   |  |
| <b>V. E. 1.</b> Know that God calls his Church to help build the Kingdom of God on earth (CCC 541, 567; Mt 6:33)               | Gr. 1 SE: Prayers and Practices of Our Church p. 203-205. |  |
| <b>F. Ecumenism</b> We share in promoting the unity of all God's people as part of our fidelity to the Gospel                  |   |  |
| <b>V. F. 1.</b> Nothing at this age  |   |  |

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| <b>VI. Catechesis promotes a Missionary Spirit that prepares the faithful to transform the world</b><br>(GDC, 84, 86-87)  |  |  |
| <b>A. Evangelization</b> The Sacraments of Initiation both invite and empower us to live as disciples in the larger society and in the world                          | <b>Finding God</b>                                       |  |
| <b>VI. A. 1.</b> Know that all baptized Christians are called to follow Jesus and be his disciples (CCC 1269-1270, 1694)  | Web Activities: Help Wanted to Serve Others.             |  |
| <b>B. Vocation/Apostolate</b> Each of is called to a particular task in helping to reveal the Kingdom of God in the service of God’s plan for the world               |  |  |
| <b>VI. B. 1.</b> Understand that each person is called to love God in a special way (CCC 52, 2093; Dt 6:4-5; Mt 9:9-13)   | Web Activities: Help Wanted to Serve Others.             |  |
| <b>C. Social Action and Transformation</b> The Social Teachings of our tradition inspire us to concern and to action aimed at the well-being of all humankind         |  |  |
| <b>VI. C. 1.</b> Know that a Christian is called to help build the Kingdom of God (CCC 2046; Mt 6:33)   | Gr. 1 SE: Prayers and Practices of Our Faith p. 202-205. |  |
| <b>VI. C. 2.</b> Give examples of how one can help others in need (Mt 25)   | Gr. 1 SE: Prayers and Practices of Our Faith p. 202-205. |  |
| <b>VI. C. 3.</b> Name ways that one can take care of God’s creation   | Gr. 1 SE: Prayers and Practices of Our Faith p. 202-205. |  |
| <b>D. Interreligious Dialogue</b> We dialogue and work with people of other faiths, to build understanding and to find our common hopes and values for a better world |  |  |
| <b>IV. D. 1.</b> Nothing at this age  |  |  |

\*Committee on Education of the United States Catholic Conference. *Our Hearts Were Burning Within Us: A Pastoral Plan for Adult Faith Formation in the United States*. Washington, DC: United States Conference of Catholic Bishops, 1999.