

WCCY: . . . . . We Celebrate the Church Year  
 CPP: . . . . . Catholic Prayers and Practices

WCM: . . . . . We Celebrate the Mass  
 SOR: . . . . . Sacrament of Reconciliation

KT: . . . . . Key Teachings of the Catholic Church  
 CST: . . . . . Catholic Social Teaching

## I. Catechesis Promotes Knowledge of the Faith

*(Catechism of the Catholic Church, 26-1065; General Directory for Catechesis, 84-85, 87)*

### A. The Person of Jesus Christ

***Jesus loves and invites every person to be in relationship with him***

- I. A. 1.** Know Jesus is both human and divine, Son of Mary and Son of God (CCC 495; CFCL I.A.7)
- I. A. 2.** Know some key events in Jesus' life: e.g., his birth, his death, and his rising to new life
- I. A. 3.** Know that Jesus died on the cross to show God's love for all people (CCC 609; CFCL I.A.8)

Ch. 4, 5; KT: Jesus Christ, Son of God, Son of Mary  
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### B. Understand Scripture

***Sacred Scripture is the living Word of God, a history of the covenant and a guide for life today***

- I. B. 1.** Identify the Bible as the inspired word of God (CCC 105)
- I. B. 2.** Know that the Bible is full of stories that show God's love for his people, e.g., Creation, Noah's ark, Moses, Good Shepherd, Good Samaritan, etc. (CFCL I.A.6)
- I. B. 3.** The Gospels tell us the Good News about Jesus (CCC 121-125)

Ch. 1; KT: Sacred Scripture  
 Ch. 1; KT: Sacred Scripture  
 Ch. 1, 15; KT: Sacred Scripture

### C. Creeds and Doctrines of the Church

***The Creed expresses the faith of our Church and professes it to the world***

- I. C. 1.** Identify God as Trinity: Father, Son, and Holy Spirit (CCC 233)

Ch. 7; KT: The Holy Trinity

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- I. C. 2.** Recognize that the Holy Spirit is a gift from God (CCC 733; Jn 14:16, 26; CFCL I.A.7 & 9)
- I. C. 3.** Know that God created the world and made it good (CCC 295, 299; Gen 1:1-31; CFCL I.A.1)
- I. C. 4.** Know that God is Love (CCC 1604; CFCL I.A.1)
- I. C. 5.** Know that God desires all people to be happy with him now and forever in Heaven (CCC 1023-1024; Jn 14:2-3)
- I. C. 6.** Know that angels are God’s messengers sent to help and protect (CCC 329, 336)

Ch. 7; KT: The Holy Trinity  
Ch. 3; KT: Divine Work of Creation  
Ch. 2, 3; KT: Divine Work of Creation  
Ch. 3, 21; KT: Life Everlasting  
Ch. 5; WCCY: Christmas

## **D. Discover the Church’s Tradition and Relevance of Church History**

***Our Church has a rich heritage which still serves as a guide for us today***

- I. D. 1.** Know that God’s gift of the Holy Spirit at Pentecost is the birthday of the Church (CCC 731-732)

Ch. 7; WCCY: Pentecost

## **E. Christian Thought and Culture**

***Our Church’s tradition is based in an appreciation for the gifts of many persons – theologians, saints, artists, teachers and preachers – living as faithful disciples of Jesus***

- I. E. 1.** Recognize saints as holy people who are examples of how to love God and one another (CCC 823)

Ch. 8

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**II. Catechesis Promotes Knowledge of the Meaning of the Liturgy and Sacraments**

(CCC 1066-1690; GDC 84-85, 87)

**A. Paschal Mystery Forms and Transforms**

*The liturgical and sacramental life of the Church informs, forms, and transforms us as disciples of Jesus in the world (CCC 654, 1066-1067, 1085)*

- II. A. 1. Know that the liturgy teaches about the life of Jesus (CCC 1194)
- II. A. 2. Know that the liturgy is the special prayer of God’s family (CCC 1068, 1140)

Ch. 9-12; 14-16; KT: The Sacraments  
  
 Ch. 9-12; 14-16; KT: The Sacraments

**B. Sacraments**

*Sacraments are special celebrations of God’s love for us*

- II. B. 1. Identify sacraments as special times when Jesus comes to be with us (CCC 1131)
- II. B. 2. Recognize that through Baptism we are freed from Original Sin, share in God’s life, and become members of God’s family (CCC 1213)
- II. B. 3. Recognize that at Mass the bread and wine become the Body and Blood of Jesus Christ (CCC 1375)
- II. B. 4. Recognize the Sacrament of Penance and Reconciliation as a gift from God (CCC 1468-1469)

Ch. 9, 10, 11, 12, 14, 15, 16;  
 KT: The Sacraments  
  
 Ch. 9, 10; KT: The Sacraments  
  
 Ch. 15, KT: The Sacraments  
  
 Ch. 14; KT: The Sacraments

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## C. Liturgical Catechesis

***We are invited into full, active, and conscious participation in the liturgical life of the Church (CCC 1071)***

- II. C. 1. Identify the different liturgical seasons and their respective colors (CCC 1163-1171, 1194)
- II. C. 2. Recognize that we celebrate Sunday as the Lord’s Day because of Jesus’ Resurrection (CCC 1166-67, 1193)
- II. C. 3. Identify sacred objects and spaces in church, e.g., altar, ambo, baptismal font, Book of the Gospels, tabernacle etc. (CCC 1182-1185)
- II. C. 4. Identify liturgical postures and their meaning, e.g., standing (reverence); sitting (attentive listening); and kneeling (adoration) (CCC 1153-1158)
- II. C. 5. Understand that Christians learn about Jesus in the scripture readings at Mass (CCC 1349)
- II. C. 6. Know that there are some special days, besides Sunday, that we go to Mass, e.g., All Saints Day; Immaculate Conception of Mary; Christmas; Mary, Mother of God; Assumption of Mary (CCC 1171, 1173)

Ch. 9; WCCY: All Saints, Advent, Christmas, Lent, Easter Sunday

Ch. 6, 9; KT: The Moral Life

WCM

Ch.13

WCM

WCCY: All Saints, Immaculate Conception, Christmas, Mary, the Mother of God

## D. Dimensions of Priesthood: Baptismal and Ordained

***Like Jesus, we are called to be priest, prophet, and king***

- II. D. 1. Know that because of their baptism all people are called to serve God (CCC 871, 1140)

Ch. 10; KT: The Sacraments

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**III. Catechesis Promotes Moral Formation  
in Jesus Christ**

(CCC 1691-2557; GDC 84-85, 87)

**A. Commandment to Love**

*The ‘new commandment’ of Jesus, to love one another as he, God, has loved us is one of the defining characteristics of the Christian faith (Jn 13:34-35)*

III. A. 1. Know that Jesus reveals to us that God is Trinity: Father, Son and Spirit (CCC 240, 243; CFCL I.A.1)

Ch. 7; KT: The Holy Trinity

III. A. 2. Understand that Jesus wants all people to love God and love one another (CCC 1878, 1970; Lk 10:25-28; CFCL I.A.1, 9)

Ch. 17-23; KT: The Moral Life

**B. Ten Commandments and Beatitudes**

*The Scriptures, especially in the Ten Commandments and the Sermon on the Mount, give us moral guidance*

III. B. 1. Understand that God gives rules to follow, to help all people love each other (CCC 1962, 1965)

Ch. 18, 19, 20; KT: The Moral Life

III. B. 2. Understand that, by his example, Jesus teaches us how to love God and each other (CCC 520, 1823; Jn 13:34-35; Jn 15:12; CFCL I.A.9)

Ch. 18, 19, 20; KT: The Moral Life

**C. Sin and Grace**

*God’s love can overcome the evil of sin in our world*

III. C. 1. Know that Jesus wants us to forgive those who hurt us (CCC 2840; Lk 6:35; Lk 17:3-4; Lk 23:33-34)

Ch. 14; KT: Evil and Sin

III. C. 2. Define sin as choosing to disobey God and hurt others (CCC 1849-1850; Gn 3)

Ch. 14; KT: Evil and Sin

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**III. C. 3.** Know that before the Fall, Adam and Eve shared in friendship with God (CCC 396; CFCL I.A.4)

**III. C. 4.** Know that Original Sin occurred when Adam and Eve disobeyed God (CCC 897; CFCL I.A.4)

**III. C. 5.** Describe the differences between an accident, a mistake, and a sin

**III. C. 6.** Know that God’s grace helps people to live as his children

Ch. 10

Ch. 14; KT: Evil and Sin

Ch. 14; KT: Evil and Sin

## D. Conscience Formation

***The Gospel calls us to ongoing conversion, transforming our ways of thinking and living***

**III. D. 1.** God gives people the freedom to choose (CCC 1730-1731, 1744)

**III. D. 2.** Recognize that the Holy Spirit works within each person to help them make good choices (CCC 729, 1830; Jn 14:26)

Ch. 14

Ch. 7, 14, 18

## E. Objective Moral Norms

***The Scriptures and Tradition of the Church teach us about right and wrong***

**III. E. 1.** God gives the Holy Spirit, the Bible, and the laws of the Church to help the baptized know right and wrong (CCC 1785)

Ch. 7, 14, 18

## F. Gospel of Life

***All life is a gift from God and is to be held sacred***

**III. F. 1.** Recognize that God created all life: human, animal, and plant and called it good (CCC 299, 339; Gn 1:20-27)

Ch. 22; CST: Unit 2 Closer

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- III. F. 2. Understand that all people are made in God’s image (CCC 355; Gn 1:27; CFCL I.A.1) Ch. 22
- III. F. 3. Know oneself as loved and valued (Mt 6:25-34; CFCL I.A.1) Ch. 22
- III. F. 4. Know that care and respect for our bodies and for those of others is a response to God’s love (CCC 1004) Ch. 22

## G. Living a Moral Life

***As disciples of Jesus, we desire to follow him in his attitudes and actions***

- III. G. 1. Recognize the life and teachings of Jesus as a model for how all people should live (CCC 1694) Ch. 21, 22, 23, 24
- III. G. 2. Know that in our Baptism, we receive special graces from God to help us love and serve him as disciples of Jesus (CCC 1812-1813; CFCL I.A.12, 28) Ch. 10

## IV. Catechesis Teaches the Christian

### How to Pray

(CCC 2558-2865; GDC 84-85, 87)

## A. Christian Prayer Tradition

***Prayer in all its many forms is a language of love, faith, and hope***

- IV. A. 1. Know/pray the Sign of the Cross (CCC 2166) Ch. 2; CPP
- IV. A. 2. Identify different times and places to pray (CCC 2157, 2743) Ch. 21, 22, 23, 24
- IV. A. 3. Recite the following formal prayers: Our Father, Hail Mary, and Glory Be (CCC 2688) Ch. 13, 22, 24; CPP
- IV. A. 4. Recognize that one can pray alone or with others (CCC 2664) Ch. 13; KT: Christian Prayer

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## B. Personal Prayer

***The mystery of God’s action in our lives draws us into a deeper relationship and a deeper desire to respond in prayer (CCC 2591)***

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| <p><b>IV. B. 1.</b> Understand that praying is listening to and talking with God (CCC 2564)</p>                         | <p>Ch. 13, 24; KT: Christian Prayer</p> |
| <p><b>IV. B. 2.</b> Understand one needs to spend time with God in prayer (CCC 2744; CFCL I.A.24)</p>                   | <p>Ch. 13, 24; KT: Christian Prayer</p> |
| <p><b>IV. B. 3.</b> Know that one can pray with words, with quiet listening, and with actions (CCC 2700-2708, 2722)</p> | <p>Ch. 13, 24; KT: Christian Prayer</p> |

## C. Communal Prayer

***We share prayer with others, and worship together as the People of God***

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| <p><b>IV. C. 1.</b> Know that the church building is a sacred place where the faith community gathers to worship (CCC 1181, 2691, 2696)</p>  | <p>Ch. 9</p>                            |
| <p><b>IV. C. 2.</b> Identify some appropriate gestures in use in church, e.g., sitting, standing, kneeling, genuflecting, sign of the cross, sign of peace, etc. (CCC 1153-1155)</p> | <p>Ch. 13, 24; KT: Christian Prayer</p> |

## D. Popular Piety and Devotions

***Our families and friends share with us ways to grow closer to God***

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| <p><b>IV. D. 1.</b> Know that Holy Water is a sign of baptism (CCC 1668)</p>   | <p>Ch. 10</p>      |
| <p><b>IV. D. 2.</b> Know that one can ask others to pray for them, e.g., saints, family, friends, church community (CCC 2683-2684)</p> | <p>Ch. 13</p>      |
| <p><b>IV. D. 3.</b> Know that Jesus’ mother, Mary, is a special friend in prayer (CCC 2682)</p>  | <p>Ch. 13; CPP</p> |



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**V. Catechesis Prepares the Christian to Live in Community and to Participate in the Life and Mission of the Church**  
(GDC 84, 86-87)

**A. Spiritual Growth**

*Our community life is built on the understanding that humans grow and develop physically, mentally, emotionally, and socially as well as spiritually*

- V. A. 1. Know that it is God’s plan for people to grow in holiness (CCC 2013-2015, 2813; Lk 2:40, 52)
- V. A. 2. Know that God gives grace to help people to grow more like him (CCC 2021-2023)

Ch. 17-20, 22, 23

Ch. 16; KT: Holiness of Life and Grace

**B. Relationships and Responsibilities**

*In the Gospel, Jesus teaches us that living together in the Kingdom of God, we must grow in understanding, compassion, and care for the least and in mutual charity*

- V. B. 1. Identify some ways Jesus shows people how to love God, each other, and creation (CCC 2407, 2415-2418; Gn 1:26; Lk 10:25-28)
- V. B. 2. Understand that feelings are natural and necessary in building relationships with God, self, and others
- V. B. 3. Understand that our bodies are gifts from God and must be treated with respect. (CCC 1695; 1 Cor 6:19; CFCL I.A.24)

Ch. 20; CST: Unit 5 Closer

Ch. 17

Ch. 17

**C. Marriage and Family Life—Domestic Church**

*Our family life is the church of the home, where we learn to love God and care for each other*

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**V. C. 1.** Know that at the Annunciation, Mary said “yes” to God to be the mother of Jesus (CCC 484-486, 490; Lk 1:26-38)

Ch. 5

**V. C. 2.** Know that Joseph is the foster father of Jesus (CCC 437)

Ch. 9

**V. C. 3.** Know that the family is where one first learns to pray (CCC 2204-2206)

Ch. 9

## D. Faith Communities

***Participation in the life and mission of the Church is both personal and communal (CCC 1134)***

**V. D. 1.** Know that people become members of God’s family, the Church, at Baptism (CCC 1213)

Ch. 10; KT: The Sacraments

**V. D. 2.** Understand that those who believe in Jesus form God’s true family, the Church (CCC 752; Acts 2:42-47; Acts 4:32-35)

Ch. 8; KT: The Mystery of the Church

**V. D. 3.** Identify God’s family as consisting of people from all races, languages, and abilities (CCC 543; Mt 8:11)

Ch. 8; CST: Unit 3 Closer; KT: The Mystery of the Church

## E. Nature and Mission of the Church

***The Church is the family of God, sent to bring the Good News of Jesus to all people***

**V. E. 1.** Know that God calls his Church to help build the Kingdom of God on earth (CCC 541, 567; Mt 6:33)

Ch. 8; KT: The Mystery of the Church

## F. Ecumenism

***We share in promoting the unity of all God’s people as part of our fidelity to the Gospel***

**V. F. 1.** Nothing at this age

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## VI. Catechesis promotes a Missionary Spirit that prepares the faithful to transform the world

(GDC 84, 86-87)

### A. Evangelization

*The Sacraments of Initiation both invite and empower us to live as disciples in the larger society and in the world*

Ch. 10, 15; KT: The Sacraments

**VI. A. 1.** Know that all baptized Christians are called to follow Jesus and be his disciples (CCC 1269-1270, 1694)

Ch. 10, 15; KT: The Sacraments

### B. Vocation/Apostolate

*Each is called to a particular task in helping to reveal the Kingdom of God in the service of God's plan for the world*

**VI. B. 1.** Understand that each person is called to love God in a special way (CCC 52, 2093; Dt 6:4-5; Mt 9:9-13)

Ch. 18, 20, 22

**VI. B. 2.** Know that in Baptism we are made members of God's family (CCC 1279)

Ch. 10; KT: The Sacraments

### C. Social Action and Transformation

*The Social Teachings of our tradition inspire us to concern and to action aimed at the well-being of all humankind*

**VI. C. 1.** Know that a Christian is called to help build the Kingdom of God (CCC 2046; Mt 6:33)

Ch. 8

**VI. C. 2.** Give examples of how one can help others in need (Mt 25)

Ch. 17, 19, 20; CST: Unit 2 Closer

**VI. C. 3.** Name ways that one can take care of God's creation

Ch. 3, 4, 22; CST: Unit 1 Closer

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## D. Interreligious Dialogue

***We dialogue and work with people of other faiths, to build understanding and to find our common hopes and values for a better world***

VI. D. 1. Nothing at this age

