

F&S ..... Feasts & Seasons  
LUP ..... Let Us Pray

OCH ..... Our Catholic Heritage  
FIA ..... Faith in Action

## I. Catechesis Promotes Knowledge of the Faith

(*Catechism of the Catholic Church*, 26-1065; *General Directory for Catechesis*, 84-85, 87)

### A. The Person of Jesus Christ

***Jesus loves and invites every person to be in relationship with him***

- I. A. 1.** Explain that Jesus Christ is the fullness of God's self-revelation and the fulfillment of his promises (CCC 51-53, 65; Heb 1:1-4; CFCL I.A.6)
- I. A. 2.** Describe what it means to say that Jesus Christ is both fully human and fully divine (CFCL I.A.7)

Ch. 1, 5, 20; OCH: Divine Revelation

Jesus and His Times; Ch. 1; F&S: Christmas; OCH: Divine Revelation

### B. Understand Scripture

***Sacred Scripture is the living Word of God, a history of the covenant, and a guide for life today***

- I. B. 1.** Explain the meaning of "inspiration" in Sacred Scripture (CCC 105-108)
- I. B. 2.** Know how the Canon of Scripture was determined (CCC 80-83)
- I. B. 3.** Understand that the Magisterium has the authority to interpret Sacred Scripture authentically (CCC 84-87)
- I. B. 4.** Understand that the New Testament epistles were written to address questions and concerns in the early Church
- I. B. 5.** Identify some tools used in biblical study e.g., bible dictionary, bible commentary, bible atlas

Jesus and His Times; OCH: Divine Revelation

Jesus and His Times; OCH: Divine Revelation

Ch. 11; OCH: Conscience, Divine Revelation

Jesus and His Times; Ch. 19

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**C. Creeds and Doctrines of the Church**

*The Creed expresses the faith of our Church and professes it to the world*

- I. C. 1. Recognize that there is “an order or ‘hierarchy’ of truths within the Church’s teaching” (CCC 90)
- I. C. 2. Define “dogma,” “doctrine,” and “discipline”
- I. C. 3. Describe the Last Things (CCC 954)

OCH: The Church's Mission

OCH: The Church

Ch. 17; OCH: Life Everlasting

**D. Discover the Church’s Tradition and Relevance of Church History**

*Our Church has a rich heritage which still serves as a guide for us today*

- I. D. 1. Name some of the early ecumenical councils of the Church (CCC 464-468)
- I. D. 2. Identify the Reformation and the Counter-Reformation
- I. D. 3. Define “heresy” (CCC 2089)

**E. Christian Thought and Culture**

*Our Church’s tradition is based in an appreciation for the gifts of many persons – theologians, saints, artists, teachers and preachers – living as faithful disciples of Jesus*

- I. E. 1. Describe the relationship of science to faith in the Catholic tradition (CCC 159)

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**II. Catechesis Promotes Knowledge of the Meaning of the Liturgy and Sacraments**

(CCC 1066-1690; GDC 84-85, 87)

**A. Paschal Mystery Forms and Transforms**

*The liturgical and sacramental life of the Church informs, forms, and transforms us as disciples of Jesus in the world*

- II. A. 1. Describe how the liturgy and the sacraments strengthen one to live as a disciple of Jesus Christ (CCC 1108; CFCL I.A.17)
- II. A. 2. Know that participation in the Eucharist is an actual participation in the crucifixion and resurrection of Christ (CCC 1068, 1088, 1090, 1104)

**B. Sacraments**

*Sacraments are special celebrations of God’s love for us*

- II. B. 1. Cite sources in the New Testament that show the sacraments are derived from Jesus’ life and mission (CCC 1114-1116)
- II. B. 2. Recall that Confirmation is the sacrament which completes Christian Initiation (CCC 1285)
- II. B. 3. Know that the sacraments are actions of the Church and an integral part of her public prayer (CCC 1071, 1140)

Ch. 2, 10; OCH: Sacraments of Christian Initiation, The Mass, Sacraments of Healing, Sacraments at the Service of Communion

OCH: The Mass; Ch. 10

Ch. 2, 6, 10, 12, 14, 18

Ch. 18

Ch. 2, 6, 10, 12, 14, 18

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**C. Liturgical Catechesis**

***We are invited into full, active, and conscious participation in the liturgical life of the Church***

- II. C. 1. Describe the cycle of the liturgical year and how the celebrations relate to everyday life (CCC 1171)
- II. C. 2. Explain the reason for the “Sunday Obligation” (CCC 2180-2183)

F&S: The Liturgical Year

OCH: The Mass;  
F&S: The Liturgical Year

**D. Dimensions of Priesthood: Baptismal and Ordained**

***Like Jesus, we are called to be priest, prophet, and king (CCC 783-786, 871; 1 Pet 2:9)***

- II. D. 1. Identify examples of the roles of priest, prophet, and king in the lives of the baptized and ordained priesthood. (CCC 783-786, 871; 1Pt2:9)

OCH: Sacraments of Christian Initiation, Sacraments of Healing, Sacraments at the Service of Communion

**III. Catechesis Promotes Moral Formation in Jesus Christ**

(CCC 1691-2557; GDC 84-85, 87)

**A. Commandment to Love**

***The ‘New Commandment’ of Jesus, to love one another as he, God, has loved us is one of the defining characteristics of the Christian faith***

- III. A. 1. Know that one is able to live the “New Commandment” through the grace of the Holy Spirit (CCC 1966)
- III. A. 2. Know that the mutual, self-giving love of the Trinity is the model for true Christian love (CCC 2331; CFCL I.A.3)

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Ch. 7, 15

Ch. 9, 16; OCH: The Trinity

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**III. A. 3.** Know the virtue of charity is the greatest virtue and the foundation for living chastity (CCC 1822; CFCL I.A.15, 24)

Ch. 9, 11

**III. A. 4.** Know that the practice of chastity fosters: authentic friendship, generous unselfish love, the ability to sacrifice for others and true love of self (CCC 2338-2345; CFCL I.A.25)

Ch. 9, 11

## **B. Ten Commandments and Beatitudes**

***The Scriptures, especially in the Ten Commandments and the Sermon on the Mount, give us moral guidance***

**III. B. 1.** Compare and contrast the beatitudes as expressed in the “Sermon on the Mount” and the “Sermon on the Plain” (Mt 5:1-11; Lk 6:2-26)

Ch. 8, OCH: The Beatitudes

**III. B. 2.** Describe how living the Beatitudes expresses the Christian life of discipleship (CCC 1716-1717)

Ch. 8; OCH: The Beatitudes

## **C. Sin and Grace**

***God’s love can overcome the evil of sin in our world***

**III. C. 1.** Recall that venial sins weaken one’s relationship with God, but mortal sins destroy that relationship (CCC 1855; CFCL I.A.27)

Ch. 3; OCH: Sin and Mercy

**III. C. 2.** Recall the elements that must be present for a sin to be mortal (CCC 1857)

Ch. 3; OCH: Sin and Mercy

**III. C. 3.** Know that grace and the life of virtue help one overcome human weaknesses caused by sin (CFCL I.A.17)

Ch. 2, 7; OCH: Divine Revelation

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- III. C. 4. Explain how one’s choices have both personal and social consequences (CCC 1730-1738, 1740)
- III. C. 5. Know that social sin can exist at the local, national, and global levels

Ch. 11; OCH: Conscience, Social Justice  
 Ch. 11; OCH: Conscience, Social Justice

## D. Conscience Formation

***The Gospel calls us to ongoing conversion, transforming our ways of thinking and living***

- III. D. 1. Know that virtues help to train the conscience to make good choices (CCC 1834; Phil 4:8)
- III. D. 2. Know that sinful choices weaken one’s conscience making it harder to choose correctly (CCC 1865)
- III. D. 3. Know that properly forming one’s conscience is a life-long task that needs constant prayer, study, and grace (CCC 1783; CFCL I.A.22)

Ch., 9; OCH: Conscience  
 Ch. 3, 7; OCH: Conscience  
 OCH: Conscience

## E. Objective Moral Norms

***The Scriptures and Tradition of the Church teach us about right and wrong***

- III. E. 1. Describe how natural law is foundational to all moral law (CCC 1959)
- III. E. 2. Know that a life conformed to Sacred Scripture and the teachings of the Church leads to eternal life (CCC 1724)
- III. E. 3. Know that moral law must inform one’s conscience (CCC 1783-1785)
- III. E. 4. Understand how choosing virtue and avoiding vice enable one to obey moral law (CFCL I.A.13)

Ch. 4  
 Ch. 13, 17, 20; OCH: Life Everlasting  
 Ch. 3, 7; OCH: Conscience  
 Ch. 9; OCH: Conscience

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**F. Gospel of Life**

***All life is a gift from God and is to be held sacred***

- III. F. 1. Know that the mystery of the Incarnation affirms the goodness of creation and the dignity of humanity (CCC 461-463)
- III. F. 2. Know that human work of every kind is a participation in God’s creative work and therefore integral to human dignity (CCC 2427-2428)
- III. F. 3. Understand that human dignity is expressed fully when all aspects of one’s life work together (physical, social, emotional, intellectual, spiritual) (CCC 901, 2461; CFCL I.A.21, 22)

Ch. 1; F&S: Advent, Chrtistmas

Ch. 6; FIA: Ch. 16, 17

Ch. 7; OCH: Social Justice

**G. Living a Moral Life**

***As disciples of Jesus, we desire to follow him in his attitudes and actions***

- III. G. 1. Identify the Gifts of the Holy Spirit and how they help one live a moral life (CCC 1830-1832; Is 11:1-2)
- III. G. 2. Identify the Fruits of the Holy Spirit as signs of the Spirit at work in the life of a disciple (CCC 1832; Gal 5: 22-23)
- III. G. 3. Identify ways to foster chastity: modesty, prayer, respect, and self-control (CFCL I.A.24)
- III. G. 4. Identify benefits to living a chaste life for the individual and the community (CCC 2338-2345, 2517-2527; CFCL I.A.25)

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Ch. 11; OCH: The Ten Commandments: Love of Neighbor

Ch. 11; OCH: The Ten Commandments: Love of Neighbor

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**IV. Catechesis Teaches the Christian**

**How to Pray**

(CCC 2558-2865; GDC 84-85, 87)

**A. Christian Prayer Tradition**

*Prayer in all its many forms is a language of love, faith, and hope*

IV. A. 1. Identify the steps in Lectio Divina (CCC 1177, 2708)

**B. Personal Prayer**

*The mystery of God’s action in our lives draws us into a deeper relationship and a deeper desire to respond in prayer*

IV. B. 1. Understand that personal prayer is unique to one’s relationship with God

OCH: Prayer; Ch. 4, 12

IV. B. 2. Understand that perseverance in prayer is important (CCC 2730)

Ch. 4

IV. B. 3. Know that prayer is essential for living one’s vocation to love (CCC 2656-2657, 2548-2550)

Ch. 4, 12

IV. B. 4. Know that in prayer, God shows us who he created us to be

Ch. 4

**C. Communal Prayer**

*We share prayer with others, and worship together as the People of God*

IV. C. 1. Explain why the “Liturgy of the Hours” is the “prayer of the whole People of God” (CCC 1175)

OCH: Prayer

IV. C. 2. Describe the role of art and music in communal prayer (CCC 1156-1162)

OCH: Prayer; FIA: Ch. 4; Ch. 13



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**D. Popular Piety and Devotions**

***Our families and friends share with us ways to grow closer to God***

- IV. D. 1. Explain how popular piety and devotions support personal and communal prayer (CCC 1675, 1679)
- IV. D. 2. Distinguish between sacraments and sacramentals (CCC 1131, 1677-1678)

OCH: Prayer

Ch. 2

**V. Catechesis Prepares the Christian to live in Community and to Participate in the Life and Mission of the Church**

(GDC 84, 86-87)

**A. Spiritual Growth**

***Our community life is built on the understanding that humans grow and develop physically, mentally, emotionally, and socially as well as spiritually***

- V. A. 1. Describe how the gifts of the Spirit, given explicitly in the Sacrament of Confirmation, foster spiritual growth (CCC 736, 1303, 1316)
- V. A. 2. Explain how participation in community supports and sustains spiritual growth (CCC 2182)
- V. A. 3. Know that when we use our freedom to act rightly, and resist temptation, we grow in virtue and holiness (CFCL I.A.22)

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Ch. 5, 10

Ch. 4, 13; OCH: Conscience

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**B. Relationships and Responsibilities**

***In the Gospel, Jesus teaches us that living together in the Kingdom of God, we must grow in understanding, compassion, concern for the least, and mutual charity***

- V. B. 1. Know that a disciple has a responsibility to participate in “social interchange” that promotes the common good (CCC 1913-1917)
- V. B. 2. Explain how the Eucharist commits us to service of the poor (CCC 1397-98)

Ch. 15; Advent; OCH: Social Justice

Ch. 10

**C. Marriage and Family Life—Domestic Church**

***Our family life is the church of the home, where we learn to love God and care for each other***

- V. C. 1. Identify some responsibilities that parents have towards their children and that children have toward their parents (CCC 2214-2231)
- V. C. 2. Understand why the Church teaches that sexual activity is reserved for marriage (CCC 2350, 2360-2363, 2390-2391; CFCL I.A.29, 30)
- V. C. 3. Explain what is meant by the indissolubility of marriage (CCC 1614-1617)

Ch. 19; OCH: The Ten Commandments: Love of Neighbor

Ch. 19; OCH: The Ten Commandments: Love of Neighbor

Ch. 19; OCH: Sacraments at the Service of Communion

**D. Faith Communities**

***Participation in the life and mission of the Church is both personal and communal***

- V. D. 1. Describe some of the unique characteristics of the Early Church communities (CCC 949-953; Acts 2:42-47, 4:32-35; 2 Thes 3:6-16)

Jesus and His Times; Ch. 17

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- V. D. 2. Examine ways in which adolescents can share in the work of the parish
- V. D. 3. Define the term *sensus fidei*, or “the sense of faith” (CCC 92; Jn 16:13; 1Jn 2:20)

Ch. 17; FIA: Ch. 3, 4, 9, 13, 20

## E. Nature and Mission of the Church

***The Church is the family of God, sent to bring the Good News of Jesus to all people***

- V. E. 1. Identify some of the New Testament stories of the Church’s mission to share the Good News
- V. E. 2. Know that the role of the Magisterium is to foster unity by expressing the authentic teaching of the Catholic Church (CCC 890)
- V. E. 3. Know that the life and mission of the Catholic Church is expressed in different Rites (CCC 814)

Ch. 5, 16, 17

Ch. 11; OCH: Conscience

Ch. 2, 6, 14, 18

## F. Ecumenism

***We share in promoting the unity of all God’s people as part of our fidelity to the Gospel***

- V. F. 1. Know that Christ desires unity for his Church and calls the faithful to work towards it (CCC 820-822; Jn 17:20-21)

OCH: The Church

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**VI. Catechesis Promotes a Missionary Spirit that Prepares the Faithful to Transform the World**

(GDC 84, 86-87)

**A. Evangelization**

*The Sacraments of Initiation both invite and empower us to live as disciples in the larger society and in the world*

**VI. A. 1.** Identify what is meant by the “New Evangelization”

Ch. 19; OCH: The Church's Mission

**B. Vocation/Apostolate**

*Each is called to a particular task in helping to reveal the Kingdom of God in the service of God’s plan for the world*

**VI. B. 1.** Know that a personal apostolate is a means of living out the missionary spirit of the Church

Ch. 17; FIA: Ch. 13

**VI. B. 2.** Reflect and describe how a personal apostolate can be lived out in a vocation and/or a career

Ch. 6, 7, 9

**VI. B. 3.** Know that all people are called to live chastely (CFCL I.A.20)

Ch. 11; OCH: The Ten Commandments: Love of Neighbor

**C. Social Action and Transformation**

*The Social Teachings of our tradition inspire us to concern and to action aimed at the well-being of all humankind*

**VI. C. 1.** Understand that Catholic Social Teaching provides principles for reflection, criteria for judgment, and guidelines for action in building the Kingdom of God (CCC 2423)

Ch. 7; OCH: Social Justice

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- VI. C. 2.** Know that the common good and human dignity are foundational principles for building a better world (CCC 1807, 1928-1933)
- VI. C. 3.** Identify the seven themes of Catholic Social Teaching (CCC 1943-1948, 2419-2425)

## **D. Interreligious Dialogue**

***We dialogue and work with people of other faiths, to build understanding and to find our common hopes and values for a better world***

- VI. D. 1.** Define the term “monotheism”
- VI. D. 2.** Identify the three world religions rooted in monotheistic belief (Judaism, Christianity, and Islam) (CCC 839-841)

OCH: Social Justice

OCH: Social Justice; FIA: Ch. 1, 2, 3, 4, 5, 11, 16