

F&S..... Feasts & Seasons
LUP..... Let Us Pray

OCH..... Our Catholic Heritage
FIA..... Faith in Action

I. Catechesis Promotes Knowledge of the Faith

(Catechism of the Catholic Church, 26-1065; General Directory for Catechesis, 84-85, 87)

A. The Person of Jesus Christ

Jesus loves and invites every person to be in relationship with him

- I. A. 1. Know that Jesus is a divine person with both a divine and a human nature (CCC 479-483; CFCL I.A.6, 7)
- I. A. 2. Describe Jesus Christ as the fulfillment of God’s promises in the Old Testament (CCC 2763; CFCL I.A.6)

Ch. 17, 19

Ch. 14, 17; OCH: About the Trinity

B. Understand Scripture

Sacred Scripture is the living Word of God, a history of the covenant, and a guide for life today

- I. B. 1. Identify the major divisions of the Old Testament: Pentateuch, historical books, wisdom literature, and the prophets (CCC 702)
- I. B. 2. Recognize that there are different translations of the Bible
- I. B. 3. Know that Catholic bibles contain 46 books in the Old Testament and 27 books in the New Testament (CCC 120)
- I. B. 4. Know that the Catholic Church has the authority to interpret Scripture (CCC 85)

A Great Bible Expedition;
OCH: About the Bible

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C. Creeds and Doctrines of the Church

The Creed expresses the faith of our Church and professes it to the world

- I. C. 1.** Understand that while God wills all people to be happy with him in Heaven, some people choose to separate themselves from God and sentence themselves to Hell (CCC 1037; CFCL I.A.27)
- I. C. 2.** Understand that Hell is an eternal existence without the presence of God who is Love, Goodness, Truth, and Beauty (CCC 1035)
- I. C. 3.** Understand that Purgatory is the time of purification for those people who are destined for Heaven (CCC 1030-1032)
- I. C. 4.** Distinguish between the Marian dogma of the Immaculate Conception and the Feast of the Annunciation (CCC 491, 484, 494)
- I. C. 5.** Distinguish between the Ascension of Our Lord and the Assumption of the Blessed Virgin Mary (CCC 659, 665, 966)

Ch. 17; OCH: About Life Everlasting

Ch. 17; OCH: About Life Everlasting

Ch. 17; OCH: About Life Everlasting

OCH: About the Virgin Mary and the Saints; Ch. 1; F&S: The Liturgical Year

Ch. 6; F&S: The Liturgical Year, Mary, Easter

D. Discover the Church’s Tradition and Relevance of Church History

Our Church has a rich heritage which still serves as a guide for us today

- I. D. 1.** Identify Church councils as meetings of bishops regarding issues of the faith
- I. D. 2.** Define “ecumenical council” (CCC 884)

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E. Christian Thought and Culture

Our Church's tradition is based in an appreciation for the gifts of many persons – theologians, saints, artists, teachers and preachers – living as faithful disciples of Jesus

- I. E. 1.** Explain why Mary is the primary model of faith (CCC 487, 967, 972; CFCL I.A.31)
- I. E. 2.** Explain the difference between the worship/adoration given to God alone and the veneration/honor given to Mary and the saints (CCC 971, 1674)
- I. E. 3.** Recognize that monastic life preserved and promoted Christian beliefs and culture in the Middle Ages

F&S: Mary; OCH: About the Virgin Mary and the Saints

Ch. 4, 5, 17; OCH: About the Trinity, About the Virgin Mary and the Saints

Ch. 7, 9, 18

II. Catechesis Promotes Knowledge of the Meaning of the Liturgy and Sacraments

(CCC 1066-1690; GDC 84-85, 87)

A. Paschal Mystery Forms and Transforms

The liturgical and sacramental life of the Church informs, forms, and transforms us as disciples of Jesus in the world

- II. A. 1.** Know that Christ's redemptive suffering gives meaning to all human suffering (CCC 1521; Is 53)

Ch. 6, 20; OCH: About the Trinity; F&S: Holy Week

B. Sacraments

Sacraments are special celebrations of God's love for us

- II. B. 1.** Define "indelible mark" and identify the three sacraments in which it is received (CCC 1121)

Ch. 18; OCH: About the Sacraments of Christian Initiation, About the Sacrament of Holy Orders

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C. Liturgical Catechesis

We are invited into full, active, and conscious participation in the liturgical life of the Church

- II. C. 1.** Know the different parts of the Mass (CCC 1348-1355)
- II. C. 2.** Name the three celebrations of the Easter Triduum (CCC 1168-1169)

Ch. 2, 3, 6, 10, 11, 12;
OCH: About the Mass

Ch. 6; F&S: Holy Week

D. Dimensions of Priesthood: Baptismal and Ordained

Like Jesus, we are called to be priest, prophet, and king

- II. D. 1.** Understand the roles of “priest, prophet, and king” in the life of the baptized (CCC 783-786)

Ch. 13

III. Catechesis Promotes Moral Formation in Jesus Christ

(CCC 1691-2557; GDC 84-85, 87)

A. Commandment to Love

The ‘New Commandment’ of Jesus, to love one another as he, God, has loved us is one of the defining characteristics of the Christian faith

- III. A. 1.** Know that Jesus’ New Commandment “refines, surpasses, and leads the Old Law to its perfection” (CCC 1967; Mt 5:17-19)
- III. A. 2.** Identify and describe the different types of love (e.g., storge, philia, eros, and agape)
- III. A. 3.** Know that chastity enables one to orient desires toward authentic love (CCC 2338-2345; CFCL I.A.20)

OCH: About the Commandments

Ch. 19; OCH: About the Commandments

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B. Ten Commandments and Beatitudes

The Scriptures, especially in the Ten Commandments and the Sermon on the Mount, give us moral guidance

- III. B. 1. Know that the Old Law (Ten Commandments) is the first stage of revealed law, and a preparation and guide for Christian discipleship (CCC 1962-1964)
- III. B. 2. Know that the Ten Commandments are meant to free God’s people from a life of sin (CCC 2057, 2062, 2077)

Ch. 7; OCH: About the Ten Commandments

 Ch. 7; OCH: About the Ten Commandments

C. Sin and Grace

God’s love can overcome the evil of sin in our world

- III. C. 1. Identify the elements used to determine the morality of an action (CCC 1750)
- III. C. 2. Know that when we give in to temptation or choose vice we are committing a sin (CFCL I.A.27)
- III. C. 3. Know that Original Sin distorts one’s ability to love rightly and to use one’s body appropriately (CFCL I.A.5)
- III. C. 4. Define “sin of omission” (CCC 1853)
- III. C. 5. Know that grace is the free gift of God, which introduces one into the life of the Trinity (CCC 2021)

Ch.11, 15; F&S: Lent; OCH: About Conscience, The Theological and Moral Virtues, Sin and Mercy

 Ch. 18; OCH: About Sin and Mercy

 Ch. 10, 11, 13

 LUP

 Ch. 10, 11

D. Conscience Formation

The Gospel calls us to ongoing conversion, transforming our ways of thinking and living

- III. D. 1. Review the process of examining one’s conscience (CCC 1785; CFCL I.A.2)

Ch. 11, 18

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- III. D. 2. Identify the elements used to determine the morality of an action (CCC 1750)
- III. D. 3. Review the process of examining one’s conscience (CCC 1785)
- III. D. 4. Understand how sin weakens our ability to choose rightly and avoid temptation, but a life of virtue and grace strengthens our ability to choose correctly (CCC 1803, 1965; CFCL I.A.5, 13, 17)

Ch. 11, 15; OCH: About Conscience, The Theological and Moral Virtues, Sin and Mercy; F&S: Lent

Ch. 11, 18

Ch. 11; OCH: About the Theological and Moral Virtues, About Sin and Mercy

E. Objective Moral Norms

The Scriptures and Tradition of the Church teach us about right and wrong

- III. E. 1. Define natural law and revealed law (CCC 1952)
- III. E. 2. Describe why the Precepts of the Church are important for discipleship (CCC 2041-2043)
- III. E. 3. Explain the role of the Magisterium in establishing moral norms (CCC 85-87)
- III. E. 4. Know that some actions are intrinsically wrong (CCC 1755, 1761; CFCL I.A.27, I.B.1-9)

Ch. 7

Ch. 15; OCH: The Precepts of the Church

Ch. 9

OCH: About Sin and Mercy

F. Gospel of Life

All life is a gift from God and is to be held sacred

- III. F. 1. Know that human life is to be respected at all times and in all situations in both personal and public life (CCC 2304; CFCL I.A.24)
- III. F. 2. Understand that the love one shows for oneself is an important aspect of respecting life and practicing the virtue of chastity (CCC 2288-2291, CFCL I.A.24)

Ch. 19

OCH: About the Commandments

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III. F. 3. Know that the virtue of chastity promotes human dignity by helping us use our human sexuality (maleness/femaleness) rightly (CCC 2334,2337-2338; CFCL I.A.23)

Ch. 19; OCH: About the Commandments, About the Theological and Moral Virtues

III. F. 4. Know that we express our human sexuality in all aspects of our life (CCC 2332-2333; CFCL I.A.2)

Ch. 19; OCH: About the Theological and Moral Virtues

G. Living a Moral Life

As disciples of Jesus, we desire to follow him in his attitudes and actions

III. G. 1. Know that the Corporal and Spiritual Works of Mercy are expressions of the covenant relationship with God (CCC 2447, 2449)

Ch. 19; OCH: About the Works of Mercy

III. G. 2. Identify a “vice” as the opposite of a virtue (CCC 1865-1866)

Ch 15; OCH: About the Theological and Moral Virtues

III. G. 3. Explain how vices undermine a life of grace (CCC 1865-69; CFCL I.A.26)

Ch. 15

III. G. 4. Identify chastity as the virtue that allows for proper integration of our sexuality in accordance to our state in life (CCC 2337-2350; CFCL I.A.20)

Ch. 19; OCH: About the Ten Commandments

III. G. 5. Identify some of the temptations that challenge the virtue of chastity, such as, but not limited to: pornography, cohabitation, adultery, and masturbation (CCC 2351-2359; CFCL I.A.26, I.B.1-9)

OCH: About the Commandments

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IV. Catechesis Teaches the Christian

How to Pray

(CCC 2558-2865; GDC 84-85, 87)

A. Christian Prayer Tradition

Prayer in all its many forms is a language of love, faith, and hope

- IV. A. 1. Know that Jesus provides the model for a life of prayer (CCC 2599-2606; Mt 6:5-8; Mk 1:35-39; Lk 6:12) Ch. 20
- IV. A. 2. Know that the Book of the Psalms is the prayer book of the Jewish people (CCC 2586) Ch. 12
- IV. A. 3. Identify the different types of prayer in the psalms (CCC 2588) Ch. 12; F&S: Lent

B. Personal Prayer

The mystery of God’s action in our lives draws us into a deeper relationship and a deeper desire to respond in prayer

- IV. B. 1. Understand that God initiates prayer and invites one to respond (CCC 2567) Ch. 2, 3
- IV. B. 2. Understand that distractions happen in prayer and should not lead one to stop praying (CCC 2729-2733) Ch. 4
- IV. B. 3. Know that prayer nourishes our hope in God’s promises and strengthens our faith in his love (CCC 2656, 2658; CFCL I.A.15; CFCL I.A.24) Ch. 16

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C. Communal Prayer

We share prayer with others, and worship together as the People of God

- IV. C. 1. Recognize that communal prayer is an essential part of God’s covenant with his people in the Old Testament (CCC 2568-2597)
- IV. C. 2. Know that the Church regularly prays the psalms through the Liturgy of Hours, the official public prayer of the Church (CCC 1174-1178)

Ch. 4, 5, 12, 13, 16

D. Popular Piety and Devotions

Our families and friends share with us ways to grow closer to God

- IV. D. 1. Know that devotional prayer “extends the liturgical life of the Church but [does] not replace it” (CCC 1675)
- IV. D. 2. Know that there are many expressions of cultural piety within the Catholic Church (CCC 1679, 2663)

F&S: The Liturgical Year

Ch. 4; F&S: Lent, Mary

V. Catechesis Prepares the Christian to live in Community and to Participate in the Life and Mission of the Church

(GDC 84, 86-87)

A. Spiritual Growth

Our community life is built on the understanding that humans grow and develop physically, mentally, emotionally, and socially as well as spiritually

- V. A. 1. Know that prayer and study are essential for growth in discipleship (CCC 2744; CFCL I.A.14, 24)

OCH: How Catholics Pray

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- V. A. 2.** Know that chastity, like all virtues, requires perseverance and the training of our freedom to choose the good (CFCL I.A.22)
- V. A. 3.** Identify ways the practice of chastity helps us grow in holiness (CFCL I.A.25)

B. Relationships and Responsibilities

In the Gospel, Jesus teaches us that living together in the Kingdom of God, we must grow in understanding, compassion, concern for the least, and mutual charity

- V. B. 1.** Know the Christian responsibility to promote the common good (CCC 1905-1912)
- V. B. 2.** Identify how the virtue of chastity helps us live in right relationship with ourselves and others (e.g., modesty of dress, treating our bodies with respect, loving each other appropriately, practicing temperance) (CFCL I.A.20, 24, 25)

C. Marriage and Family Life—Domestic Church

Our family life is the church of the home, where we learn to love God and care for each other

- V. C. 1.** Identify the two purposes for marriage: mutual benefit of the spouses; and procreation and education of children (CCC 2201; CFCL I.A.3)
- V. C. 2.** Know that married love that is life-long, exclusive, and open to children is an image of Trinitarian love (CCC 2205; CFCL I.A.2, 29)
- V. C. 3.** Understand that human sexuality is a gift from God and is expressed in our identity as man or woman (CCC 2361-2362, 2337; CFCL I.A.2, 24)

OCH: About the Commandments, About the Theological and Moral Virtues

Ch. 15; OCH: About the Commandments, About the Theological and Moral Virtues

Ch. 9, 19; FIA: Ch. 9, 13, 19

Ch. 15; OCH: About the Commandments, About the Theological and Moral Virtues

Ch. 18; OCH: About the Sacrament of Matrimony

Ch. 18; OCH: About the Sacrament of Matrimony

OCH: About the Sacrament of Matrimony, About the Commandments

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D. Faith Communities

Participation in the life and mission of the Church is both personal and communal

V. D. 1. Identify key figures in the Old Testament whose stories exemplify God forming the Hebrews/Israelites into a people, e.g., Abraham, Moses, David (CCC 762)

Ch. 1, 2, 3, 5, 6, 7, 8, 10, 11, 14, 15, 18

E. Nature and Mission of the Church

The Church is the family of God, sent to bring the Good News of Jesus to all people

V. E. 1. Know that the Church continues Christ’s mission of salvation for all through her ministries of teaching, healing, and service to others (CCC 763)

Ch. 9, 10, 14; OCH: About the Catholic Church

V. E. 2. The Church is the Bride of Christ and the mother of all God’s children (CCC 796-808)

Ch. 9

V. E. 3. Understand that the mission of the Catholic Church is to unify all people in Christ (CCC 810, 813-822)

Ch. 9; OCH: About the Catholic Church

V. E. 4. Define “infallibility” (CCC 890-892)

OCH: About the Catholic Church

F. Ecumenism

We share in promoting the unity of all God’s people as part of our fidelity to the Gospel

V. F. 1. Know that all Christians are united in their belief in the Trinity, and in Jesus as the Son of God who came to save humanity from sin

OCH: About the Trinity; Ch. 17

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VI. Catechesis promotes a Missionary Spirit that prepares the faithful to transform the world

(GDC 84, 86-87)

A. Evangelization

The Sacraments of Initiation both invite and empower us to live as disciples in the larger society and in the world

VI. A. 1. Know that “evangelization” is actively sharing in the mission of Jesus (CCC 905)

Ch. 9

B. Vocation/Apostolate

Each is called to a particular task in helping to reveal the Kingdom of God in the service of God’s plan for the world

VI. B. 1. Identify how the vocations of single, consecrated/ Holy Orders, and married life live out chastity (CCC 2348-2349, 1579; CFCL I.A.21)

OCH: About Vocations; About the Commandments

VI. B. 2. Describe the different between “career” and “vocation”

OCH: About Vocations

VI. B. 3. Describe the role of prayerful discernment in the life of the disciple in discerning a vocation and following God’s path

Ch. 8; OCH: About Vocations

C. Social Action and Transformation

The Social Teachings of our tradition inspire us to concern and to action aimed at the well-being of all humankind

VI. C. 1. Know that Catholic Social Teaching is the way one applies the virtues of charity and justice in the world (CCC 2446)

Ch. 19; OCH: About the Theological and Moral Virtues

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VI. C. 2. Describe how the Spiritual and Corporal Works of Mercy are expressions of Catholic Social Teaching (CCC 2447)

D. Interreligious Dialogue

We dialogue and work with people of other faiths, to build understanding and to find our common hopes and values for a better world

VI. D. 1. Know that the Jewish people were the first to respond to God’s covenant; because of God’s faithfulness this covenant remains operative (CCC 839; Rm 11:29)

Ch. 19; OCH: About the Corporal and Spiritual Works of Mercy

A Great Bible Expedition;
Ch. 1, 2, 3, 5, 6, 7