

F&S..... Feasts & Seasons
 LUP..... Let Us Pray

OCH..... Our Catholic Heritage
 FIA..... Faith in Action

I. Catechesis Promotes Knowledge of the Faith

(Catechism of the Catholic Church, 26-1065; General Directory for Catechesis, 84-85, 87)

A. The Person of Jesus Christ

Jesus loves and invites every person to be in relationship with him

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| <p>I. A. 1. Describe Jesus Christ as the Savior who redeemed all people by his life, death, and resurrection (CCC 605,629; Mt 20:28; CFCL I.A.8)</p> | <p>Ch. 9; F&S: Holy Week; OCH: Trinity</p> |
| <p>I. A. 2. Know that at his ascension Jesus returned to his father in Heaven (CCC 659; Lk 24:50-51; CFCL I.A.6)</p> | <p>Ch. 13</p> |
| <p>I. A. 3. Know that Jesus promised to be with his disciples forever (CCC 729-730; Mt 28:20)</p> | <p>Ch. 13</p> |

B. Understand Scripture

Sacred Scripture is the living Word of God, a history of the covenant and a guide for life today

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| <p>I. B. 1. Identify “testament” or “covenant” as a special promise made by God to his people (CCC 781)</p> | <p>Ch. 15</p> |
| <p>I. B. 2. Identify the Old Testament as the story of God’s love-relationship with the Hebrew people (CCC 121-123)</p> | <p>The Bible</p> |
| <p>I. B. 3. Identify the New Testament as stories of Jesus and the early Church (CCC 124)</p> | <p>The Bible</p> |
| <p>I. B. 4. Identify the four gospels</p> | <p>The Bible</p> |

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C. Creeds and Doctrines of the Church

The Creed expresses the faith of our Church and professes it to the world

- I. C. 1. Know that Jesus shows us that God is Father, Son and Spirit. (CCC 240, 243)
- I. C. 2. Identify the Apostles’ Creed as a profession of faith (CCC 186-187, 194)
- I. C. 3. Identify Heaven as being with God in full glory, forever (CCC 1821; CFCL I.A.17)
- I. C. 4. Understand that the communion of saints is the Church made up of the saints in Heaven and the baptized on earth (CCC 962)

OCH: About the Trinity

Ch. 16

OCH: About Life Everlasting

Ch. 1

D. Discover the Church’s Tradition and Relevance of Church History

Our Church has a rich heritage which still serves as a guide for us today

- I. D. 1. Know that Jesus was Jewish and followed the Jewish religious traditions
- I. D. 2. Understand that the early Church began from the Jewish tradition
- I. D. 3. Recognize a martyr as someone who dies for the faith (CCC 2474)

Ch. 4, 7, 18

Ch. 17

Ch. 16

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E. Christian Thought and Culture

Our Church’s tradition is based in an appreciation for the gifts of many persons – theologians, saints, artists, teachers and preachers – living as faithful disciples of Jesus

I. E. 1. Identify Mary as the mother of God and the mother of all (CCC 493, 968-969)

Ch. 12

I. E. 2. Know that we look to Mary and the saints as examples of holiness and ask for their intercession. (CCC 956-957, 2030, 2683; CFCL I.A.31)

OCH: About Mary and the Saints;
F&S: Mary

II. Catechesis Promotes Knowledge of the Meaning of the Liturgy and Sacraments

(CCC 1066-1690; GDC 84-85, 87)

A. Paschal Mystery Forms and Transforms

The liturgical and sacramental life of the Church informs, forms, and transforms us as disciples of Jesus in the world

II. A. 1. Recognize the term “Paschal Mystery” as referring to the suffering, death, and resurrection of Jesus (CCC 571; CFCL I.A.8)

Ch. 9

II. A. 2. Understand that by participating in the sacraments one is better able to know and serve God (CCC 1123; CFCL I.A.17)

Ch. 2

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B. Sacraments

Sacraments are special celebrations of God's love for us

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| <p>II. B. 1. Name the seven sacraments</p> | Ch. 2, 6, 14 |
| <p>II. B. 2. Name the effects of the Sacrament of Baptism: new life as a child of God, membership in the Church, forgiveness of all sin, the presence of the Holy Spirit (CCC 1262-1263)</p> | Ch. 2 |
| <p>II. B. 3. Know the Eucharist is a prayer of thanksgiving and praise to the Father, a sacrificial memorial of Christ and his Body, and the presence of Christ in word and Spirit (CCC 1358)</p> | Ch. 10; OCH: About the Mass |
| <p>II. B. 4. Know that the bread and wine becomes the Body and Blood of Jesus Christ during the Eucharistic Prayer at Mass (CCC 1333)</p> | Ch. 10; OCH: About the Sacraments of Christian Initiation |

C. Liturgical Catechesis

We are invited into full, active, and conscious participation in the liturgical life of the Church

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| <p>II. C. 1. Recognize some of the parts of the Liturgy of the Word and the Liturgy of the Eucharist (CCC 1346)</p> | OCH: About the Mass |
| <p>II. C. 2. Know that as a member of the Church, one is expected to participate in Mass on Sundays and on Holy Days of Obligation (CCC 2180-2181)</p> | Ch. 10; F&S: The Church Year |

D. Dimensions of Priesthood: Baptismal and Ordained

Like Jesus, we are called to be priest, prophet, and king

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| <p>II. D. 1. Know that all baptized Christians are members of the baptismal priesthood (CCC 1546-1547)</p> | Ch. 1, 2 |
| <p>II. D. 2. Know that members of the ordained priesthood make a special promise to serve God and his people (CCC 1536)</p> | Ch. 14 |

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III. Catechesis Promotes Moral Formation in Jesus Christ

(CCC 1691-2557; GDC 84-85, 87)

A. Commandment to Love

The 'new commandment' of Jesus, to love one another as he, God, has loved us is one of the defining characteristics of the Christian faith

- III. A. 1. Identify the two great commandments of God in the Old and New Testament (Deut 6:4,5; Lev 19:18; Mt 22: 37-40; Lk 10:25-28)
- III. A. 2. Know that the love of the Trinity: Father, Son, and Spirit shows us how to love completely and unconditionally. (CCC 220-221; CFCL I.A.3)

OCH: About the Commandments

The Bible; OCH: About the Commandments; Ch. 7

Ch. 8: OCH: About the Trinity

B. Ten Commandments and Beatitudes

The Scriptures, especially in the Ten Commandments and the Sermon on the Mount, give us moral guidance

- III. B. 1. Recognize the "Decalogue" as another name for the Ten Commandments (CCC 2056; CFCL I.A.19)
- III. B. 2. Understand that the Beatitudes are an example of how a Christian should live (CCC 1965; Mt 5:1-12, Lk 6:20-26; CFCL I.A.19)

OCH: About the Beatitudes

C. Sin and Grace

God's love can overcome the evil of sin in our world

- III. C. 1. Know that sin is choosing to do what is wrong or failing to do what is right (CCC 1849, 1852-1853)
- III. C. 2. Understand the difference between mortal and venial sin (CCC 1854-1864)

Ch. 6

Ch. 6

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III. C. 3. Identify some Gospel stories that show the power of God’s love and forgiveness, e.g., The Prodigal Son (Lk 15:11-32), Zacchaeus (Lk 19:1-10)

Ch. 20; F&S: Lent

III. C. 4. Know that grace is a participation in the life of the Trinity (CCC 1997, 1999; Jn 17: 20-26)

Ch. 11, 18

III. C. 5. Define “Original Sin” (CCC 397; CFCL I.A.4)

Ch. 5

D. Conscience Formation

The Gospel calls us to ongoing conversion, transforming our ways of thinking and living

III. D. 1. Understand that grace and the Holy Spirit are God’s gifts to help in the formation of conscience (CCC 1776, 2008)

OCH: About Conscience; Ch. 11, 15

III. D. 2. Understand that an Examination of Conscience helps one to grow in holiness (CCC 1781, 1785)

OCH: About Reconciliation

III. D. 3. Know that feelings are not the only indicators of right and wrong (CCC 1773)

Ch. 6

E. Objective Moral Norms

The Scriptures and Tradition of the Church teach us about right and wrong

III. E. 1. Identify the moral law as those rules that teach one how to treat God, self, and others (CCC 1950)

Ch. 7

III. E. 2. Know that the Ten Commandments are laws that guide one’s actions towards God and others (CCC 2067)

Ch. 7; OCH: About the Commandments

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F. Gospel of Life

All life is a gift from God and is to be held sacred

- III. F. 1. Know that all life is a gift from God (CCC 303)
- III. F. 2. Know that every person deserves respect in word, thought, and action because of one’s inherent dignity as a child of God. (CCC 364, 1700)

OCH: About the Commandments

Ch. 3

G. Living a Moral Life

As disciples of Jesus, we desire to follow him in his attitudes and actions

- III. G. 1. Know that we follow God and show love for others through our thoughts and actions
- III. G. 2. Define “habit” (CFCL I.A.13)
- III. G. 3. Identify “virtue” as a good habit (CCC 1803-1804; CFCL I.A.13)
- III. G. 4. Know that we need God’s help to live a virtuous life (CFCL I.A.28)

Ch. 3

OCH: About the Gifts of Faith, Hope, and Love

OCH: About the Gifts of Faith, Hope and Love

IV. Catechesis Teaches the Christian

How to Pray

(CCC 2558-2865; GDC 84-85, 87)

A. Christian Prayer Tradition

Prayer in all its many forms is a language of love, faith, and hope

- IV. A. 1. Know that prayer is listening to and talking with God, as one does with a friend (CCC 2565)

OCH: About Prayer

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IV. A. 2. Know some traditional prayers for different times of the day, e.g., morning offering, Angelus, praying before meals, nightly examination of conscience (CCC 2660; 1 Th 5:16-18)

LUP; F&S: Mary

IV. A. 3. Identify the types of prayer: prayer of petition, adoration or praise, contrition, and thanksgiving (CCC 2626-2643)

Ch. 1, 4, 5, 7, 10, 11,17;
 OCH: About Reconciliation

B. Personal Prayer

The mystery of God’s action in our lives draws us into a deeper relationship and a deeper desire to respond in prayer

IV. B. 1. Know that prayer is God’s gift to all (CCC 2559-2561)

OCH: About Prayer

IV. B. 2. Recognize that the Holy Spirit helps one to pray (CCC 2650, 2652)

Ch. 8

IV. B. 3. Know that we can pray at any time (CCC 2743)

OCH: How Catholics Pray

IV. B. 4. Know that prayer helps us to know God’s will and make good (virtuous) choices. (CCC 2652, 1810; CFCL I.A.24)

OCH: About Prayer; Ch. 8

C. Communal Prayer

We share prayer with others; and worship together as the People of God

IV. C. 1. Know that Jesus is always present when people gather to pray (Mt 18:20)

Ch. 10

IV. C. 2. Understand that the repetition of shared words and actions (rituals) are an important part of community prayer (CCC 2655)

Ch. 10; OCH: About the Mass

IV. C. 3. Know that the Church prays as a community because she is the People of God (CCC 2565)

Ch. 15

IV. C. 4. Know that Mass is the highest form of communal prayer (CCC 1324-1327)

Ch. 10

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D. Popular Piety and Devotions

Our families and friends share with us ways to grow closer to God

IV. D. 1. Identify sacramentals and how they are used
 (CCC 1667-1673)

Ch. 18

IV. D. 2. Know that the rosary is a devotional prayer that is made up of reflections on the life of Jesus (CCC 2675)

Ch. 12; OCH: About the Rosary

IV. D. 3. Identify some devotional prayers, e.g., litanies, novenas, processions, May crownings, Eucharistic Adoration, the Stations of the Cross (CCC 1674, 2669)

Ch. 12, 19; OCH: About the Stations of the Cross

V. Catechesis Prepares the Christian to live in Community and to Participate in the Life and Mission of the Church

(GDC 84, 86-87)

A. Spiritual Growth

Our community life is built on the understanding that humans grow and develop physically, mentally, emotionally, and socially as well as spiritually

V. A. 1. Identify some examples of God's invitation to change and grow in Scripture, e.g., 1 Sam 2:26; Lk 2:39-40

Ch. 8, 17

V. A. 2. Know that participation in the sacraments helps the Christian community grow in holiness.

Ch. 2; OCH: About the Sacraments

V. A. 3. Know that we grow in holiness when we are able to control our bodies and our emotions. (CFCL I.A.2 & 24)

OCH: About Conscience;
 About the Commandments

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B. Relationships and Responsibilities

In the Gospel, Jesus teaches us that living together in the Kingdom of God, we must grow in understanding, compassion, concern for the least, and mutual charity

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| V. B. 1. Know that God gives special gifts to every person to be used for the good of the community (CCC 2003; 1 Cor 12:4-26) | Ch. 15 |
| V. B. 2. Know that despite the differences between persons (race, ethnicity, gender, faith, and ability) all people must be respected and treated with charity (CCC 2003; 1 Cor 12:4-26) | Ch. 3 |
| V. B. 3. Know that through prayer and the practice of good actions we can grow in our ability to love and serve others. (CFCL I.A.1) | Ch. 3, 4 |

C. Marriage and Family Life—Domestic Church

Our family life is the church of the home, where we learn to love God and care for each other

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| V. C. 1. Identify the family as the “domestic church” (CCC 2685) | Ch. 3 |
| V. C. 2. Recognize Jesus’ obedience to his parents as an example for all (CCC 531-533) | Ch. 15 |
| V. C. 3. Know that the family is a reflection of the communal love of the Trinity (CCC 2205) | Ch. 3 |

D. Faith Communities

Participation in the life and mission of the Church is both personal and communal

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| V. D. 1. Understand that all baptized Christians are members of the Church (CCC 836) | Ch. 1 |
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V. D. 2. Know that one lives the Christian faith most fully within a community (CCC 1102, 1166; Acts 2:42)

Ch. 1, 10

V. D. 3. Understand that liturgy builds community (CCC 1140)

Ch. 10

E. Nature and Mission of the Church

The Church is the family of God, sent to bring the Good News of Jesus to all people

V. E. 1. Identify the term “Good News”—God’s mercy and love revealed in the life death, and resurrection of Jesus Christ (CCC 571; 2 Tm 2:8)

Ch. 1, 9, 15, 17

V. E. 2. Identify the responsibility of the Church to share the Good News through evangelization (CCC 1122; Mt 28:19)

Ch. 9, 11

V. E. 3. Know that the apostles were the first bishops of the Catholic Church (CCC 880)

Ch. 13

V. E. 4. Know that a group of parishes, called a diocese, is headed by a bishop

Ch. 15; OCH: About Vocations

V. E. 5. Know that the pope, the Bishop of Rome, is the head of the Catholic Church and a symbol of unity to the world (CCC 882)

Ch. 15, 20

F. Ecumenism

We share in promoting the unity of all God’s people as part of our fidelity to the Gospel

V. F. 1. Know that Christianity includes many faith-traditions including Catholicism (CCC 838)

Ch. 1, 4

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VI. Catechesis promotes a Missionary Spirit that prepares the faithful to transform the world

(GDC 84, 86-87)

A. Evangelization

The Sacraments of Initiation both invite and empower us to live as disciples in the larger society and in the world

- VI. A. 1. Know that all Christians by virtue of their baptism are called to share the Good News with the world (CCC 425, 900; Acts 13:32-33)
- VI. A. 2. Understand that a disciple can share the faith by being a good example to others (CCC 1816)

Ch. 1

Ch. 2

B. Vocation/Apostolate

Each is called to a particular task in helping to reveal the Kingdom of God in the service of God’s plan for the world

- VI. B. 1. Know that “vocation” is a call to love and serve God and others in a special way (CCC 825)
- VI. B. 2. Know that “apostolate” is a special work done in service to God and his people (CCC 900)
- VI. B. 3. Identify the different vocations within the Church, e.g. clergy, consecrated religious life, married and single lives (CCC 934-945)

Ch. 14, 15; OCH: About Vocations

OCH: About Vocations

OCH: About Vocations

C. Social Action and Transformation

The Social Teachings of our tradition inspire us to concern and to action aimed at the well-being of all humankind

- VI. C. 1. Know that Jesus asks all Christians to help build the Kingdom of God on earth

Ch. 4

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VI. C. 2. Understand that building the Kingdom of God means following Jesus' example (CCC 1816)

Ch. 4, 17

VI. C. 3. Introduce the Works of Mercy as one way a Christian can help build the Kingdom of God (Mt 25)

D. Interreligious Dialogue

We dialogue and work with people of other faiths, to build understanding and to find our common hopes and values for a better world

VI. D. 1. Know that there are other religions in addition to Christianity

Ch. 18, 19