

WCCY: We Celebrate the Church Year
 CPP: Catholic Prayers and Practices

WCM: We Celebrate the Mass
 SOR: Sacrament of Reconciliation

KT: Key Teachings of the Catholic Church
 CST: Catholic Social Teaching

I. Catechesis Promotes Knowledge of the Faith

(Catechism of the Catholic Church, 26-1065; General Directory for Catechesis, 84-85, 87)

A. The Person of Jesus Christ

Jesus loves and invites every person to be in relationship with him

- I. A. 1.** Know that Jesus came to establish God’s kingdom on earth (CCC 544)
- I. A. 2.** Know that Jesus loved each person so much he died on the cross for each one (CCC 606-607; Jn 15:12-13; CFCL I.A.8)
- I. A. 3.** Understand that Jesus’ resurrection is at the center of the Christian faith (CCC 638; 1 Cor 15:12-19)

Ch. 6; KT: Jesus Christ, Son of God, Son of Mary

Ch. 6; KT: Jesus Christ, Son of God, Son of Mary; WCCY: Good Friday

Ch. 6; KT: Jesus Christ, Son of God, Son of Mary; WCCY: Easter Sunday

B. Understand Scripture

Sacred Scripture is the living Word of God, a history of the covenant and a guide for life today

- I. B. 1.** Identify the two main parts of the Bible: the Old Testament and the New Testament (CCC 120)
- I. B. 2.** Explain that God speaks to the Church through the people and the stories of the Bible (CCC 104; CFCL I.A.6)
- I. B. 3.** Identify the four Gospels as accounts of Jesus’ life and teachings (CCC 125)
- I. B. 4.** Explain that learning about people in the Scriptures helps one to understand how God loves and cares for them e.g., the infant Moses, the hungry Israelites in the desert of Sinai, Mary and Joseph’s care for the infant/child Jesus, Jesus feeding the crowd, etc.

Ch. 1; KT: Sacred Scripture

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Ch. 5

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- I. B. 5.** Identify stories that show God’s readiness to forgive us, e.g. Zacchaeus, the Prodigal Son, the Good Shepherd, the Pharisee and the Publican

Ch. 12

C. Creeds and Doctrines of the Church

The Creed expresses the faith of our Church and professes it to the world

- I. C. 1.** Recognize that the Sign of the Cross and the Glory Be proclaim the Christian belief in the Triune God (CCC 2157)
- I. C. 2.** Know that creation is an expression of God’s love and goodness (CCC 299; Gn 1:1ff; CFCL I.A.1)
- I. C. 3.** Know that the Holy Spirit came to Jesus’ disciples after his resurrection and ascension (CCC 728; Acts 2:1-4)
- I. C. 4.** Know that life with God continues after death (CCC 1038-1041; Jn 14:2-3)

Ch. 3; CPP

Ch. 2, 4; KT: Divine Work of Creation

Ch. 7; WCCY: Pentecost

Ch. 21; WCCY: All Saints; KT: Life Everlasting

D. Discover the Church’s Tradition and Relevance of Church History

Our Church has a rich heritage which still serves as a guide for us today

- I. D. 1.** Know that on Pentecost God sent the Holy Spirit to the apostles to establish the Church (CCC 2623; Acts 2:1-4)

Ch. 7; WCCY: Pentecost

E. Christian Thought and Culture

Our Church’s tradition is based in an appreciation for the gifts of many persons – theologians, saints, artists, teachers and preachers – living as faithful disciples of Jesus

- I. E. 1.** Identify the Church as the “People of God” both in heaven and on earth (CCC 781-782)

Ch. 8; KT: Celebration of the Christian Life and Mystery

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II. Catechesis Promotes Knowledge of the Meaning of the Liturgy and Sacraments

(CCC 1066-1690; GDC 84-85, 87)

A. Paschal Mystery Forms and Transforms

The liturgical and sacramental life of the Church informs, forms, and transforms us as disciples of Jesus in the world

II. A. 1. Know the liturgy is a participation in the life, death and resurrection of Jesus (CCC 571, 1068; CFCL I.A.8)

Ch. 9; KT: The Sacraments

B. Sacraments

Sacraments are special celebrations of God's love for us

II. B. 1. Know that a sacrament is an outward sign, instituted by Christ, to give grace (CCC 1131)

Ch. 9; KT: The Sacraments

II. B. 2. Identify Penance and Reconciliation as the sacrament in which Jesus forgives sins (CCC 1421, 1441; CFCL I.A.28)

Ch. 12; KT: The Sacraments

II. B. 3. Demonstrate the steps in individual confession to the priest (CCC 1480)

Ch. 12; The Sacrament of Reconciliation

II. B. 4. Learn an Act of Contrition

CPP

II. B. 5. Identify the bread and wine as distinct from the Body and Blood of Christ (CCC 1333; Mt 26:26-28)

Ch. 13, 14, 15; KT: The Sacraments

II. B. 6. Know that the Real Presence of Christ exists in the consecrated host (CCC 1377)

Ch. 13, 14, 15; KT: The Sacraments

II. B. 7. Identify some of the items used in the Liturgy of the Eucharist, e.g., altar, chalice, paten, corporal, etc.

Ch. 13, 14, 15; KT: The Sacraments

II. B. 8. Demonstrate how to receive the Eucharist

Ch. 13, 14, 15; KT: The Sacraments

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II. B. 9. Know that the Eucharist strengthens one to live as a disciple (CCC 1391-1401; CFCL I.A.28)

Ch. 13, 14, 15; KT: The Sacraments

II. B. 10. Know that the Eucharist strengthens one to live as a disciple (CCC 1391-1401; CFCL I.A.28)

Ch. 13, 14, 15; KT: The Sacraments

C. Liturgical Catechesis

We are invited into full, active, and conscious participation in the liturgical life of the Church

II. C. 1. Understand that the liturgical seasons are the way the Church follows the life of Jesus throughout the year (CCC 1171)

WCCY

II. C. 2. Identify the two main parts of the Mass: the Liturgy of the Word and the Liturgy of the Eucharist (CCC 1346)

Ch. 9, 13, 14, 15;
 KT: The Sacraments

II. C. 3. Learn the responses at Mass, e.g., “And with your spirit,” “Thanks be to God,” and “Amen”

Ch. 13, 14, 15; KT: The Sacraments

II. C. 4. Understand that receiving Holy Communion is a very special way of sharing in Jesus’ life (CCC 1391)

Ch. 13, 14, 15; KT: The Sacraments

II. C. 5. Know that after receiving Holy Communion, one should express thanks to God (CCC 1378)

Ch. 13, 14, 15; KT: The Sacraments

II. C. 6. Recognize that Jesus is uniquely present in the Eucharistic species but also present in the word proclaimed, the priest, and the community (CCC 1373-1374)

Ch. 13, 14, 15; KT: The Sacraments

II. C. 7. Recall sacred furnishings used in Church, e.g., altar, ambo, baptismal font, tabernacle (CCC 1182-1186)

Ch. 13, 14, 15; KT: The Sacraments

II. C. 8. Identify some of the gestures and postures used at Mass, and know when to do them (CCC 1153, 1155)

Ch. 13, 14, 15; KT: The Sacraments

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D. Dimensions of Priesthood: Baptismal and Ordained

Like Jesus, we are called to be priest, prophet, and king

II. D. 1. Recall that because of their baptism all people have a special call to serve God (CCC 871)

Ch. 11; KT: The Sacraments

III. Catechesis promotes Moral Formation in Jesus Christ

(CCC 1691-2557; GDC 84-85, 87)

A. Commandment to Love

The ‘new commandment’ of Jesus, to love one another as he, God, has loved us is one of the defining characteristics of the Christian faith

III. A. 1. Know that Jesus calls his disciples to love and serve God and to love and serve each other (Mt 22:34-40)

Ch. 18; KT: The Moral Life

III. A. 2. Know that Jesus’ life shows how to love God and others (CCC 520-521; Jn 14:6; CFCL I.A.9)

Ch. 18; KT: The Moral Life

B. Ten Commandments and Beatitudes

The Scriptures, especially in the Ten Commandments and the Sermon on the Mount, give us moral guidance

III. B. 1. Identify the Ten Commandments as God’s guide for how to be his people (CCC 2060, 2062; Ex 20:1-17; CFCL I.A.19)

Ch. 19, 20; KT: The Moral Life

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C. Sin and Grace

God’s love can overcome the evil of sin in our world

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| <p>III. C. 1. Describe the differences between an accident, a mistake, and a sin</p> | <p>Ch. 12; KT: Evil and Sin</p> |
| <p>III. C. 2. Know that a sin is when one freely chooses to disobey God’s law (CCC 1849)</p> | <p>Ch. 12. KT: Evil and Sin</p> |
| <p>III. C. 3. Identify mortal sin as a serious offense against God’s law that breaks friendship with God and others (CCC 1854-1864; CFCL I.A.5)</p> | <p>Ch. 12; KT: Evil and Sin</p> |
| <p>III. C. 4. Identify venial sin as a less serious offense against God’s law that weakens friendship with God and others (CCC 1854-1864)</p> | <p>KT: Evil and Sin</p> |
| <p>III. C. 5. Realize that when one does something sinful, one needs to ask for forgiveness from God and from those who have been hurt (CCC 2839, 2840)</p> | <p>Ch. 12; KT: Evil and Sin</p> |
| <p>III. C. 6. Remember that one should forgive those who hurt him/her (CCC 2262; Mt 5: 22-39)</p> | <p>Ch. 12; KT: Evil and Sin</p> |
| <p>III. C. 7. Identify grace as a sharing in the life of God (CCC 1997)</p> | <p>Ch. 17</p> |
| <p>III. C. 8. Define “sacramental grace” (CCC 2003)</p> | |

D. Conscience Formation

The Gospel calls us to ongoing conversion, transforming our ways of thinking and living

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| <p>III. D. 1. Identify “conscience” as God’s gift to help one know right and wrong (CCC 1776)</p> | <p>Ch. 22</p> |
| <p>III. D. 2. Know that an Examination of Conscience is used to prepare for the sacrament of Penance and Reconciliation (CCC 1454)</p> | <p>Ch. 22</p> |

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III. D. 3. God gave us free will: the freedom to make good or bad choices. (CCC 1700; CFCL I.A.2)

Ch. 22

III. D. 4. The Holy Spirit helps to guide our choices. (CCC 729; CFCL I.A.7)

Ch. 21, 22

E. Objective Moral Norms

The Scriptures and Tradition of the Church teach us about right and wrong

III. E. 1. Know that the Bible and the teachings of the Church guide people in knowing right and wrong (CCC 1785)

Ch. 22

F. Gospel of Life

All life is a gift from God and is to be held sacred

III. F. 1. Know all people are made in God's image (CCC 225; Gn 1:26-27; CFCL I.A.1)

Ch. 17

III. F. 2. Know that people have a body and soul (CCC 362-365; CFCL I.A.2)

Ch. 17

III. F. 3. Recognize that God gives human beings the special work of caring for all of creation (CCC 339; Gn 1:28-30)

Ch. 2, 4; CST: Unit 1 Closer

G. Living a Moral Life

As disciples of Jesus, we desire to follow him in his attitudes and actions

III. G. 1. Know that the Holy Spirit gives what is needed to live as a disciple of Jesus (CCC 2003; Jn 14:26)

Ch. 17-23

III. G. 2. God's gifts help us to make good choices and be responsible for right thoughts and actions towards ourselves and others (CCC 1804-1811; CFCL I.A.12)

Ch. 21, 22

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IV. Catechesis Teaches the Christian

How to Pray

(CCC 2558-2865; GDC 84-85, 87)

A. Christian Prayer Tradition

Prayer in all its many forms is a language of love, faith, and hope

IV. A. 1. Recite the Our Father, Hail Mary, Glory Be, Act of Contrition

Ch. 4, 23, 24; CPP

IV. A. 2. Know that prayer can be talking with God through words, gestures and movement, music and song (CCC 2663)

Ch. 24: KT: Christian Prayer

IV. A. 3. Identify the Book of Psalms as a book of prayer (CCC 2585-2589)

Ch. 1

B. Personal Prayer

The mystery of God’s action in our lives draws us into a deeper relationship and a deeper desire to respond in prayer

IV. B. 1. Identify places and times to pray alone (CCC 2602)

Ch. 24

IV. B. 2. Realize that silence is necessary to hear God in one’s heart

Ch. 24

IV. B. 3. Know that one prays to become better friends with God (CCC 2565; CFCL I.A.24)

Ch. 24; KT: Christian Prayer

C. Communal Prayer

We share prayer with others; and worship together as the People of God

IV. C. 1. Know that Jesus is present when people pray and celebrate together (Mt 18:20)

Ch. 24; KT: Christian Prayer

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IV. C. 2. Recognize that Jesus is present in the community in a special way at the Eucharistic Liturgy (CCC 1088)

Ch. 13, 14, 15, 16; WCM

IV. C. 3. Recognize different times of silence in the Mass that enable one to pray; e.g., after each reading; after the homily; after Communion

Ch. 13, 14, 15, 16; WCM

IV. C. 4. Recall some of the gestures and movements used during the Mass (CCC 1153-1155)

Ch. 13, 14, 15, 16; WCM

D. Popular Piety and Devotions

Our families and friends share with us ways to grow closer to God

IV. D. 1. Identify a sacramental as a holy object that represents God's love; presence, or protection, e.g., cross, crucifix, candle, holy water, holy picture, etc. (CCC 1667-1674)

Ch. 9

IV. D. 2. Identify the rosary as a special prayer with Mary to help us know Jesus (CCC 971, 2678)

CPP

IV. D. 3. Recognize the saints as friends who help one know Jesus better (CCC 2683)

Ch. 2-11, 13-24

V. Catechesis Prepares the Christian to live in Community and to Participate in the Life and Mission of the Church (GDC 84, 86-87)

A. Spiritual Growth

Our community life is built on the understanding that humans grow and develop physically, mentally, emotionally, and socially as well as spiritually

V. A. 1. Understand that people grow in holiness, just as they grow in other ways (CCC 2813; 1 Cor 13:11-12)

Ch. 17

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V. A. 2. Know that the Sacrament of Penance and Reconciliation and the Sacrament of the Eucharist are necessary for one to grow in holiness (CCC 1325-1327, 1468; Mt 5:23-26, CFCL I.A.28)

Ch. 12; KT: The Sacraments

B. Relationships and Responsibilities

In the Gospel, Jesus teaches us that living together in the Kingdom of God, we must grow in understanding, compassion, concern for the least, and mutual charity

V. B. 1. Understand that we show love for God by the way we treat others (Mt 25:31-46)

Ch. 18, 19, 20; CST: Unit 4 Closer

V. B. 2. Know that feelings are natural and necessary but one must make good choices about how to use them (CFCL I.A.22)

Ch. 21, 22

V. B. 3. Understand that each person is unique, made by God and must be treated with respect and compassion (CFCL I.A.1)

Ch. 17

V. B. 4. Know that our bodies and the bodies of others are “Temples of the Holy Spirit” (CFCL I.A.24)

Ch. 17

C. Marriage and Family Life—Domestic Church

Our family life is the church of the home, where we learn to love God and care for each other

V. C. 1. Know that the Holy Family is a model for all families (CCC 532)

Ch. 17, 18

V. C. 2. Understand that marriage is a sacrament (CCC 1601)

Ch. 9; KT: The Sacraments

V. C. 3. Know that children are a gift from God (Ps 127:3)

Ch. 9; KT: The Sacraments

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V. C. 4. Know that children must obey their parents
(CCC 2214-2217; Ep 6:1)

Ch. 20; KT: The Moral Life

V. C. 5. Know that daily prayer helps the family grow in holiness
(CCC 2205)

Ch. 24; KT: Christian Prayer

D. Faith Communities

Participation in the life and mission of the Church is both personal and communal

V. D. 1. Recall that baptism makes Christians children of God, brothers and sisters to each other with God as our Father (CCC 804; Mt 12:50)

Ch. 10, 18-23

V. D. 2. Know that when one receives the sacraments one participates more fully in the life of the Church (CCC 815)

Ch. 10; KT: The Sacraments

E. Nature and Mission of the Church

The Church is the family of God, sent to bring the Good News of Jesus to all people

V. E. 1. Recall that Jesus came to establish the Kingdom of God (CCC 541-542; Mk 1:14-15)

Ch. 8; KT: Celebration of the Christian Life and Mystery

V. E. 2. Know that Jesus wants each person to help build the Kingdom (CCC 863; Mt 28:19-20)

Ch. 8; KT: Celebration of the Christian Life and Mystery

V. E. 3. Know that the word “church” refers to both the People of God and a place of worship (CCC 1199)

Ch. 8; KT: Celebration of the Christian Life and Mystery

V. E. 4. Know that the place where we celebrate our life in the Church is called a parish (CCC 2179)

Ch. 8; KT: Celebration of the Christian Life and Mystery

V. E. 5. Know the names of the local pastor, the local bishop, and the current pope

Ch. 8; KT: Celebration of the Christian Life and Mystery

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F. Ecumenism

We share in promoting the unity of all God’s people as part of our fidelity to the Gospel

V. F. 1. Nothing at this age

VI. Catechesis promotes a Missionary Spirit that prepares the faithful to transform the world

(GDC 84, 86-87)

A. Evangelization

The Sacraments of Initiation both invite and empower us to live as disciples in the larger society and in the world

Ch. 11

VI. A. 1. Understand that disciples of Jesus are called to share his love with others (CCC 1823; Jn 13:34)

Ch. 11, 20, 23

VI. A. 2. Identify the Holy Spirit as a guide and helper in living out the Christian calling (CCC 852; Jn 14:26)

Ch. 11, 18, 20, 23

B. Vocation/Apostolate

Each is called to a particular task in helping to reveal the Kingdom of God in the service of God’s plan for the world

Ch. 24

VI. B. 1. Know that God loves and calls each person to follow Him (CCC 2093; Jn 1:39)

Ch. 24

VI. B. 2. Identify some of the ways God calls people to serve him: priest or deacon, consecrated religious, single, married (CCC 934-945)

Ch. 24

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C. Social Action and Transformation

The Social Teachings of our tradition inspire us to concern and to action aimed at the well-being of all humankind

VI. C. 1. Recall that God asks us to take care of each other and all creation (CCC 307)

D. Interreligious Dialogue

We dialogue and work with people of other faiths, to build understanding and to find our common hopes and values for a better world

VI. D. 1. Nothing at this age

Ch. 18, 20; CST: Unit 5 Closer