I. Catechesis Promotes Knowledge of the Faith

(Catechism of the Catholic Church, 26-1065; General Directory for Catechesis, 84-85, 87)

A. The Person of Jesus Christ

*Jesus loves and invites every person to be in relationship with him*

I. A. 1. Identify Jesus as Son of God and son of Mary (CCC 495)

I. A. 2. Know that Jesus was born long ago, as a baby, and grew to be a man (CCC 422-423)

I. A. 3. Know that Jesus wants to have a special relationship with each of us (CCC 52; Jn 15:15b; CFCL I.A.8)

B. Understand Sacred Scripture

*Sacred Scripture is the living Word of God, a history of the covenant, and a guide for life today*

I. B. 1. Recognize the Bible as a holy and special book (CCC 103-104)

I. B. 2. Demonstrate respect and reverence for the Bible

I. B. 3. Identify some key biblical figures that show God’s love, e.g., Noah, the Good Shepherd, Mary and Joseph

C. Creeds and Doctrines of the Church

*The Creed expresses the faith of our Church and professes it to the world*

I. C. 1. Know that God made the world (CCC 279-280, 295; Gn 1:1-31)

I. C. 2. Recognize that God made and loves each person (CCC 220-221; CFCL I.A.1)
I. C. 3. Understand that God cares for all people and all creation (CCC 303-305; 1Pt 5:7)

I. C. 4. Identify angels as God’s messengers (CCC 329)

D. Discover the Church’s Tradition and Relevance of Church History

Our Church has a rich heritage which still serves as a guide for us today

I. D. 1. Nothing at this age

E. Christian Thought and Culture

Our Church’s tradition is based in an appreciation for the gifts of many persons – theologians, saints, artists, teachers, and preachers – living as faithful disciples of Jesus

I. E. 1. Identify saints as special friends of Jesus

II. Catechesis Promotes Knowledge of the Meaning of the Liturgy and Sacraments (CCC 1066-1690; GDC 84-85, 87)

A. Paschal Mystery Forms and Transforms

The liturgical and sacramental life of the Church informs, forms, and transforms us as disciples of Jesus in the world (CCC 654, 1066-1067)

II. A. 1. Nothing at this age
**B. Sacraments**

*The sacraments are special celebrations of God’s love for us (CCC 1116)*

II. B. 1. Sacraments are special celebrations with God’s family (CCC 1118)

**C. Liturgical Catechesis**

*We are invited into full, active, and conscious participation in the liturgical life of the Church*

II. C. 1. Recognize that the Church has special seasons and days of celebration (CCC 1163, 1194)

II. C. 2. Know that Christmas is Jesus’ birthday (CCC 525-526)

II. C. 3. Know that Easter is the day Jesus rose from the dead

II. C. 4. Recognize that at Mass we sing, pray, and listen to God’s word (CCC 1071, 1156-1158)

**III. Catechesis Promotes Moral Formation in Jesus Christ**

(CCC 1691-2557; GDC 84-85, 87)

**A. Commandment to Love**

*The ‘new commandment’ of Jesus, to love one another as he, God, has loved us is one of the defining characteristics of the Christian faith.*

III. A. 1. Know that Jesus loves all people (CCC 478, 609; Jn 3:16)

III. A. 2. Understand that Jesus wants everyone to love and care for each other (CCC 1878, 1970; 1 Jn 3:11)
B. Ten Commandments and Beatitudes

The Scriptures, especially in the Ten Commandments and the Sermon on the Mount, give us moral guidance

III. B. 1. Nothing at this age

C. Sin and Grace

God’s love can overcome the evil of sin in our world

III. C. 1. Understand that we can hurt other people by our choices (CCC 1872)

D. Conscience Formation

The Gospel calls us to ongoing conversion, transforming our ways of thinking and living

III. D. 1. Know that God helps us to make good choices (CCC 1813)

A. Objective Moral Norms

The Scriptures and Tradition of the Church teach us about right and wrong

III. E. 1. Understand that rules help us to make good choices (CCC 1961-1962, 1965)

F. Gospel of Life

All life is a gift from God and is to be held sacred

III. F. 1. Know that God created everything good (CCC 299, 339)

III. F. 2. Understand that we care for creation because it is God’s gift

III. F. 3. Recognize that God made every person special (CCC 355; CFCL I.A.1)
G. Living a Moral Life

As disciples of Jesus, we desire to follow him in his attitudes and actions

III. G. 1. Know that Jesus gives us an example of how to live with others (CCC 2825; CFCL I.A.9)  

IV. Catechesis Teaches the Christian how to Pray  

(CCC 2558-2865; GDC 84-85, 87)

A. Christian Prayer Tradition

Prayer in all its many forms is a language of love, faith, and hope

IV. A. 1. Know that Jesus prayed (CCC 2599-2602; Mk 1:35-39; Lk 6:12)  

IV. A. 2. Recognize that one can pray anywhere (CCC 2157, 2743)  

IV. A. 3. Identify and demonstrate the Sign of the Cross (CCC 2166)  

B. Personal Prayer

The mystery of God’s action in our lives draws us into a deeper relationship and a deeper desire to respond in prayer (CCC 2591)

IV. B. 1. Know that prayer is talking with Jesus (CCC 2665)
C. Communal Prayer

*We share prayer with others, and worship together as the People of God*

IV. C. 1. Identify the church as a special place to pray with God’s family (CCC 2691, 2696)

D. Popular Piety and Devotions

*Our families and friends share with us ways to grow closer to God*

IV. D. 1. Nothing at this age

V. Catechesis Prepares the Christian to Live in Community and to Participate in the Life and Mission of the Church

(GDC 84, 86-87)

A. Spiritual Growth

*Our community life is built on the understanding that humans grow and develop physically, mentally, emotionally, and socially as well as spiritually*

V. A. 1. Know that to be holy means to belong to God (CCC 2013; Mt 5:48)

B. Relationships and Responsibilities

*In the Gospel, Jesus teaches us that living together in the Kingdom of God, we must grow in understanding, compassion, concern for the least, and mutual charity*

V. B. 1. Know that one must show love to one’s family and friends (Col 3:12-17; CFCL I.A.1)
C. Marriage and Family Life—Domestic Church

Our family life is the church of the home, where we learn to love God and care for each other

V. C. 1. Identify the Holy Family: Jesus; Mary; and Joseph (CCC 1655; Lk 2:39-52)

V. C. 2. Recognize that one’s family is a special gift from God (CCC 2206)

D. Faith Communities

Participation in the life and mission of the Church is both personal and communal

V. D. 1. Know that God’s family is called the Church (CCC 751)

V. D. 2. Know that baptism is the way to become a member of God’s family (CCC 1213)

E. Nature and mission of the Church

The Church is the family of God, sent to bring the Good News of Jesus to all people

V. E. 1. Nothing at this age

F. Ecumenism

We share in promoting the unity of all God’s people as part of our fidelity to the Gospel

V. F. 1. Nothing at this age
VI. Catechesis Promotes a Missionary Spirit that Prepares the Faithful to Transform (GDC 84, 86-87)  
(GDC 84, 86-87)

A. Evangelization  
The Sacraments of Initiation both invite and empower us to live as disciples in the larger society and in the world

VI. A. 1. Nothing at this age

B. Vocation/Apostolate  
Each is called to a particular task in helping to reveal the Kingdom of God in the service of God’s plan for the world

VI. B. 1. Know that God gives special gifts to each person, so they may serve him and others (CCC 52; Mt 4:18-22; Mt 9:9)  
SOGL Age 4: Ch. 4, 10, 14

C. Social Action and Transformation  
The Social Teachings of our tradition inspire us to concern and to action aimed at the well-being of all humankind

VI. C. 1. Recognize that Jesus wants us to help each other (Mt 25)  
SOGL Age 4: Ch. 6, 10, 27

D. Interreligious Dialogue  
We dialogue and work with people of other faiths, to build understanding and to find our common hopes and values for a better world

VI. D. 1. Nothing at this age