

Task IV: Catechesis Teaches the Christian How to Pray

Diocese of Columbus: Religion Course of Study 2015

IV. Catechesis Teaches the Christian how to Pray

A. Christian Prayer Tradition - Prayer in all its many forms is a language of love, faith, and hope

Preschool

- IV. A. 1. Know that Jesus prayed (CCC 2599-2602; Mk 1:35-39; Lk 6:12)
- IV. A. 2. Recognize that one can pray anywhere (CCC 2157, 2743)
- IV. A. 3. Identify the Sign of the Cross (CCC 2166)

Kindergarten

- IV. A. 1. Know that Jesus prayed and taught his disciples to pray (CCC 2599-2602; Mt 6:5-14; Mk 11:24)
- IV. A. 2. Know/Pray the Sign of the Cross (CCC 2157)
- IV. A. 3. Identify the *Our Father*, *Hail Mary*, and *Glory Be* as basic prayers of the Catholic Tradition

First Grade

- IV. A. 1. Know/pray the Sign of the Cross (CCC 2166)
- IV. A. 2. Identify different times and places to pray (CCC 2157, 2743)
- IV. A. 3. Recite the following formal prayers: *Our Father*, *Hail Mary*, and *Glory Be* (CCC 2688)
- IV. A. 4. Recognize that one can pray alone or with others (CCC 2664)

Second Grade

- IV. A. 1. Recite the *Our Father*, *Hail Mary*, *Glory Be*, *Act of Contrition*
- IV. A. 2. Know that prayer can be talking with God through words, gestures and movement, music and song (CCC 2663)
- IV. A. 3. Identify the Book of Psalms as a book of prayer (CCC 2585-2589)

Third Grade

- IV. A. 1. Know that prayer is listening to and talking with God, as one does with a friend (CCC 2565)
- IV. A. 2. Know some traditional prayers for different times of the day, e.g., morning offering, *Angelus*, praying before meals, nightly examination of conscience (CCC 2660; 1 Th 5:16-18)
- IV. A. 3. Identify the types of prayer: prayer of petition, adoration or praise, contrition, and thanksgiving (CCC 2626-2643)

Fourth Grade

- IV. A. 1. Know the traditional prayers of the Church: e.g., *Our Father*, *Hail Mary*, *Glory Be*, *Act of Contrition*, *Creed*, etc.
- IV. A. 2. Identify some prayers in Scripture, e.g., the Psalms, the Magnificat, and the prayers of Simeon and Zachariah (CCC 2653-2654)

Fifth Grade

- IV. A. 1. Name the five forms of prayer (CCC 2626-2649)

Sixth Grade

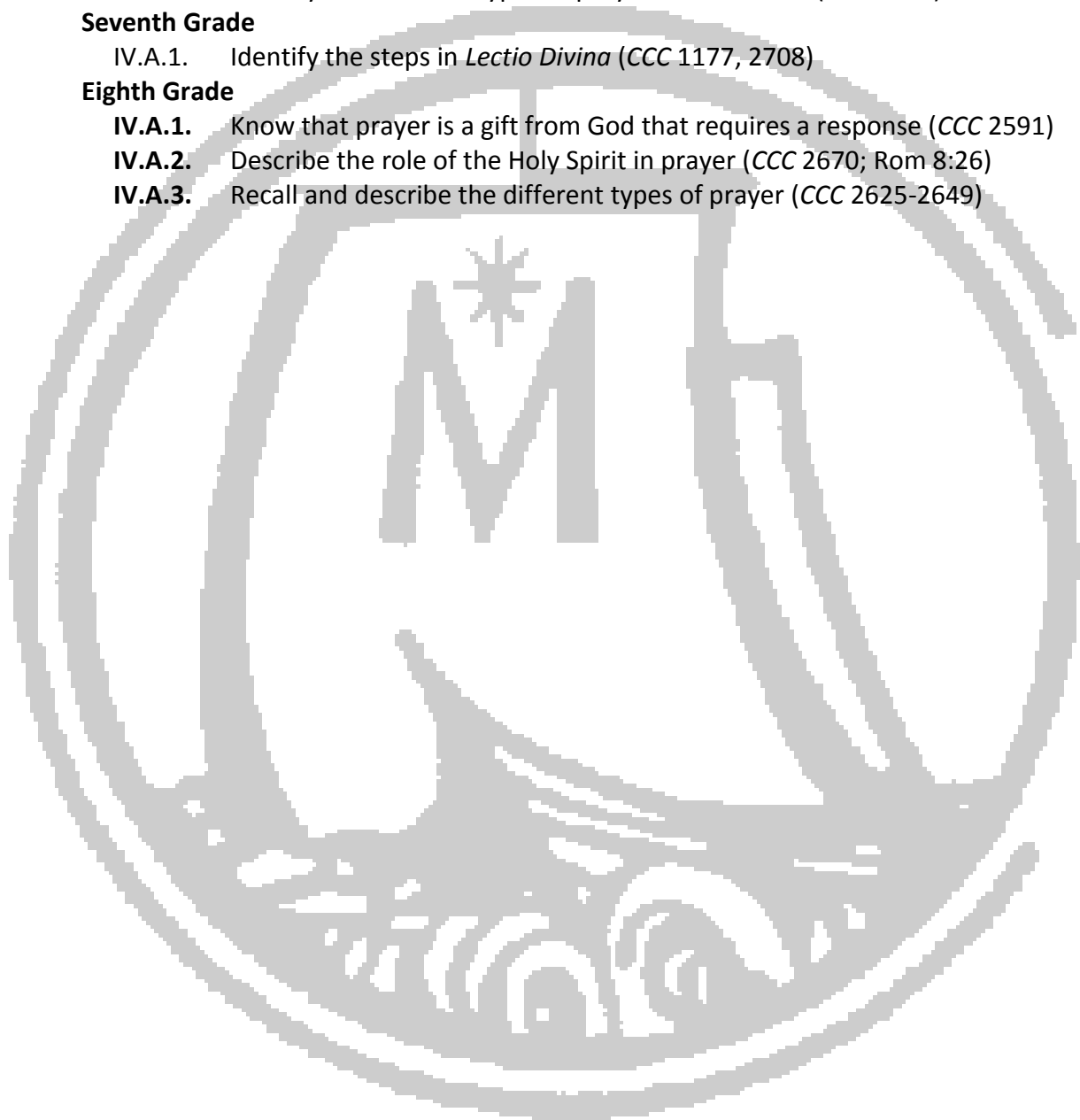
- IV.A.1. Know that Jesus provides the model for a life of prayer (CCC 2599-2606; Mt 6:5-8; Mk 1:35-39; Lk 6:12)
- IV.A.2. Know that the Books of the Psalms is the prayer book of the Jewish people (CCC 2586)
- IV.A.3. Identify the different types of prayer in the Psalms (CCC 2588)

Seventh Grade

- IV.A.1. Identify the steps in *Lectio Divina* (CCC 1177, 2708)

Eighth Grade

- IV.A.1. Know that prayer is a gift from God that requires a response (CCC 2591)
- IV.A.2. Describe the role of the Holy Spirit in prayer (CCC 2670; Rom 8:26)
- IV.A.3. Recall and describe the different types of prayer (CCC 2625-2649)



IV. Catechesis Teaches the Christian how to Pray

B. Personal Prayer - The mystery of God's action in our lives draws us into a deeper relationship and a deeper desire to respond in prayer

Preschool

IV. B. 1. Know that prayer is talking with Jesus (CCC 2665)

Kindergarten

IV.B.1. Know that prayer is both listening to and talking with God (CCC 2590)

IV.B.2. Understand that one must be quiet to hear God speak

First Grade

IV. B. 1. Understand that praying is listening to and talking with God (CCC 2564)

IV. B. 2. Understand one needs to spend time with God in prayer (CCC 2744; **CFCL I.A.24**)

IV. B. 3. Know that one can pray with words, with quiet listening, and through actions (CCC 2700-2708, 2722)

Second Grade

IV. B. 1. Identify places and times to pray alone (CCC 2602)

IV. B. 2. Realize that silence is necessary to hear God in one's heart

IV. B. 3. Know that one prays to become better friends with God (CCC 2565; **CFCL I.A.24**)

Third Grade

IV. B. 1. Know that prayer is God's gift to all (CCC 2559-2561)

IV. B. 2. Recognize that the Holy Spirit helps one to pray (CCC 2650, 2652)

IV. B. 3. Know that we can pray at any time (CCC 2743)

IV. B. 4. **Know that prayer helps us to know God's will and make good (virtuous) choices. (CCC 2652, 1810; CFCL I.A.24)**

Fourth Grade

IV.B.1. Know that all people have a desire for God in their hearts (CCC 2566)

IV.B.2. Know that prayer is the foundation of one's relationship with God (CCC 2565; **CFCL I.A.24**)

IV.B.3. **Understand that God wants to be with us in prayer (CCC 2742-2744)**

Fifth Grade

IV. B. 1. Know that prayer and the Christian life are inseparable (CCC 2744-2745)

IV. B. 2. **Explain how personal prayer and virtuous actions help us grow in our ability to love and serve others (CCC 2744-45; CFCL I.A.24, 28)**

IV. B. 3. Know that one will have personal preferences in prayer forms

Sixth Grade

IV.B.1. Understand that God initiates prayer and invites one to respond (CCC 2567)

IV.B.2. Understand that distractions happen in prayer and should not lead one to stop praying (CCC 2729-2733)

IV.B.3. **Know that prayer nourishes our hope in God's promises and strengthens our faith in his love (CCC 2656-2658; CFCL I.A.15, 24)**

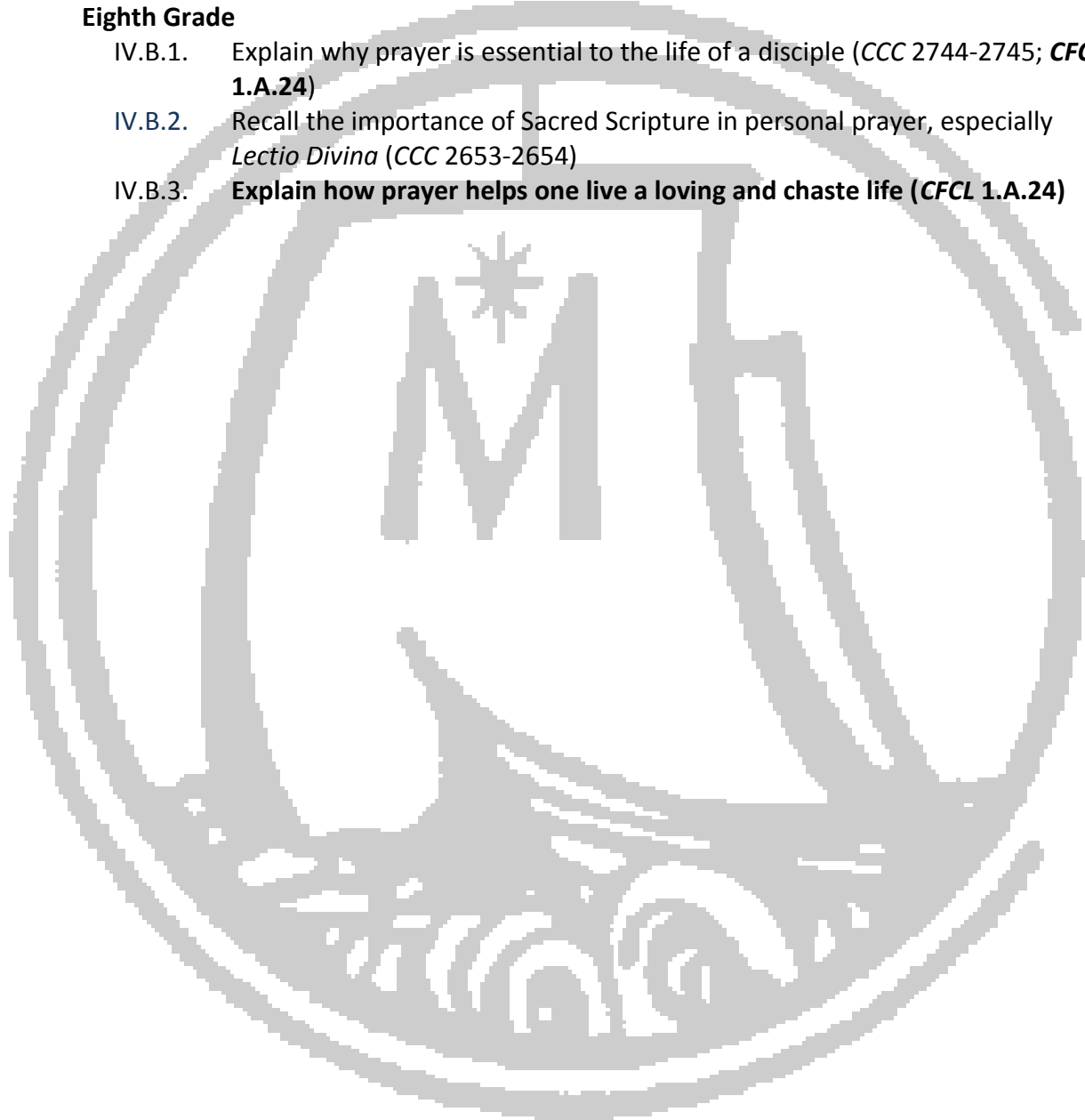
IV.B.4. Know that the Holy Spirit guides and supports one's prayer (CCC 2670; Rom 8:26)

Seventh Grade

- IV.B.1. Understand that personal prayer is unique to one's relationship with God
- IV.B.2. Understand that perseverance in prayer is important (CCC 2730)
- IV.B.3. **Know that prayer is essential for living one's vocation to love (CCC 2656-2657, 2548-2550)**
- IV.B.4. **Know that in prayer, God shows us who he created us to be**

Eighth Grade

- IV.B.1. Explain why prayer is essential to the life of a disciple (CCC 2744-2745; **CFCL 1.A.24**)
- IV.B.2. Recall the importance of Sacred Scripture in personal prayer, especially *Lectio Divina* (CCC 2653-2654)
- IV.B.3. **Explain how prayer helps one live a loving and chaste life (CFCL 1.A.24)**



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C. Communal Prayer - We share prayer with others, and worship together as the People of God

Preschool

- IV. C. 1. Identify the church as a special place to pray with God's family (CCC 2691, 2696)

Kindergarten

- IV. C. 1. Know that the church building is a special place to pray together (CCC 2691, 2696)

First Grade

- IV. C. 1. Know that the church building is a sacred place where the faith community gathers to worship (CCC 1181, 2691, 2696)
- IV. C. 2. Identify some appropriate gestures in use in church, e.g., sitting, standing, genuflecting, sign of the cross, sign of peace, etc. (CCC 1153-1155)

Second Grade

- IV. C. 1. Know that Jesus is present when people pray and celebrate together (Mt 18:20)
- IV. C. 2. Recognize that Jesus is present in the community in a special way at the Eucharistic Liturgy (CCC 1088)
- IV. C. 3. Recognize different times of silence in the Mass that enable one to pray, e.g., after each reading, after the homily, after Communion
- IV. C. 4. Recall some of the gestures and movements used during the Mass (CCC 1153-1155)

Third Grade

- IV. C. 1. Know that Jesus is always present when people gather to pray (Mt 18:20)
- IV. C. 2. Understand that repetition of shared words and actions (rituals) are an important part of community prayer (CCC 2655)
- IV. C. 3. Know that the Church prays as a community because she is the People of God (CCC 2565)
- IV. C. 4. Know that Mass is the highest form of communal prayer (CCC 1324-1327)

Fourth Grade

- IV.C.1. Understand the importance of Sunday Mass as a celebration of the parish community (CCC 2655; Acts 20:7)

Fifth Grade

- IV. C. 1. Know that liturgical prayer is the public prayer of the Church (CCC 1066-1073)
- IV. C. 2. Name the three forms of liturgical prayer: the Eucharistic liturgy; the celebration of the sacraments; the Liturgy of the Hours (CCC 1070, 1076, 1175)

Sixth Grade

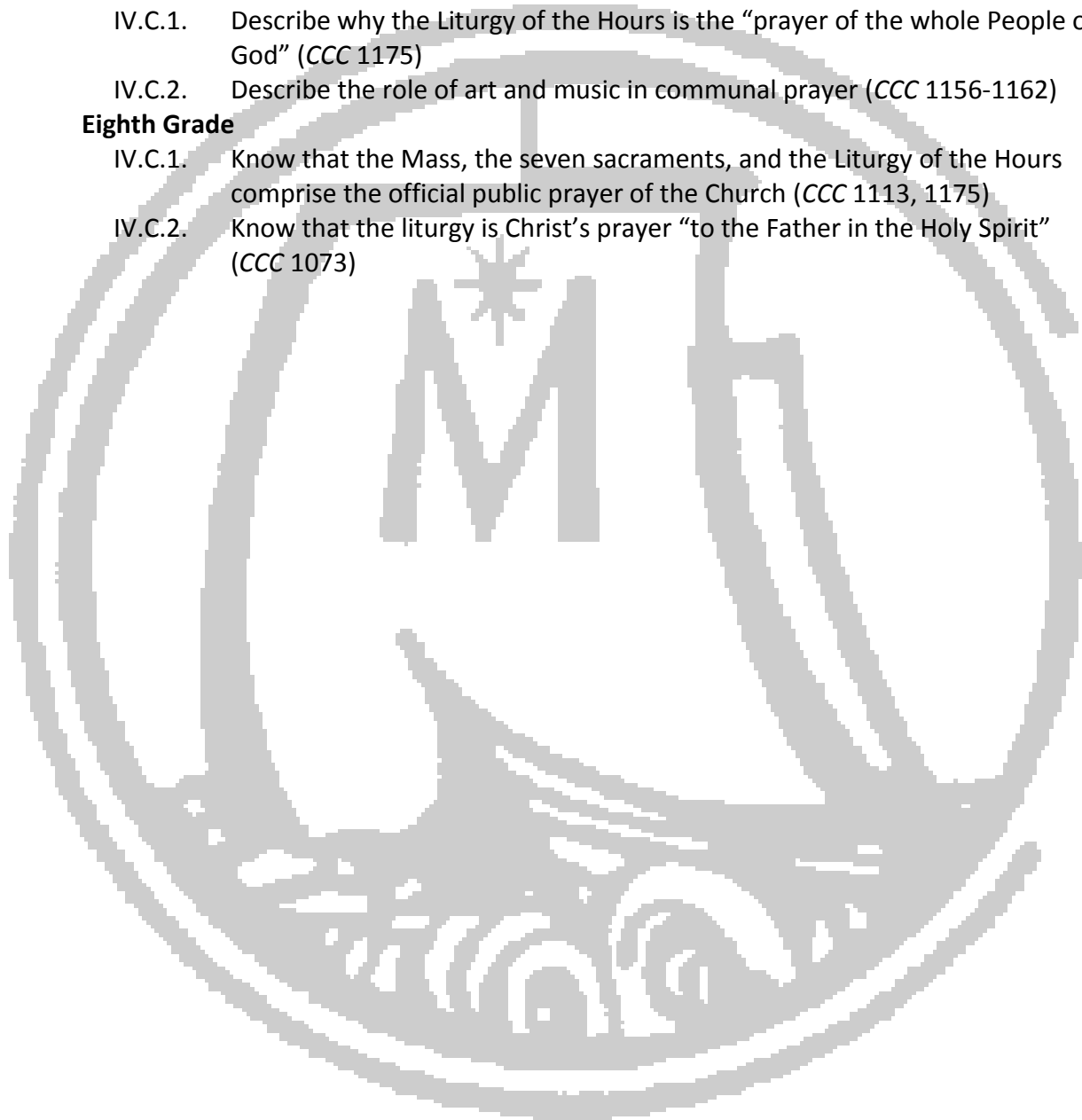
- IV.C.1. Recognize that communal prayer is an essential part of God’s covenant with his people in the Old Testament (CCC 2568-2597)
- IV.C.2. Know that the Church regularly prays the psalms through the Liturgy of the Hours, the official public prayer of the Church (CCC 1174-1178)

Seventh Grade

- IV.C.1. Describe why the Liturgy of the Hours is the “prayer of the whole People of God” (CCC 1175)
- IV.C.2. Describe the role of art and music in communal prayer (CCC 1156-1162)

Eighth Grade

- IV.C.1. Know that the Mass, the seven sacraments, and the Liturgy of the Hours comprise the official public prayer of the Church (CCC 1113, 1175)
- IV.C.2. Know that the liturgy is Christ’s prayer “to the Father in the Holy Spirit” (CCC 1073)



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D. Popular Piety and Devotions - Our families and friends share with us ways to grow closer to God

Preschool

IV. D. 1. Nothing at this age

Kindergarten

VI. D. 1. Identify ways to pray with family (CCC 2685)

First Grade

IV. D. 1. Know that Holy Water is a sign of baptism (CCC 1668)

IV. D. 2. Know that one can ask others to pray for them, e.g., saints, family, friends, church community (CCC 2683-2684)

IV. D. 3. Know that Jesus' mother, Mary is a special friend in prayer (CCC 2682)

Second Grade

V. A. 1. Identify a sacramental as a holy object that represents God's love, presence, or protection, e.g., cross, crucifix, candle, holy water, holy picture, etc. (CCC 1667-1674)

V. A. 2. Identify the rosary as a special prayer with Mary to help us get to know Jesus (CCC 971, 2678)

V. A. 3. Recognize the saints as friends who help one know Jesus better (CCC 2683)

Third Grade

IV. D. 1. Identify sacramentals and how they are used (CCC 1667-1673)

IV. D. 2. Know that the rosary is a devotional prayer that is made up of reflections on the life of Jesus (CCC 2675)

IV. D. 3. Identify some devotional prayers, e.g., litanies, novenas, processions, May crownings, Eucharistic Adoration, the Stations of the Cross (CCC 1674, 2669)

Fourth Grade

VI. D. 1. Describe the purpose of a sacramental (CCC 1167-1670)

VI. D. 2. Identify the 20 mysteries of the rosary (CCC 1675)

Fifth Grade

IV. D. 1. Identify types of devotional prayer, e.g., litany, novena, rosary, Stations of the Cross, Eucharistic adoration, etc. (CCC 1674)

Sixth Grade

IV.D.1. Know that devotional prayer "extends the liturgical life of the Church but [does] not replace it" (CCC 1675)

IV.D.2. Know that there are many expressions of cultural piety within the Catholic Church (CCC 1679, 2663)

Seventh Grade

IV.D.1. Explain how popular piety and devotions support personal and communal prayer (CCC 1675, 1679)

IV.D.2. Distinguish between sacraments and sacramentals (CCC 1131, 1677-1678)

Eighth Grade

- IV.D.1.** Describe the history of some popular devotions, e.g., St. Faustina and Divine Mercy, Our Lady of Guadalupe celebrations, Day of the Dead, St. Francis and the crèche, etc. (CCC 1679, 2663)

