

Office of Religious Education and Catechesis
SELECTED RESOURCE MATERIALS
ABUSE/VIOLENCE

DVDS



DVD 1066

Safety N.E.T. Kids: Bullies

32 min

PreK, Grade 1-2, Grade 3-4, and Grade 5-6.

English

The Safety NET Kids Bullies program teaches children the importance of building good friendships, how to respond to threats, physical abuse and name-calling by instilling confidence, fun games and high energy content!



DVD 1067

Safety N.E.T. Kids: No Easy Targets

30 min

PreK, Grade 1-2, Grade 3-4, and Grade 5-6.

English

Introducing a new and exciting way to teach and reinforce the important knowledge that will help to ensure your child's safety! The Safety Net Kids Child Safety Video Series gives children the vital skills they need to prepare them to recognize and thwart abductors and abusers!



DVD 1117

Think Before Your Click: Playing It Safe Online

24 min

Parent/Teacher, Grade 7-8, Grade 9-10, and Grade 11-12.

English

The program is designed to help educators work with their students on many of the social issues that occur during Internet use, from "flamers" to harassment, from bullies to predators. The program raises these issues in a teen-friendly format, providing sound advice about a whole new world where teens can have fun, do research, play games and learn, with little fear of harm because they know the risks and how to protect themselves. Strategies for safe and responsible Internet use are provided in the form of 12 simple rules. Excellent teacher's resource guide comes with DVD



DVD 1305

Choosing Compassion: The Paradox of Power

120 min

English

How do you relate to others in your personal and professional life? How do others see you relating at home, among your friends, or at work? As genuinely caring? Or controlling through coercive and manipulative ways? https://dioceseofcolumbus.sharepoint.com/sites/DFE/OREC/Resources/Bibliographies/03.17_selected_abuse_bibliography.docx

Fr. Michael H. Crosby, makes a strong case for moving from dominative ways of relating to build trust and collaboration which leads to greater love and compassion in our world. The Choosing Compassion program includes six 20 minute videos on two DVDs. The accompanying Study Guide (on CD, included with DVDs) includes six turn-key lesson plans that supply the facilitator with dynamic, interactive exercises and discussion points for each video segment. With his compelling style, presenter Michael H. Crosby addresses how: • All relationships in our life and world are built on care or control • Control works through fear and is expressed in abuse and violence • Conflicts arise and how to resolve them, moving to reconciliation • We decide to change; the need for organizations' behavioral change • To create communities of trust collaborating for common goals • To move through nonviolence and peace to love and compassion These dynamics are applicable at all levels: personal, familial (friends/spouses and parents/children, relatives) as well as workplace and organizational.



DVD 1308

I Was Cyberbullied

23 min

English, Spanish, and Subtitled.

Program presents three real-life stories from kids who were targets of cyberbullying attacks and offers viewers practical suggestions for how to avoid being victimized by this new, rapidly-spreading type of bullying. Each story highlights important tips such as: only post the type of information online that you would be comfortable with others seeing; remember that once an email or photo is posted online, you can't take it back; avoid responding to vicious texts or emails that might escalate a situation further; and know when to turn to a trusted adult for help. Renowned "bully coach" Joel Haber leads a discussion on how serious and damaging cyberbullying can be, and touches upon recent cases of children committing suicide after being cyberbullied. This timely program will strike a chord with all viewers—those who may have been victimized as well as those who may have thought that cyberbullying was "no big deal." Consultant: Joel Haber PhD, "The Bully Coach" Includes: Video, Teacher's Resource Book and Student Handouts DVD contains Spanish subtitles.



DVD 1355

Broken Toy

30 min

English

Raymond is a 12-year old boy who lives with his grandmother. His lonely life is made even lonelier by the cruel verbal and physical treatment he receives from other children at school. In the halls, on the playground, even in the classroom, Raymond is the victim of constant bullying, namely from Mike, Troy and their "followers." To these youngsters, Raymond's feelings mean nothing. That is until one day...when they go too far. Nobody meant for it to get out of and, and certainly the children didn't mean for the accident to happen...but it did. In the face of tragedy, these "unfeeling" youngsters will finally wake up. But is it too late? Combining a dramatic storyline, performed by actual school-children, this video addresses the problem of bullying directly to the children.



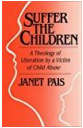
DVD 1356

Staying Safe: Strangers, Cyberspace & More

23 min

English, and Spanish

One great thing about growing up is having more freedom. But having more freedom means you need to use your head to stay safe in even more situations! In *Staying Safe: Strangers, Cyberspace & More*, young viewers learn the rules to follow when dealing with other people in the neighborhood, at home and on the Internet. Upbeat and sensitive, the program provides kids with practical tips to avoid danger and examples of scenarios in which safety rules must be followed. Positive and proactive, sensitive topics are explained in a way kids can understand, and the importance of communicating with a trusted adult is reinforced.



BK SJGEN PAISJ 1991

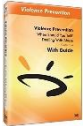
Suffer the Children: A Theology of Liberation by a Victim of Child Abuse

Adult.

Pais, Janet

English

A groundbreaking study that offers a personal and theological understanding of the problems and needs of children subjected to child abuse.



DVD 1357

When Should You Tell? Dealing with Abuse

14 min

English

This program helps abused children know they're not alone by sharing insight into the feelings that are a result of abuse. Emphasizes that they can get help by telling an adult they trust and shows them steps to take and resources they can rely on. CD-ROM included with teacher's guide. Teacher's guide includes questions, activities, and script of the video.



DVD 1358

Stop Bullying! Standing up for yourself and others

20 min

English

Every school day, 150,000 American students stay home to avoid being bullied. Many young people feel helpless in these situations. They need to know what to do if they are bullied or if they witness bullying. Through presentations by Mark Brown, youth Motivational Specialist, and students' real-life experiences, this video gives students concrete steps they can take to respond to bullying.

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DVD 1359

Bullying: What Every Adult Needs to Know

30 min

English

As long as there have been schools, there have been bullies teasing, threatening, punching, and kicking their peers. But we know today that bullying has serious consequences for both the victims and the bullies, ranging from low self-esteem to suicide. Young people need guidance from the adults in their lives to deal with bullying in a healthy way. This video educates adults about what bullying is and what they can do to help the young people in their lives when bullying is a problem.

DVD 1360

Stopping Verbal Bullying

20 min

English

Bullies and victims speak out about the nature of bullying and its devastating legacy. Concept of "spectator responsibility" is introduced, offering real-life solutions on how to stop bullying.



DVD 1480

Film Clips for Catholic Youth Formation: Episode 4 Knowing Yourself, Peer Pressure, Understanding Bullies

Grade 7-8, Grade 9-10, and Grade 11-12.

English, and Subtitled

This eight-part series gives you fully licensed clips from Hollywood movies to assist religion teachers, catechists, and youth ministers involve students in reflection and discussion about faith and its implications in our everyday lives.

Beyond answers alone, Film Clips help students ask the right questions, and discover their answers through mutual respect, creative thinking, reasoning, judging, and understanding. Enrich your lessons with film clips supported by discussion questions, Scripture references, reflection, prayer, and faith-in-action activities. Study Guide Included.

Episode 4: Bullying Issues: Knowing Yourself, Facing Peer Pressure, Understanding Bullies



DVM 1109

Keeping Your Child Safe Series

30 min

PreK, and Grade 1-2

English, and Spanish.

Major studies show that most cases, children are sexually abused by people they know, love and trust. Educator, Elaine Krause created this program to help parents; teachers and professionals educate children about these tragic occurrences in a positive and nurturing way. Featuring: Safe At Last! Keeping Your Child Safe From Physical Abuse, Speak Up, Say No! Keeping Your Child Safe From Sexual Abuse, For Pete's Sake, Tell! Keeping Children Safe from Sexual Abuse

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BOOKS

BK AB CULLM 2005

Religious Educators and Child Abuse: What They Should Know

Culliman, Mary Kay
English

This book is dedicated to educating parents, children, religious educators and the community about child abuse.



BK AB FLAHS 1992

Woman, Why Do You Weep? Spirituality for Survivors of Childhood Sexual Abuse

Flaherty, Sandra M.
English

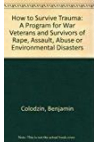
Flaherty provides seven sensitive chapters entitled "Remembering," "Sorrow," "Depression," "Fear," "Anger," "Acceptance," and "Forgiveness," together with an introduction and conclusion. She takes the reader, whether counselor or survivor, through stages in the recovery process but cautions against imposing them or seeking the later stages too readily. Her belief that recovery is participation in the Paschal mystery of Jesus provides the hope that undergirds her presentation of the journey toward recovery and the confrontation with spiritual issues that it entails.

BK AFF SFAC CULBD 2003A

Spirituality for Christian Adults: God in a World of Violence

Culbertson, Diana
English

Spirituality for Adult Christians is a faith formation series that brings theological insights to both the current life experiences of adults and particular subjects of interest that contribute to the development of adult spirituality. These insights can invite personal conversation and therefore lead to the transformation of society according to the values of the Gospel. This series provides a structure for faith formation that joins together emerging lay leaders in the Body of Christ today, as family members, as Church, as participants in the global village.



BK HGD COLOB 1993

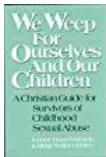
How to Survive Trauma: A Program for War Veterans & Survivors of Rape, Assault, Abuse or Environmental Disasters

Adult.

Colodzin, Benjamin

English

This sane and practical manual by an experienced trauma therapist offers a wide variety of therapeutic methods for dealing with Post-traumatic Stress Disorder as well easy-to-understand explanations for why post-traumatic symptoms occur. Post-traumatic Stress Disorder may afflict not just war veterans but anyone who has suffered a severe physical or emotional assault. This sane and practical manual by an experienced trauma therapist offers a wide variety of therapeutic methods as well easy-to-understand explanations for why post-traumatic symptoms occurs. Dr. Colodzin's view is that most post-traumatic symptoms were once in fact adaptive reactions to the situations in which they developed, but are no longer appropriate to a changed live situation. The book is for individuals suffering from Post-traumatic Stress, their friends, families, and therapists. It offers techniques to help overcome its often paralyzing effects: from anxiety, depression, and rage to flashbacks, insomnia, nightmares, and substance abuse.



BK HGD FELDMJ 1990

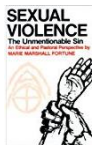
We Weep for Ourselves and Our Children: A Christian Guide for Survivors of Childhood Sexual Abuse

Adult.

Feldmeth, Joanne Ross | Midge Wallace Finley

English

The first book for Christians which helps adult survivors of childhood sexual abuse grieve the loss of childhood innocence, cope with the unique spiritual issue of trust, and rebuild their lives through self-esteem. Chapters introduce one of the individuals in a small support group of women who have gathered to grieve their childhood losses while supporting each other toward emotional and spiritual recovery. Beginning with the premise that sexual abuse destroys the safety and trust needed for successful adult relationships, the group provides a confidential place for delving into painful memories, splitting off from one's true identity and how to embrace one's spiritual longings. The book comes out of VISTA (Victims of Incest Support Through Awareness) programme, initiated by Midge Finley at the Evangelical Free Church in Fullerton, California.



BK MOR HGD 1983

Sexual Violence: The Unmentionable Sin

Adult.

Fortune, Marie Marshall

English

Marie Marshall Fortune, executive director of the Center for the Prevention of Sexual and Domestic Violence, courageously examines a subject too long surrounded by silence, a silence she broke in this classic book. Part One focuses on developing an ethical stance so that religious communities can respond with effective compassion. Part Two provides a pastoral perspective for those who respond to victims or offenders.

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BK HGD MEANJ 2000

Trauma & Evil: Healing the Wounded Soul

Adult.

Means, J. Jeffrey | Nelson, Mary Ann

English

This book enables caregivers working with victims of abuse and violence to add to their knowledge base a new understanding of evil and how it works to destroy the selves and souls of persons. Acknowledging that the worst forms of trauma are perpetrated consciously and intentionally, the authors also explore the more subtle and unconsciously driven expressions of evil that leave scars on the lives and psyches of persons. By integrating the experiences of persons hurt by evil and those who seek to help them with a socio-cultural and theological understanding of evil, a psychological understanding of trauma, and the resource of the Christian faith, caregivers will acquire an understanding that will help them move more intentionally into the moral, ethical, and faith dimensions of working with victims of trauma.

