

Marriage Resources

A weekend retreat to enrich your marriage:

Worldwide Marriage Encounter: wwmecolumbus.org

Christian counseling services:

- **Catholic Social Services Counseling:** colscss.org
- **Spirit of Peace Clinical Counseling:** spiritofpeaceclinicalcounseling.com
- **Search the local area:** <https://www.catholictherapists.com/>

A weekend for marriages in distress:

Retrouvaille: helpourmarriage.com

Natural Family Planning and fertility support:

NFP Office: <https://columbuscatholic.org/natural-family-planning>

For post-abortion healing:

Bethesda: bethesdahealing.org

Help and healing following miscarriage/infant loss:

Back in His Arms Again: backinhisarmsagain.com

Overcoming pornography addiction:

My House: myhousecolumbus.net

For help with financial planning as a couple:

Financial Peace University: daveramsey.com

To make the Sacred Heart of Jesus the center of your home:

Sacred Heart Enthronement Ministry:
sacredheartcongresscolumbus.org

Marriage tips:

For Your Marriage: foryourmarriage.org

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A weekend for help with a struggling marriage:

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Book Recommendations for Couples

- ❖ *The Exceptional Seven Percent* by Greg and Lisa Popcak
- ❖ *Marriage Care Novena Book* by Lorrie and Donald Gramer Jr.
- ❖ *The Couple Checkup: Find Your Relationship Strengths* by David H. Olson
- ❖ *The Five Love Languages* by Gary Chapman
- ❖ *Three to Get Married* by Ven. Fulton J. Sheen
- ❖ *Blessed Is Marriage: A Guide to the Beatitudes of Catholic Couples* by John Bosio
- ❖ *Spicing Up Married Life* by Fr. Leo Patalinghug
- ❖ *The 21 Undeniable Secrets of Marriage* by Dr. Allen Hunt
- ❖ *Intimate Graces* by Teresa Tomeo and Dominick Pastore
- ❖ *Marriage: Small Steps, Big Rewards* by Dr. Ray Guarendi
- ❖ *Forever: A Catholic Devotional for Your Marriage* by Bobby and Jackie Francois Angel
- ❖ *Men, Women, and The Mystery of Love* by Dr. Edward Sri
- ❖ *101 Tips for a Happier Marriage: Simple Ways for Couples to Grow Closer to God and to Each Other* by Jennifer Roback Morse and Betsy Kerekes
- ❖ *Fertility, Cycles & Nutrition* by Marilyn Shannon
- ❖ *The Infertility Companion for Catholics* by Angelizue Ruhi-López and Carmen Santamaría

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