MARRIAGE AND FAMILY LIFE

The Marriage and Family Life Office accompanies parishes, schools, and ministries as they proclaim the Good News of God's plan for marriage and support families in living out their mission.

Provides support and resources on the following topics:
- Marriage Preparation
- Pre-Marital Inventories and Training
- Theology of the Body
- Fertility Awareness
- Natural Family Planning
- Marriage Enrichment
- Building a Catholic Family
- Family Perspective in Ministry
- Families in Distress
- Promotion and defense of marriage

Partners with the following Diocesan ministries:
- Engaged Encounter
- Marriage Encounter
- Retrouvaille
- Non Solum Divorce Ministry
- My House Sexual Integrity Ministry
- Courage/Encourage (Same-Sex Attraction)

Marriage and Family Life Office
614-241-2560
familylife@columbuscatholic.org
Marriage Preparation
- Marriage Preparation Process: https://columbuscatholic.org/marriage-prep-info
- Diocesan Pre-Cana and Re-Marriage Program: https://columbuscatholic.org/marriage-prep-action
- Engaged Encounter: http://www.engaged.org/

Marriage Enrichment
- For Your Marriage: http://www.foryourmarriage.org/
- Marriage Encounter: https://wwwmecolumbus.org/
- Sacred Heart Enthronement: https://www.sacredheartcongresscolumbus.org/

Hope and Healing for Marriages
- Retrouvaille: https://www.helpourmarriage.org/
- Catholic Social Services: https://www.colscss.org/
- Spirit of Peace Clinical Counseling: http://spiritofpeaceclinicalcounseling.com
- Catholic Therapists: https://www.catholictherapists.com/

Hope and Healing through Separation/Divorce
- Non Solum Divorce Ministry: https://divorcedcatholiccolumbus.org/

Natural Family Planning and Fertility Support
- NFP Education in the Diocese: https://columbuscatholic.org/nfp-program
- Fertility Education and Medical Management (FEMM): https://femmhealth.org/columbus
- Fertility Care: https://fertilitycare.org/

Crisis Pregnancy Help
- Pregnancy Decision Health Center: http://pdhc.org/
- Women’s Care Center: http://www.womenscarecenter.org/
- Birthright of Columbus: https://birthright.org/columbusohmain/

Post-Abortion Healing
- Bethesda Healing Ministry: https://www.bethesdahealing.org/
- Project Rachel: https://www.colscss.org/family-support/project-rachel/
- Abortion Recovery Columbus: www.ourchoicenow.org

Healing and Support following Miscarriage/Infant Loss
- Back In His Arms Again: http://www.backinhisarmsagain.com/

Grief and Loss
- Cornerstone of Hope: http://www.cornerstoneofhope.org/
- Seasons of Hope: https://www.northhighdeanery.org/seasons-of-hope

Overcoming Pornography Addiction
- My House Columbus: https://www.myhousecolumbus.net/

Same-sex Attraction
- Courage (for individuals)/Encourage (for family members): https://couragec.org/

Advocacy for Marriage
- Marriage, Unique for a Reason: http://www.marriageuniqueforareason.org/
- Ohio Catholic Conference: https://www.ohiocathconf.org/