

Various Eligible Expenses

You can use your Health Care FSA funds to pay for a wide variety of health care products and services for you, your spouse, and your dependents. The list below is designed to give you a general idea of what expenses are covered under your FSA benefit. Should you have any questions regarding whether an item is covered that is not listed below, please call Custom Design Benefits at 800-598-2929.

***Effective January 1, 2020 purchases of Over-the-Counter medications are eligible expenses for the Health Care FSA and HSA.**

Keep Your Statements

Please save your statements and other supporting documentation related to your Health Care FSA expenses and claims. Custom Design Benefits may request itemized statements to verify the eligibility of your expenses when you use your FSA Debit Card. Credit card statements, canceled checks, and balance forward statements do not meet the requirements for acceptable documentation.

*** Indicate Eligible with Letter of Medical Necessity from your physician only. Must include a diagnosis and be for the treatment of a medical condition. Some services or items may have a maximum amount that can be reimbursed. Please contact Custom Design Benefits to discuss these items prior to purchase.*

Expense	Eligible?
Acne treatments	Eligible
Activity Tracker**	Eligible
Acupuncture	Eligible
Adoption (medical expenses related to)	Eligible
Alcoholism treatment	Eligible
Allergy & sinus medicine	Eligible
Allergy treatments products**	Eligible
Ambulance/Emergency Health Services	Eligible
Anesthesia	Eligible
Antacid	Eligible
Antibiotic ointment	Eligible
Aspirin or other pain reliever	Eligible
Asthma medicines or treatments	Eligible
Athletic treatments / braces	Eligible
Baby (special) formula *	Eligible
Bandages and related items	Eligible
Blood pressure monitor	Eligible
Body scans	Eligible
Botox (for medical condition only)**	Eligible
Braille books and magazines	Eligible
Breast pump	Eligible
Breast reconstruction surgery**	Eligible
Breastfeeding classes	Eligible
Canker & cold sore treatments	Eligible
Car modifications**	Eligible
Chest rubs	Eligible
Childbirth class (mother's expenses only)	Eligible
Chiropractic care	Eligible
Cholesterol test kits and supplies	Eligible
Cold & flu medicine	Eligible

Expense	Eligible?
Colon hydrotherapy	Eligible
Colonoscopy preparation kits**	Eligible
Compression or anti-embolism socks, stockings or hose (10-20 mmHg)**	Eligible
Contact lenses, cases, and solutions	Eligible
Co-payment (medical, in-network)	Eligible
Cord blood storage (treatment of birth defect/known medical condition)**	Eligible
Corn and callus remover	Eligible
Cosmetic procedures or surgery for birth defects, accidents, and/or disease**	Eligible
Cough drops & sore throat lozenges	Eligible
Cough syrup	Eligible
Counseling (medical condition)	Eligible
CPAP Machine and Supplies	Eligible
CPAP Cleaning Supplies**	Eligible
Crutches, canes, walkers or like equipment (purchase or rental)	Eligible
Dancing lessons (for treatment of a medical condition)**	Eligible
Defibrillator	Eligible
Dental Sealants	Eligible
Dental (Co-insurance, Co-Payment and Deductible)	Eligible
Dental (for non-cosmetic purposes)	Eligible
Dental Bridge	Eligible
Dental Denture	Eligible
Dental Implants	Eligible
Dental veneers**	Eligible
Denture Adhesive (Fixodent)	Eligible
Dermatology treatments**	Eligible
Diabetic monitors, tests, strips & supplies	Eligible
Diagnostic services	Eligible
Diaper rash ointments and creams	Eligible
Doula (itemized medical care only, from a certified provider)	Eligible
Drug addiction treatment	Eligible
Dual-purpose product**	Eligible
Dyslexia treatment**	Eligible
Ear drops & wax removal	Eligible
Ear plugs**	Eligible
Emergency (medical) kits	Eligible
Ergonomic home office furniture and accessories**	Eligible
Exercise equipment or program**	Eligible
Eye Glass Repair Kit	Eligible
Eyeglass Lens Wipes	Eligible
Eye drops and treatments	Eligible
Eye examinations	Eligible
Eyeglasses (prescription)	Eligible
Eye Patch	Eligible
Fertility monitor**	Eligible
First aid kits	Eligible
Fitness programs**	Eligible
Flu shots	Eligible
Gastrointestinal medication	Eligible

Expense	Eligible?
Genetic Counseling (for medical condition)	Eligible
Glucosamine and Chondroitin	Eligible
Health club dues**	Eligible
Hearing aids and batteries	Eligible
Herbal or homeopathic medicines**	Eligible
Home improvements**	Eligible
Hospital fees	Eligible
Hospital services and fees	Eligible
Humidifier, air filter and supplies**	Eligible
Humidifier, vaporizer, filter and supplies**	Eligible
Hypnosis**	Eligible
Hypoallergenic Encasement products**	Eligible
Immunizations	Eligible
Incontinence Supplies (medical condition)	Eligible
Insulin, testing materials and supplies	Eligible
Invisalign and other clear aligners	Eligible
Lab (medical)	Eligible
Laboratory fees	Eligible
Lactation Supplies: creams/ointment, pad/shields, storage bags/bottles	Eligible
Lactose intolerance supplements	Eligible
Lamaze classes (charges for mother only)	Eligible
Laser Treatment**	Eligible
Lasik	Eligible
Latex Gloves**	Eligible
Laxatives	Eligible
Learning disability treatments	Eligible
Lice treatment	Eligible
Listening therapy**	Eligible
Lodging**	Eligible
Magnetic therapy**	Eligible
Massage therapy**	Eligible
Mastectomy-related special bras	Eligible
Mattresses**	Eligible
Medical (Co-insurance, Co-Payment, Deductible)	Eligible
Medical equipment and repairs	Eligible
Medical monitoring and testing devices	Eligible
Medical records charges	Eligible
Medical supplies	Eligible
Menstrual Products (tampons, sanitary napkins, etc.)	Eligible
Midwife	Eligible
Mileage (for travel to/from eligible medical, dental, or vision care)	Eligible
Modified equipment**	Eligible
Monitors & test kits	Eligible
Motion & Nausea Medication	Eligible
Nasal Spray	Eligible
Nasal strips	Eligible
Neti Pot	Eligible
Nursing services (wages and taxes)	Eligible

Expense	Eligible?
Nutritional Counseling**	Eligible
OB/GYN fees	Eligible
Occlusal guards to prevent teeth grinding	Eligible
Occupational therapy	Eligible
Office visit	Eligible
Operations (for non-cosmetic purposes)	Eligible
Optometrist/Ophthalmologist fees	Eligible
Organ transplants	Eligible
Orthodontia	Eligible
Orthopedic & surgical supports	Eligible
Orthopedic shoes and inserts**	Eligible
Orthotics	Eligible
Over-the-counter (drugs and medicines)	Eligible
Ovulation monitor	Eligible
Oxygen	Eligible
Pain reliever	Eligible
Physical exams	Eligible
Physical therapy	Eligible
Pregnancy tests	Eligible
Prescription Eyeglasses/Contact lenses	Eligible
Prescription(Co-insurance, Co-Payment, Deductible)	Eligible
Prosthesis	Eligible
Protein Bars/shakes/powder (not as meal replacement)**	Eligible
Individual Psych Therapy	Eligible
Individual Psychiatric Care	Eligible
Reading glasses	Eligible
Recliner**	Eligible
Reconstructive surgery**	Eligible
Rehydration Liquids (Pedialyte, etc)	Eligible
Removal of benign mole, cyst or tumor	Eligible
Retin-A (for non-cosmetic purposes)**	Eligible
Rogaine or hair regrowth medications**	Eligible
Rx (prescription)	Eligible
Sales tax, shipping and handling fees (for any eligible expense)	Eligible
Service Animals (with Certificate of Registration)**	Eligible
Smart Watch**	Eligible
Smoking cessation programs/counseling	Eligible
Smoking cessation drugs	Eligible
Smoking cessation gum or patches	Eligible
Special school (for mental and physical disabilities)**	Eligible
Special/Durable Medical Equipment (rental or purchase)**	Eligible
Speech therapy	Eligible
Stethoscope	Eligible
Sun Protective Clothing**	Eligible
Sunglasses (prescription)	Eligible
Sunscreen with SPF 15+ and "broad spectrum", sunburn creams	Eligible
Supplements (to treat medical condition)**	Eligible
Surgery (for non-cosmetic purposes)	Eligible

Expense	Eligible?
Teeth grinding prevention devices	Eligible
TENS Unit	Eligible
Toothache and teething pain reliever	Eligible
Toothpaste, medicated**	Eligible
Transportation: Airfare**	Eligible
Transportation: Bus, Train, Taxi, Parking, Lyft, Uber (for eligible care/expenses)	Eligible
Tuition or educational classes (for a specific medical condition)**	Eligible
Urological products	Eligible
Vaccinations	Eligible
Vision (Co-insurance, Co-Payment, Deductible)	Eligible
Vision correction treatment/surgery	Eligible
Vitamins (prenatal)	Eligible
Vitamins (to treat a medical condition)**	Eligible
Wart removal treatments	Eligible
Weight loss counseling**	Eligible
Weight loss drugs**	Eligible
Weight loss program (medical condition)**	Eligible
Weight loss Surgery**	Eligible
Wigs**	Eligible