



PARISH PRE - CANA

COMPLETE RETREAT TOOL-KIT

HOW DOES THE TOOLKIT WORK?

Your parish designates a couple and a priest or deacon to facilitate this retreat for a small group of engaged couples, using the provided materials, talk outlines, and a video. The couple and clergy member are each responsible for one talk, but otherwise prep would be minimal. The tool-kit utilizes the first chapter of Dr. Perry Cahall's new book, Living the Mystery of Marriage with the corresponding video. This book can be used as a book study for the engaged couples after the retreat.

WHAT IS THE INVESTMENT?

The parish would need about six hours to put on the retreat. Including the books, food, and materials, the cost would come to about \$50 per couple.

WHAT IS INCLUDED IN THE TOOLKIT?

- Customizable flyer
- Sample schedule
- Materials list
- Talk outlines, reflection questions, and activities focused on the theology of marriage, the vows, intimacy, Natural Family Planning, communication, and the couple's mission.
- A video of Dr. Perry Cahall presenting, "God's Design for Marriage"
- A powerpoint introduction to Natural Family Planning
- Outlines for Adoration and couple prayer on the retreat

THE TOOLKIT IS AVAILABLE HERE:
<https://columbuscatholic.org/parish-toolkit>



MARRIAGE AND FAMILY LIFE OFFICE