



## October 2016

1 St. Thérèse of the Child Jesus, *memorial*

**2 XXVII Sunday (Fr. Michael)**

4 St. Francis, *memorial*

6 St. Bruno, *memorial*

7 Our Lady of the Rosary, *memorial*

**9 XXVIII Sunday (Fr. Edward Seton)**

10 Columbus Day, *holiday*

⊕ Lauds, 7:30 a.m.

14 Second Friday

15 St. Teresa of Ávila, *memorial*

**16 XXIX Sunday (Fr. Hilary)**

⊕ Oblate Meeting, Vincent House

17 St. Ignatius of Antioch, *memorial*

18 St. Luke, *feast*

**23 XXX Sunday (Fr. Edward Seton)**

28 Ss. Simon & Jude, *feast*

**30 XXXI Sunday (Abbot Richard)**

This calendar follows the *Order of Worship* as approved by the Congregation for Divine Worship on 22 June 1972 in Rome for the American Cassinese Congregation of Benedictine Monasteries.

**LECTIO DIVINA:** The following is the schema of readings for October, which we encourage you to consider as a prayerful preparation for the Sunday Eucharist:

- ⊕ **Oct. 2:** Hab. 1: 2-3; 2: 2-4; 2 Tim. 1:6-8, 13-14; Lk. 17: 5-10.
- ⊕ **Oct. 9:** 2 Kgs 5: 14-17; 2 Tim. 2:8-13; Lk. 17: 11-19.
- ⊕ **Oct. 16:** Ex. 17: 8-13; 2 Tim. 3:14-4:2; Lk. 18: 1-8.

- ⊕ **Oct. 23:** Sir. 35: 12-14, 16-18; 2 Tim. 4:6-8, 16-18; Lk. 18: 9-14.
- ⊕ **Oct. 30:** Wis. 11:22-12:2; 1 Thess. 1:11-2:2; Lk. 19:1-10.

**OBLATES:** The next Oblates meeting will be on Sunday, October 16, 2016. Novices and inquirers are welcome! The meeting takes place on the lower level of Vincent House as usual. For more information, [email](mailto:Fr.Hilary) Fr. Hilary.

**SAVE THE DATE:** On the Solemnity of Christ the King, November 20, 2016, our own Abbot-President Elias Lorenzo, O.S.B., back from Rome, will be the celebrant at the Sunday liturgy!

**FUTURE EVENTS:** World-renowned Chanticleer will be performing in the abbey church on Thursday, 1 December 2016. Click [here](#) for ticket information.

Additionally, a public lecture is being planned for early December with international scholar on Medieval Ireland, Br. Colmán Ó Clabaigh, O.S.B., Ph.D., of Glenstal Abbey, Co. Limerick, Ireland. Check back on the abbey website and read the November newsletter for more information. Don't miss either of these wonderful events!

**OCTOBER SAINT:** St. Teresa of Jesus (March 28, 1515–October 4, 1582) exemplifies well the Counter-Reformation spirit in 16<sup>th</sup> century Europe. This Spanish mystic and founder of the Discalced Carmelites, was named a Doctor of the Church by Pope Paul VI in the 1970.

Born in the province of Ávila, Teresa was fascinated by the lives of the saints at an early age and wanted to embrace martyrdom. When she lost her mother at age 14, Teresa embraced a strong devotion to the Virgin Mary. During her life in the

cloister she experienced great illness and mystical ecstasy, following the Spiritual Exercises of St. Ignatius of Loyola.

Teresa became increasingly scandalized by what she believed was laxity in her monastery, and sought to found her own with much stricter observance. At first people, were scandalized by the observance there, but soon began to praise Teresa's efforts. With her friend John of the Cross, Teresa helped found the men's branch of the Discalced Carmelites.

Despite the continued criticism about the new branch of the Carmelite tradition, Teresa pressed on. Teresa died in 1582, having claimed leadership of eleven monasteries, ten of which she founded. The men's communities number the same. Her final words were: *My Lord, it is time to move on. Well then, may your will be done. O my Lord and my Spouse, the hour that I have longed for has come. It is time to meet one another.*

Her mystical writings are replete with images of the soul's ascent to God, which happens in four stages: mental prayer, prayer of quiet, devotion of union, and devotion of ecstasy or rapture. Contemplative prayer, for her, was a sharing between close friends. Mystical prayer can also be understood as a watering of a garden. Her most famous and mature work on prayer is, perhaps, *The Interior Castle*.



*Teresa de Avila*

**DAILY PRAYER:** You are always welcome to join the monks for prayer.

**Sunday:**

- ⊕ Lauds, 7:30 a.m.
- ⊕ Mass, 11:00 a.m.
- ⊕ Vespers, 5:15 p.m.

**Monday-Friday:**

- ⊕ Lauds, 6:30 a.m.
- ⊕ Midday Prayer, 11:50 a.m.
- ⊕ Vespers with Mass, 5:15 p.m.
- ⊕ Vigils, 7:15 p.m.

**Saturday:**

- ⊕ Lauds with Mass, 7:30 a.m.
- ⊕ Midday Prayer, 11:50 a.m.
- ⊕ Vespers, 5:15 p.m.
- ⊕ Vigils, 7:15 p.m.

**OFFERING:** During the month of September, the congregation gave \$3,795.00 to the monastery through the collection at the Sunday Eucharist. Thank you for your kindness and generosity.

**WEBSITE:** Please visit the Abbey website: [www.saintmarysabbey.org](http://www.saintmarysabbey.org) for this newsletter and more up-to-date information about the Abbey. The school [website](#) also has many up-to-date events and new items!

**Retreat Center News**

In October, the Retreat Center welcomes the following overnight retreat groups:

- ⊕ Matt Talbot: Sept. 30–Oct. 2
- ⊕ Notre Dame of Mount Carmel Road to Emmaus Men's Retreat: Oct. 7–9.
- ⊕ Delbarton Campus Ministry Freshmen: Oct. 14–16
- ⊕ *An Croi* Spiritual Direction Training: Oct. 24–28
- ⊕ Paramus Men's Retreat Group: Oct. 28–30

We also welcome the following daily events:

- ⊕ Knights of Columbus Day of Reflection: Oct. 15
- ⊕ Sacred Thread Ministries Wednesdays for Women, Wednesday, Oct. 19: "Don't Call Me a Saint" Reflections on the Life of Dorothy Day
- ⊕ Univ. of Notre Dame Men's Glee Club: Oct. 20
- ⊕ Assumption Parish of Wayne NJ Day of Reflection: Oct. 29.

Remember, the Retreat Center also welcomes men and women of all faiths for private or directed retreats, or for spiritual direction. For more information, contact Paul Cocco at 973-538-3231 x2100 or via e-mail: [retreatcenter@delbarton.org](mailto:retreatcenter@delbarton.org). Visit our [webpage](#) and our [Facebook](#) page.