



## Our Lady of Perpetual Help Catholic School

16075 N. Evans Road

Selma, Texas 78154-3824

Phone (210) 651-6811; Fax (210) 651-5516

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November 17, 2019

### Principal and Assistant Principal's Corner

Dear OLPH Families,

Today's Gospel from Luke has a tone of when will the end of time be? At the time Jerusalem was under siege by the Romans, and all the wonderful temples and synagogues that were built by beautiful stone were destroyed. Yet, Jesus reminds us not to focus on 'stone' or earthly matters; rather, focus on the things of the soul - compassion, justice, mercy, friendship, generosity.

We had a fantastic week last week! Highlights included:

- Monday-Friday- Vocation Awareness Week where the students listened to those in the religious community share their vocation or calling
- Monday - Veterans Day Ceremony on 11 November
- Wednesday -School Mass
- Thursday - Superintendent Visit & NWEA Assessments - students did awesome!
- Friday - PTC Sponsored Chamber of Commerce Ribbon Cutting Ceremony - led by the Wildcat Worship Team, Saints Peter-Paul Middle School Dance
- Saturday - PTC Sponsored Purse Bingo

Thank You, Thank You, Thank You to ALL who made it so, especially the PTC Co-Presidents John and Angelica Frias, who have created such positive energy amongst all and who continue to work for the betterment of the school and CDC community.

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### Upcoming Events

#### Thanksgiving Food Drive Week

- Tuesday, Nov. 19: WWT @ 3:45 p.m
- Wednesday, Nov. 20: Mass @ 8:30 a.m
- Wednesday, Nov. 20: Ham Sales End
- Wednesday, Nov. 20: Progress Reports emailed
- Thursday, Nov. 21: Cyber Patriots @ 7:15
- Friday, Nov. 22: Matt Sandbank's Shadow Factory
- Friday, Nov. 22: Winter sports rally 2:45
- Friday, Nov. 22: St. Cecilia Sings Concert 7:00 in the church

Next week includes school Mass celebrated by Fr. Praveen (who was here three years ago, became a Deacon, and Priest, and led our faculty as well as 8th Grade Retreat this year), Thanksgiving Mass and Food Drive, Puppet show by Matthew Sandbook (organized by Ms. Stamm our Librarian), and will be culminated by our annual St. Cecilia Sings Concert on Friday evening. All our welcome.

Thank you for all you continue to do for OLPH!



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### News from the CDC

Dear Parents,

Mrs. Garcia's K4 class will be "setting the Thanksgiving table" this Wednesday before Mass begins with the assistance of Mrs. Speakmon's 4th grade class.

Thank you for all of your donations to our Thanksgiving Food Drive! Donations are due Monday, November 18th. Your donations help feed many struggling families for this holiday.

Last week Mrs. Stacey's class participated in the Water Safety course at the Schertz YMCA. The children did a great job! This week students in Mrs. East's and Mrs. Garcia's classes will attend, many thanks to the Miss Tristan Foundation for providing this wonderful program to 4 year olds in the Archdiocese.

Just a reminder to order your Honeybaked Hams, the last day to order is THIS Wednesday, November 20th with the items delivered on Monday, November 25th.

If you would like to volunteer at the CDC or attend class parties you need to complete the VIRTUS trainings and Criminal Background Check through the Archdiocese. Ms. Kennedy has emailed information on how to complete these tasks.

If you have any suggestions or concerns, please do not hesitate to contact Tenille Kennedy or myself at 210-651-6819.

God Bless,

Stephanie Dunne, Director

### After School Care Activities in the CDC

\*Registration/information is available at the CDC or at <http://www.teamsoftomorrow.com/> for TOT and <http://www.webbydancecompany.com/state/texas/selma/> for Webby Dance

- Mondays - Art (3:45p, ages 6+, Art Room in the Admin Building)
- Tuesdays - TOT (2:30p, PK, CDC Bldg.)
- Wednesday - Dance (2:45p PK & 3:45p, Kinder+, CDC Bldg.)
- Wednesdays - Orchestra - Guitar/Violin (3:30p, Grades K-8, Music room in Admin Building)
- Fridays - Chess (3:45p, 1st-8th grade, Art room in the Admin Building)

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### St. Vincent DePaul Donations

Bring these items on these dates and wear jeans with your OLPH spirit shirt!

- November 22-Tomato Sauce can (15 oz)
- December 6-Box of instant oatmeal (10 oz)
- December 13-Bottle of syrup (18 oz)
- December 20-Box of Baking mix (40 oz)

### Uniform Tip of the Week:

15. Socks will be worn at all times and meet the following criteria during a regular uniform day, Dress Up, Free Dress, and Spirit-Dress Days:

- No mismatched socks allowed.
- No ankle or 'no-show' socks allowed.
- Boy options are solid navy, black, or white crew socks (mid-calf length).
- Girl options are crew socks (mid-calf length), knee-high socks, or tights in either solid black, navy, or solid white.

16. Undershirt options are plain white, short-sleeved undershirt and solid black, navy, white, or gray, long-sleeved, crewneck/turtleneck undershirt (cold weather).

17. In order to participate in outside activities during cold weather, students must wear one layer (in addition to the standard uniform) if below 50°. If the temperature is below 45° students must wear 2 layers. An example of one layer is a solid navy cardigan, sweatshirt, windbreaker, or jacket. One thick jacket counts as 2 layers.

18. All outerwear (jacket, windbreaker, sweatshirt or cardigan sweater) for boys and girls must be solid navy. Outerwear may not have any logos other than the OLPH school logo/crest.

19. Outerwear accessories are defined as gloves, scarves, or hats. Accessories need to be solid black, navy, gray or white.

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### Counselor's Corner:

**PARENT'S GUIDE TO A GROWTH MINDSET**

*Your brain is like a muscle. When you learn, your brain grows.  
The feeling of it being hard is the feeling of your brain growing!*

**Big Life Journal**

**PRAISE FOR:**

- EFFORT
- STRATEGIES
- PROGRESS
- HARD WORK
- PERSISTENCE
- RIISING TO A CHALLENGE
- LEARNING FROM A MISTAKE

**NOT FOR**

- TALENT
- BEING SMART
- BORN GIFTED
- FIXED ABILITIES
- NOT MAKING MISTAKES

**THE POWER OF "YET" SAY**

- "YOU CAN'T DO IT YET."
- "YOU DON'T KNOW IT YET."
- "IF YOU LEARN AND PRACTICE, YOU WILL!"

**BRAINS can GROW**

**VS**

**FAILURES AND MISTAKES = LEARNING SAY**

- "MISTAKES HELP YOU IMPROVE."
- "YOU CAN LEARN FROM YOUR MISTAKES."
- "LET'S SEE WHAT OTHER STRATEGIES YOU CAN TRY."

**RECOGNIZE YOUR OWN MINDSET**

BE MINDFUL OF YOUR OWN THINKING AND THE MESSAGES YOU SEND WITH YOUR WORDS AND ACTIONS.

**ASK**

- "WHAT DID YOU DO TODAY THAT MADE YOU THINK HARD?"
- "WHAT NEW STRATEGIES DID YOU TRY?"
- "WHAT MISTAKE DID YOU MAKE THAT TAUGHT YOU SOMETHING?"
- "WHAT DID YOU TRY THAT WAS HARD TODAY?"

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### Library News:

We have had a lot going on in the library. This past week our kindergarten students got to check out library books for the first time this year. They were so excited! Parents, please make sure your child returns his/her library book (in the plastic bag) on your child's library day. If they do not bring their library book back, they will not be allowed to check out another book. The plastic bag has their name and library number on it, needed to check out. The plastic bag will help take care of their book (keep it dry; avoid sticky fingers, etc...). I've told them to keep the plastic baggie with their book in it in their backpack. They can get it out of their backpack to have someone read it to them but then when they're finished, they should put the book in the plastic baggie and then put it in their backpack. Hopefully this will help them know where the book is at all times, it keeps it from getting mixed in with their books at home.



### Book Fair News:

I want to thank all of you for supporting our Scholastic Book Fair. It was one of the most successful book fairs at OLPH! With your generosity and support, we earned enough profit to pay for two very special guest speakers. On Friday, November 22, Matt Sandbank's Shadow Factory, will perform at 8:30 for kindergarten through 4<sup>th</sup> grade. The performance for 5<sup>th</sup>-8<sup>th</sup> grade will be during 3<sup>rd</sup> period. Then on December 5, Miss Anastasia (from The Twig Bookstore) will perform for Pre-K students.

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### Journalism Update:

Vinnie Vinzetta, Sports Multimedia journalist and anchor for KENS 5, was a guest speaker in Journalism on Friday. We had a great time! The students asked him a lot of questions and learned so much about being a broadcast journalist. He loved being there and thought the kids were awesome! We got a shout out on KENS 5 during the 4:00 news!



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### Adoption Priorities Nonprofit Toy Drive

Being adopted himself, Vinnie is very passionate about working with Adoption Priorities and helping children to find their forever family. "Adoption Priorities, Inc. is a Christian, charitable adoption awareness agency. Our mission is to inspire families to open their heart to a child and ADOPT!" As an advocate for helping children find their "forever home", he is hosting a Toy Drive to make sure children have a great Christmas. We are collecting toys for Adoption Priorities. Donations do not need to be wrapped. He said that he collects items for toddlers to teens. There will be a box in the library to collect the donations. Thank you in advance for helping make a child's Christmas a bit more magical!

### Water Safety

We are thankful to the Miss Tristan foundation for providing the water safety program. Here are a few pictures of their swimming lessons.



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### Journalism Student Articles

# School Lunch

By: Dylan Martinez

During the months of November and December, there will be a box in the cafeteria for suggestions of what school lunches are liked and disliked. I will talk with Mrs. Cindy about how much of each meal is getting served and what we want served less or more of. We will also try to get a meal from a restaurant once a month. There will be an additional fee. Don't forget to vote for ideas and meals



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# Origin of Thanksgiving

By: Dennis Drouillard

Thanksgiving is a national holiday to give thanks to God and be with your family to have a feast. It is celebrated on every fourth Thursday of November. It originated when English colonists left from Plymouth, England on the *Mayflower* to gain more religious freedom. They landed in Cape Cod, Massachusetts. In 1621, a feast occurred between the English colonists and the Wampanoag people. Thanksgiving was declared a national holiday on October 3, 1863 by President Abraham Lincoln. President Franklin D. Roosevelt wanted to expand the Christmas commercial sales, by moving Thanksgiving to the third week in November. Not all the states agreed, “and, after a joint resolution of Congress in 1941, Roosevelt issued a proclamation in 1942 designating the fourth Thursday in November” “as Thanksgiving Day.”



<https://www.history.com/news/first-thanksgiving-colonists-native-americans-men>

<https://www.britannica.com/topic/Thanksgiving-Day>

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# Thanksgiving Foods

By Mallory Mai

Everybody likes to eat food, especially on Thanksgiving. There are so many different choices of food. First of all, you need turkey or ham, and what goes better with it is mashed potatoes. Another side that's one my favorite is baked mac and cheese, my mom makes the best , it's so creamy and delicious. Another food that you can't not have is the bread rolls, there so doughy. Then it's time for the dessert my favorite. My favorite dessert of all for Thanksgiving is the pie, so many pies pecan pie, pumpkin pie, apple pie, key lime pie and many more. My favorite pie of all is pecan pie it's so sweet and good. Well I hope you have a great Thanksgiving.



<http://www.todayifoundout.com/wp-content/uploads/2017/11/thanksgiving-turkey.png>

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