



## Our Lady of Perpetual Help Catholic School

16075 N. Evans Road

Selma, Texas 78154-3824

Phone (210) 651-6811; Fax (210) 651-5516

email: [info@olphselma.org](mailto:info@olphselma.org); website: [www.olphselma.org](http://www.olphselma.org)

September 29, 2019

### Principal and Assistant Principal's Corner

Dear OLPH Families,

Today's Mass readings address self-centeredness and callousness. It reminds us to open our senses to all around us - especially those that need us. The readings reminded me of a prayer that we said in high school and taught to use by our football coach, Walter Carew, and which I still pray today, "Dear Lord, help us to grow in love and respect for one another, and for all with whom we come in contact. Especially those that need us. Help us to appreciate how much we really need each other."

Thank everyone for their support of the extra-curricular school and CYO activities both here and across the archdiocese.

We look forward to seeing folks at tomorrow night's PTC General Meeting starting at 6:30 p.m. in the cafeteria.

Please keep the 8th Grade students and families in prayer as they will start their tours of area Catholic Schools this week. May they find that the value of Catholic schools is that they: offer a spiritual view of the world, are inspired by scripture, inculcate a civic responsibility (today's Mass Readings), appreciate the value of service, teach self-discipline, and offer a safe environment with passionate instructors.

On Friday, all are invited to wear Orange for Solidarity Day - "United in Faith, Hope, and love against bullying." There will also be Blessings of the Animals in the Pastoral Center Courtyard at 4:00 p.m.

Thank you for all you do for OLPH!  
Know Him, Love Him, Serve Him.  
Our Lady of Perpetual Help...Pray For Us.

### Upcoming Events:

#### October is solidarity against bullying month!

- Monday, Sept. 30: PTC General Meeting at 6:30 in the cafeteria
- Tuesday, Oct. 1: Halloween Carnival Meeting at 6:30 in the library
- Wednesday, Oct. 2: Mass at 8:30
- Wednesday, Oct 2: Living Rosary (5<sup>th</sup>-8<sup>th</sup> grade) at 2:45 in the church
- Thursday, Oct 3: Antonian visit-8<sup>th</sup> grade students
- Thursday, Oct. 3: Living Rosary (Kindergarten-4<sup>th</sup> grade) at 2:45 in the church
- Friday, Oct. 4: **Wear something orange for solidarity**
- Friday, Oct. 4: Incarnate Word High School Visit-8<sup>th</sup> grade girls
- Friday, Oct. 4: Blessing of the animals 4:00 at Pastoral Center Courtyard
- Friday, Oct. 11: Noon Dismissal (CDC open until 6)
- October 14-18: Scholastic Book Fair in the library
- Sunday, Oct. 20: Parish Festival
- Monday, Oct. 21: School & CDC Closed

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### News from the CDC

Dear Parents,

Please join us for Mass on October 2nd at 8:30am as Mrs. Stacey's K4 class will be participating at the beginning of Mass. The K3's will attend Mass for the first time this Wednesday as well. The classes will leave the CDC by 8:05am and the building will be locked. If you arrive after 8:05am please bring your child to the Church and make contact with their teacher. Our classes sit on the far left side in the Church.

We had a wonderful visit with H.E. Buddy last Friday. The children enjoyed story time with H.E.B. and getting to take pictures with H.E. Buddy!



The Selma Police Department will be visiting with our students this Thursday, October 3rd. We are looking forward to learning from our friends at the Police Department!

Help us celebrate the life of St. Francis. At 4:00 pm on October 4th we will have a Blessing of the Animals in the courtyard between the Church and Pastoral Center. Everyone is welcome to bring their animals for this special event. We request that all dogs be leashed.

Also, on Friday, October 4th join us in wearing something ORANGE as we support Solidarity Day with the Archdiocese.

If you would like to volunteer at the CDC or attend class parties you need to complete the VIRTUS trainings and Criminal Background Check through the Archdiocese. Ms. Kennedy has emailed information on how to complete these tasks. They must be completed before you will be allowed to take part in CDC events and our first large event is our Halloween Parade and classroom parties!

The School and CDC will be closed on Monday, October 21st for Parish Festival Clean-up. CDC Conferences will be held on October 22nd and 23rd. Sign-up sheets are posted outside your child's classroom door. Please let your child's teacher know if you are not able to attend so other arrangements can be made.

We will have a Room Parent Information Meeting on Monday, September 30th at 8:15am in the Multipurpose Room in the CDC.

If you have any suggestions or concerns, please do not hesitate to contact Tenille Kennedy or myself at 210-651-6819.

God Bless,  
Stephanie Dunne, Director

### Uniform Tip of the Week:

- October is the month that we are joining all the Catholic schools in the San Antonio Archdiocese in celebrating solidarity with a special focus on anti-bullying. To kick this off, students are encouraged to wear an **orange shirt and/or an orange accessory (ex: socks, hair bow) on Friday, October 4th.** (All other Spirit Day dress code requirements apply - uniform bottoms, approved uniform socks and shoes.)
- October is also Breast Cancer Awareness Month. Students are permitted to wear **pink socks** during the month of October. (Other rules listed on Handbook p. 26 must be followed.)

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### After School Care Activities in the CDC

\*Registration/information is available at the CDC or at <http://www.teamsoftomorrow.com/> for TOT and

<http://www.webbydancecompany.com/state/texas/selma/> for Webby Dance

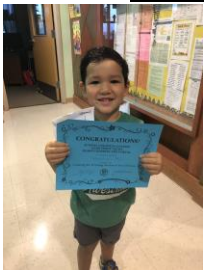
- Mondays - Art (3:45p, ages 6+, Art Room in the Admin Building)
- Tuesdays - TOT (2:30p, PK, CDC Bldg.)
- Wednesday - Dance (2:45p PK & 3:45p, Kinder+, CDC Bldg.)
- Wednesdays - Orchestra - Guitar/Violin (3:30p, Grades K-8, Music room in Admin Building)
- Fridays - Chess (3:45p, 1st-8th grade, Art room in the Admin Building)

### St. Vincent DePaul Donations

Bring these items on these dates and wear jeans with your OLPH spirit shirt!

- October 4-Can of Progresso (19 oz)
- October 11-Kernal Corn (15 oz)
- October 25-Green beans (15 oz)

### OLPH Spirit Night-Baskin Robbins Sundae Creation Contest Winners



PK3-PK4: Sebastian

K-1<sup>st</sup>: Jenna Maria Akridge

2<sup>nd</sup>-3<sup>rd</sup>: Madelynn McHaney

4<sup>th</sup>-5<sup>th</sup>: Emily Uhl

### Spiritual Corner:

On October 7, the Roman Catholic Church celebrates the yearly feast of Our Lady of the Rosary. Known for several centuries by the alternate title of "Our Lady of Victory," the feast day takes place in honor of a 16th century naval victory which secured Europe against Turkish invasion. Pope St. Pius V attributed the victory to the intercession of the Blessed Virgin Mary, who was invoked on the day of the battle through a campaign to pray the Rosary throughout Europe.

"The Rosary is a long chain that links heaven and earth. One end of it is in our hands and the other end is in the hands of the holy Virgin... The Rosary prayer rises like incense to the feet of the Almighty. Mary responds at once like a beneficial dew, bringing new life to human hearts."

-St. Therese of Lisieux

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### Counselor's Corner:



#### **Solidarity**

Kind words can be short and easy to speak, their echoes are truly endless.

Saint Teresa of Calcutta

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Tina Teel, Counselor

### Library News:

Our first Scholastic Book Fair is coming up  
**October 14-18**

Book Fair eWallet is a safe and convenient digital payment option for your student to shop the Fair Give your student a secure, cash-free way to shop the fair. Simply create a free account, preauthorize a spending limit, and have funds immediately available.

**You must create an eWallet for each student; accounts cannot be shared or transferred.**

Visit our homepage to sign up to volunteer, check out the flyers and create an eWallet.

<https://bookfairs.scholastic.com/bf/ourladyofperpetualhelpsch7>

### Nurse Notes:

Vision and hearing screenings were completed on Wednesday, 9/18/19. Any student that failed either or both screenings will be re-screened on 10/9/19. This is the requirement of the state (re-screen 3 weeks after initial screening). After the re-screening I will let a parent know by letter if their child has failed the second screening. If you do not receive a letter from me, that means your child has passed both vision and hearing screenings.

Scoliosis screening for 5th and 7th grade girls and 8th grade boys will be conducted by me on Thursday, 10/17/19. A letter explaining this screening was sent home with your child on Wednesday, 9/25/19. I will let a parent know by letter if their child has failed this screening. If you do not receive a letter from me, that means your child has passed the scoliosis screening. If you have documentation from your child's physician that he/she has been screened for scoliosis this year, I need a copy of this screening information for the school files and your child will not be screened at school.

Please remember that flu season and strep throat season are fast approaching. If you want medication kept at school, you will need to have your child's physician order the medication on our School Medication Permission Request Form, signed by the physician and the parent signs it also. The form is also for any over-the-counter medications, as well. (School and Archdiocese policies)

Christ's Peace,  
Nurse Beth

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### Journalism Student Articles

## Cancer of the Month

By Noah Payne & Marco Vidaurri

As you know October is breast cancer awareness month and everyone makes a big deal. Not saying they shouldn't, but when did you ever hear someone raise awareness for childhood cancer, gynecological cancer, leukemia/lymphoma, ovarian cancer, prostate cancer, or thyroid cancer awareness month? Chances are you haven't. Each month spotlights an awareness of different types of cancers.

Calendar of Cancer Awareness Months			
<b>January</b> Cervical Cancer Awareness 	<b>February</b> National Cancer Prevention Month Gallbladder and Bile Duct Cancer Awareness 	<b>March</b> Colorectal Cancer Awareness Kidney Cancer Awareness Multiple Myeloma Awareness 	<b>April</b> Testicular Cancer Awareness Esophageal Cancer Awareness Head and Neck Cancer Awareness 
<b>May</b> Melanoma and Skin Cancer Awareness Brain Cancer Awareness Bladder Cancer Awareness 	<b>June</b> National Cancer Survivor Month 	<b>July</b> Sarcoma Awareness 	<b>August</b>
<b>September</b> Childhood Cancer Awareness Gynecological Cancer Awareness Leukemia/Lymphoma Awareness Ovarian Cancer Awareness Prostate Cancer Awareness Thyroid Cancer Awareness 	<b>October</b> Breast Cancer Awareness Liver Cancer Awareness 	<b>November</b> Pancreatic Cancer Awareness Lung Cancer Awareness Stomach Cancer Awareness Carcinoid Cancer Awareness Caregivers Month 	<b>December</b>  CHOOSE HOPE IMPROVING THE CANCER COMMUNITY BY SUPPORTING CANCER RESEARCH 1-888-948-HOPE www.choosehope.com

At our school we are teaming up with #WhipPediatricCancer to support the "Hearts of GOLD" program. Whip Pediatric Cancer is an organization that raises awareness and funds for childhood cancer research and help kids who have it. Everyone will receive a gold heart to write their name on and decorate. We will display the hearts to show our school has a "Heart of GOLD".

Sources:

"Calendar of Cancer Awareness Months". 23 Sept. 2019

<https://www.choosehope.com/calendar-of-cancer-awareness-months/>.

"Heart of GOLD program". 04 Sept. 2019 <https://whippediatriccancer.org/>.

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## Bring the Runway Inside Your Closet

By: Camille Buenaventura

# Got a problem or concern? Get help with our weekly advice column in the newsletter.

By: Carmela Ante

Write your problem or concern on a piece of paper, signed anonymously. Place the paper in one of the boxes-labeled "ASK" or "Ask Miss Know it All". Boxes are in the cafeteria, middle school building and outside the library. Papers will be collected by a teacher daily. A group of students, will help you by giving your suggestions and advice. The questions and answers will be posted in the weekly newsletter.

The 2019 spring fashion runway was filled with a lot of new looks. Since many people can't afford to shop runway looks, here are some tips to bring the top trends inside your closet.

### 1. **Bold Shoulders**

Blazers were ruling the runway this season. Incorporating this into your style is super easy! Pairing an oversized blazer with a flowy dress or with matching shorts can make you look classy and feel comfortable.

### 2. **Nothing but Neutrals**

You might have thought beige is boring, but the outfit combinations you can make with this color are endless. You can pair it with black, white, or even pink! Even wearing beige from head to toe will look amazing.

### 3. **Unleash your Inner Animal**

Animal prints have been prowling the runway this season- zebra, leopard, and snake print have been spotted the most. The best thing about this trend is that it's so easy to wear! You can go for a bold look- coats, pants, and dresses with a bright zebra print. You could dress it up with an elegant black dress and snakeskin heels or a beige pantsuit with a leopard print bag. The possibilities are endless!

For more outfit inspiration visit:

<https://www.vogue.com/article/spring-2019-fashion-week-trend-report> and

<https://www.thetrendspotter.net/fashion-trends-spring-summer-2019/>.

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