



## Our Lady of Perpetual Help Catholic School

16075 N. Evans Road

Selma, Texas 78154-3824

Phone (210) 651-6811; Fax (210) 651-5516

email: [info@olphselma.org](mailto:info@olphselma.org); website: [www.olphselma.org](http://www.olphselma.org)

September 8, 2019

### Principal and Assistant Principal's Corner

Dear OLPH Families,

We wish all the grandparents a Happy Grandparents Day today! As a reminder, OLPH School & CDC will recognize all our grandparents the Friday of Catholic Schools Week (January 31st, 2020) with a Grandparents Mass, coffee and donut fellowship, and a noon dismissal.

This week's Gospel reading is often referred to as the Parable of the Cost. Jesus states that those who prefer love of family or self cannot be His disciples. Discipleship is defined as following Jesus and carrying the cross. So, it follows that the words Follow Me are both a gift and a demand.

We will start the majority of Northwest Educational Association (NWEA) Assessments this week, and, due to throughput of the assessments being conducted online, they will continue for the next few weeks. We plan to start a lease with Chromebooks this week to assist with these assessments, and to update our technology in the classroom.

This Wednesday will mark the 18th Anniversary of 9/11. Please remember to keep all those affected by that day, and that to many, the world did indeed seem to stop turning. Also, please keep our first responders and members of the armed service in our thoughts and prayers as they all continue their vigilance.

### Upcoming Dates

- Tuesday, Sept. 10- Individual Pictures (K-8<sup>th</sup>)
- Wednesday, Sept. 11-Mass 8:30 (First PK4 Mass)
- Wednesday, Sept. 11-Pep Rally 2:45 in the gym
- Thursday, Sept. 12-8<sup>th</sup> grade retreat
- Friday, Sept. 13<sup>th</sup>-Sister's Pantry Ends
- Friday, Sept. 13<sup>th</sup>- 15 oz can of Fruit Cocktail for SVdP donation
- Saturday, Sept. 14<sup>th</sup>- MOMS group at Bluebonnet Palace for Spazmatics

Also, this Wednesday, we will officially kick off our Fall sports season with a Pep Rally, starting at 2:45 in the gym. We will be led by our middle school cheer team and all fall athletes will be recognized. We are pleased to announce that SJPII Drum Line will be performing and sharing in the event with us. Word is that our school mascot may also make an appearance.

Thank you for all you do for OLPH!

Know Him, Love Him, Serve Him.

Our Lady of Perpetual Help...Pray For Us.

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### News from the CDC

Dear Parents,

K4 students will attend Mass for the first time as a class this Wednesday! Please make sure your child wears their Wildcat Cub shirt with pants or a skirt (no shorts for Mass). K4 classes will leave the CDC by 8:05am so if you arrive after that time please take your child to the Church and check in with your child's teacher. We will be sitting on the far left side of the Church.

For safety reasons we are asking that you do not leave your vehicles running, any children unattended in cars or your personal belongings out while you are dropping off or picking up students at the CDC.

The Child Development Center is participating in the HEB Read 3 program this year. CDC students will join over 65,000 other Texas students as we participate in a read-in during class time on September 27th at 9:30 - 10:00 AM.

We are also participating in the Read 3 School Book Drive Challenge, collecting new and gently used children's books (no torn bindings, pages, or covers, no textbooks or trade books, no encyclopedias, no magazines, and no workbooks). With your generous donations, you will help HEB re-distribute the books into Texas communities that desperately need them. Our donation box is in the CDC lobby.

Mark your calendars for CDC Individual Pictures on September 17th. Look for information in your Wednesday blue folder this week.

Our After School Activities are all underway this week. We have TOTs, Webby Dance, Art, Orchestra and Chess. Registration information is available in the CDC or in the links below.

If you have any suggestions or concerns, please do not hesitate to contact Tenille Kennedy or myself at 210-651-6819.

God Bless,  
Stephanie Dunne, Director

### After School Activities in the CDC

\*Registration/information is available at the CDC or at <http://www.teamsoftomorrow.com/> for TOT and <http://www.webbydancecompany.com/state/texas/selma/> for Webby Dance

- Mondays - Art, 9/9 (3:45p, ages 6+, Art Room in the Admin Building)
- Tuesdays - TOT, 9/3 (2:30p, PK, CDC Bldg.)
- Wednesday - Dance 9/4 (2:45p PK & 3:45p, Kinder+, CDC Bldg.)
- Wednesdays - Orchestra - Guitar/Violin, 9/4 (3:30p, Grades K-8, Music room in Admin Building)
- Fridays - Chess, 9/6 (3:45p, 1st-8th grade, Art room in the Admin Building)

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### Uniform Tip of the Week

c. Watches (see pp 54). One watch may be worn on a wrist. Watches that use smart technology, are connected to a cellular device, are Wi-Fi capable, or have access to the Internet are not permitted.

d. Bracelets. Bracelets will not be worn. Hair scrunchies will not be worn on the wrist.

### School Nurse Notes

*Wednesday, September 18, 2019, vision and hearing screenings will be conducted for K4, K, 1<sup>st</sup>, 3<sup>rd</sup>, 5<sup>th</sup>, 7<sup>th</sup> grades and new students in the other grades. UTHSCSA nursing students who are studying for the RN/Masters in Nursing will be performing the screenings. Please let me know of any vision or hearing problems your child might have that I am not aware of. Make sure also that your child wears his/her glasses or contacts on that day.*

*Also, there are several students who do not have their inhaler or Epipen in school. If you, as parent or guardian, choose not to have this medication at school, I will need an e-mail or written note stating your decision. If your child has no medication in school and develops a serious breathing problem or allergic reaction, EMS and the parent will be notified immediately.*

*Thank you for your attention. Christ's Peace,  
Nurse Beth*

### BOX TOPS FOR EDUCATION



Dear OLPH Families,

HEB is currently running a Bonus Box Tops promotion. When you buy 10 participating products\*, the bonus certificate will be delivered at checkout. Please see current product list.

If you have any questions about Box Tops, please email them to [ccnative@gmail.com](mailto:ccnative@gmail.com).

Thank you for supporting OLPH!  
Michele Marroquin  
OLPH Box Tops Coordinator



## School Pictures

Individual school pictures will be taken on Tuesday, September 10 starting at approximately 8 am. Please wear mass attire for pictures.

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### STOCKING THE SISTERS' PANTRY

It's that time of the year again when we ask our parents to dig deep into their pockets and give from their hearts to help us

HELP THE SISTERS STOCK THEIR PANTRY  
AT HOME

This year, as in the past, we ask that you send in a cash/check donation by Friday, September 13<sup>th</sup>. (Checks can be made out to OLPH School).

Donations from the weekly School Mass Collections August 19-September 13 will also contribute to these efforts.

Please put your donation in an envelope, seal it, and mark it "Sisters' Pantry". Return it either to your student's homeroom teacher or to the main office.

This Pantry Drive is a tremendous help to our beloved Sisters and you have always been very generous in past years! We thank you for your love and support of our religious sisters.

### St. Vincent DePaul Donations

Bring these items on these dates and wear jeans with your OLPH spirit shirt!

September 13-15 oz Fruit Cocktail

September 20-18 oz Peanut Butter

September 27-11 oz Condensed Soup

### Library News

"Thank you" doesn't seem to be adequate to express our gratitude for the very generous donation from the Frankie Casseb Youth Literacy Club. On Friday, September 6, Eddie and Bebe Casseb presented a check to the OLPH library. There have been several students requesting certain books and if it was a title we didn't have, they would ask me if I could please buy it for the library. With their generous donation, I will be able to fulfill those requests. Their kindness and generosity will allow us to update our collection! So, thank you Eddie & Bebe Casseb and the Frankie Casseb Youth Literacy Club, what an amazing blessing for our school!



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### Student Journalism Articles

## ☀️❄️ How to Stay Cool

### (Literally) ❄️☀️

By Maeve Sullivan and Camille Buenaventura

Everyone loves the summer, but the heat can be overwhelming. One way to beat the heat is to hydrate. Drinking water will prevent overheating. If you're sweat conscious, carry a small fan and fan yourself. You could also carry a small towel around to wipe sweat off and (for older people) slather some antiperspirant and/or deodorant on. Hot summer heat can also lead to sunburn. To protect yourself from the scorching hot rays, apply sunscreen with an spf of at least 30, and stay indoors or underneath shade whenever you can. In the unfortunate event that you do go outside, wearing a wide brim hat will help you stay cool, prevent sunburn, and look fashionable. If you're not feeling a hat at the moment, use an umbrella. It can help not just you, but even a friend to stay cool. Now you're set to stay cool all day (literally).

## Narwhals

By Dennis Drouillard

Narwhals are the “mythical creature” of the sea. The tusks on the top of their head look like a unicorn’s horn. Their scientific name is *Monodon monoceros*. They are mammals and can grow up to 20 feet and weigh 1.5 tons. They are carnivores and are close to the size of a school bus.

The narwhals tusk is the tooth in the upper lip, and a male’s tusk can grow up to 105.6 inches or 8.8 feet long. The narwhal is near threatened, and travels in groups of 15-20 narwhals, but groups of more than a thousand narwhals have been reported. “Intuit people hunt the narwhal for their long tusks and their skin, an important source of vitamin C in the traditional Arctic diet.”



[Unicorn of the Sea: Narwhal Facts | Stories | WWF](#)

<https://www.nationalgeographic.com/animals/mammals/n/narwhal/>

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## Book Fun!!!

By: Claire Bailey

This article is about books that certain grades can read. I know not everyone likes to read. The truth is that everyone can enjoy reading because all you have to do is find the right book that you will love.

If you are in grades kindergarten through third grade I recommend "Rainbow Magic" fairy books. I also recommend "The Magic Tree House" books. These are some of the books I read at that age. I am quite sure that these books will put you on the edge of your seat.

Now for grades fourth through sixth I think you should read the "Animal Ark" books. I also think that "The Series Of Unfortunate Events" is an exciting series. These books will definitely give you an enjoyable feeling.

Books that are good for seventh and eighth graders are the "Eragon" series and the "Tunnels" series. I have read both book series and they are packed with action and adventure.

All of these series are sure to be enjoyed by the reader.



## Vote, Vote, Vote By Jacob Simmons

Do you want your favorite teacher to have their own article in the school? There will be a red box in the cafeteria to put your ballot in. I will pick them up every Friday morning.

The winner will get an article in the newsletter. Please only vote once a week. Every teacher will only get one article. Make sure you vote for your favorite teacher.

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