



## Our Lady of Perpetual Help Catholic School

16075 N. Evans Road  
Selma, Texas 78154-3824  
Phone (210) 651-6811; Fax (210) 651-5516  
email: [info@olphselma.org](mailto:info@olphselma.org); website: [www.olphselma.org](http://www.olphselma.org)

March 1, 2020

### Principal and Assistant Principal's Corner

Dear OLPH Families,

"Lent is the season for meaningful fasting: fasting not just for the sake "of giving something up" but fasting from whatever derails or hampers our relationship with God and alienates us from others, fasting from everyday distractions in order to put our time and energy into the things of God."  
<http://connectionsmediaworks.com/sundaygospel.html#march1>

What a great Casino Night!! Our sincere appreciation goes to Jenny Shreve who led the Casino Night efforts. She worked tirelessly in the preparation, organization of committees, set-up, and execution that ensured that the night went well. Thank you, Jenny, you and your efforts are greatly appreciated! Also huge thanks to our PTC Co-Presidents - - Angelica & John Frias, as well as Megan Pingel, Laura Beth Garcia, Annie Wallace, Priscilla Hernandez, Orfelinda Ortega, Michele Marroquin, Genny Gomez, Matt & Stacy Seaborn, Malcolm and Debbie French (Jennifer Adams' parents), and all those from the PTC for their work with the Casino Night (please see attached photo). Thanks as well to all the volunteers (I apologize if I missed your name) who made the event happen,

### *Upcoming Dates*

- 3-2 Dr. Seuss' Birthday
- 3-4 Liturgy 8:30a, "L" Awards  
Easter Ham Sales Begin
- 3-5 Stations of the Cross, 2:45
- 3-6 Talent Show, 1:30p

***Spring Break March 9-13 School and  
CDC Closed***

including teachers and staff (Nelda - program printing) who were there along with the aforementioned in assisting in the event, including the clean-up well into the late/ early hours. Lastly, thank you all who assisted in the event, attended, contributed items, and bid on items in both silent and live auction. It was wonderful community event!

Thank you as well to the OLPH MOMS Group for hosting Fr. Thumma on Monday evening, as he taught us about Indian cooking, and also Fr. Eric who returned to share his pilgrimage to India.

***"Our Lady of Perpetual Help Catholic School builds character and shapes tomorrow's leaders by delivering academic excellence in a Catholic faith based community."***



## Our Lady of Perpetual Help Catholic School

16075 N. Evans Road  
Selma, Texas 78154-3824  
Phone (210) 651-6811; Fax (210) 651-5516  
email: [info@olphselma.org](mailto:info@olphselma.org); website: [www.olphselma.org](http://www.olphselma.org)

**March 1, 2020**

Congratulations to the OLPH Cyber Patriot Team who were the luncheon guests of the mayor of San Antonio yesterday.

Congratulations as well to the girls' softball team, who placed third in the recent tournament, both the softball and the baseball teams for their respective wins over St. Anthony's, and to the Track runners who completed well this week.

As a reminder, registration and re-enrollment for next year is ongoing. The link to the process is on our webpage: <https://olphselma.org/admissions-process>.

Support & Serve!

For the upcoming school year, we are in need of School Council Members and PTC Members. Applications for both School Council and PTC are found on our school website at <https://olphselma.org/support>. Thank you for serving our community.

Thank you for all you do and continue to for OLPH!

Know Him. Love Him. Serve Him.

Our Lady of Perpetual Help, Pray for Us

Francis Burns

Amanda Miller

Principal

Assistant Principal

***"Our Lady of Perpetual Help Catholic School builds character and shapes tomorrow's leaders by delivering academic excellence in a Catholic faith based community."***



Casino Night Committee

### **News from the CDC**

Dear Parents,

Just as a reminder Spring Break week is from March 9-13 and the CDC will be CLOSED this year for Spring Break.

The CDC students will be celebrating Dr. Seuss this week. Please refer to the handout your teacher



## Our Lady of Perpetual Help Catholic School

16075 N. Evans Road  
Selma, Texas 78154-3824  
Phone (210) 651-6811; Fax (210) 651-5516  
email: [info@olphselma.org](mailto:info@olphselma.org); website: [www.olphselma.org](http://www.olphselma.org)

**March 1, 2020**

sent home last week for the special activity each day. Thanks to our wonderful teachers and staff for making learning fun.

Registration for the 2020-2021 school year is open to all. If you have not completed your registration for next school year please do this ASAP as spots are filling fast. Also, if you know of any families who may be interested please send them our way. If you have any questions please call Ms. Kennedy at 210-651-6819.

The CDC is in need of clothes for our "accident" bucket. Occasionally our littles will have an accident and not have a change of clothes. If your child has outgrown some of their clothes, we could use underwear, shorts/pants and shirts Sizes 3-5 for both boys and girls.

God Bless,

Stephanie Dunne, Director

### **After School Activities in the CDC**

\*Registration/information is available at the CDC or at <http://www.teamssoftomorrow.com/> for TOT and <http://www.webbydancecompany.com/state/texas/selma/> for Webby Dance

• Mondays – Art (3:45p, ages 6+, Art Room in the Admin Building)

• Tuesdays – TOT (2:30p, PK, CDC Bldg.)

• Wednesday – Dance (2:45p PK & 3:45p, Kinder+, CDC Bldg.)

• Wednesdays – Orchestra - Guitar/Violin (3:30p, Grades K-8, Music room in Admin Building)

• Fridays – Chess (3:45p, 1st-8th grade, Art room in the Admin Building)

### **From the School Nurse**

**Reminder:** Students should remain at home when they exhibit the first symptoms of an illness. Depending upon the nature of the illness, students may return to school when **fever free for 24 hours without fever-reducing medication, and/or symptom free for 24 hours of vomiting and/or diarrhea.** This is school and Archdiocese policy and does not change even if a doctor's excuse allows the student to return to school earlier than the 24 hours. Please notify the school if your child is diagnosed with any diagnosed strain of flu asap. Because of the media reports of the Corona (COVID-19) virus in San Antonio, the country and the world, we should be very diligent in following the school health rules.

Any medication for a student, **prescription and/or over-the-counter**, to be given in school is required to have a Medication Permission Request Form

***"Our Lady of Perpetual Help Catholic School builds character and shapes tomorrow's leaders by delivering academic excellence in a Catholic faith based community."***



## Our Lady of Perpetual Help Catholic School

16075 N. Evans Road  
Selma, Texas 78154-3824  
Phone (210) 651-6811; Fax (210) 651-5516  
email: [info@olphselma.org](mailto:info@olphselma.org); website: [www.olphselma.org](http://www.olphselma.org)

**March 1, 2020**

completed by the doctor and parent and brought to the school nurse office by the parent with the medication.

Students who will enter 7th grade in the Fall of 2020 will need to have two immunizations prior to the first day of school in August. This is a state requirement and will be required by any school your child may attend. If you feel your child has received these vaccines, please send me an updated copy of the immunization record.

Thank you for your support.  
Christ's Peace, Nurse Beth

### **St. Vincent DePaul Donations**

Bring these items on these dates and wear jeans with your OLPH spirit shirt!

- March 6 Bag of white rice,(2 lbs)

### **Spiritual Corner**



Lent Begins  
Ash Wednesday - **February 26**  
**THE HISTORY OF LENT**  
(Excerpts taken from Concordia University Website)

Lent was originally observed for six weeks excluding Sundays (36 days), but this was eventually extended to 40 days in order to parallel Christ's temptation in the wilderness. In the Western Churches, Lent begins on Ash Wednesday (six and a half weeks before Easter).

In the early history of the church, strict fasting was observed throughout this period. One meal was allowed per day, in the evening, and meat, fish, eggs, and butter were forbidden. Strict observance of fasting was discontinued among Roman Catholics during World War II, and today is rarely observed throughout the Lenten Season. (However, people are highly encouraged to do some sort of fasting.) Abstinence from meat on Ash Wednesday, Good Friday and all Fridays during lent is binding for all over 14 years and beyond.

#### **Lent Today**

However, Ash Wednesday and Good Friday are still

***"Our Lady of Perpetual Help Catholic School builds character and shapes tomorrow's leaders by delivering academic excellence in a Catholic faith based community."***



## **Our Lady of Perpetual Help Catholic School**

16075 N. Evans Road

Selma, Texas 78154-3824

Phone (210) 651-6811; Fax (210) 651-5516

email: [info@olphselma.org](mailto:info@olphselma.org); website: [www.olphselma.org](http://www.olphselma.org)

**March 1, 2020**

fast and abstinence days for the Catholic Church, and the emphasis on Lent as a period of penitence remains. Many Christians, especially Catholics, choose to give up a single indulgence (like chocolate, french fries or cola) for the 40-day period as a sign of repentance and an exercise in self-control.

- In days prior to Lent or beginning of Lent, try one or more of these suggestions. Ask God every day. "What does my; soul need?" Just ask and wait quietly, because we're very good at fooling ourselves about how we're doing. It might take several day of praying this question before we're truly open and humble enough to know the answer.
- Ask God, every day, "what about my life makes you happy?" Yes, when God looks at your life some parts of it—perhaps many aspects of it—bring joy to God's heart. Think of how your children or grandchildren or other people close to you make you happy. (From Church Bulletin 2019)

*Is character and shapes tomorrow's leaders by delivering academic excellence in a Catholic faith based community."*

