

# Mother of Perpetual Help Devotions

**READER:** Let us kneel as we gather together to honour our Mother of Perpetual Help. We recall how she helped others. Her whole life was a lesson of love.

**ALL:** Mother of Perpetual Help, \* today we face so many difficulties, \* Your picture tells us so much about you. \* It reminds us to reach out and help those in need.

\* Help us understand \* that our lives belong to others \* as much as they belong to us. \* Mary, model of Christian love, \* we know we cannot heal every ill \* or solve every problem. \* But with God's grace, \* we intend to do what we can. \* May we be true witnesses to the world \* that love for one another really matters. \* May our daily actions proclaim \* how fully our lives are modeled after yours, \* Mother of Perpetual Help.

**READER:** Mary, you were a woman of steadfast faith. Your faith in Jesus never wavered. Model of all believers, pray to the Holy Spirit for us. Help us not only to accept all your Son teaches us, but to put that teaching into practice.

**ALL:** Mother of Perpetual Help, \* as a child, \* Jesus ran to you for comfort and reassurance. \* You did not see Him as only a little child. \* Moved by the Holy Spirit, \* you accepted Jesus as the Son of the Most High, \* the long-awaited Messiah. \* Following your example of faith, \* help us recognize Jesus in those we meet, \* especially the poor and the lonely, \* the sick and the elderly. \* Keep us always mindful, dear Mother, \* that whatever we do to the least of our brothers and sisters, \* we do to your loving Son. \* May His words live in our hearts \* and influence our lives \* and the lives of those we meet.

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## MASS BEGINS

### ALL STAND for Opening Hymn

O Mother of Perpetual Help,  
To thee we come imploring help.  
Behold us here, from far and near,  
To ask of thee our help to be.  
Behold us here, from far and near,  
To ask of thee our help to be.

And when this life is o'er for me,  
This last request I ask of thee:  
Obtain for me in heaven this grace,  
To see my God there face to face.  
Obtain for me in heaven this grace,  
To see my God there face to face.

### OPENING PRAYER /LITURGY OF THE WORD

## PETITIONS

**PRIEST:** Let us stand, as we present our petitions: Grant wisdom and guidance to our Holy Father, our Bishop, our priests and religious, and to all leaders of our country, province and community.

**ALL:** May Your mother intercede for us, Lord.

**PRIEST:** Grant peace and unity throughout the world, especially in our homes and families.

**ALL:** May Your mother intercede for us, Lord.

**PRIEST:** Grant that young people respond generously to the call of the Holy Spirit in deepening their faith and choosing their vocation in life.

**ALL:** May Your mother intercede for us, Lord.

**PRIEST:** Grant us continued health of mind and body, and help the sick to regain their health according to Your holy will.

**ALL:** May Your mother intercede for us, Lord.

**PRIEST:** Grant eternal rest to all our deceased, and to the souls of all the faithful departed.

**ALL:** May Your mother intercede for us, Lord.

**PRIEST:** Let us present our own personal petitions to Our Mother of Perpetual Help.

**PRIEST:** Lord, accept our thanks for the new life of grace You give us.

**ALL:** We thank You, Lord, through Mary our Mother.

**PRIEST:** Accept our thanks for all the graces received through the sacramental life of the Church.

**ALL:** We thank You, Lord, through Mary our Mother.

**PRIEST:** Accept our thanks for the spiritual and material blessings we have received.

**ALL:** We thank You, Lord, through Mary our Mother.

**PRIEST:** Let us thank Our Mother of Perpetual Help for our own favours received.

**ALL:** We thank You, Lord, through Mary our Mother.

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## LITURGY OF THE EUCHARIST

### POST COMMUNION PRAYERS

**PRIEST:** Let us kneel as we continue our prayers:

**ALL:** Mary, humble handmaid of the Lord, \* we need your example today \* to discover God's will in our lives. \* You always gave God the first place in your life. \* Just as you pondered His Word in your heart, \* help each of us to seek His plan in all that we do. \* Give us the conviction \* that nothing is more important \* than doing the will of our heavenly Father. \* May we spend each moment in loving and pleasing Him. \* Help us follow your example in proclaiming, \* "I am the servant of the Lord. \* I will what God wills, when He wills it,\* as He wills it, because He wills it."

**PRIEST:** Mother of Perpetual Help, your picture reminds us that we are to carry our cross as Jesus did. With courage He endured injustice, abandonment and betrayal, pain and suffering, even a criminal's death.

**ALL:** Mary, we turn to you as our model in suffering and courage. \* You shared in your Son's suffering and death. \* Now you share in His Resurrection. \* We, too, share in the cross of Christ, \* and someday, like you, we will share fully in His Resurrection. \* Help us be patient in our suffering, \* and to trust in the loving care of our Father in heaven. \* May those suffering sickness in mind or body \* experience your Son's healing power. \* Help us follow His example, \* and through Him, \* with Him, \* and in Him, \* commend ourselves to the care of our heavenly Father.

**PRIEST:** Let us ask Mary to watch over all families.

**ALL:** Mother of Perpetual Help, \* bless our families with your tender motherly love. \* May the sacrament of Marriage \* bring husbands and wives ever closer together \* that they may always be faithful, \* and love each other as Christ loves us. \* Help all mothers and fathers love and cherish the children \* God has entrusted to them. \* May they always be models of a truly Christian life. \* Help all children, \* that they may love and respect their parents. \* Inspire all people \* to value Christian marriage and family life. \* Give us a sense of responsibility \* that we may do our part \* in making our homes havens of love and peace. \* Mary, our model, \* help every family grow daily \* in genuine love for God and neighbour \* so that justice and peace may flourish everywhere in the human family.

(The following Act of Consecration is to be said on the third week of the month.)

**PRIEST:** Let us renew our Act of Consecration:

**ALL:** United with the members \* of the Confraternity of Our Mother of Perpetual Help, \* here and throughout the world, \* we consecrate ourselves to your service. \* We promise to renew this dedication once a month \* and frequently to receive the sacraments. \* We beg you to obtain for us \* the grace to imitate your great servant, St. Alphonsus, \* in his love for you and your son.

**PRIEST:** From the first moment of her existence, the Holy Spirit filled Mary with His love. By His power, she became the Virgin-Mother of God. Through the same Holy Spirit, she became the perfect wife, the perfect mother. Let us imitate her generosity, her openness to the Holy Spirit, and say,

**ALL:** Come Holy Spirit, \* fill our hearts with Your joy and Your peace, \* with Your power and Your love, \* with Your constant presence within us.

**PRIEST:** Receive the Holy Spirit. May He be with you to strengthen you, above you to protect you, before you to lead you, behind you to encourage you, within you to possess you totally.

## THE BLESSING WITH OUR LADY'S PICTURE

**PRIEST:**

We pray:

That the Immaculate Mother of God may watch over you and yours;

That she may establish and maintain peace, love and harmony in your homes and in all homes throughout this world;

That she may watch over your families;

That she may bless all your cares, all your worries, all your undertakings;

That she may draw you closer to her Son through the sacramental life of the church;

And finally, that she may lead each and every one of us to that goal for which we were created, namely, eternal union with her Divine Son in heaven.

## FINAL BLESSING

Through the prayers of our holy patron, St. Alphonsus, through the intercession of Our Mother of Perpetual Help, through the merits of our Lord and Saviour Jesus Christ, present in the Most Blessed Sacrament of the altar, may the blessing of almighty God, the Father, and the Son and the Holy Spirit, descend upon you and remain with you forever.

**ALL:** Amen.

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## IMMACULATE MARY

1. Immaculate Mary, your praises we sing,  
You reign now in heaven with Jesus our King.  
Ave, Ave, Ave Maria, Ave, Ave, Ave Maria.
2. In heaven, the blessed your glory proclaim;  
On earth, we your children, invoke your fair name.  
Ave, Ave, Ave Maria, Ave, Ave, Ave Maria.
3. Your name is our power, your virtues our light,  
Your love is our comfort, your pleading our might,  
Ave, Ave, Ave Maria, Ave, Ave, Ave Maria.
4. We pray for our mother, the Church upon earth,  
And bless, dearest lady, the land of our birth.  
Ave, Ave, Ave Maria, Ave, Ave, Ave Maria.