



**PARISH UPCOMING EVENTS**

- Parish Picnic, Sunday, September 22<sup>nd</sup>
- Oktoberfest, Saturday, October 10<sup>th</sup>, Parish Hall
- Blood Drive, Thursday, November 21<sup>st</sup>, 2:00 – 8:00 p.m, in Desmond Hall.

**WEB PAGE**

For updated bulletin information, please go to [www.mhr-parish.org](http://www.mhr-parish.org).

**MONDAY, AUGUST 5**

8:00AM -IN MEMORY OF RICHARD STARK  
-r/o Mr. & Mrs. Bob & Jean Poplasky

**TUESDAY, AUGUST 6**

8:00AM -ROBERT BERRY  
-r/o Gerard & Erin Haran

**WEDNESDAY, AUGUST 7**

8:00AM -VINCENT VILLA (L)  
-r/o The Villa Family

**FRIDAY, AUGUST 9**

8:00AM -ERIC ESTENS  
-r/o Joseph Murphy & Family

**SATURDAY, AUGUST 10**

9:00AM -ELAINE BRANCA  
-r/o Mr. & Mrs. Stephen McInerney  
5:00PM -CARMELA & PAUL STEFANELLI AND  
DECEASED MEMBER OF THE  
STEFANELLI FAMILY  
-r/o The DeBenedictus Family

**SUNDAY, AUGUST 11**

8:00AM -EDWINA STILES  
-r/o Debbie Dyson  
10:00AM -LORRAINE BARNES  
-r/o Sam & Rosalie Mantle  
11:30AM -MICHAEL MARTUCCI, SR. & DENNIS  
BYNOE  
-r/o Marilyn Martucci

**HOLY NAME SOCIETY**



There are no Masses during the summer months. Masses will resume on September 15<sup>th</sup> at 8:00 a.m.

No meetings during the summer months. Meeting will resume after the 8 a.m. Mass on September 15<sup>th</sup>.

**TABERNACLE LIGHT**



Tabernacle Candle in the Church burns this week in loving memory of Anna Kachnowski  
r/o Joyce Epstein

**PARISH SICK LIST**



Rev. Edward J. Struzik, Shannon, Hayley & Brett Lawrence, Jacqueline Braniff, Christina Pulido, Sophie Wojtaszek, Janice Sanborn, Marie Velleneuve, Beth Morris, Renee Burke, Joseph Peabody, Veronica Balmore, Billy Sherwood, Jr., Peter Skujins, Cindy Junquet, Kenneth Kramer, Timothy McGravey, Beatriz Castillo, Dolores Nee, Michael Guariglia, Marieann Poplaski, Lucy Littlefield, Jean Marie Brigandi, Johnny Gibbs, Barbara Celia, Maryann Hughes, Emilie Matlosz, Germaine Raimo, William Armstrong, Fr. Gregory Moore, Sandra Steinberger, Frank Roberts, Fred Morrone, Lenny Gatti, Sumanta Chowdhuri, Nicole E. Montagna, Nico Oneto, Kathleen O'Brien, Alex Berg, Wendy Oates, Robert C. Pederson, Marie Scifo, Patrick Barry, Toni O'Rourke, William Sohor, Robert Pedersen, Robert Conte, Jose Pacheco, Kathleen Lau, Kimberly Perry, Jackson Christian Thomas, Miguel Ley, Marie Ciezbka, Betty Pulido, Charley Goldsmith, Louis Martinez, Joel Rivera, Margaret Podolsky, Ida Morales, Joan Zipp, Jackie Lombardi, and Mario Buongiovanni.

**We ask Almighty God and our Blessed Mother, Mary to comfort and heal the sick. If your loved one recovers and our prayers for them are no longer required, please call the parish office to have their name removed. Thank you.**

**VOTIVE LIGHTS**

**IN MEMORY OF**

Muriel, Leslie & Anna Roberts	Mary Spinelli
Carmela & Arthur Gizzarelli	Charles Mitchell
Rosalie & Frank Moscarello	Howard Whitford
Frank & Theresa Whalen	Joseph L. Esposito

**SPECIAL INTENTIONS**

A speedy recovery for Frank For Carolyn & Jonathan  
Help & guidance for Jonathan, Michael, Carly & Carolyn  
For a dear friend's two granddaughters

**PRE-BAPTISM CLASS**



Please call the Parish Office to register.  
**The next Pre-Baptism class will be held Wednesday, August 7, 2019 at 8:00 p.m. in the Chapel.**



**PLEASE PRAY FOR THE  
FOLLOWING MILITARY PERSONNEL  
SERVING OVERSEAS**

Alex Barnhard, U.S. Navy  
Jason Del Duca, U.S. Air Force

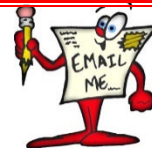
Krystal L. Godowski, U.S. Army  
Matthew B. Kaplan, U.S. Army  
Michael Lanzafama, U.S. Army  
Richard A. Lapp, U.S. Navy  
Douglas Leo, U.S. Army  
Robert C. McCann, U.S. Marines  
Jeremy Neff, U.S. Army  
Michael J. Sanzone, U.S. Army  
Mark G. Sieczkowski, U.S. Navy  
Thomas Welch, U.S. Army

**If you have a family member who is an active-duty member of the military and wish to have their name added to the Military Prayer list, please call the parish office at 732-566-9334.**



**STEWARDS OF OUR TREASURE**

*Weekend of July 27/28, 2019: \$5441  
Weekend of July 28/29, 2018: \$5899*



**OFFICE STAFF EMAILS**

Irma Knox – Parish Secretary  
MHR1987@aol.com

Janet Snyder – Finance Manager  
mhr2012bkr@aol.com

Debbie Dyson – Parish Catechetical Leader  
mhrccd@yahoo.com

Barbara Orsucci – Assistant Religious Education Office  
mhrccd1993@aol.com



**RELIGIOUS EDUCATION NEWS**

Contact the Religious Education Office at 732-566-5630 to register your child (ren) for the 2019-2020 school year.

- Confirmation Retreat, Sunday, September 15, 2019, 11:30 a.m., Grade 8
- Confirmation Date, Thursday, October 3, 2019, 5:00 p.m., Grade 8
- Communion Date, Saturday, May 2, 2020, 10:00 a.m., Grade 2



Join us as a catechist and share your faith with our children.

- Tuesday -4:15 – 5:30 p.m. -Grade 4
- Wednesday -4:15 – 5:30 p.m. -Grade 4
- Wednesday -7:15 – 8:30 p.m. -Grade 7



**ST. VINCENT DE PAUL**

Our Most Holy Redeemer Conference exists primarily to help those in financial need. This is made possible by the generosity of our parishioners each month; **thank you.**

If you or someone you know needs help, please call 732-566-9334. *Everything is completely confidential.*

**Food Pantry**

Groceries collected every weekend at Mass.

St. Lawrence Food Pantry opens on Saturdays, 8:30 – 10:00 a.m. and Mondays, 8:30 – 9:30 a.m.



Daniel Bayer, III and Tina Penksa – 3<sup>rd</sup>  
Michael Tocci, Jr. and Diana Florez – 1<sup>st</sup>



Caregiver/Companion  
Experienced  
English Speaking  
Excellent references

For more information, call 732-710-6910



**PARISH PICNIC**

**Sunday, September 22<sup>nd</sup>**

1:30 p.m. - 5:00 p.m.

Children up to 12 years old – FREE

Ages 13 – 18 - \$5.00

Adults - \$10.00



**BAPTISM**

We wish to welcome into the family of God and the parish community of Most Holy Redeemer the following child who was baptized here on July 28<sup>th</sup>:

**WILLIAM FRANCIS GUADETTE**  
Son of William and Lisa

We pray that his parents will be examples of faith to inspire him to follow the Lord. We, as their family in faith, also accept the responsibility to help these parents in their duty to bring up their child in the practice of the Faith by our prayers and example.



Many of us are asking the question: Is it worth it? We can't answer that question for you, but if you join us at the Rutgers Catholic Center on August 17<sup>th</sup> from 10:00 a.m. to 6:00 p.m. you will find the answer! This is a day retreat for young adults (ages 18 - 39) to step away from society and reflect on the questions burning in our hearts! This day will include two meals, opportunities to meet other young adults, and learn more about what God is asking of us! All are welcome! To register visit: [www.diometuchen.org/ya-retreat](http://www.diometuchen.org/ya-retreat). We hope to see you there!



**ANNUAL CLOTHING SALE**

The Martha Mary Guild of The Parish of St. Mary, in Colts Neck, on Rte. 34 & Phalanx Rd. will be holding its annual Clothing/Linen Sale on Thursday, September 5<sup>th</sup>, 10:00 a.m. to 6:00 p.m., Friday, September 6<sup>th</sup>, 10:00 a.m. to 5:00 p.m. and Saturday, September 7<sup>th</sup>, 9:00 a.m. to 1:00 p.m. There will be a huge selection of men's, women's and children's gently used clothing and accessories at bargain prices in Madonna Hall in the Spiritual Center (behind the Church building).

The "Boutique" with newer and designer items, linens and jewelry will be available in the Parish Hall (in the Church building).

All proceeds will benefit women and children in need. For more information, please call St. Mary Parish Office at 732-780-2666.



**WALKING PILGRIMAGE**

One-day, 9-mile Walking Pilgrimage "The Way of St. Juan Diego" - Saturday, September 21, 2019

In preparation for the Consecration of the Diocese of Metuchen to Our Lady of Guadalupe, all youth, families and people of faith are invited to participate in a Walking Pilgrimage on Saturday, September 21<sup>st</sup>, from 10:00 a.m. to 8:00 p.m. The walk will begin and end at Immaculate Conception Parish, 316 Old Allerton Road, Annandale, NJ. Mass will be celebrated by Bishop James F. Checchio. The cost is \$20 by August 30<sup>th</sup> or \$25 thereafter. The walk will take place rain or shine.

Registration is required. For details or to register, visit: [www.LightingHeartsOnFire.org/walking-pilgrimage](http://www.LightingHeartsOnFire.org/walking-pilgrimage). Registration deadline is September 13<sup>th</sup>.

**SILVER & GOLD**

**WEDDING ANNIVERSARY CELEBRATIONS**



You are cordially invited to celebrate your 25<sup>th</sup> or 50<sup>th</sup> Wedding Anniversary with the Church of Metuchen and renew your marriage vows with Bishop James F. Checchio at a special Evening Prayer Service at the Cathedral of St. Francis of Assisi, Metuchen.

**Sunday, October 27, 2019 at 4:00 p.m.**

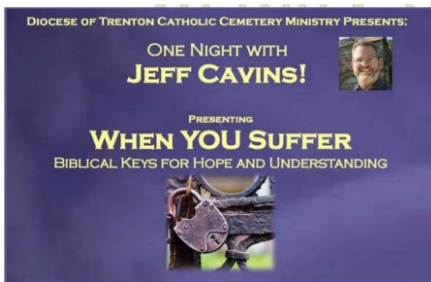
Registration is required. Please register online at: [www.diometuchen.org/silver-and-gold](http://www.diometuchen.org/silver-and-gold). If you are unable to access, please contact your parish secretary or the Family Life Office at 732-562-1543 or [amarshall@diometuchen.org](mailto:amarshall@diometuchen.org). registration will close on October 11, 2019. Although no fee is required, in the past many Jubilarian couples have given a donation of gratitude to the Church in memory of this special occasion. Donations of Gratitude may be made online or calling 732-562-1543.

**75TH ANNIVERSARY GALA**



Corpus Christi Roman Catholic Church, 100 James Street, South River, NJ will

celebrate their 75th Anniversary Celebration on Saturday, September 7, 2019 at 4:00 p.m. with Mass celebrated by The Most Reverend Bishop James F. Checchio, JCD, MBA and the Reverend Damian B. Breen, Pastor followed by a GALA DINNER at Pierre's of South Brunswick, 582 Georges Road, Monmouth Junction, NJ 08852, 6:00 - 10:00 p.m. Cocktail hour and complete dinner: \$35.00 per person. Buses will be provided to Pierre's at no additional cost. If you are interested, please call the parish office at 732-254-1800, ext. 10.



**DIOCESE OF TRENTON CATHOLIC CEMETERY**  
**MINISTRY PRESENTS:**

**One Night with Jeff Cavins!**

**Presenting When You Suffer:**

**Biblical Keys for Hope and Understanding**

To be human is to suffer—physically, emotionally, and spiritually. In addition to our own suffering, we also encounter the suffering of those around us. While the world of medicine attempts to relieve suffering and the media tries to sell us on a life without pain, only the Church offers the perspective that suffering has meaning. St. John Paul II said that suffering without meaning can lead to despair, but if we can attach meaning to our suffering, we are capable of going through anything.

**Thursday, Oct 17, 2019**

**St. Isaac Jogues Parish**

**349 Evesboro - Medford Rd, Marlton, NJ 08053**

**5:30 pm - 8:30 pm - check-in starts 4 pm**

**Cost \$25**

**Pre-Registration Cost:**

**\$20 - July and August only!**

For your convenience, register, register online with Credit Card at <https://dioceseoftrenton.org/catholic-cemeteries> or register by phone with Credit Card please call Maria Guzman-Paczkowski at 856-317-6400.

**TRICKY  
TRAY**

**TRICKY TRAY GIFT AUCTION**

**WHEN:** Saturday, September 21, 2019

**WHERE:** St. Cecelia Church  
45 Wilus Way, Iselin, NJ  
Lourdes Hall

**TIME:** Doors open at 6:00 p.m. - Prizes called at 7:30 p.m.

**COST:** General Admission - \$20 (includes one free sheet of yellow ticket)  
Bundle Package - \$60 pre-purchase; \$65 at the door

Must be 18 or older to participate - bring your own food and beverages.

For tickets, please contact Kathy at 732-283-2300 or [kbeglan@stcecelia.com](mailto:kbeglan@stcecelia.com). Pay by cash/check payable to St. Cecelia Church.

## REFLECTING ON THE WORD

St. Francis de Sales spoke about many things, including anxiety. He names anxiety as the greatest evil we can experience because it troubles our heart. We become so troubled that we have neither strength to live a virtuous life nor resources to resist temptation. We are frozen by an inordinate desire to get rid of a current evil or to obtain a hoped-for good. Anxiety only leaves us disturbed and fearful of a tomorrow that may not come. Stay focused on the here and now.

Qoheleth (ko-HEHL-ehth) says something similar. Our days are sorrow and grief when we try to hold onto a future that may not come. Trying to maintain what we have causes anxiety, even when we try to sleep. Look at the rich man in the Gospel. He works to be "set for life" only to learn that his life will end tonight.

When our only focus is the things of this world, they preoccupy us. We lose sight of God's purpose for life. All our energy goes into worrying about how to protect what we have or obtain more of what we think we need. We are blinded to the good things we have. Worry gains us nothing good. But thinking of what is above, as St. Paul advises, broadens our vision. We can discover that we have what we need for each day. And when we don't, by turning to God and those who make God known, we find ways to accept what we do have or obtain what we really need. Avoid greed in all its forms. Greed robs us of peace and gratitude. Seek what is above. Find God present in our midst now. Dismiss anxiety and turn to the power that brings true peace, God's love made visible in Jesus Christ.

### Consider:

- What helps you release anxiety from your life?
- Have you experienced greed? What has it gained for you?

## LIVING AND PRAYING WITH THE WORD

Generous God, you are with us every moment of every day. When we remember that, we find serenity. When we forget that, anxiety robs us of peace. Help us focus less on what we do not have and more on what we do to find your love and care in our daily lives. Help us live in the "now" where we can come to know the peace only you can offer.